



# Chepontuc Footnotes

chepontuc — "Hard place to cross," Inquis reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

GLENS FALLS - SARATOGA CHAPTER ADIRONDACK MOUNTAIN CLUB

## Annual Dinner 2015

Friday, October 23

Great Escape Lodge

89 Six Flags Drive , Queensbury, New York 12804

Just south of Exit 20 on Rt. 9

Cash Bar: 6:00 p.m. Dinner: 7:00 p.m.

*"The 46ers Film: Can you Hear Them Calling?"*

Please join us at the Great Escape Lodge in Queensbury for a special screening of the movie written, directed and produced by Blake Cortright, a native of Latham. Matt Elton is the Director of Photography and hails from Queensbury.

It is a beautifully filmed documentary showcasing the Adirondack High Peaks and the men and women who successfully reach all 46 summits.

We are honored and delighted that both Blake and Matt will join us on the night for one of the first screenings of their film.

Join us for a delicious plated dinner followed by dessert and coffee before the show.

**Registration information on the next page** and also available online at [www.adk-gfs.org](http://www.adk-gfs.org) after Labor Day.



# Glens Falls– Saratoga Chapter ADK Annual Dinner 2015

Friday, October 23rd

6 –7 pm    Cocktail Hour/Cash Bar

—

Garden Salad with rolls and butter

**Choice of Entrees with vegetable, rice or potato that best accompanies your entrée:**

- \$ 32** Prime Rib of Beef au Jus
- \$ 26** Chicken Picata
- \$ 28** Honey-Rosemary Salmon
- \$ 26** Vegetarian: Eggplant Parmesan

—

Warm Apple Crisp topped with a dollop of whipped cream  
Coffee and Tea

## Reservation Instructions

1. All reservations must be PREPAID and RECEIVED BY **Thursday, OCTOBER 15**
2. Sorry, phone reservations cannot be accepted — use mail-in form below.
3. Please make checks payable to: **GLENS FALLS-SARATOGA CHAPTER ADK**
4. Mail reservation form (below or @ [www.adk-gfs.com](http://www.adk-gfs.com)) and check to:  
**Steve Mackey, 21 MacArthur Drive, Glens Falls, NY 12801**
5. We do not mail confirmations back to you. For more info, contact: [annualdinner@adk-gfs.org](mailto:annualdinner@adk-gfs.org)

ANNUAL DINNER RESERVATION		Your Phone _____			
		Your Email _____			
NAME(S) (please print clearly for your name tag)		Dinner Selection (Please Check one)			
		Beef	Chicken	Fish	Veggie
		(\$32)	(\$26)	(\$28)	(\$26)
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____

## Fall is Upon Us

By *Laura Fiske, Chapter Chair*

It is hard to believe fall is right around the corner. A waning summer, though, does not mean there is not a lot to take advantage of in the great outdoors. We continue to have plenty of trips for all interests. Hopefully the fall colors will be spectacular!

In addition to our chapter activities, ADK will once again be participating in the Ragnar Relay. This is an overnight running race that takes place from Saratoga Springs to Lake Placid. The course begins in Saratoga Springs, goes along the Hudson River, passes through Lake George, the southern side of Lake Champlain, and finishes in Lake Placid. The relay is September 25<sup>th</sup> and 26<sup>th</sup>. This is a win-win for the club and the chapter. Last year we raised \$1,100 for the chapter. Many of your fellow chapter members have volunteered for several years so don't be shy if you have not volunteered previously. You will be in good hands. If you would like to participate please contact the main club to sign up. Additional information is available on



Ragnar Relay website and by contacting the main club.

Please be sure to send in your registration form for the annual dinner on October 23rd at the Great Escape Lodge. In addition to a plated dinner, we will elect officers for 2015 (we still have openings) and enjoy a film on the 46ers written, directed, and produced by local filmmakers.

In closing, I remind everyone that we need someone to lead the chapter in 2015. I have reached the end of my term and there is no one in the wings.

Therefore, it would be great if someone can volunteer to be the chapter chair for fiscal year 2015. This position has a one-year term. Previous volunteer leadership experience would be helpful.

I hope to see many of you at the annual dinner in October. As always, if you have any questions, concerns, or ideas please let me know.

**WE  
NEED  
YOU  
STILL!!**

### Bear-proof storage containers available!

- ◆ 8.8" dia. X 12" long, weight 2.7 lbs. Designed to slip into your backpack.
- ◆ Required in the Eastern High Peaks Zone and important for any back country overnight adventure, backpacking or canoe camping destination.
- ◆ Rental Rates: 1-3 days \$5.00 4-7 days \$10.00

Call *Jim Schneider* 518-581-9367 to reserve your rental.

Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

## Chepontuc Footnotes

Published Bimonthly  
Glens Falls Saratoga ADK Chapter  
Adirondack Mountain Club  
PO Box 2314, Glens Falls, NY, 12801

### Executive Committee Officers:

**Chapter Chair Laura Fiske**  
Phone: 884-0345 chapterchair@adk-gfs.org

**First Vice Chair** vacant \*\*\*

**Second Vice Chair** vacant \*\*\*

**Secretary John Caffry**  
Phone: 798-0624 secretary@adk-gfs.org

**Treasurer Steve Mackey**  
Phone: 793-6484 treasurer@adk-gfs.org

### Directors:

vacant \*\*\*

### Past Chapter Chair:

**Maureen Coutant**  
Phone: 745-7834 pastchair@adk-gfs.org

### Committee Chairs:

**Conservation Aimee Rutledge**  
Phone: 401-529-5034  
conservation@adk-gfs.org

**Education Linda Ranado**  
education@adk-gfs.org

**Hospitality Gretchen Steen**  
Phone: 638-6139 hospitality@adk-gfs.org

**Membership Pat Desbiens**  
Phone: 899-9688 membership@adk-gfs.org

**Newsletter/Editor** vacant \*\*\*

**Outings Wayne Richter**  
Phone: 893-7895 outings@adk-gfs.org

**Programs Sarah King**  
Phone: 798-0615 programs@adk-gfs.org

**Annual Dinner Coordinator  
Anne Paolano**  
annualdinner@adk-gfs.org

**Publicity** vacant \*\*\*

**Trails Tom Ellis**  
Phone: 638-6139 trails@adk-gfs.org

**Web site George Sammons**  
Phone: 743-9692 webmaster@adk-gfs.org

**Wilderness Jim Schneider**  
Phone: 581-9367 wilderness@adk-gfs.org

**Young Members Group Heather Webb**  
Phone: 347-793-6580 ymg@adk-gfs.org

\*\*\* We need people for these positions! Please help us out! \*\*\*

# Voting for Chapter Officers at annual meeting / dinner Friday, October 23, 2015

( updated September 4, 2015 )

At the annual meeting, held this year at the Great Escape Lodge in Queensbury on Friday, October 23, 2015, chapter members will be invited to vote for the new officers. The nominating committee presents the following candidates for 2015.

- Chapter Chair: John Caffry
- Treasurer: Steve Mackey (re-election)
- Directors: William Wasilauski and Tammara Ryn

Please see below for the biographies of these nominees. **Additional nominations, in writing, may be submitted, by any member entitled to vote, to Laura Fiske, chair of the Nominating Committee, by close of business on Friday, October 9, 2015. Such nominations must be signed by no fewer than twelve voting members.** In the event of more than one candidate being voted into any given office the following procedure will commence at the annual meeting:

a) the Secretary will furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot will be the exclusive means of voting for officers and directors.

b) the successful candidate for each position will be determined by a simple majority of the votes cast. For chapter members who are unable to attend the annual meeting in person, an absentee ballot will be furnished to voting members upon written request to the Secretary. These votes will be counted if received by the Chapter Secretary prior to the annual meeting.

