



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB



The Banff Centre Mountain Film Festival
World Tour
SUNY Adirondack
Theater in the Humanities Building

Friday and Saturday February, 14 & 15th
7 p.m.
Different shows each night

*The tickets are going fast, but there still might be some available.
Check today!*

www.adk-gfs.org or facebook.com/ADKGFS
or email: banff@adk-gfs.org

The Banff Centre Mountain Film Festival World Tour is an evening of the best mountain film showcased at the annual Film and Book Festival in Banff, Canada, each October. Once the Festival ends in Banff, the World Tour begins! A selection of the short films is shown at 200 venues around the world and we are lucky to be one of the stops on the World Tour!



This is the third year that the Glens Falls-Saratoga Chapter of ADK and the Adventure Sports Club of SUNY Adirondack has presented the World Tour. We couldn't do it without the founding sponsors of Rocksport, Fountain Square Outfitters and the law office of Meyer and Fuller, plus Cool Insuring, The Queensbury Hotel, Advantage Press, & Nemer Auto Body. Joining us this year as new sponsors are Hudson Headwaters Health Network, ARE Event Productions, and Local Motion Physical Therapy. Thank you so much to all our sponsors! We can keep the ticket cost low with their support, so thank them if you stop by any of their locations.

In addition, great local door prizes were provided last year by West Mountain Ski Center, Adirondack Extreme, Rocksport, Summit Yoga, Fountain Square Outfitters, Nemer Auto Body, Steve Myhrberg, The Sports Page, Legs by Liz, Joy Woolworks, The Crossroads, and ADK. We hope to have door prizes from them again this year as well! The intermission door prize drawing is always a high light of the evening!

Spend Valentine's Day (Friday) with us or join us on Saturday for an evening out. Better yet, come both nights. We'll have 2 completely different shows. The show starts at 7pm, but it's general admission so come early to claim a seat. Doors will open by 6:30. We might also have a pre-event on Saturday, so check the website for more info in January. Go to our website to follow the link to this year's trailer and other information.

See you in February!! Hope you get tickets!

Upcoming Programs - Sarah King

Three Alaska National Parks

January 16, 2020

Saratoga Springs Public Library

7 pm



Long-time ADKers Don Berens and David Pisaneschi will share a photo-program of their July 2019 trip to three US national parks in Alaska. They visited Wrangell – St. Elias NP, the country’s largest, with eight of the ten highest peaks in the US. They also camped and hiked north of the Arctic Circle in two roadless parks: Kobuk Valley NP with unusual sand dune fields, and Gates of the Arctic NP, the country’s least visited NP.

Don and David have both held offices in ADK and its chapters; David is currently vice-chair of ADK’s Conservation Committee and an ADK adventure travel leader. Both are winter 46ers, and have climbed the Catskill 3500-footers and the Northeast 115; Don has visited the highpoint of each US state. David is a paddler and Don is a cyclist. Each has hiked in mountain ranges of other continents and visited Alaska multiple times.

Morocco-Trekking, Medinas, and Mint Tea with John Schneider

March 26, 2020

Saratoga Springs Public Library

7 pm

Join John on a visual and oral journey as he reminisces about his 10-day trip to Morocco in 2018. Beginning in Marrakech and ending in Fes with a three-day hiking trek in the Atlas Mountains right in the middle, you won’t want to miss out on his “adventure of a lifetime.”

In each city they stayed in hotels in the old section (medina), where cars are not allowed due to extremely narrow “streets.” Even though they had been given maps of the medinas, navigating these narrow, very crooked and maze-like lanes was quite the experience. Fes has one of the largest medinas and one of the largest car-free urban areas in the world.

In addition to the medinas, highlights of the trip included collecting fossils, riding camels, going into remote areas of the country and visiting an herbal shop.



The time has come



Last print issue alert

Make the leap to email



Last print issue alert

**THIS IS THE
LAST PRINTED COPY OF *CHEPONTUC* UNLESS YOU HAVE COMPLETED
THE FORM BELOW NOTIFYING US OF YOUR DESIRE TO CONTINUE
RECEIVING A PRINTED COPY**

Did you know that more than one-third of our Chapter's yearly budget goes to the production and mailing of our newsletter, *Chepontuc*, to our members? Nearly 1,400 copies are produced and mailed every two months.

Following discussions at Chapter Executive Committee meetings, we wish as a Chapter to become a more environmentally conscious, leave a few more trees standing and make the money spent on the production and mailing of the newsletter available to support the activities we appreciate, like hiking, paddling, trail maintenance and the many conservation efforts that are being undertaken by ADK.

