



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Bike across the USA

Chapter members Steve and Licia Mackey flew to California at the end of this past September to bicycle back with their daughter Heather who worked for the summer with the California Forest Service. Heather had a car out there, so they drove it back at the same time in order not to carry gear or food on the bikes. They followed a route created by the Adventure Cycling Association called the Western Express and the Trans America. It follows regular roads but tries to stay in rural areas with less traffic. (The map makers rarely took into account hills, or whether you were actually going east-west). The route also intersected with many National Parks, National Monuments and Scenic Byways. The Mackeys bicycled for about two months and rode almost 3,600 miles! They traversed nine states and climbed six major mountain passes. They had snow or hail almost every time they climbed a major pass, but other than a couple of wasted half days, they were always able to continue. All kinds of wildlife were seen and the scenery was breath-taking.

Program

'BIKE ACROSS THE USA'

WHEN: 7 P.M., MARCH 24

WHAT: TALK WITH
STEVE & LICIA MACKEY

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY



JOHN SCHNEIDER

Monument Valley, Utah.

A true Western adventure!

Last year Schneider purchased a motor home located in Yuma, Arizona. He and his wife, Eileen, took two weeks to bring the motor home back to Saratoga Springs. Their cross-country trip took them to the Grand Canyon, Arizona (both South and North Rim); Monument Valley, Utah; Durango, Colorado; Great Sand Dune National Park, Colorado; and Tall Grass Prairie National Preserve, Kansas.

Come join Schneider as he takes you on two scenic rides of more than 50 miles along the South and North Rim of the Grand Canyon, hikes into the Canyon from the North Rim, and takes a day hike on the more than 800-mile long Arizona Trail. On a half-day tour he visits Monument Valley. It has some of the most recognizable features in the country, and includes scenes from many movies, beginning with "Stagecoach," the 1939 John Wayne western.

Come ride the Durango-Silverton Narrow Gauge Railroad as it snakes and climbs its way along the Animus River for 45 miles

between Durango and the former mining town of Silverton, Colorado. Join along on a visit to Great Sand Dunes National Park, a park in a setting that does not seem real.

On all of his previous western trips, Schneider simply drove through the plains without taking in their unique charm. Join him as he actually stops and observes what the prairie looked like before it became the breadbasket of the country. The Tallgrass Prairie National Preserve is a place

that has grasses reaching up to seven feet tall and root systems up to eight feet deep.

Although this trip was a lot shorter than his previous trips out west, the places he visited on this one should again whet your appetite to visit the great scenic beauties of our country.

Program

'THE GRAND CANYON,
MONUMENT VALLEY, AND OTHER
GREAT WESTERN PLACES'

WHEN: 7 P.M., MAY 19

WHAT: PRESENTATION WITH JOHN
SCHNEIDER

WHERE: SARATOGA SPRINGS
PUBLIC LIBRARY

Spring is full of surprises!

BY MAUREEN COUTANT

At press time on February 1, it's been a great winter — at least for the past few weeks. January started out with a newspaper reporter contacting me to see how the lack of snow was impacting our outings. Then boom! We got hit with snow! Then again. And again. The great part is that the snow stayed and wasn't ruined by rain or ice. The wait was worth it as we've had plenty of chances to get out and use our winter toys.

By the time this newsletter is in your hands (or on your computer screen), however, most of us will have had enough of winter. Spring is right around the corner and we'll be more than happy to trade in our skis and winter boots for our regular hiking boots. Though, you never know what March will bring. Last year, I led a



CHAPTER CHAIR Report

Be aware of "mud season" advisories before setting out.

hike on St. Patrick's Day and it was warm enough for T-shirts! Spring came early. The flowers were ahead of schedule and Lake George was so warm a bunch of us took a swim and it wasn't even Memorial Day!

So ... what will this spring bring? Certainly more snow run-off than in past years. Beware of the mud and check the DEC website for a "mud season" advisory — when they don't want you hiking in sensitive

areas of the High Peaks and creating or adding to the erosion. The "mud season" is not a set time. If a trip is planned and it's determined to be in an area that they are advising against using when the trip is set to go off, the trip will either be rescheduled or changed to another area. Check with the Outings leader. I hope you all enjoy the change of seasons whenever they actually happen!

Special Thanks!

Thanks to Ryan Simko who served as our Publicity Chair for most of 2010. We are sad to lose him due to his job relocation and wish him the best of luck! We

are tremendously lucky to have a new volunteer willing to step in and learn the Publicity "ropes." Welcome Rebecca Smith! Thank you!

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
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By Linda
Ranado

The Education Committee is proud to announce our chapter will be sponsoring five area youth to attend the DEC summer camps programs for the 2011 season by paying the \$350 fee for attendance. Among those who have been selected to participate in the Youth Environmental Education Camps are John Birge of Ballston Spa and Kathleen Voight of Greenfield Center who will be attending Camp Colby and Briannah Malonely of Whitehall who will be heading to Pack Forest. Also being sponsored are Sar Tin and Min Nai of Albany who will get to take advantage of DEC's Teen Ecology Week at Pack Forest.

We still have one opening for a youth, aged 14 to 17, who would like the opportunity to be involved in a more rugged outdoor experience by participating in one of ADK's Teen Trails Projects. This program combines outdoor camping with "hands-on" lessons in trail maintenance. Projects to choose from in the 2011 season include working on the Northville-Placid Trail in the West Canada Lake Wilderness at Cedar Lake or Spruce Lake or working in the High Peaks Wilderness Area on the Phelps, Big Slide or the Orebed Trail. If interested, please download an application from the Education Department link found on our website at www.adk-gfs.org and send it to Linda Ranado (address on application) as soon as possible. If sponsored, we will cover the \$250 fee required to participate in this program.

SAVE THE DATE!

ADK BLACK FLY
AFFAIR, May 21,
2011, at the
Hiland in
Queensbury!



Spring mud season alert: Stay below 3,000 feet

During spring mud season, trails are particularly vulnerable to erosion. The spring thaw creates mud that penetrates much deeper into the soil than the surface mud created by summer rains, and trails are thus more easily damaged by hikers' boots. Alpine vegetation, which is fragile and endangered to begin with, is also particularly vulnerable at this time. It is therefore best to stay off higher elevation trails during early spring.

The New York State Department of Environmental Conservation institutes a voluntary trail closure in the Eastern High Peaks during this time of year that

asks hikers to refrain from traveling above 3,000 feet. This is done to protect alpine vegetation and prevent trail erosion.

More information on trail conditions in the Adirondacks can be found on the DEC Web site or by contacting the DEC Forest Rangers at 518-897-1200.

Closure typically runs from May through early to mid-June. If you are planning a trip to the High Peaks during this period, please call the ADK High Peaks Information Center at 518-523-3441 or DEC Region 5 headquarters to learn about trail conditions and whether the voluntary closure is in effect.