*Please note there are vacancies for Secretary and the Vice Chair positions (2). Please consider helping out your local chapter by sending candidate information to Laura Fiske.*

## John Caffry

I have been an ADK member since 1985. Since that time, I have served ADK in many capacities, such as member of Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary since 2006; former member of ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; current member (since 1988), and former chair, of ADK Conservation Committee. I have participated in the Adopt a Lean-to program since 2003. I am a native of Glens Falls, currently living there with my wife, Ellen, and our two daughters. I am a member of the Caffry & Flower law firm in Glens Falls. Occasionally, I can find time for hiking, paddling and all varieties of skiing. Like Sarah Palin and Russia, I can see the Adirondack Park from my house (but only if the leaves are off the trees).

## Steve Mackey

I have been an active member with the Glens Falls/Saratoga Chapter since the early 80s. I served as Conservation Chairman for a couple of years back when the "Crane Pond Road Closure" and the "Big Cedar Swamp & Earltown" were big issues. I also have participated in the Adopt-a-Lean-To program, with "Jungle" Jim Mosher, taking care of Ward Brook Lean-to, for over twenty five years. I lead hikes regularly and am the "Winter Weekend Coordinator". I own and operate the Luzerne Market and have been in business for 35 years.

## William Wasilauski

I have been a member of the ADK, Glens Falls/Saratoga Chapter since 2008. I have enjoyed participating in many club outings, events and activities. As an ADK member, I have volunteered for the RAGNAR Relay for the past 3 years. I do trail work with the 46ers and participated in ADK's 2015 National Trails Day Event at Cranberry Lake. After retiring several years ago, I now work for the NYS Department of Homeland Security & Emergency Services (Disaster Assistance). In my free time, I like to walk, hike, ski (Alpine & Nordic), and go fishing.

## Tammara Van Ryn

Tammara is the executive director of the Land Trust Accreditation Commission and works with land conservation organizations across the US from an office in Saratoga Springs. She has extensive experience in nonprofit governance and management and knowledge of conservation issues in New York and beyond.

Glens Falls - Saratoga Chapter ADK  
Save the date for these upcoming Programs!!



**Raptors of the Adirondacks  
Up Close and Personal**

Meet Nancy Kimball and her educational raptors native to the Adirondacks; hear her stories and learn about her birds' unique characteristics.

Nancy is a wildlife rehabilitator with both NYS and federal licenses. She has just published a book "Possums to Porcupines: the Wild Life of an Adirondack Rehabilitator" about her experiences caring for orphaned and injured mammals, songbirds, and raptors for the last 14 years. She is a founding member of North

Country Wild Care; a nonprofit network of home based wildlife rehabilitators, and belongs to the NYS Wildlife Rehabilitation Council and the Ntl Wildlife Rehabilitator's Assn.

Anyone who wishes to bring an item from NCWC's wish list is encouraged to do so. See list at: [www.adk-gfs.org/programs](http://www.adk-gfs.org/programs)

This is a joint program with our friends at Southern Adk Audubon Society (SAAS)

Please do your best to avoid wearing fragranced products to the program, as these products can trigger allergies and migraines in others.

Come see an owl!

Wed. Sept 23

7 pm

Crandall Library

Glens Falls

**Glens Falls - Saratoga Chapter ADK Annual Dinner  
Friday, October 23rd 6pm, dinner at 7pm**

See page 1 & 2 and get your registration in today! Don't wait!

**The Mountains Are Beautiful - Everywhere**

Presented by Alan Via

Join us for a tour of the best mountain scenery and animals from mountain ranges all over the northeast mountains, Utah, Colorado, Arizona, and the Sierras. Plus from travels outside the US to the Dolomites, New Zealand, Patagonia and elsewhere.

Alan has been the Albany Chapter's Outings Chair for 14 years and was ADK's Distinguished Volunteer in 2006. Among his hiking accomplishments: ADK 46er, Winter 46er, NE111, Adirondack 100 Highest and Catskill 100 Highest, Catskill 3500 Club and 3500 Winter, Catskill 200 Highest, 80/100 of NEHH. He is also the author of The Catskill 67 - A Hiker's Guide to the Catskill 100 Highest Peaks under 3,500' and is working on two other hiking guides.



Save the Date!

Wed. Nov 18

7 pm

Saratoga Springs  
Public Library

### **NEW MEMBERS - MAY 2015**

Charles Brockett, Dolgeville  
Christopher Carey, Morrow, Ohio  
Michael & Wendy Chavarria, Cohoes  
Teresa Costigan, Ballston Spa  
Edward Doherty, Saratoga Springs  
Melissa Eisler & Ramon Delgerdo, South Glens Falls  
Linda Fruus, Glenville  
Alexandra Howe, Lake Forest, Illinois  
John Koch, Diamond Point  
Melissa & Kevin Lingel, South Glens Falls  
Alyssa Marzinsky, Mechanicville  
Judith & Jeffrey Merrill, Ballston Spa  
Linda & Kristen Pulver, Valatie  
Todd Ricks, Granville  
Jessica Roberts, Glens Falls  
James Senese, Bolton Landing  
Peggy Straight, Clifton Park  
Jian Jun & Thomas Stronach, Saratoga Springs  
Kimberly & James VanHeste, Gansevoort  
Paul Varley, Mount Dora, Florida  
Mary-Beth & Joe Wagner, Glens Falls  
Elizabeth Whalen, Saratoga Springs  
Craig Wieczenski, Johnstown  
Chris Young, Clifton Park

### **NEW AFFILIATES - MAY 2015**

Kathy & Thomas Flaim, Clifton Park  
Catherine & Michael Forbes, Hyde Park, New York

### **NEW MEMBERS - JUNE 2015**

Linda Behrens Conway, Claverack  
Rick Coolidge, Glens Falls  
Robert Davis, New York, New York  
Christopher Fontaine, Schuylerville  
Darren Heffelfinger, Ballston Lake  
Brendan Killian, Ballston Spa  
Raymond D. Knizek, Ballston Spa  
Douglas Lang, Ballston Spa  
Robert & McKenna Lash, Salem  
Cheryl Meyers, Queensbury  
Martin Vanags, Saratoga Springs  
Marie Yurenda, Lake Luzerne

### **REJOINED MEMBERS - MAY 2015**

Michael & Jennifer Casavant, Greenfield Center  
Sara McKay, South Glens Falls  
Carrie & Phil Menard, Glens Falls

### **REJOINED MEMBERS - JUNE 2015**

Diane Demetriou & Steven Gray, Hadley  
R.B. Dundon & Dana La Rose, Dorset, Vermont  
Cathy Firman, Greenwich  
Anita M. Gabalski, Shushan  
Sara Gonzalez, Mechanicville

## *A fun way to volunteer and help ADK!*

Ragnar Relay, the largest overnight running relay series in the US, is back in the Adirondacks and, once again, they have chosen ADK as one of the official charity for their Adirondacks Race September 25 & 26.

New this year, ADKers will all be working together at certain exchange points. It's always fun meeting fellow ADKers as we volunteer for this FUN event. Plus, we raise money for ADK since Ragnar donates based on our efforts! Last year we raised \$1,100 for the Glens Falls Saratoga Chapter!

Volunteer registration is now open. Go to [adk.org](http://adk.org) for more information and link to register. Call Rob at ADK (668-4447 ext 26) or Laurie for more details.

#### Where

The relay starts at the Saratoga Spa State Park in Saratoga Springs, skirts along the Hudson River, passes through the Lake George region, up the southern side of Lake Champlain and ends in Lake Placid.

#### When & Where to Help

Volunteers are needed at ADK relay exchange points for various shifts along the 193 mile route including the start/finish lines.

#### What are the Duties?

Volunteers help with such tasks as exchange set-up and break-down, time keeping, traffic and crowd control, and maintenance.



Our Glens Falls-Saratoga ADK chapter is looking for candidates to sponsor for week-long camperships in the summer of 2016 at DEC's **Camp Colby** and **Pack Forest**, and as part of ADK's five day high school **Teen Trails** maintenance projects. These programs offer those being sponsored the opportunity to heighten their awareness and appreciation of nature and environmental concerns, while participating in educational and/or recreational activities, dependent upon the program. For those selected, attendance fees (\$350 DEC and \$250 ADK) will be paid by our chapter.