The last general mailing of *Chepontuc* will be **this issue**. If you wish to continue to receive a printed copy, please complete the form on page 7 and return it to: Membership; Glens Falls-Saratoga Chapter ADK; P.O. Box 2314; Glens Falls, New York 12801.

Or, send an email to membership@adk-gfs.org with a subject of "Print newsletter opt-in" and in the body of the email please provide all of the information listed on the form.

Otherwise, the default e-distribution is to the e-mail address you supplied ADK when you joined or renewed your membership. If that e-mail address is obsolete or missing and you are not receiving e-mails from either our Chapter or ADK, please provide your current e-mail address to: membership@adk-gfs.org.

Don't worry



Please know that as long as you inform us that you wish to continue to receive the *Chepontuc* via the postal service, you will continue to do so. If you wish to **continue to receive a printed copy**, please complete the form on page 7.

You still have options

Chapter Chair Report ~ Kathi Noble



Back in the May-July issue of the Chepontuc Footnotes I wrote about the HPIC host program training that my husband and I participated in March. We recently had a chance to spend a weekend up at Heart Lake working and volunteering in the parking lot implementing what we learned in the training. My husband and I were able to direct people to park to maximize the spaces with the lot filling up by 8 AM! It was a cold weekend with several inches of snow up on all the high peaks. Many of the hikers were surprised that there was already snow and that traction would be needed. Luckily for them the HPIC has micro spikes available to rent; all of which were rented that weekend. We advised several ill prepared groups that maybe just hiking up Mt. Jo or into Marcy Dam would be best for them. Some heeded our advice and others didn't. We reminded people that having a map and headlamps are a must as part of the 10 essentials for all outings, many of whom went into the shop to purchase the supplies.

We informed hikers to have a time when they should turn around on the trail even if they don't make it to their planned destination and we asked if they had enough water and snacks. Besides having a chance to talk with others that enjoy what we do, the best part of the program is the meals that are provided by the ADK Loj. All the food was delicious! The HPIC host program is a great way to help out the club and fellow hikers. If you're interested in getting involved in this program or any of the other volunteer opportunities that ADK has to offer check out this link: <https://www.adk.org/protect/volunteer/>.

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

| Executive Committee Officers | Committee Chairs | Committee Chairs |
|--|--|--|
| Chapter Chair Kathi Noble 518-668-3046 chapterchair@adk-gfs.org | Conservation 401-529-5034 Aimee Viens Rutledge 518-396-9579 Paul Dietershagen conservation@adk-gfs.org | Trails Tom Ellis 518-638-6139 trails@adk-gfs.org |
| First Vice Chair Maureen Coutant 518-745-7834 vicechair@adk-gfs.org | Education Kim Brown 908-305-8357 education@adk-gfs.org | Web site George Sammons 518-743-9692 webmaster@adk-gfs.org |
| 2nd Vice Chair Laurie Williams 518-798-0051 vicechair@adk-gfs.org | Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org | Wilderness Jim Schneider 518-421-4975 wilderness@adk-gfs.org |
| Secretary John Caffry 518-798-0624 secretary@adk-gfs.org | Membership Pat Desbiens 518-813-7946 membership@adk-gfs.org | Young Members Brian Coville 516-996-5086 ymg@adk-gfs.org |
| Treasurer Steve Mackey 518-793-6484 treasurer@adk-gfs.org | Newsletter Editor Jennifer Ferriss 518-290-0703 newsletter@adk-gfs.org | Fire Tower Jim Schneider 518-668-3046 Kathi & Tim Noble firetower@adk-gfs.org |
| Directors Tammara Van Ryn Bill Wasilauski director@adk-gfs.org | Outings Wayne Richter 518-893-7895 outings@adk-gfs.org | Annual Dinner Anne Paolano 518-798-3055 annualdinner@adk-gfs.org |
| Past Chapter Chair John Caffry 518-798-0624 pastchair@adk-gfs.org | Programs Sarah King 518-798-0615 programs@adk-gfs.org | Alternate Directors Peter Benoit Maureen Coutant Laurie Williams |
| Learn more: adk-gfs.org | Publicity Jen Shepherd publicity@adk-gfs.org | Visit us at: , facebook.com/adkgfs or facebook.com/SaratogaYMG |

ADK Fire Tower Challenge by Kathi Noble



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge.