TRAILS TO AVOID:

High Peaks Wilderness Area

- All trails above 3,000 feet – wet, muddy snow conditions prevail, specifically at:
- Algonquin
- Colden
- Feldspar
- Gothics
- Indian Pass
- Lake Arnold Cross-Over
- Marcy
- Marcy Dam
- Lake Colden
- Phelps Trail above Johns Brook Lodge
- Range Trail
- Skylight
- Wright
- and all trail-less peaks

Dix Mountain Wilderness Area

- All trails above Elk Lake and Round Pond

Giant Mountain Wilderness Area

- All trails above Giant's Washbowl, "the Cobbles," and Owls Head

ALTERNATIVE TRAILS:

Weather permitting, alternative trails for hiking:

Debar Mt. Wild Forest —

- Azure Mountain

Giant Mountain Wilderness —

- Giant's Washbowl
- Roaring Brook Falls

High Peaks Wilderness

- Ampersand Mountain
- Cascade
- Big Slide
- Brothers
- Porter from Cascade (avoid all other approaches)

Hurricane Primitive Area

- The Crows
- Hurricane Mountain from Route 9N

McKenzie Mt. Wilderness —

- Haystack Mountain
- McKenzie Mountain

Pharoah Lake Wilderness Area

- Pharoah Mountain

Saranac Lake Wild Forest

- Baker Mountain
- Panther Mountain
- Scarface Mountain

Chapter finances in 2010

By John Schneider, Chapter Treasurer

Last year, the Glens Falls-Saratoga Chapter's total income was \$22,647, a decrease of \$5,335 (19.1%) from \$27,982 income in 2009. Even though our chapter membership has been relatively stable, the prepayment of dues to the Chapter from the recently adopted multiple-year ADK membership caused a significant revenue spike in 2009. We spent \$26,102, a decrease of \$944 (3.5%) from \$27,046 in 2009. We ended the year with a deficit of \$3,455 and total assets of \$6,057.

Revenues included \$19,706 in dues money (the Main Club provides the Chapter 30 percent of all basic ADK membership dues paid by Chapter members), \$2,442 for the Chapter Banquet, \$18 in interest, and \$481 in other revenues.

The greatest Chapter expenditure was \$12,679 (49%) for *Chepontuc Footnotes*, our bimonthly newsletter. Other large expenses included \$5,038 (19%) in donations to support the activities of the Main Club, including a \$1,000 donation to support the October 2 ADK Backcountry Stewardship Rendezvous which brought together trail stewards and lean-to adopters for a day of workshops and other activities. The Chapter spent \$3,181 (12%) on our Chapter Banquet and \$2,125 (8%) to support area youngsters going to DEC Camps and ADK Youth Trail Work Programs. We contributed \$1,050 (4%) to other like-minded outdoor organizations, spent \$422 (2%) to present our Chapter Programs, and \$400 (2%) to run our Outing Program and honoring our trip leaders. Additional expenses of \$1,207 (5%) supported activities of our remaining Chapter Committees such as Conservation, Education, Fire Tower Challenge, Hospitality, Membership, Publicity, Trails, Website, Wilderness, Younger Members, and the administrative functions of the Chapter.

Chapter members may direct questions to John Schneider, Chapter Treasurer.

Executive Committee meeting minutes synopsis

Minutes from January 5, 2011

Treasurer John Schneider presented the December (and year-end) Treasurer's Report. The Club is current on its dues payments to the Chapter (through 11/2010). Other income for the year was \$481; the sources included snowshoe and bear canister rentals, and Firetower Challenge patch sales. Due to a declining bank balance, in December John paid the Club only \$4,000 of the budgeted \$5,000 donation; there was no objection to this. The 2010 deficit was over \$3,400 and the Chapter will start the year with \$6,057.20.

John then discussed the **2011 budget**. The Club's changes in the manner of payment of multi-year dues continue to affect dues income, and it will be hard to predict the exact effect of that. The various categories of expenditures were discussed and the budget for Club donations has been further reduced to \$3,000. There was a discussion of saving money by finding a volunteer to do the newsletter layout. It was decided to combine special donations and Chapter memberships in other organizations into a single budget line. It was decided to keep giving a \$5 rebate to people who join at special events, as an incentive to join. It was decided to remove \$300 for the purchase of ADK calendars for the Executive Committee members from the administration budget. It was decided to increase the entertainment budget for the annual dinner to \$700, partially restoring a proposed cut.

Maureen Coutant gave the first **Chapter Chair's Report** of her new reign as Chair.

Tom Ellis, Trails Committee Chair, Tongue Mountain trail work will be done in April.

Jonathan Lane, Younger Members Chair, Needed: graphic artist for the Café Press project and for someone to help judge the photo contest. Needed: leaders for YMG outings.

Jacki Bave, Conservation Chair, DEC purchased conservation easements on 89,000 acres of former Finch Pruyn lands, with recreational access to some parcels.

Barb Bave, Firetower Challenge Coordinator, It was agreed that the charge for a rocker patch for the Winter Firetower Challenge completers will be \$2.00.

Mo reported on **Membership** for **Pat Desbiens**, The Chapter lost a net of 6 members in November. Mo also reported on **Programs** for Marisa Christiano, who was absent. The March program will be on the 24th. Mo said that she was contacted by *The Post-Star* for a story about the effects of the lack of snow on winter activities, such as Chapter outings. The story ran today.

John Caffry said that Warren County is proposing two projects in the **Big Cedar Swamp** wetlands. After consulting with Mo and Jacki, and Audubon, he will oppose these actions on behalf of the Big Cedar Swamp Coalition.

Chapter rents snowshoes

Snowshoes are at ADK Member Services in Lake George. Call 668-4447 for reservations and hours. We now have two pairs of men's MSR Denali snowshoes, two pairs of women's Tubbs' snowshoes and two pairs of children's Tubbs' snowshoes.

Thank you to mySmartSimulations for the donation toward purchase of chapter snowshoes!

Chapter Members:
\$10/weekday; \$15/weekend

Non-Members:
\$13/weekday; \$18/weekend

PROGRAM

Gearing Up for Warmer Weather

"Gearing Up For Warmer Weather" at EMS Wilton, Route 50 at 6:30 p.m. Come see, touch and hear about outdoor gear! Contact programs@adk-gfs.org for more info!



Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS are on inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION are found in the "Outings" section. Changes or additions made after publication can be seen on our web page: www.adk-gfs.org **Programs** held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between Crandall Public Library in Glens Falls and Saratoga Springs Public Library. Future Programs: March 24, April 21, May 19. **Executive Committee Meetings** held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Carl R's Cafe Restaurant and Bar in Glens Falls and Wesley Health Care Center in Saratoga Springs. Future Meetings: March 2, April 6, May 4. **Outings Committee Meetings** held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls Nat'l Bank Community Room and Saratoga Starbucks (Broadway). Future Meetings: March 10, May 4