The Lake **Colby** Environmental Education Camp, for youth aged **11 to 13**, is located on the western shore of Lake Colby, just outside the Village of Saranac Lake. The DEC website promises a week filled with fun and adventure, noting that "campers participate in a discovery group while at camp, completing six lessons ranging from group dynamics to field, forest, and pond explorations, to a study of human impact. Group members learn science, solve challenges, play games, keep a journal, catch salamanders, net butterflies and discover the interconnectedness of life on earth. College-educated counselor staff guide all activities, encouraging participation and respect, while interpreting the natural world for the campers. Additionally, campers choose from a variety of optional activities throughout the week that introduce them to outdoor pursuits and pastimes. Experiences include fishing, canoeing, archery, exploring a bog, and overnight camping."

**Pack Forest**, just north of Warrensburg, offers camp sessions for both teens, from **14 to 17** years old, and youth, aged **11 to 13**. "Sessions offer the older campers a chance to explore forestry, aquatic biology, wildlife management, field ecology, and other environmental issues. Workshop attendees learn about professional forestry techniques, such as the use of Biltmore sticks and increment borers. The program emphasizes group dynamics and teamwork as essential to the environmental decision-making process. Staff encourages interaction, communication, and cooperation as campers seek solutions to group challenge activities. Students also discover their individual strengths and abilities. In addition to advanced outdoor workshops, Pack Forest campers participate in exhilarating, out-of-camp canoeing or backpacking trips in the beautiful Adirondacks. Optional activities during the week include fly fishing, hiking, swimming, shooting sports, and orienteering." Youths, ages **11 to 13**, can share in activities that mirror those at Camp Colby.

ADK's **Teen Trail** five-day projects are geared towards high school students (aged **14 to 17**). This program, which relies on the key elements of teamwork and shared responsibility, focuses on educating participants on the ways and means of trail maintenance. Participants may learn such skills as how to properly install water devices such as water bars, how to harvest a tree using tools such as a crosscut saw and axe, or how to use boulders with a steel bar. Through the course of a trail project, which can be physically challenging, campers share in a fun and rewarding experience while forming new friendships and memories. Ultimately a quality trail project is completed by trail crews and it will protect the natural resource for many years. ADK provides campers with food, group camping gear, tools, and experienced leadership. Specific sites for the summer 2016 program will be posted on our site as soon as available. Camper-ship recipient Walker Caffry-Randall had this to say about his experience and provided us with a photo as proof ... "I had a lot fun this year and I enjoyed learning about making wooden bridges. It was especially cool because we felled the tree on site. I feel like my skills have really increased now that I have had a project with stone and a project with logs. I have had so much fun I hope to be on a crew every summer. When I am old enough, I hope to work for the Adirondack Mountain Club. I'd love to be a teen trail crew leader."



Application forms for all of these sponsorships may be downloaded from the Education tab on our website ( <http://www.adk-gfs.org> ) and, when completed, sent to:

Linda Ranado  
18 Pine Ridge Road  
Hadley, NY 12835

Applications must be received by **December 28<sup>th</sup>**. If you have any questions, you may call me at 696-7265 or e-mail me at [lrnado@hotmail.com](mailto:lrnado@hotmail.com).

## Outings and Programs Schedule

See [adk-gfs.org](http://adk-gfs.org) website for latest calendar

Date	Day	Type	Destination	Leader(s)	Rating
<b>September</b>					
1	Tue	Paddle	Tuesday Paddle	Maureen Coutant	NR
2	Wed	Other	Executive Committee monthly meeting	Laura Fiske	NR
5	Sat	Hike	Poke-O-Moonshine Mountain - YMG encouraged!	Heather Webb	B
12	Sat	Hike	Haystack	Wayne Richter	A+
12	Sat	Hike	Moxham Mountain	Rich Crammond	B
14	Mon	Geocache	Monthly Monday Geocache	Sarah King	NR
15	Tue	Paddle	Tuesday Paddle	Maureen Coutant	NR
19	Sat	Hike	Glastenbury Mountain VT.	Mike Fuller	A+
20	Sun	Hike	Botheration Pond Loop	Bill Schwarz	B
22	Tue	Hike	Indian Head and Fish Hawk cliffs	Maureen Coutant	B
23	Wed	Program	September program- Raptors of the Adirondacks- Up Close	Sarah King	NR
26	Sat	Hike	Cliff and Redfield	JP Martin, Erica Halbrook	A+
27	Sun	Hike	Indian Pass Summit Rock photo hike	Jack Whitney	B
29	Tue	Paddle	Tuesday Paddle	Maureen Coutant	NR
<b>October</b>					
3	Sat	Hike	Marshall Peak and Plane Crash Site	Mike Fuller	A+
4	Sun	Hike	Giant Mt.	Bill Carpenter	A-
6	Tue	Hike	Jay Range	Maureen Coutant	B
7	Wed	Other	Executive Committee monthly meeting	Laura Fiske	NR
10	Sat	Hike	Peaked Mountain Pond and Peaked Mountain	Rich Crammond	B
10	Sat	Hike	YMG - Wakely Mountain	Heather Webb	B+
13	Tue	Paddle	Tuesday Paddle	Maureen Coutant	NR
17	Sat	Hike	Noonmark and Round Loop	Wayne Richter	A-
17	Sat	Other	ADK HQ workday	Maureen Coutant	NR
18	Sun	Hike	Big Slide	Bill Carpenter	A
18	Sun	Hike	Walk around Putnam Pond	Bill Schwarz	B
19	Mon	Geocache	Monday Monthly Geocache	Sarah King, Mo Coutant	NR
23	Fri	Other	Annual Dinner at the Great Escape Lodge in Queensbury	Ann Paolano	NR
25	Sun	Hike	Fifth Peak lean -to	Jack Whitney	C+
<b>November</b>					
2	Mon	Geocache	Monday Monthly Geocache	Sarah King, Mo Coutant	NR
4	Wed	Other	Executive Committee monthly meeting	Laura Fiske	NR
18	Wed	Program	The Mountains are Beautiful...Everywhere'	Sarah King	NR
26	Thu	Hike	Turkey Trot #17 Saratoga Battlefield Hike	Rich Crammond	C+



## Outings Detail

### **TUESDAY PADDLE**

Tue, Sep 1, 2015, time TBD, Rating: NR  
Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)  
- Usually we paddle somewhere within an hour of Glens Falls. We do many sections of the Hudson River, Lake Luzerne, Glen Lake and the fen. Sometimes we travel a bit further, so call or email Sunday evening to find out what I have in mind for the upcoming trip. I try for Tuesday, but may postpone for better weather!

### **EXECUTIVE COMMITTEE MONTHLY MEETING** - [ Other ]

Wed, Sep 2, 2015, 7:00 pm, Rating: NR  
Laura Fiske - [lheacox@nycap.rr.com](mailto:lheacox@nycap.rr.com)  
- Board meeting at Carl R's Exit 18

### **POKE-O-MOONSHINE MOUNTAIN - YMG ENCOURAGED!** - [ Hike ]

Sat, Sep 5, 2015, time TBD, Rating: B  
Heather Webb - 347-793-6580, [heatherjwebb@gmail.com](mailto:heatherjwebb@gmail.com)  
- A great short hike with beautiful views of some of the high peaks and Lake Champlain! And a fire tower mountain for those working on the challenge. Young adults encouraged to join! Please email me for more information or to sign up.

### **HAYSTACK** - [ Hike ]

Sat, Sep 12, 2015, 5:00 am, Rating: A+  
Wayne Richter - 518-893-7895, [wrichter@nycap.rr.com](mailto:wrichter@nycap.rr.com)  
- Haystack is one of my favorite peaks with an open, rocky summit and views all around. This is a tough but rewarding hike. With an early start, we will hope to get a spot at the Garden. We'll make a stop at Johns Brook Lodge, pass by Bushnell Falls, visit Slant Rock, then start our serious climb. We'll scramble up the rocks to Little Haystack, drop down a bit, then make our final push to the summit. Round trip is 17.8 miles with about 3,400 feet of elevation change.