Michael TenKate Dryden, NY
Caroline TenKate Dryden, NY
Madeline TenKate Dryden, NY
Shannon Reardon Saranac Lake, NY
Daniell Hudson Fulton, NY
Raina Robinson Alder Creek, NY
Badie Robinson Alder Creek, NY
Kain Robinson Alder Creek, NY
Cathleen Maggi Athens, PA
Richard Maggi Athens, PA
Bob Gugerty St. George, VT
Carla Denn Hadley, NY
Steve Markel Hornell, NY
Jeffrey Hazard Barneveld, NY
Meaghen Hazard Barneveld, NY
John Tanney West Winfield, NY
Devin Pandyke Watervliet, NY
Bill White Weare, NH
Mary Ruth Merkel Rochester, NY
Monica Bethencourt Hensonville, NY
Monica Costa Cazenovia, NY
Heather Dockstader Cazenovia, NY

Mindy Fisk Warrensburg, NY
Phil Huber Inlet, NY
Chelsea Walker Wilmington, NY
Ronald Johnson Castleton On Hudson, NY
Margaret McGrath Roxbury, NY
James Bouton Roxbury, NY
Roger Zillox Cortland, NY
Tanya Aguglia Plattsburgh, NY
Robin Aguglia Plattsburgh, NY
Marta Quilliam Morrisonville, NY
Erik Gregory Kirkwood, NY
Harvey Van Hoven Rochester, NY
Ryan Farley Ballston Lake, NY
Nicholas Price Baldwinsville, NY
Brynn Price Baldwinsville, NY
Theresa Price Baldwinsville, NY
Michael Ogden Baldwinsville, NY
Shannon Thompson Saratoga Springs, NY
Matthew Yacobucci Schenectady, NY
Rebecca Benjamin Schenectady, NY
Matt Carpenter Syracuse, NY
Jennifer Langstaff Greene, NY
Dan Langstaff Greene, NY
Jordyn Danforth Latham, NY
John Rieger Syracuse, NY
Martin Glendon Windsor, NY
Guy Brandow Lake Placid, NY
Brett Schrag New Berlin, NY
Josh Schmid Troy, NY



Need Snowshoes?

New Pick up Location: Luzerne Market

12 Main Street,

Lake Luzerne, NY 12846

Contact: smackey33@verizon.net

Mon - Sat 8:30 - 7:30 and Sunday 8:30 - 5:00.

We have 2 pairs of Men's, Women's and Children's

Cost to members: \$10/weekday \$15/weekend

Non-Members: \$13/weekday \$18/weekend

Membership Update ~ by Pat Desbiens

GLENS FALLS - SARATOGA CHAPTER

SEPTEMBER 2019

New Members

Mary Arnold & Lori Schettine, Ballston Spa
Joe & Jill Bannon, Liberty Township, Ohio
Chris Goergen, Ballston Spa
Rachael Goodbred, Hudson Falls
Jeffrey & Emilee Greenhouse, Cleverdale
James Hirsch, Clifton Park
Douglas Ingraham, Warrensburg
Benjamin Laing, Glenville
Kelly, Terry, Aran & Finn McCart, Glens Falls
John & Patty Paduano, Malta
William Perry, Cambridge
Christopher Russo, Ballston Spa
Mary Schmidt, West Charlton
Mike Smith, Fort Edward
Denise & Douglas Thorn, Glens Falls
Katherine Vail, Greenwich
Lori Zwicker, Saratoga Springs

Rejoined Members

Bret, Susan, Maggie & Nathaniel Fischer, Bernardsville, New Jersey
Chris Hann, Porter Corners
Stephen & Jonathan Hiter, Queensbury
Andrew O. McPherson, Broadalbin
Mary Jane F. Moeller, Queensbury
Christine Reilly, Porter Corners
Joseph Tamburino, Saratoga Springs
Douglas & Audrey Varney, South Glens Falls
Sandra Whaley & Bart R. Wendell, Petersham, Massachusetts

New Affiliate

Kathi Tevlin & Charlie Levitz, Saranac Lake

OCTOBER 2019

New Members

William, Karen & Alexander Adamczak, Ballston Spa
James Allott, Wilton
Scott Bonney, Queensbury
Michele, Sophie & Sophie Calderon, Scotia
Erica Goodman, Saratoga Springs

Sarah Heddell, Middle Grove
Ian Hollowood, Burnt Hills
Brian McCarthy, Ballston Spa
Susan McLane, Lake Luzerne
Peter & Brittany McNulty, Saratoga Springs
Elizabeth & James Samenfeld-Specht, Middle Grove
Steve Streeter, South Glens Falls
Chris Vander Poel, Saratoga Springs

Rejoined Members

Tom Barkley, Saratoga Springs
Robert Burnham, Warrensburg
Mike, Jenna & Samantha Snyder, Queensbury
Al Stern, Bolton Landing
Jim & Betsy Witte, Saratoga Springs

Welcome

Be sure to check out our website:

<https://www.adk-gfs.org/> for the most up to date information about our outings and programs.