Month	Day	Outing Type	Destination	Leader/Contact	Rating	
March	1	Tue	Walk/Ski/Snowshoe	Midweek Jaunt	Maureen Coutant	NR
	2	Wed	Meeting	Executive Committee Meeting at GF	Maureen Coutant	NR
	5	Sat	Hike/Snowshoe	Macomb, South Dix and East Dix	Bill Morse	A+
	5	Sat	Hike/Snowshoe	Spruce Mountain — *Fire Tower* Challenge	Reg Prouty	C+
	5	Sat	Walk/Ski/Snowshoe	Pyramid & Gothics	Steve Mackey	A+
	6	Sun	Ski	Cascade Ski Center	Sandy Yellen	B
	8	Tue	Walk/Ski/Snowshoe	Midweek Jaunt	Maureen Coutant	NR
	10	Thu	Meeting	Outings Leader Pizza Party Meeting	A. Darbee, M. Kowalik-Bova	NR
	12	Sat	Hike/Snowshoe	Street & Nye Mountains	Ron Lester	A-
	12	Sat	Hike/Snowshoe	*YMG* — Leader's Choice — *Fire Tower*	Jonathan Lane	B+
	13	Sun	Hike/Snowshoe	Snowshoe Moreau State Park	Bill Schwarz	B+
	14	Mon	Geocache	Monthly Monday Geocache	Maureen Coutant, Sarah King	NR
	15	Tue	Walk/Ski/Snowshoe	Midweek Jaunt	Maureen Coutant	NR
	19	Sat	Hike/Snowshoe	The Ones we missed on January 2	Neal Andrews	A++
19	Sat	Ski	Crandall Park/Cole's Woods Cross-country Ski	Reg Prouty	C+	
20	Sun	Hike/Snowshoe	Nundagao Ridge	Jayne Boudier	A	
22	Tue	Walk/Ski/Snowshoe	Midweek Jaunt	Maureen Coutant	NR	
24	Thu	Program	Bike across the USA	Marisa Christiano	NR	
27	Sun	Hike/Snowshoe	Tongue Mountain Loop	Jean Holcomb	A+	
29	Tue	Walk/Ski/Snowshoe	Midweek Jaunt	Maureen Coutant	NR	
April	2	Sat	Hike	Spectacle and Gull Ponds	Neal Van Dorsten	C-
	2	Sat	Walk/Hike	Almost April Fools hike	Gary Rodd	C
	3	Sun	Hike/Snowshoe	Off the Map	Jean Holcomb	B+
	3	Sun	Hike/Snowshoe	Leader's Choice	Sandy Yellen	B
	5	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	6	Wed	Meeting	Executive Committee Meeting at Saratoga	Maureen Coutant	NR
	9	Sat	Hike	Hurricane Mountain	Bill Morse	A-
	9	Sat	Hike	Huckleberry Mountain	Rich Myette, Jayne Boudier	B
	11	Mon	Geocache	Midmonth Monday Geocache	Maureen Coutant, Sarah King	NR
	12	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	16	Sat	Hike	Botherton Pond Loop	Neal Van Dorsten	B
	16	Sat	Hike	Wilton Wildlife Preserve and Park Hike	Rich Crammond	C
	17	Sun	Bike	GF Bike trail and Prospect Mountain	Steve Mackey	B+
	17	Sun	Hike	*YMG* — Peaked Mountain Pond and Peaked Mountain	Jonathan Lane	B
	19	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	21	Thu	Program	Gearing Up for Warmer Weather!	Marisa Christiano	NR
	23	Sat	Paddle	Upper Schroon River	Jayne Boudier, Rich Myette	B+
24	Sun	Hike	Cat and Thomas	Jean Holcomb	B+	
26	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR	
30	Sat	Hike	Moreau Lake State Park	Reg Prouty	B-	
30	Sat	Hike	Tongue Mountain Range	Neal Andrews	B	
30	Sat	Hike	Severance Hill	Lorraine MacKenzie	C	
30	Sat	Walk	Spring Bird Walk — Peebles Island State Park	Rich Speidel	C	
May	1	Sun	Hike	Black Mountain Loop	Bill Carpenter, Madeline Kowalik-Bova	B
	3	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	4	Wed	Meeting	Executive Committee Meeting at GF	Maureen Coutant	NR
	7	Sat	Hike	Canary Pond	Rich Myette, Jayne Boudier	A-
	7	Sat	Hike	Lost Pond and short Bushwhack	Rich Crammond	B-
	7	Sat	Walk	Spring Bird Walk — Wilton Wildlife Preserve & Park	Rich Speidel	C
	10	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	14	Sat	Hike	Spruce Mountain *Fire tower *	Lorraine MacKenzie	B-
	14	Sat	Other	ADK Lake George Property Work Day	Maureen Coutant	NR
	15	Sun	Hike	Ampersand Mountain	Bill Carpenter	B
	15	Sun	Walk	Spring Bird Walk — Wilton Wildlife Preserve & Park	Rich Speidel	C
	16	Mon	Geocache	Midmonth Monday Geocache	Maureen Coutant, Sarah King	NR
	17	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	19	Thu	Program	The Grand Canyon, Monument Valley, and Other Great Western Places!	Marisa Christiano	NR
	21	Sat	Hike	Bear Pond Loop	Neal Van Dorsten	B
	22	Sun	Hike	Giant Mountain Hike	Bill Carpenter	A+
	24	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR
	28	Sat	Hike	Phelps Mountain via Klondike Trail and Herdpath	Bill Morse	A-
	28	Sat	Walk	Spring Bird Walk — Pack Forest, Warrensburg	Rich Speidel	C
29	Sun	Bike	Brant Lake Loop	Neal Van Dorsten	B+	
31	Tue	Walk/Hike	Midweek Jaunt	Maureen Coutant	NR	



PLEASE NOTE: *Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.*

MIDWEEK JAUNT WALK/SKI/SNOWSHOE

Tuesday, March 1, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com
Each week we'll do a walk or hike generally within 1 hour of Glens Falls. I'll try to vary the activity to accommodate different styles and abilities of the participants. I'll try to go on Tuesdays, but if the weather doesn't cooperate it may get moved to later in the week. I'll send out an e-mail to interested parties during the prior weekend with the specifics of the trip. Contact the leader for more details: mojom@roadrunner.com

MACOMB, SOUTH DIX AND EAST DIX HIKE/SNOWSHOE

Saturday, March 5, 2011

Time: 6:30 a.m.

Rating: A+

Leader: Bill Morse 518-585-9153 or fishermanpike@yahoo.com
Three High Peaks for your winter 46. It will be a long hike as we will have to hike down the road two extra miles each way. Depending on conditions, we will go up Macomb then do the other two with the hope of returning on the Lillian Brook trail. If I know that Macomb is very icy, then we will go up Lillian Brook and return the same. Good snowshoes and microspikes will be necessary. No long breaks as leader tends to freeze up.

SPRUCE MOUNTAIN — *FIRE TOWER* — HIKE/ SNOWSHOE

Saturday, March 5, 2011

Time: 8:00 a.m.

Rating: C+

Leader: Reg Prouty 518-747-9736

This little mountain near South Corinth has a fire tower that is a Fire Tower Challenge. There is only 1,023 feet of ascent and it's 2 1/2-miles round trip. We will hike at an easy pace with plenty of time to lunch at the summit which is at 2,000 ft. An interesting artesian spring is near the beginning of the hike. We will meet at 8:00 a.m. inside the Queensbury Panera.

PYRAMID & GOTHICS WALK/SKI/SNOWSHOE

Saturday, March 5, 2011

Time: 7:00 a.m.

Rating: A+

Leader: Steve Mackey 458-1629 or smackey33@verizon.net
I led this trip two years ago, and the view from Pyramid is about the finest I have ever seen of the High Peaks. I plan on Nordic skiing in the Ausable Road and then switching to snowshoes for the climb. The ascent from Lower Ausable Lake is almost 3,000 feet, and the round trip distance is around 11 miles. The skiing is fairly easy, but

the road has some pretty fast downhill on the way out (depending on conditions). You should probably be at least, intermediate ability. Expect cold and wind.

CASCADE SKI CENTER SKI

Sunday, March 6, 2011

Time: TBD

Rating: B

Leader: Sandy Yellen 584-2763

I would like to try a ski again this year since it was a great success last time. I would like to go locally but if conditions aren't good we'll travel and pay a fee. Pray to the Snow Gods for snow. Call the leader for details and to sign up.

MIDWEEK JAUNT WALK/SKI/SNOWSHOE

Tuesday, March 8, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See description on March 1, 2011

STREET & NYE MOUNTAINS HIKE/SNOWSHOE

Saturday, March 12, 2011

Time: 5:35a.m.