### **MOXHAM MOUNTAIN** - [ Hike ]

Sat, Sep 12, 2015, 9:00 am, Rating: B  
Rich Crammond - 518-584-2380  
- This hike has some ups and downs but is very rewarding with views around the area on top (hope for a clear day). Meet at the 14th Road trailhead, Minerva (2.4 miles from 28N). Call for more details. See you there, hiking buds!

### **MONTHLY MONDAY GEOCACHE**

Mon, Sep 14, 2015, time TBD, Rating: NR  
Sarah King - 798-0615, [scubakings@roadrunner.com](mailto:scubakings@roadrunner.com)  
- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

### **TUESDAY PADDLE**

Tue, Sep 15, 2015, time TBD, Rating: NR  
Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)  
- Usually we paddle somewhere within an hour of Glens Falls. We do many sections of the Hudson River, Lake Luzerne, Glen Lake and the fen. Sometimes we travel a bit further, so call or email Sunday evening to find out what I have in mind for the upcoming trip. I try for Tuesday, but may postpone for better weather!

### **GLASTENBURY MOUNTAIN VT.** - [ Hike ]

Sat, Sep 19, 2015, 7:00 am, Rating: A+  
Mike Fuller - 802-254-3314, [farmallboy55@hotmail.com](mailto:farmallboy55@hotmail.com)  
- This area is know as Vermont's 'Bermuda Triangle.' It's got a great fire tower. We'll be on the AT/LT for the hike. It's 20 miles round trip and 2400 ft of up. We'll meet at AT/LT intersection with Route 9 about 5 miles east of Bennington, VT.

### **BOTHERATION POND LOOP** - [ Hike ]

Sun, Sep 20, 2015, 8:00 am, Rating: B  
Bill Schwarz - 307-6091, [bschwarz@nycap.rr.com](mailto:bschwarz@nycap.rr.com)  
- OK, many of us have done this before, but it's still a great fall excursion near 13th Lake. The trail passes Blake and Botheration Ponds with some ups and downs, but nothing too strenuous. Bring lunch, water, and a sense of adventure; there are a few stream crossings. Distance is 7 miles. Rain cancels. We may stop in North Creek for snacks on the way back.

### **INDIAN HEAD AND FISH HAWK CLIFFS** - [ Hike ]

Tue, Sep 22, 2015, 8:00 am, Rating: B  
Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)  
- I haven't done this hike in maybe a couple of decades, but I remember enough to know it will be a great hike. We'll walk along the Ausable Club Rd for 1.8 miles before heading off along the Gill Brook trail. It's about another 2 miles to Indian Head and then another .2 miles to Fish Hawk Cliffs. Ascent from Lower Ausable Lake to Indian Head 730 ft...but we'll be stretching that out since we'll be coming from the Gill Brook Trail. We'll do it as a loop though and come down this way. Then head over to Rainbow Falls and then out along the Lake Road. Plan on taking our time and being out most of the day. Call or email to sign up.

### **SEPTEMBER PROGRAM- RAPTORS OF THE ADIRONDACKS- UP CLOSE**

Wed, Sep 23, 2015, 7:00 pm, Rating: NR  
Sarah King - 798-0615, [scubakings@roadrunner.com](mailto:scubakings@roadrunner.com)  
- Join us for this program sponsored by ADK and Southern Adirondack Audubon Society. Nancy Kimball will present, 'Raptors of the Adirondacks- Up Close'. This program will be held at Crandall Public Library. See the newsletter for more information.

### **CLIFF AND REDFIELD** - [ Hike ]

Sat, Sep 26, 2015, 5:00 am, Rating: A+  
JP Martin - 607-232-0827, [jpfish@binghamton.edu](mailto:jpfish@binghamton.edu)  
Colead: Erica Halbrook - 888-888-8888  
or [heji12020@gmail.com](mailto:heji12020@gmail.com)  
- Cliff and Redfield are two of the more remote and challenging high peaks in the Adirondack Park. Mount Redfield is the fifteenth highest peak in the Adirondacks and it stands almost exactly in the center of the Park. Cliff is the reputed mud capital of the Adirondack Park and we will be there to prove it. The trek out of the Upper Works lot will be over 18 miles, so we will start early to make our round trip traverse. This will be a long and strenuous hike, so bring seasonal clothing, lots to eat and drink, a headlamp with fresh batteries and a desire for a challenge.

## Outings Detail

### **INDIAN PASS SUMMIT ROCK PHOTO HIKE**

Sun, Sep 27, 2015, 6:45 am, Rating: B

Jack Whitney - 793-9210, [jack1758@roadrunner.com](mailto:jack1758@roadrunner.com)

- Great views to be had from summit rock. There should be some fall colors. We will try to find the location where Charles Ingham painted on canvas 'The Great Adirondack Pass in the year 1837.' Wear something orange since this is beginning of hunting season. If you purchase an orange vest buy a large or extra large that will go over your pack. Round trip is 8.8 miles with an elevation change of 870 feet from Upper Works.

### **TUESDAY PADDLE**

Tue, Sep 29, 2015, time TBD, Rating: NR

Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- Usually we paddle somewhere within an hour of Glens Falls. We do many sections of the Hudson River, Lake Luzerne, Glen Lake and the fen. Sometimes we travel a bit further, so call or email Sunday evening to find out what I have in mind for the upcoming trip. I try for Tuesday, but may postpone for better weather!

### **MARSHALL PEAK AND PLANE CRASH SITE** - [ Hike ]

Sat, Oct 3, 2015, 5:30 am, Rating: A+

Mike Fuller - 802-254-3314, [farmallboy55@hotmail.com](mailto:farmallboy55@hotmail.com)

- The last 3 years I did this hike we had rain or no views, so let's break the curse. The plane is intact and only 100 feet off the trail; we'll go there after Marshall. It's 16 miles and 2575 feet of up. Meet at Panera Bread Queensbury at 5:30 or the Upper Works trailhead at 7:30. No calls after 7:00 pm the night before the hike or morning of the hike.

### **GIANT MT.** - [ Hike ]

Sun, Oct 4, 2015, 7:30 am, Rating: A-

Bill Carpenter - 793-5506, [jpbadk@Yahoo.com](mailto:jpbadk@Yahoo.com)

- If you are working on your high peaks, or just a great hike, this could be the one. The trees should be changing color and the Adirondack Mountains starting their glory. This is a hike that bad weather will cancel. If by chance you would like to include Rocky Peak Ridge, you will have to call the leader!, not e-mail; the hike goes up to an A+, and I may have to get a co-leader to split the hike up on Giant. The Giant hike is approximately 6 miles and 6 hours.

### **JAY RANGE** - [ Hike ]

Tue, Oct 6, 2015, 8:15 am, Rating: B

Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- This is another one of my favorites. After a fairly short hike (1.5 to 2 miles) up to the ridgeline, we'll continue to walk along the open ridge for another 1.5 miles before returning. It's a great hike. Call or email for more details.

### **EXECUTIVE COMMITTEE MONTHLY MEETING** - [ Other ]

Wed, Oct 7, 2015, 7:00 pm, Rating: NR

Laura Fiske - [lheacox@nycap.rr.com](mailto:lheacox@nycap.rr.com)

- Board meeting at Saratoga-Wesley Health Center

### **PEAKED MOUNTAIN POND AND PEAKED MTN** - [ Hike ]

Sat, Oct 10, 2015, 8:25 am, Rating: B

Rich Crammond - 518-584-2380

- The hike to this pond is gradual but the last 0.7 mile to the summit is more rugged and steep in places. Please dress for fall weather. We can do this hiking buds - think adventure, not beaver trail blockage (eeks!). It's 7.2 miles round trip with approximately 1100 feet of elevation change. Meet at the 13th Lake campsite area, north end of the lake.