Rating: A-

Leader: Ron Lester 899-4187 or muleskinner46er@hotmail.com
Approximately 8.5 miles at a moderate pace. Street has a nice view off the back side. Last time I did this hike, the ice in Indian Pass Brook washed out from recent rains while we were on the summits. I should have brought a pair of waders!

***YMG* — LEADER'S CHOICE — *FIRE TOWER* HIKE/ SNOWSHOE**

Saturday, March 12, 2011

Time: 7:00a.m.

Rating: B+

Leader: Jonathan Lane 744-4594 or saratoghiker@infogorp.com
Ready to summit another Winter Fire Tower peak before the end of the season? Contact the leader for destination details and to sign up!

MOREAU STATE PARK SNOWSHOE

Sunday, March 13, 2011

Time: 9:00 a.m.

Rating: B+

Leader: Bill Schwarz 307-6091 or bschwarz@nycap.rr.com

This is the day to turn clocks ahead, so make sure you've done that first! We'll carpool to the Spier Falls high trailhead and take a circular route overlooking the Hudson River and the dam. We'll do about 6 miles; expect undulating terrain! There are new additions to the park which permit use of a tote road to reach the Eastern Ridge Trail, and we may explore some new marked routes.



MONTHLY MONDAY GEOCACHE

Monday, March 14, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

Colead: Sarah King

Sarah and I will pick a location to find some hidden geocaches using hand-held GPSs. If you don't have one, come anyway. Once we get close, we always need helpers to look for the cache. The fun part is just getting out on the trails. We'll probably be in the Moreau State Park or somewhere within an hour of Glens Falls.

MIDWEEK JAUNT WALK/SKI/SNOWSHOE

Tuesday, March 15, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See description on March 1, 2011

THE ONES WE MISSED ON JAN. 2 HIKE/SNOWSHOE

Saturday, March 19, 2011

Time: 4:00 a.m.

Rating: A++

Leader: Neal Andrews 899-5500 or wantlocks@aol.com

Whichever peaks of the Swards or Santanoni region we did not do on Jan. 2 will be the ones we try for this day. This is the last weekend of winter hiking. Early start. Brisk pace. Late out of the woods.

CRANDALL PARK/COLE'S WOODS XC SKI

Saturday, March 19, 2011

Time: 1:00 pm

Rating: C+

Leader: Reg Prouty 518-747-9736

We will meet at the rear parking lot of the Inside Edge Ski Shop in Queensbury and do a loop or two inside Cole's Woods anywhere from 2-4 miles. There are a few good hills but if it is icy there are ways around them.

NUNDAGAO RIDGE HIKE/SNOWSHOE

Sunday, March 20, 2011

Time: 6:30 a.m.

Rating: A

Leader: Jayne Boudier 793-3770

This loop has entertaining terrain, great views, and lots of trailfinding fun! Seven miles, 1,500 ft. ascent, at a moderate to unhurried, "let's take all day" pace. Hurricane Mountain Primitive Area.

MIDWEEK JAUNT WALK/SKI/SNOWSHOE

Tuesday, March 22, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See description on March 1, 2011

TONGUE MOUNTAIN LOOP HIKE/SNOWSHOE

Sunday, March 27, 2011

Time: 7:00a.m.

Rating: A+

Leader: Jean Holcomb 583-0658 or jholcomb5@nycap.rr.com

OK. Winter High Peaks are over. Let's do the Tongue Mountain Loop. It's about 12 miles and a bunch of little mountains. We start at the Clay Meadow entrance and go out to point of Tongue then back over Fifth Peak. About 5,000 ft. of elevation gain altogether, which gives this trek an A+ rating. No snakes to worry at this time of year and lots of wonderful views of Lake George.

MIDWEEK JAUNT WALK/SKI/SNOWSHOE

Tuesday, March 29, 2011

Time: TBD

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See description on March 1, 2011

SPECTACLE AND GULL PONDS HIKE

Saturday, April 2, 2011

Time: 9:00 a.m.

Rating: C-

Leader: Neal Van Dorsten 644-9453 or nealvan@aol.com

An absolutely beautiful walk in an open forest and along a cascading brook to a large Adirondack pond, then on to another pond, just down the road. This is in the Schroon Lake area and we will meet at the eclectic Adirondack Store at 9:00 a.m. or in Bolton at 8:30. If you go early, you can get breakfast at the store. This is an easy walk of about two miles round trip to Spectacle Pond and another mile round trip to Gull Pond. A very relaxing and pretty spring stroll.

ALMOST APRIL FOOLS HIKE WALK/HIKE

Saturday, April 2, 2011

Time: 9:30a.m.

Rating: C

Leader: Gary Rodd 792-4937 or mojom@roadrunner.com

If you don't have a jester's cap, any hat will do! The wackier the better! Come join Gary on a walk along the Wilkinson Trail in the Saratoga Battlefield. The trail is 4.2 miles through fields, woods and hills. There is no fee at this time of year, but donations are always appreciated. The visitor center will be open and has bathrooms! Car pool from Panera. Call or e-mail leader for details.

OFF THE MAP HIKE/SNOWSHOE

Sunday, April 3, 2011

Time: 8:00a.m.

Rating: B+

Leader: Jean Holcomb 583-0658 or jholcomb5@nycap.rr.com

Near Northwest Bay, the Lake George Land Conservancy has a trail that was turned over to NYS, but is in transition and not well marked or well known. It's about 5 or 6 miles, 1,500 elevation gain. This is a nice view of Lake George, with a pretty pond and some place new to visit. Hopefully a few migrating vireos will be singing in the woods.



LEADER'S CHOICE HIKE/SNOWSHOE

Sunday, April 3, 2011

Time: TBD

Rating: B

Leader: Sandy Yellen 584-2763

We don't know if we'll be sloshing in the mud or marveling at the new falling snow, but it will be an adventure! And it will be fun! Call leader for details and to sign up.

MIDWEEK JAUNT WALK/HIKE

Tuesday, April 5, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

Each week we'll do a walk or hike generally within one hour of Glens Falls. I'll try to vary the activity to accommodate the different styles and abilities of the participants! I'll try to schedule our outing on Tuesdays, but if the weather doesn't cooperate it may get moved to later in the week. I'll send out an e-mail to interested parties during the prior weekend with the specifics of the trip. Contact the leader for more details: mojom@roadrunner.com

HURRICANE MOUNTAIN HIKE

Saturday, April 9, 2011

Time: 7:30a.m.

Rating: A-

Leader: Bill Morse 518-585-9153 or fishermanpike@yahoo.com

We will go up Hurricane Mountain from the East. This is the trail that was used by the fire tower observers. 5.4 miles round trip with an ascent of 1,700 feet. Snowshoes/microspikes will probably still be necessary. Meet at 7:30 a.m. at Exit 29 Frontier Town. Bring a snack/lunch and a camera for the great views on top.

HUCKLEBERRY MOUNTAIN HIKE

Saturday, April 9, 2011

Time: 8:30 a.m.

Rating: B

Leader: Rich Myette 745-5037

Colead: Jayne Boudier 793-3770

We'll hike along trailless Crystal Brook until we start up the short climb to Huckleberry Mountain. We soon reach Huckleberry's ridge with rock outcrops and some views. This is the site of the largest forest fire of the summer 10 or so years ago. The last time I was there, about seven years ago, the forest was full of wildflowers and morel mushrooms and was making a wonderful comeback. We'll then progress to the rest of the long ridge which was not burned. We'll return by the same route. Total elevation gain is 1,300 feet with about five miles hiked.