### **YMG - WAKELY MOUNTAIN** - [ Hike ]

Sat, Oct 10, 2015, time TBD, Rating: B+

Heather Webb - 347-793-6580, [heatherjwebb@gmail.com](mailto:heatherjwebb@gmail.com)

- Younger Members Group but all are encouraged to join! This is a 6.4 mile hike round trip to one of the highest fire towers in New York. The elevation gain is 1650 feet in 3.2 miles, getting steeper for the last mile. Please email me for more information or to sign up.

### **TUESDAY PADDLE**

Tue, Oct 13, 2015, 9:30 am, Rating: NR

Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- With the days getting shorter, we're going to do a paddle during the day and maybe go a bit further than we usually go during the evenings. Maybe Lake Abanakee or Lens Lake? Call or email Sunday evening to find out!

### **NOONMARK AND ROUND LOOP** - [ Hike ]

Sat, Oct 17, 2015, 8:30 am, Rating: A-

Wayne Richter - 518-893-7895, [wrichter@nycap.rr.com](mailto:wrichter@nycap.rr.com)

- Noonmark is one of the gems of the Adirondacks. It's an enjoyable climb with great views along the way and at the top. We'll begin at the St. Huberts (Ausable Club) parking area with a start late enough to allow the mid-October day to warm a bit. After enjoying some quality viewing time at the summit, we'll continue down the back side, drop a bit and loop around to climb Round. After sunning ourselves (we can always hope) on the open rocks of Round, we'll finish our loop. It's about 7 miles with 3,000 feet of elevation change.

### **ADK HQ WORKDAY** - [ Other ]

Sat, Oct 17, 2015, time TBD, Rating: NR

Maureen Coutant - 745-7834, [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- Come join fellow ADKers to clean up and get the ADK HQ property off Exit 21 ready for the winter! Food provided! I'll be there at 9, pizza at noon, usually done by 2. Followed by a walk/hike nearby for any who still have time and energy!

### **BIG SLIDE** - [ Hike ]

Sun, Oct 18, 2015, 7:30 am, Rating: A

Bill Carpenter - 793-5506, [jpbadk@Yahoo.com](mailto:jpbadk@Yahoo.com)

- This should be another fine high peak hike, in the fall. We will do a loop hike going up over the 3 Brothers - all could be great for pictures - and return down the Slide Brook Trail back to the Garden. The hike is approximately 9 miles and 7 hours, of course depending on the pace. As with all hikes this time of year, bad weather will cancel.

## Outings Detail

### **WALK AROUND PUTNAM POND** - [ Hike ]

Sun, Oct 18, 2015, 8:00 am, Rating: B

Bill Schwarz - 307-6091, [bschwarz@nycap.rr.com](mailto:bschwarz@nycap.rr.com)

- Hopefully the road construction is finished to the main trail-head. We'll do about 8 miles around the main pond and numerous smaller ones nearby, and can check out old mining sites along the trail. Lunch on some rocks overlooking the water (at least, that's the plan). Much of the route is flat, but there are several climbs. Rain cancels.

### **MONDAY MONTHLY GEOCACHE**

Mon, Oct 19, 2015, time TBD, Rating: NR

Sarah King - 518-798-0615, [scubakings@roadrunner.com](mailto:scubakings@roadrunner.com)

Colead: Mo Coutant - 518-745-7834

or [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

### **ANNUAL DINNER AT THE GREAT ESCAPE LODGE IN QUEENSBURY** - [ Other ]

Fri, Oct 23, 2015, time TBD, Rating: NR

Ann Paolano - [annualdinner@adk-gfs.org](mailto:annualdinner@adk-gfs.org)

- The entertainment this year will be a screening of the new movie, "The 46ers Film: Can you Hear Them Calling?" This is written, directed and produced by Blake Cortright, a native of Latham. Matt Elton is the Director of Photography and hails from Queensbury. It is a beautifully filmed documentary showcasing the Adirondack High Peaks and the men and women who successfully reach all 46 summits.

### **FIFTH PEAK LEAN-TO** - [ Hike ]

Sun, Oct 25, 2015, 8:30 am, Rating: C+

Jack Whitney - 793-9210, [jack1758@roadrunner.com](mailto:jack1758@roadrunner.com)

- The fall colors have passed. The rattlesnakes are now in their dens. We will venture up and try to find some color in the surrounding woods. Roundtrip around five miles. Call or e-mail leader for details.

### **MONDAY MONTHLY GEOCACHE**

Mon, Nov 2, 2015, time TBD, Rating: NR

Sarah King - 518-798-0615, [scubakings@roadrunner.com](mailto:scubakings@roadrunner.com)

Colead: Mo Coutant - 518-745-7834

or [mojim@roadrunner.com](mailto:mojim@roadrunner.com)

- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

### **EXECUTIVE COMMITTEE MONTHLY MEETING** - [ Other ]

Wed, Nov 4, 2015, 7:00 pm, Rating: NR

Laura Fiske - [lheacox@nycap.rr.com](mailto:lheacox@nycap.rr.com)

- Board meeting at Carl R's Exit 18

### **'THE MOUNTAINS ARE BEAUTIFUL...EVERYWHERE' A PROGRAM PRESENTED BY ALAN VIA**

Wed, Nov 18, 2015, 7:00 pm, Rating: NR

Sarah King - 798-0615, [scubakings@roadrunner.com](mailto:scubakings@roadrunner.com)

- Alan Via will present his new program, 'The Mountains are Beautiful...Everywhere' on Nov. 18th at Saratoga Springs Public Library. It's a tour of the best of the ADKs, Catskills, Green and White Mtns, Utah, AZ, CO, and Sierras.

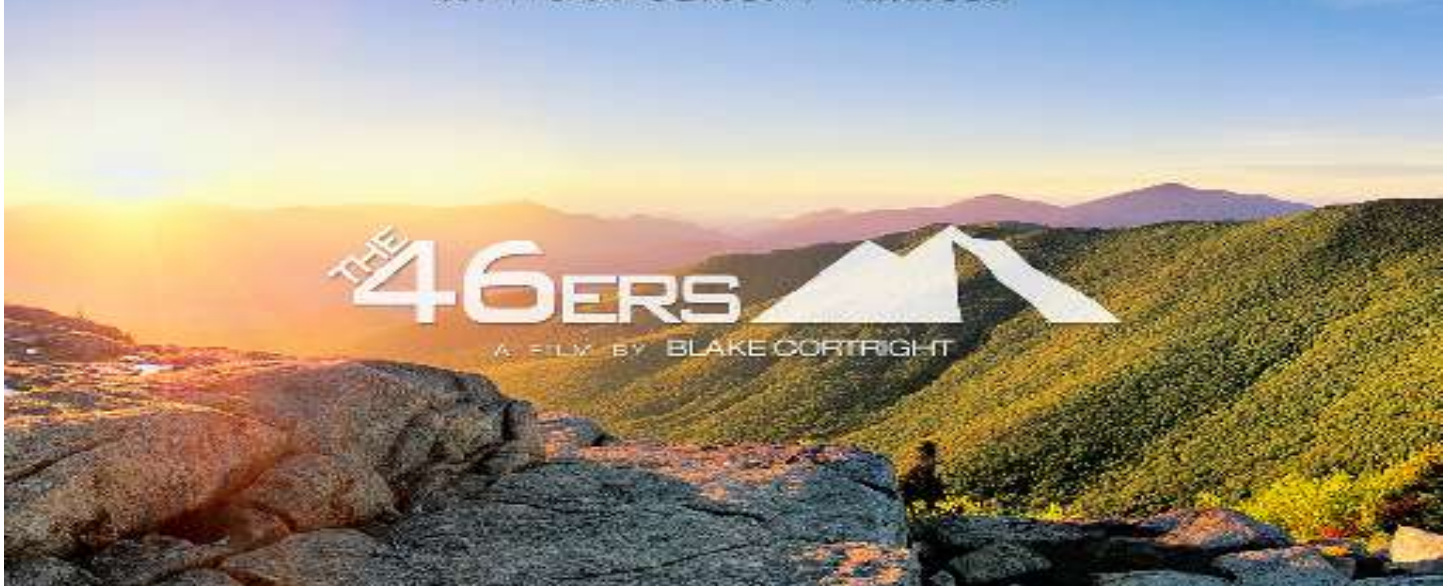
### **TURKEY TROT #17 SARATOGA BATTLEFIELD HIKE**

Thu, Nov 26, 2015, 8:00 am, Rating: C+

Rich Crammond - 518-584-2380

- Another holiday hunger workout with around five miles of hiking for this morning outing. Cameras, field glasses, and warm clothing will be good to have with you. Meeting place: Visitors parking lot off Route 32, Stillwater. Happy Thanksgiving to all.