MIDMONTH MONDAY GEOCACHE

Monday, April 11, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

Colead: Sarah King

Sarah and I will pick a location to find some hidden geocaches using

hand-held GPSs. If you don't have one, come anyway. Once we get close, we always need helpers to look for the cache. The fun part is just getting out on the trails. We pick somewhere within an hour of Glens Falls.

MIDWEEK JAUNT WALK/HIKE

Tuesday, April 12, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See April 5th

BOTHERTON POND LOOP HIKE

Saturday, April 16, 2011

Time: 9:00 a.m.

Rating: B

Leader: Neal Van Dorsten 644-9453 or nealvan@aol.com

This hike is in the Siamese Pond Wilderness area. We will start at the Old Farm Clearing and hike along Thirteenth Lake, then on to Botherton Pond. Then we will loop back to Balm of Gilead (a short hike up to the top with spectacular views) then back to the clearing. The total is about six miles of easy terrain with a very short ascent up Balm of Gilead. Bring lunch as we will most likely stop alongside one of the pretty brooks for our break.

WILTON WILDLIFE PRESERVE AND PARK HIKE

Saturday, April 16, 2011

Time: 9:00 a.m.

Rating: C

Leader: Rich Crammond 584-2380

Meet at the Preserve Parking lot off Scout Road. This will be around three miles of hiking. We will pass an old Forest Fire Tower that I know very well from the early sixties when it was in Luthers Forest. I climbed up to the 60' cab at 14 years old! And I stayed overnight at the little camp next to the tower on weekends. Please call leader to sign up. See you there!

GF BIKE TRAIL AND PROSPECT MOUNTAIN BIKE

Sunday, April 17, 2011

Time: 9:00 a.m.

Rating: B+

Leader: Steve Mackey 458-1629 or smackey33@verizon.net

This is another trip that I led last year. Since there is apt to be mud on the trails, it is a good time of year to do a bike ride. We will leave from the bike trail parking area just north of Sprinkles and then ride to Lake George. When we get to Lake George, some of us will ride to the top of Prospect, and others, if they wish, can hang around the lake and relax. After we ride down the mountain, we will regroup and all ride back south together. Total distance is around 18 miles. Note that last year, we got snowed on a little bit on the summit.



***YMG* — PEAKED MOUNTAIN POND AND PEAKED MOUNTAIN HIKE**

Sunday, April 17, 2011

Time: TBD

Rating: B

Leader: Jonathan Lane 744-4594 or saratoghiker@infogorp.com

This will be a nice day trip to a pretty pond and rocky summit.

Approximately 7.2 miles round trip with an ascent of 1,245 ft.

MIDWEEK JAUNT WALK/HIKE

Tuesday, April 19, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojim@roadrunner.com

See April 5th

UPPER SCHROON RIVER PADDLE

Saturday, April 23, 2011

Time: 8:00 a.m.

Rating: B+

Leader: Jayne Boudier 793-3770

Colead: Rich Myette 745-5037

We'll put in at Schroon Falls, and take out at the public boat launch in Schroon Lake village. Approximately 10 miles of mostly flat water, mild current, lots of turns, and some of northern Schroon Lake.

Beautiful place- pace will be leisurely with plenty of stops, so plan on being out all day.

CAT AND THOMAS HIKE

Sunday, April 24, 2011

Time: 9:00 a.m.

Rating: B+

Leader: Jean Holcomb 583-0658 or jholcomb5@nycap.rr.com

We will do the loop going out on the road and back over the mountain. Cat first, Thomas second! There should be wildflowers and birds around. About 7 miles with some ups and downs and a few steep parts. A nice way to spend Easter.

MIDWEEK JAUNT WALK/HIKE

Tuesday, April 26, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojim@roadrunner.com

See April 5th

MOREAU LAKE STATE PARK HIKE

Saturday, April 30, 2011

Time: 9:00 a.m.

Rating: B-

Leader: Reg Prouty 518-747-9736

We will do about 5-6 miles on trails on the Spier Falls side of Moreau Lake at a relaxed pace. Only a few hundred feet of ascent and a stop at an overlook for lunch.

TONGUE MOUNTAIN RANGE HIKE

Saturday, April 30, 2011

Time: 9:00 a.m.

Rating: B

Leader: Neal Andrews 899-5500 or wantlocks@aol.com

We will start at the northern trail head off 9N and hike from there to Clay Meadow including Deer Leap. This is the lesser-used end of this scenic range. Lots of views of the lake, surrounding peaks and a seldom-used trail to follow. This will also be the chapter hike to remove the blowdown from the past winter's storms. Leader will carry a chainsaw. Please come and help toss some branches aside. Leader will provide necessary tools. Moderate pace depending on trail conditions. Plan on about six hours.

SEVERANCE HILL HIKE

Saturday, April 30, 2011

Time: 9:30 a.m.

Rating: C

Leader: Lorraine MacKenzie 791-9794 or otczone@aol.com

This is a short, fairly easy hike that is 2.5 miles round trip with 700 ft. elevation gain. There are several open rocky areas with views of Pharoah Mountain to the west and Schroon Lake to the east. It's a nice way to spend a Saturday morning. Rain cancels.

SPRING BIRD WALK — PEBBLES ISLAND STATE PARK

Saturday, April 30, 2011

Time: TBD

Rating: C

Leader: Rich Speidel 623-2587

Pebbles Island offers fields, woods and solitude amid urban surroundings. Its location at the confluence of the Mohawk and Hudson Rivers provides habitat for a variety of birds. We will walk across the Mohawk on a historic railroad bridge, and circle the island at a leisurely pace. Along with active songbirds, waterfowl are often seen from the cliffs, and a bald eagle or osprey is possible. Please bring binoculars. We will record the bird species identified. The rain date is Sunday, May 1. Meeting place: Waterford Harbor Visitor Center.

BLACK MOUNTAIN LOOP HIKE

Sunday, May 1, 2011

Time: 7:00 a.m.

Rating: B

Leader: Bill Carpenter 793-5506

Colead: Madeline Kowalik-Bova outings@adk-gfs.org

Great views to be had from the summit and on the backside toward the lake. We will make this a loop hike, for a total of 6.7 miles round trip. Please call leaders for details.

MIDWEEK JAUNT WALK/HIKE

Tuesday, May 3, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojim@roadrunner.com

See April 5th



CANARY POND HIKE

Saturday, May 7, 2011

Time: 7:00 a.m.

Rating: A-

Leader: Rich Myette 745-5037

Colead: Jayne Boudier 793-3770

Getting to Canary Pond is as lovely as the pond itself. If you want to see what the Adirondacks looked like before being settled, then this is the hike for you. We'll pass through old growth forest with very large hemlock, ash, maple, and yellow birch. We'll be on a delightful section of the Northville-Placid Trail in the Silver Lake Wilderness Area, starting and ending at Whitehouse, with its long suspension bridge. If you haven't experienced the N-P Trail this would be a good introduction. Be prepared to hike 14 miles of rolling terrain. Meet at 7 a.m. sharp.

LOST POND AND SHORT BUSHWHACK HIKE

Saturday, May 7, 2011

Time: 9:00 a.m.

Rating: B-

Leader: Rich Crammond 584-2380

Meet at Rich's Camp, which is 0.06 miles up winding Ridge Road from Route 28N Minerva. We will drive (car pool) north on 28N. Then we will hike into the pond from the trailhead across the road from Stoney Pond Trailhead off Route 28N, Newcomb/Minerva area. Then we will do the short bushwhack around the pond, about 1,000 yards to see the beaver work and look for more moose signs. This is one of my favorite places to be in the Eastern Adirondacks. The total distance is around 3 miles. Please call leader to sign up. See you there!