ANNOUNCEMENT TRAILER



### **Monthly Geocache Wed, Jun 3, 2015, Sarah King**

- Last minute change from a paddle on the Kaydeross to a hike around some lesser known parts of Grafton Lakes State Park and area. This location was partially chosen to search for the caches placed here for the 2015 Saratoga-Capital District Region Geocache Challenge. There are over 60 caches placed in 18 State Parks and historic sites from Lake Placid to Thatcher State Park. We had planned to search for 5 of the challenge caches at Grafton plus several others in the area. We did a bit of pond hopping as we started on the Shaver Pond Trail for one cache, then over to Mill Pond trail for another. Then off to Second Pond for two more caches. Back to the car and a drive down Long Pond Road where we visited an old cemetery and parked at Fire Tower Road, where we set off on foot to find another cache and up to Dickinson Hill Fire Tower. It was a beautiful day for a walk, cool temps and no bugs. One of the neat things about geocaching is finding cool spots that you might not ordinarily find. Such was the case with the fire tower. The following was taken from the geocache write up that is placed by the tower. 'The fire tower is a 60 foot Aermotor LS-40 built in 1924 and served until the spring of 1974. This tower was the first to be staffed by a woman fire observer, Helen Ellett of Grafton. During World War II it was used by the Aircraft Warning Service and in the 1970s was the site of communication experiments by the U.S. Navy.' After we returned to the car, we visited another cool spot that a geocache led us to. It was the Grafton Peace Pagoda. What an amazing structure! We felt like we were in Tibet rather than rural upstate New York. Great outing and company as always but Licia Mackey was missed. Hope to see her next month! Participants: Sarah King, Mo Coutant, Steve Gray, Diane Demetriou, Kendra Pratt, and Don Thorn.

**NOTE: See photo gallery on the chapter website for picture of the Peace Pagoda!**

### **Mountain Bike ride near Whiteface Mtn. Sat, Jun 6, 2015, Steve Mackey**

- It ended up that just Jim Coutant and I made the trip (and I had to bribe Jim by letting him use my other mountain bike). We found the main trails near Springfield Road fairly easily. When we got there, there was only one other rider, but by the time we left, there were about 200 riders. The trails were well constructed, and in general, of intermediate ability. However there was a trail that climbed a small mountain that if you were able to ride completely up and down, I would consider you an expert. We had to do a little 'hike a bike' to get up. After lunch we tried to find the trails closer to the Whiteface ski area. We found the Poorman's Downhill and that pretty aptly described it, except before we could go downhill, we had to go uphill. The main group of Whiteface trails was closer to the ski area, so we'll have to scout them out next time. We also took a little hike and checked out the Flume, on the Ausable River. Since we still had the time and the energy and were close by, we also drove to the other side of Whiteface (in the car) and hiked up Catamount Mountain. I had just read an article in Adirondack Explorer about it, and wanted to check it out. It is only a 3.2 mile round trip, but one of those 'a lot of bang for your buck' mountains. It has a lot of scrambling near the summit. It was a good climb, I'll have to lead it officially sometime this fall. Participants: Jim Coutant, Steve Mackey.

### **Bradley Pond (Newcomb area) Sat, Jun 6, 2015, Rich Crammond**

- Once again, just a great day to be in the 'Dacks. Seven hardy hikers enjoyed this outing to the back country. The trail had

some tough spots but we took our time and made it back to the trailhead A OK. Highlights of this outing were hiking along a neat runoff stream, helping each other at two main water crossings, low bugs, a nice spring breeze, and super sunshine all day. Reg played a couple of tunes on his pocket horn also. It just didn't get any better. Participants: Paul Hotaling, Marty Hotaling, Reg Prouty, Robert Morrissey, Ligaya Morrissey, Ray Bouchard, Rich Crammond.

### **Mid week Paddle Tue, Jun 9, 2015, Maureen Coutant**

- This week we paddled around in the Glen Lake fen (wetland). Our mission was to find the route to get us close to the Great Escape. After taking two wrong turns and winding up at beaver dams or dead ends, we wound up finding the channel that leads to the wet area you can see from Rt 9 and Glen Lake Rd. We followed that past a beaver (McMansion) lodge, but shortly after that were stopped by a beaver dam. Up the bank from there you could see the graveyard of amusement park rides of the past...so we considered our mission successful! Participants: Doug & Jason Beers, Mo Coutant, Paul Dietershagen, Bill Glendenning, Mary Goodrich, Licia Mackey, Joy Munro, Kathi Noble, Andrew Paolano, Bob & Sandy Powell, Terry Regan, George Sammons, Charlotte Smith (bye Charlotte!), Joanne Szot.

### **Sewards and Black Fly Blood Drive Sat, Jun 13, 2015, Mike Fuller**

- With the weather calling for rain all week, we ended up having a perfect day. After the hikers briefing we were on our way. Heather and I brought our trail saws to clear blowdown, which we first encountered on the fire truck road; the whole group helped to clear it. Soon we were heading up the Calkins Brook Trail which was in pretty good shape considering all the rain we had. At last the ridge trail, Donaldson, and the black flies. We thought about lunch on Emmons but the bugs were too bad. The viewing area on the west side of Donaldson proved to be a great lunch spot with a breeze to keep the black flies at bay. Now off to Seward, the great rock scramble and views off the south shoulder. Soon cheers of the last peak of the day; wow the bugs aren't that bad here. We returned back to the Calkins Brook Trail and headed back down. As I swept on my way out, something caught my eye on a huge moss covered boulder; they were little specs of white. Suddenly they flew over and landed on my arm. The black fly elders had come to thank me for bringing the other hikers to feed on and insure that a new generation of black flies will be around next year. I told them that I'd bring another group next year. After catching up with the rest of the group clearing a blowdown, we had a great hike out just before sunset. Special thanks to Heather for co-leading. 8 participants: Karen Burka, Julia Johns, Eric Kimmelman, JP Martin, Wayne Richter, Heather Webb, Cindy Zicker, and Mike Fuller.

### **Phelps Mt. (Herd Path) Sat, Jun 13, 2015, Bill Morse**

- After all the rain last week, and last night, the trail was a little wet and muddy. But the day was bright and sunny and not too warm. Counted 35 people on top, so lots of hikers out for a great day. We went up the marked trail via South Meadows and returned by the herd path and then the Klondike trail. Herd path was in excellent condition, very little mud. This path does not get used much so the trail is not worn down to roots and rocks. A nice change! A few bugs on the Klondike trail but nothing bad. Participants: Colleen Downing, Nicole Durocher, Marty Hotaling, Paul Hotaling, Zach Hotaling, Bill Morse and Abbey.

### **Crane Mt. Sun, Jun 14, 2015, Alison Laurin**

## Trip Reviews

- We ended up having a small group of old 46er hiking buddies today! It was a very pleasant laid-back hike with warm weather and super views from the top. We took the ladder route up, socialized at the summit while looking at the views, then continued on over the top and down to the pond. We socialized some more at the pond's edge and then headed down and out to complete the loop. Great to catch up with everyone! Thanks for a great day in the woods! Participants: Bill Carpenter, Dan Monroe, Sandy Yellen, Ray O'Connor and Alison Laurin.