SPRING BIRD WALK — WILTON WILDLIFE PRESERVE & PARK

Saturday, May 7, 2011

Time: TBD

Rating: C

Leader: Rich Speidel 623-2587

May is the best month to hear and see migratory birds in our area. This will be a leisurely morning walk along the trails and varied habitats of Camp Saratoga. Depending on bird activity, we will stop often and keep track of the species identified. Please bring binoculars. Group size is limited to 15, so please call ahead to register for either the May 7 or May 15 walk. Meeting place: Camp Saratoga, Scout Road.

MIDWEEK JAUNT WALK/HIKE

Tuesday, May 10, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojim@roadrunner.com

See April 5th

SPRUCE MOUNTAIN — *FIRETOWER * — HIKE

Saturday, May 14, 2011

Time: 9:00 a.m.

Rating: B-

Leader: Lorraine MacKenzie 791-9794 or otczone@aol.com

For those of you working on your fire towers, Spruce Mountain is not too strenuous and is close to home. It is only 2.2 miles round trip with approximately 1,000 ft. of elevation gain. The trail is east of an old jeep road and the actual fire tower is in disrepair — not the most picturesque of hikes but I feel any day in the woods is a good day! Rain Cancels.

ADK LAKE GEORGE PROPERTY WORK DAY OTHER

Saturday, May 14, 2011

Time: 9:00 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojim@roadrunner.com

Come join fellow ADKers in a Spring Cleanup day at the ADK headquarters just off Exit 21. Coffee and donuts and lunch provided. We'll be there from 9 to 2ish, so drop in and stay for as long as you can. No skills required! Don't wear your best clothes. A pair of work gloves are handy. Afterward, we'll take a hike at the nearby Lake George Recreation trails, so bring your hiking boots, a water bottle and a snack!

AMPERSAND MOUNTAIN HIKE

Sunday, May 15, 2011

Time: 7:00 a.m.

Rating: B

Leader: Bill Carpenter 793-5506

Join us for this annual Ampersand hike. Getting ready for the High Peaks! Then this hike is for you! From the top, gaze into the bold face of the Seward Range and other High Peaks. On turning, one sees the Sarnac country. Round trip distance 5.4 miles with 1,775 feet of elevation change. Please call leader to sign up.

SPRING BIRD WALK — WILTON WILDLIFE PRESERVE & PARK

Sunday, May 15, 2011

Time: TBD

Rating: C

Leader: Rich Speidel 623-2587

May is the best month to hear and see migratory birds in our area. This will be a leisurely morning walk along the trails and varied habitats of Camp Saratoga. Depending on bird activity, we will stop often and keep track of the species identified. Please bring binoculars. Group size is limited to 15, so please call ahead to register for either the May 7 or May 15 walk. Meeting place: Camp Saratoga, Scout Road.



MIDMONTH MONDAY GEOCACHE

Monday, May 16, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

Colead: Sarah King

Sarah and I will pick a location to find some hidden geocaches using hand-held GPSs. If you don't have one, come anyway. Once we get close, we always need helpers to look for the cache. The fun part is just getting out on the trails. We pick somewhere within an hour of Glens Falls.

MIDWEEK JAUNT WALK/HIKE

Tuesday, May 17, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See April 5th

BEAR POND LOOP HIKE

Saturday, May 21, 2011

Time: 9:00 a.m.

Rating: B

Leader: Neal Van Dorsten 644-9453 or nealvan@aol.com

This is a beautiful loop that takes in five Adirondack ponds, including a stop at the old mine at Rock Pond and the quarry next to the pond. It is a little up and down but no real elevation change. The total trip is around 7 miles. This hike captures more pretty ponds in a short time and lots to look at. Meeting in Bolton Landing at 9:00 a.m. (parking area next to Son of a Sailor restaurant) or at the trailhead in Putnam Pond at ten. Call or e-mail for more information. Leader may bring a dog.

GIANT MOUNTAIN HIKE

Sunday, May 22, 2011

Time: 6:30a.m.

Rating: A+

Leader: Bill Carpenter 793-5506

Giant is #12 of the 46 High Peaks. The views, looking at most of the High Peaks are perhaps second only to Marcy. Please call leader by the Friday before the hike.

MIDWEEK JAUNT WALK/HIKE

Tuesday, May 24, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See April 5th

PHELPS MOUNTAIN VIA KLONDIKE TRAIL AND HERDPATH HIKE

Saturday, May 28, 2011

Time: 7:30 a.m.

Rating: A-

Leader: Bill Morse 518-585-9153 or fishermanpike@yahoo.com

Leaving from South Meadows Road near the Loj we will follow the Klondike Trail 2.7 miles to the Klondike Lean-to. From the lean-to we will take the herd path up Phelps. Total of 8-8.5 miles with about 2,000 feet of ascent. An easy hike for the High Peaks. We will meet at 7:30 a.m. at Exit 29, Frontier Town. Bring your lunch for the top.

SPRING BIRD WALK — PACK FOREST, WARRENSBURG

Saturday, May 28, 2011

Time: 8:00 a.m.

Rating: C

Leader: Rich Speidel 623-2587

This will be a leisurely morning walk through the woods and along the waters of Pack Forest. There will be plenty of stops to observe the migratory and native birds crossing our path. We will check for birds around Pack Forest Lake and the Grandmother's Tree, a towering 175-foot white pine some 320 years old. Please bring binoculars. We identified 37 species of birds on the 2010 walk ... this year? The rain date is Sunday, May 29. Meeting place: Pack Forest-Route 9, 3/4 mile north of Route 28.

BRANT LAKE LOOP BIKE

Sunday, May 29, 2011

Time: 11:00 a.m.

Rating: B+

Leader: Neal Van Dorsten 644-9453 or nealvan@aol.com

We will meet at the parking area at Exit 24. This ride is roughly 28 miles of relatively easy terrain. There are some ups and downs. We will take a leisurely pace and leave no one behind. First we will wind along the pretty Schroon River then do a loop around Brant Lake. Allow time for lunch and stops to enjoy the views, plus about 3 hours. Call or e-mail for details.

MIDWEEK JAUNT WALK/HIKE

Tuesday, May 31, 2011

Time: 9:15 a.m.

Rating: NR

Leader: Maureen Coutant 745-7834 or mojom@roadrunner.com

See April 5th



Midweek Jaunt, December 7, 2010, Maureen Coutant, 15 participants

- This week we meandered on the old trails of the Wilton Wildlife Preserve. A small section of the trails was closed for logging and we ran into some heavy equipment on the trail. One piece was operated by their volunteer trail groomer. He said they were out there removing some of the stumps from the trail that he always hits while grooming. If you haven't been here to XC ski, give it a try. He does a wonderful job with the trails. Also, they were erecting a fire tower on the property when we visited. See if you can find it! Participants: Karen Azer, Maureen Coutant, Margaret Curtis, Sue Howard, Ginger and Joe Kelterborn, Sarah King, Licia Mackey, Becky Meath, Jim Purdy, Jim Ralston, George and Irene Sammons, Bill Schwarz, Carol Walkup.

Wilton Wildlife Park, December 11, 2010, Rich Crammond, 5 participants

- This hike was a real good one because the weather was great and we had a nice dusting of snow for this holiday-time-of-year. A nice forest to walk through. The company was good and we were enjoying our surroundings. We didn't see any critters. They must have been sleeping in! Happy holidays to all my hiking buds. Participants: Alan and Liz Gee, Laurie LaFond, Greg Flrong, Rich Crammond.

***YMG* — *Fire Tower* — Spruce Mountain, December 12, 2010, Jonathan Lane**

- Canceled due to poor weather.

Midweek Jaunt, December 14, 2010, Maureen Coutant, 4 participants

- We had to postpone until Thursday and decided on a quick walk through Coles Woods in Glens Falls. There wasn't enough snow on the trails to damage them for skiing. It felt good to get back there. Now we just need some snow so we can return and XC ski under the lights some night! Participants: Maureen Coutant, Licia Mackey, Becky Meath, Gary Rodd.

Calamity Mountain, December 18, 2010, Jayne Boudier, 3 participants

- Pretty new snow draped the sticky forest, blowdown, and struggling new growth, and it all got deeper and thicker as we struggled for the summit. Never mind meandering to find overlooks — it took us 3 1/2 hours to go 7/10 mile! We got back to Calamity Pond after dark and walked back in brilliant moonlight. Thank you Tom, for really wanting to do this! Participants: Jayne Boudier, Nate June, Tom Snyder.

Black Mountain Fire Tower, December 18, 2010, Alison Darbee and Ryan Simko, 9 participants

- We had a good, fun-loving group today and fluffy snow to tramp around in with just our micro-spikes. The views were clear at the top, the woods were sugar-coated in white, and lots of photos were taken! Participants: Ray Bouchard, Liz Gee, Brian Keech, Terje Kuusk, Ann Mundy, Marsha Noble, Katie Pangea, Ryan Simko, Alison Darbee.

Midweek Jaunt, December 21, 2010, Maureen Coutant, 5 participants

- As suspected, I was behind in my Christmas prep, so we moved it ahead to Monday to leave the rest of the week for stress! We had a nice quick walk around Moreau Lake and then cookies and hot beverages in the warming hut. We love that place! Participants: Maureen Coutant, Sarah King, Licia Mackey, Bill Schwarz, Don Thorn.

Santanoni Great Camp, December 26, 2010, Ray Bouchard, 5 participants

- Four hardy souls chose to brave the cold and join me for a 10-mile ski trip into the Great Camp on Newcomb Lake. The temps were in the upper teens all day; however, the lack of wind helped us stay warm, provided we didn't stand still for too long. The snow conditions were great with about 4" of fresh powder on 6-8" of packed base. Put it all together and it made for some fast runs on the downhill sections, especially if you used waxable skis. There were several others on the trail that day so lunch, however brief, became a social affair. The long, gentle climb to the height of land helped to re-warm our extremities so we could enjoy the glide back out to the car. Participants: Rich Macha, Carolyn Cyr, Jim Dixon, Terri Fluri, Ray Bouchard.

Midweek Jaunt, December 28, 2010, Maureen Coutant, 8 participants

- We postponed this trip to New Year's Eve! What a great way to close out the year. We didn't have enough snow for snowshoes or skis and didn't really need grippers, just snow boots for a walk into Inman Pond. We had three kids join us during the holiday break for a geocaching walk. We were off to a slow start when we couldn't find the first one at the trailhead, but the second one didn't take long and the last one takes you to a beautiful overlook of the pond. The kids did great and the adults were very patient and the weather was gorgeous! Participants: Sammy (Geoflyer) Brayton (8), Mo (GeoMo) and Gen (GeoGen) Coutant (8), Bruce (Bunker) Cushing, Sarah (GeoQueen) King, George (GPS) Sammons, Gretchen (LASAR Lady) Stark and Yael (Mountain Goat).

Buck Mountain from Pilot Knob (East side of Lake George), January 1, 2011, Reg Prouty and Bob Aspholm, 14 participants

- Fourteen New Year's Day revellers enjoyed a great winter day atop Buck Mountain on the East Side of Lake George. Singing Auld Lang Syne — lead and directed by Bob Aspholm and accompanied by Reg Prouty's pocket trumpet — a good time was had by all as we enjoyed a relaxing lunch atop the mountain on this mild day. Participants: Reg Prouty, Bob Aspholm, Gail Stauble, Karen Burke, Rob Furlong, Cathy Jo Rogers, Ann Mundy, Rich Crammond, Jack Whitney, Sandy Yellen, Barb Northrup, Roger Behrens, Jayne Boudier, Jennifer Jones.



Noonmark Mountain, January 2, 2011, Bill Morse, 7 participants

- We had nice weather with almost no wind. Not much snow but plenty of ice. We had to work our way around some rock areas because of the ice. Great views from the top. Participants: Helena Nevarez, Terje Kuusk, Sheila Joy, John Susko, Marsha LaPointe, Heidi Karkoski, Bill Morse.

Midweek Jaunt Tuesday, January 4, 2011, Maureen Coutant, 11 participants

- This week we pushed the trip to Wednesday and had a nice sunny day. No snow to be found within an hour, so we walked through the North Woods of Skidmore. We enjoyed the trails and many points of interest: the Lion pit (old well remains), stick teepee with swing, remains of a local ski tow, graffitied water tower and more. We finished off with coffee and snacks at Uncommon Grounds in Saratoga. Participants: Mo Coutant, Liz Gee, Emilie Gould, Ginger and Joe Kelterborn, Sarah King, Licia Mackey, Jim Ralston, George Sammons, Bill Schwarz, Judith Thomas.



Monthly Geocache, January 10, 2011, Maureen Coutant and Sarah King, 5 participants

- Our monthly geocaching hike this month was to the newly marked Berry Pond Preserve beyond the Lake George Recreation Center. The 4.44-mile snowshoe was a great workout, as it had recently snowed and we had to break trail most of the way up to the pond. We looked for and found four geocaches, which were located at trail junctions and on the trail around the pond. At the pond, we admired the Heron rookery, and sat on a downed log to enjoy the sunshine and our lunch. It was a great outing in a new location and was enjoyed by all. Participants: Sarah King, Bruce Cushing, Licia Mackey, Carol Walkup, Judith Thomas.

Midweek Jaunt, January 11, 2011, Maureen Coutant, 8 participants

- This week we XC skied on the groomed trails at the Wilton Wildlife Preserve. You can check the Preserve's website for trail conditions and they were just as advertised. Last week's snow was groomed and the trail was in good condition. On the way back, the group split for the hill challenge or the flat by the road. The flat group got back first! Participants: Maureen Coutant, Mike George, Emilie Gould, Licia and Steve Mackey, George and Irene Sammons, Carol Walkup.

YMG — Fire Tower & Grub — Owls Head Mountain, January 15, 2011, Jonathan Lane, 13 participants

- Canceled

Midweek Jaunt Tuesday, January 18, 2011, Maureen Coutant

- The weather pushed this trip to Wednesday and we wound up having a bird watching driving tour of the Important Bird Area (IBA) of Fort Edward. We didn't see the short-eared owls or too many raptors, but we saw some snow buntings and horned larks as well as a few other more common birds. Thanks to Laurie LaFond who was our bird watching guide! If you'd like to visit the area, Google Raptorfest, it's March 12th and 13th. Participants: Mo Coutant, Liz Gee, Diane Hurtt, Sarah King, Eric Kranz, Laurie LaFond, Licia Mackey, Becky Meath, Anne Paolano, Jim Ralston, Gary Rodd, Gretchen Steen, January Stephens.