### **Tuesday Trek Tue, Jun 16, 2015, Maureen Coutant**

- This week we wound up doing a paddle rather than a hike. We wanted to paddle on Lake George before the tourist season hit full swing! We headed out from Eric's place on the west side of the lake to Speaker Heck Island to see the eagle's nest and hopefully...some eagles! The wind was blowing a bit and picked up a bit as we were heading to the island. With little white caps, the paddle was more of a workout than normal. Would we ever get there? The island didn't seem to be getting any closer! But the wind died down a bit and we pushed through...and made it! We saw the nestling standing up in the nest and some of us also saw a parent. We paddled around the island and then got out and looked at the nest from the land and some used the nice restroom. We returned with the wind (not as much as we fought against!) and had a very enjoyable lunch on Eric's deck overlooking the lake. Great day out! Participants: Jayne Boudier, Mo Coutant, Paul Dietershagen, Eric Krantz, Licia Mackey, Liz Mulshine, Andrew & Anne Paolano, Bob & Sandy Powell, Cory Rinella, George Sammons, Lynne Silverberg, Joanne Szot, Laurie Williams.

### **Seymour Sat, Jun 20, 2015, Wayne Richter and JP Martin**

- Although it was not as muddy as on Mike Fuller's hike to the Swards a week before, we still had plenty of Adirondack mud on the trail. We also had our black fly friends still with us, especially at the higher elevations. Neither mud nor biting insects could dampen the spirits of this fine group, though. Although the black flies kept us from spending much time at the summit, the breeze on the overlook just below the summit was enough to keep them to a tolerable level. We enjoyed lunch and the views from this spot before heading down. Participants: Thomas Bronchetti, Jim Coonley, Dalton Hanaway, John Harvey, Brenda Lennon, JP Martin, Bob Muller, Sam Muller, Cordell Navarat, Wayne Richter, Mark Seymour, Akane Suzuki, Mike Tamer, Dennis Walsh.

### **Tuesday Paddle Tue, Jun 23, 2015, Maureen Coutant**

- This week we paddled on a section of the Hudson River from the Feeder Canal Dam up to the crib remains from the logging days on the Hudson. With a threat of bad weather, which didn't materialize, we only had a small group. The water was like glass and we explored a little inlet area until the mosquitos discouraged further exploration! We saw a heron, an osprey, and a beaver who slapped his tail to draw our attention. Participants: Stewart Brown, Mo Coutant, Cave Naylor, Licia Mackey, & George Sammons.

### **Santanoni, Couch, and Panther Sat, Jul 4, 2015, Mike Fuller**

- We really dodged the rain on this hike. With trails just a little wet we made great time to the old beaver dam turn which some of the party missed and went all the way to the lean to. After yelling "you missed the trail; it's back here," we soon regrouped. Once at Bradley Pond the climbing started. It's funny how we always take a break on the same rocks half way up every year.

Soon we reached the Panther herd path where we dropped our packs for the short climb to the summit. Low clouds rolled over the Santanoni ridgeline. There's something beautiful about the alpine mist swirling around you like "the ghost of hikers past." Back to our packs, a fuel up, and off to Couch. We made great time and even got some views of Duck Hole. At Couch we broke for lunch, pictures, and, with no sign of rain, headed back to Times Square. We sure were meeting a lot of other hikers taking advantage of the nice day. It's off to Santanoni where we noticed how far we had been: "Wow we just came from there." Santanoni gave us great views of the surrounding high peaks and the Tahawus Mine. As we headed down the Express Trail we ran into our first rain. By the time we got to the main trail it cleared up. Once on the road it was a quick 45 minutes back to the parking lot. A great day spent with a fun group. Congrats to all who needed these 3 peaks. 10 participants: Helena Nevarez, David White, Eric Kimmelman, Brenda Lennon, Wayne Richter, Svitozar Fokshey, Mark Seymour, Harry Quinn, Karen Burka, and Mike Fuller.

### **Allen Sun, Jul 5, 2015, Bill Morse**

- After all the rain this week there was an abundance of mud and the rocks were extra slippery. A long day; the last part of the group got out at 10PM. A long slow, muddy day. But it was a good group with most of us taking turns taking some slides on the slippery rocks. The trip leader took the best fall into a stream. Very refreshing. Does anyone do Allen more than once or twice? Why? Group included Jen Ferris, Jamie Newton, Harry Quinn, Jeff Levitt, Cordell Navarat, Klaus Sommerlatte, Elizabeth McLanahan, Mike Tamer, Colleen Downing, and Bill Morse.

### **Tuesday Paddle Tue, Jul 7, 2015, Maureen Coutant**

- This week we paddled from where we left off 2 weeks ago along the Hudson River. We started in South Glens Falls at the end of Nolan Rd. From there we paddled upstream and into the little bays along the south side of the river. The water was high which allowed us to get a little further than you normally can. We got right up to the Northway on the SE side of the Hudson then turned around and headed to the main river and went under the Northway. Then we explored the little bay on the west side and only stopped due to blow down in the water. Nice evening out! Participants: Mo Coutant, Tina Crook, Carolyn Curren, Sue Hamlin, Stu Leinoff, Licia & Steve Mackey, Tom Moeller, Joy Munro, Gwenne Rippon, George Sammons, Donna, Jerry, and Mitch Zimmer.

### **Moxam Mountain Thu, Jul 9, 2015, Neal Van Dorsten**

- Great summer hike to Moxam. Great conditions, few bugs and a great group! Participants: Judy Halstead, Marsha LaPointe, Mitch Zimmer, Donna Zimmer, Jerry Zimmer, Mariane Moran, Amy Lockwood, Sheri Apple, Erin Maggi, Richard Corvetti, Jan Greneci, and leaders Neal and Sydney Van Dorsten.

### **Thomas and Cat Traverse Sat, Jul 11, 2015, Reg Prouty**

- We spotted two vehicles near Edgecomb Pond and proceeded to the trailhead for Thomas and Cat near exit 24 of the Northway. We took the newer Thomas trail and the spur trail to the Thomas cabin and took about a 15 minute break there before dropping down to the connecting trail to Cat. Upon arriving atop Cat about 1:00 PM, Reg explained who Grace Hudowalski was and honored her with two verses of 'Amazing Grace' along with a few other tunes on his pocket trumpet. We scouted around the summit to try to find the new red trail going down to the gravel road that leads to Edgecomb Pond but decided it was too steep and treacherous for our taste so we decided to stick with the old trail down. All in all it was a beautiful summer day

## Trip Reviews

for the 8 of us to enjoy such great views of Lake George from the west. Participants: Reg Prouty, Ray Boucher, Jim Zack, U. Anderson, Joanne Walczek, Rebecca Weller, Susan Keely and Ania Gaguine.

### **Montcalm Point Sun, Jul 12, 2015, Neal Van Dorsten**

- Had a wonderful hike along the shores of Lake George to Montcalm Point. Then we all took a swim to cool down. Afterwards there was a boat transport back to Bolton Landing, but few stayed for a boat ride and waterfront lunch at the Algonquin! Steve Mackey again spotted a big blackish rattlesnake!! Participants: Irwin and Julie Nathanson, Steve and Licia Mackey, Elaine Friedman, Chandra Geremick, and Larry Ruale.

### **Tuesday Paddle Tue, Jul 21, 2015, Maureen Coutant**

- We continued the paddle up the Hudson series where we left off. This week starting at the launch site that you see as you drive north on 187. Again the water was high which allowed us to go a little further upstream than we usually can. We paddled to the big beaver dam, but it was either gone or the water was high enough to submerge it. It definitely wasn't the same as in past years. We were able to paddle almost up to a beaver lodge and were just hanging out talking about beavers when one made a quick appearance and slapped it's tail! We headed out past Hudson Pointe and the Queensbury water intake. We could go a bit further before it got too shallow and then it was time to head back! Participants: Mo Coutant, Tina Crook, Licia & Steve Mackey, Donna & Mitch Zimmer.