Stillwater Locks Eagle Watch, January 22, 2011, Rich Crammond, 4 participants

- We did end up snowshoeing and it was a cold start for sure, but it was all worthwhile because we spotted an adult eagle in a tree by some open water! It just doesn't get any better than that! Thanks to my fellow hikers for sharing this outing. Participants: Jill Eaton, Babette Furman, Liz Gee, Rich Crammond.

East Dix, South Dix and Macomb, January 22, 2011, Neal Andrews, 5 participants

- Well it was as I suspected. The snow was shin-deep at the guard rail on Route 73 with only a trace of footprints visible from the past. We broke trail to Lily Pad Pond but after that the trail was quickly lost in the open forest. We bushwacked to the Southeast and the South Fork of the Bouquet just north of the usual point. The going was slow as we rotated breaking trail. Also beyond the campsite the ice on the river was quite thin and we managed to avoid getting feet soaked each time someone broke through the ice. We turned toward the slide one valley too early but were able to go cross country to the base of the slide through mainly open forest. It was at this point that two of our group decided it would be easier to go back than to push on forward as we had no guarantee that the herd paths on the ridge would be broken either. Just as we got to the top of the slide, the RVMS group caught up to the remaining three of us. Luckily the trail was broken on the ridge and we made good time over the remaining two peaks. There was a long butt slide down the Macomb slide and a trudge out to Clear Pond and the spotted car. We trekked 14 miles and 13 hours. Participants: Mike Lyons, Sue Thompson, Ben Connel, Charles Grabitsky, Neal Andrews.



Midweek Jaunt, January 25, 2011, Maureen Coutant, 7 participants

- This week we did a snowshoe hike along the red trail at Moreau State Park. It was a chilly day but we were all comfortable while we were snowshoeing. Ironically, we were only cold after stopping at the "warming hut." Earlier, the door had been locked and they weren't able to start the fire. The door was unlocked when we got there and Steve and George started a fire, but the warmth wasn't quick enough! We ate quickly and got moving again! Participants: Mo Coutant, Sarah King, Licia and Steve Mackey, Mickey Onofrietto, Gary Rodd, George Sammons.

Dix & Hough Sat, January 29, 2011, Ron Lester, 14 participants

- This was a classic High Peaks winter hike that had it all. Close to 17 miles with 5,000' of climbing had us feeling like we had earned the privilege of topping out on these two Adirondack beauties. The broken out trail ended at Dix's summit, so we busied ourselves hammering out and grooming a "sidewalk" over to Hough Peak. Special thanks to Rich, Jim, Jeff, and Terry (the plowmen) for taking turns at the front. Also thanks to Rick for sweep duties on the way out. Everyone enjoyed the camaraderie, views, scenery, and a couple of long, fast butt-slides descending Dix. Ya Hoooo! I am certain there were sore, but (clever Ron) satisfied hikers the next day. Participants: Ron Lester, Rick Lennox, Rich Vinciguerra, Jim McElroy, Tom Ostrander, Helena Nevarez, Christiane Mulvihill, Erica Anderson, Jeff Mannion, Terry Marshall, Courtney (her Dad loves her) Lester, Kevin Cox, Melody Hoffman, Mike (thanks for those cookies!) Fuller.

Erebus Mountain, January 29, 2011, Jayne Boudier, 5 participants

- The day was nicely overcast, with flurries. After doodling on Bumps Pond and lunching at the chimney, we set off for Erebus on the kind of unbroken, deep, snow that makes bushwacking a pleasure. We found the old overlook and markers, moose-scraped maples near the summit, the (new) summit tree, and a little sun! Then a trumpet called out across the thicket that guarded the lake views from us, and we retreated back to lighter areas. Beautiful sunset, great group, great day! Participants: Jayne Boudier, Rich Myette, Nate June, Reg Prouty.

Midweek Jaunt, Feb 1, 2011, Maureen Coutant, 5 participants

- We tried to get out before the "big" storm hit, but we had a little fresh snow to play in and might have kept people home and off the roads. A few of us made it to Cronins and the Warren Co. trails in Warrensburg. A couple of us snowshoed on the trails through the woods while the others skied on the golf course. It was great to get out! Participants: Mo Coutant, Liz Gee, Sarah King, Erik Kranz, Licia Mackey.

New members

GF-S CHAPTER

New Members: November 2010

- Carol Crosman, Middle Grove
- Kenneth Delafrange, Mechanicville
- Linnaea & Chelsea DiNallo, Ballston Spa
- Ken, Alexis, Miranda & Olivia Lorenz, Hoosick
- Tim & Kathy Noble, Lake George
- Michael O'Brien, Saratoga Springs
- Annemarie Ohearn, Saratoga Springs
- Chris & Kelly Owens, Glens Falls
- John Reyes, Mechanicville
- Jessica & James Riehl, Ballston Spa
- Margaret & Wayne Sherman, Clifton Park
- Scott, Kim & Carl Sopczyk, Glens Falls
- Jerrie & Elaine Webb, Saratoga Springs

Rejoined Members: November 2010

- Sheila, David & Justin Gould, Fort Ann
- Robert & Julie Heck, Woodbine, New Jersey
- Joseph, Rosemarie, Frank & Louis Messina, Staten Island, NY
- Christopher Yarsevich, Saratoga Springs

New Members: December 2010

December 2010

- John Anglesey, Rensselaer
- Michael and Suzanne Bush & Aaron Keegan, Burnt Hills
- Allan Clugston, Lake Luzerne
- Terry and Barb Davis, Queensbury
- Stephen Mastrangelo, Glens Falls
- Jed Mead, Granville
- Geoffrey and Vicki Schaaake, Ballston Spa
- Anita Skoglund and Shannon Drake, Glens Falls
- Lavinia Smith, Amsterdam
- James Swett and Margaret Milley, Malta
- William Thomas, Hudson Falls

Rejoined Members: December 2010

- Margie K. Barrett, Queensbury
- Carolyn E. Beebe, Washington, D.C.
- Sean, Lucy, Ryan, Molly & Annie Crotty, Saratoga Springs
- Bill & Roseann Doran, Broadalbin
- Vanessa Etherington & Jeff DeStefano, Albany
- Geoffrey, Courtney, Benjamin, Kiera & Mildred Harpence, Ballston Lake
- Erika Schielke, Glens Falls
- Wendy, Peter, Nevin, Jack & Tim Voohris, Queensbury
- Joseph Winslow, Hadley



Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Panera Bread unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

MEETING PLACE INFORMATION

PANERA BREAD

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Road. Follow .5 mile to ROUTE 9/GLEN STREET. Turn North (LEFT) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience'! We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 2 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

WESLEY HEALTH CARE CENTER

131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600

- From the South: Route 9 North. LEFT onto CHURCH STREET. RIGHT onto LAWRENCE.
- From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET. RIGHT onto LAWRENCE STREET.

CARL R'S CAFÉ RESTAURANT AND BAR

Main Street and Interstate 87, Glens Falls, NY 12804 793-7676

- EXIT 18 of the Northway. Turn EAST onto MAIN STREET. Carl R's is on the RIGHT.

LAKE GEORGE ADK HEADQUARTERS

814 Goggins Road, Lake George, NY 12845, 668-4447

- EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

SARATOGA SPRINGS PUBLIC LIBRARY

Henry Street., Saratoga Springs, NY 12866, 584-7860

- From Northway (I-87)

Take Exit 14 onto Route 9P North (Union Avenue).

Proceed 1.5 miles, past three traffic lights to T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

- From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.





Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314 • Glens Falls, New York 12801
www.adk-gfs.org

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SARATOGA SPRINGS, NY
12866

Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845. You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.