### **Basin and Saddleback Sat, Jul 25, 2015, Wayne Richter and JP Martin**

- Even with Elizabeth arriving at 5:40 am, no spaces were to be had at the Garden parking lot. After dropping some people at the trailhead while others walked from Keene Valley, JP got the group started while Wayne parked the last car in Keene Valley and caught up with group before JBL. With the logistical glitch out of the way, we had a nearly perfect day for a hike. We sunned ourselves on the porch at JBL, and again on rocks in the stream just before Slant Rock. The Shorey Short Cut continued to impress with its fine views. As we climbed towards Basin, we met the first of three groups hiking the entire Great Range. We had lunch on Basin while enjoying the spectacular views. Everyone got up Saddleback in good form and we were treated to more fine views on the summit and met a group celebrating a 46er finisher. We even made it back to the Garden in time to catch the shuttle to our cars. Participants: Joe Babcock, Tom Bronchetti, Eric Kimmelman, Ben Legg, Elizabeth McLanahan, JP Martin, Greg Mattes, Helena Nevaraz, Wayne Richter, Mark Seymour, Akane Suzuki, David White.

### **Pharaoh Mt. Wed, Jul 29, 2015, Alison Laurin**

- After an adventurous ride down Crane Pond Road, we parked and started on foot from the roadside of the wetlands and headed over to the actual trail start. Despite the forecasts for wicked hot temperatures and high humidity we managed to have a pleasant hike up to the summit of Pharaoh Mt. where the views were good and the breeze that greeted us even better! Thanks to all who came along today: Jeff Levitt, Sam Levitt, Rebecca Weller, Dan Stec, and Alison Laurin.

### **Dial and Nippletop, High Peaks Fri, Jul 31, 2015, Alison Laurin**

- After all the last minute cancellations we ended up with a small group of 7 for this hike! The weather was perfect today! The very clear views from the tops of both Nippletop and Dial,

and again from the shoulder of Noonmark, made for pleasant sit-downs along the way. Today was a good day to hike with great people who had great attitudes! Thanks to those that came along today: Ray Smith, Helen Hokula, Erin Roberts, Akane Suzuki, Neil Leinwand, Jon Laurin, and Alison Laurin.

## Pharaoh Lake Wilderness Area News:

Have you hiked in the Pharaoh Wilderness Area? If you haven't what you will find are beautiful lakes and ponds, quiet solitude, great backpacking, easy walking, and delightful swimming. And when you come back, let us know what you found. We are particularly interested in flowers, animals, trail and lean-to conditions, and just about anything notable either good or bad. Your Glens Falls-Saratoga ADK Chapter has adopted the entire Pharaoh Lake Wilderness Area.

[Use this simple form as a guide to report back to us:](#)

Unusual animals: \_\_\_\_\_

Unusual plants: \_\_\_\_\_

Trail conditions (blow-down, beaver activity, signs missing or incorrect, etc.): \_\_\_\_\_

Lean-to conditions: \_\_\_\_\_

Other: \_\_\_\_\_

Please email your report to: [metadatatjim@gmail.com](mailto:metadatatjim@gmail.com)

Or, please mail your report to:  
Pharaoh Lake Wilderness Area  
Glens Falls-Saratoga Chapter ADK  
P.O. Box 2314  
Glens Falls, NY 12801

### Come participate!

Upcoming Executive Committee meetings are:

Sep 2 @ 7pm @ Carl Rs, Glens Falls

Oct 7 @ 7pm @ Wesley, Saratoga

Nov 4 @ 7pm @ Carl Rs, Glens Falls

Receive Chepontuc via email!

Log on to

[www.adk-gfs.org](http://www.adk-gfs.org)

(See all the photos in color!)

## Outings Instructions: For more information see "Chapter Handbook" on our website's Chapter Links

### Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

### Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3  
• From NORTHWAY (I-87) Take Exit 19 and go east on AVIATION / QUAKER Road. Follow 0.5 miles to ROUTE 9/GLEN STREET. Turn North (LEFT) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.

### Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

### Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. \*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** \*An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. \*No Pets allowed on outings except where designated in the description.

### Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

### Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! \*Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

### Ratings

#### Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

\*Descriptions are only typical and can vary.

### Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

## Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: [www.adk-gfs.org](http://www.adk-gfs.org)

**Wesley Health Care Center** 131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

#### From the South: Route 9 North.

LEFT onto CHURCH STRET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

**Carl R's Café Restaurant and Bar,** Main Street and Interstate 87, Glens Falls, Main Street and Interstate 87, Glens Falls, NY 12804, 793-7676.

• EXIT 18 of the Northway. Turn EAST onto MAIN STREET. Carl R's is on the RIGHT.

**Lake George ADK Headquarters:** EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

**Saratoga Springs Public Library:** Henry Street., Saratoga Springs, NY 12866, 584-7860.

• From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for

two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

#### • From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



## Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club  
P.O. Box 2314  
Glens Falls, New York 12801

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12866

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Chapter Web Site QR Code



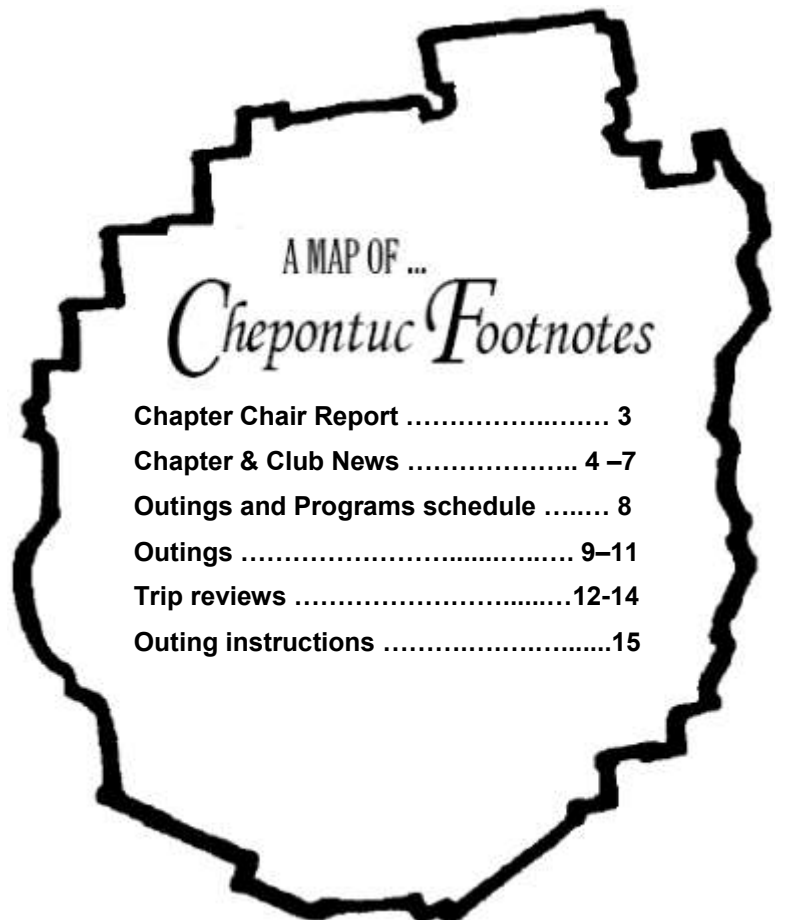
### **Are you moving?**

*If you are moving, please forward your change of address, including new phone number, to*

*Adirondack Mountain Club  
814 Goggins Road  
Lake George, New York 12845*

*You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club.*

*Therefore, any change of address need NOT be sent to the Chapter - one form or one call to the Club is all you need!*



A MAP OF ...  
*Chepontuc Footnotes*

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**Reminder: Please include your e-mail address when renewing membership!**