Previous newsletters and a photo gallery of recent hikes are also available for your perusal.

If you have any questions about your membership or want to be more involved with the Chapter, please don't hesitate to contact us. Details are on the website or on page 3 of this newsletter.

All members are invited and encouraged to attend our monthly meetings to see what we are all about.

Conservation - Paul Dietershagen

Yogurt

It must have been triggered by some trash we picked up along the trail because after our Mo-led hike, we discussed plastic packaging during lunch. We pondered whether it was possible to personally eliminate using plastic for just one commonly used item, like yogurt cups. If 1% of the population eats a small container of yogurt in a day, that's over a billion yogurt cups per year. During my research I discovered that you could buy a large container of local farm yogurt in a glass container at the Market 32 by the Wilton Mall. So perhaps, yes, if you look for it, you can replace your plastic yogurt cup with glass. Unfortunately, a random check of other similar supermarkets came up empty. Apparently, this local yogurt brand is not widely distributed. Worse than that, the next time I bought the same yogurt, it was now contained in a plastic jar. Not all of us can make our own yogurt and eliminating yogurt is an option, but not one I choose. Since our lunchtime conversation my OCD has taken over and I have found that you can get refillable versions of many household items. So maybe yogurt is not on my list to eliminate plastic at the moment, but there are many options out there and the challenge is one worth taking.

OPT-IN FOR PRINT FORM

_____ I wish to continue to receive a printed copy of *Chepontuc*.

Your name: _____

Address:

Your telephone number **and** e-mail address in case we need to contact you:

Return to:
Membership
Glens Falls-Saratoga Chapter ADK
P.O. Box 2314
Glens Falls, New York 12801

Or, send an email to membership@adk-gfs.org with a subject of "Print newsletter opt-in" and in the body of the email please provide all of the information listed on the form.

ADK Volunteer Award ~ by Tammara Van Ryn

You may have seen "Mo" raking leaves at Headquarters, on a trail, in a kayak or at the Banff Film festival. Mo, or more formally known as Maureen Coutant, is everywhere. She is an extraordinary volunteer from the Glens Falls-Saratoga chapter.

In her many years as a chapter volunteer she has served as Chapter chair, vice-chair, newsletter editor and director. She is also dedicated to getting people outdoors. For years she has led a weekly hike or paddle, clocking 40-60 chapter outings each year – that is more than 200 outings over the last five years! The people on her trips love her and have come to rely on her passion for and knowledge of the region to get out and explore.

She also provides a great service to all ADK members by hosting two workdays each year to do maintenance on the Headquarters building on Goggins Road. You can find Mo and her volunteers raking leaves, washing windows and other tasks that would likely go undone without her efforts. She makes the days fun and always brings homemade treats and other snacks to take care of her crew.

Mo doesn't stop there though. Two years ago she spearheaded an effort to have the ADK Glens Falls-Saratoga chapter bring the Banff Mountain Film Festival to Glens Falls. It sold out its first show two years ago; a second night was added this year and both nights sold out. Mo manages all of the coordination, from the contract with Banff to securing sponsors, to bringing tickets to people who order them. She follows through in her characteristic Mo way, by bringing homemade chocolate chip cookies to thank the sponsors and partners after the event.

You can see that Mo provides great service to members of ADK with her work at Headquarters, to Chapter members through her Chapter leadership and extensive outings offerings, and to the greater community by raising ADK's profile with the film festival. We all benefit from Mo's talents and her generosity of time and spirit. She is an extraordinary volunteer. Congratulations Mo for being recognized and awarded for your time to the organization.

Outings and Programs Calendar January 2020

| Date | Day | Type | Destination | Leader(s) | Rating |
|---------------|-----|-------------------|---|---------------------------------|--------|
| January 2020 | | | | | |
| 1 | Wed | Hike/Snowshoe | Annual New Year Celebration Hike | Reg Prouty, Bob Aspholm | B+ |
| 4 | Sat | Hike/Snowshoe | Whiteface from Lake Placid | Wayne Richter, Joe Babcock | A+ |
| 4 | Sat | Hike | Young Members: Lower Tongue Range | Eric Woodruff | A |
| 4 | Sat | Ski | Ski Saratoga Battlefield | Bill Schwarz | B |
| 6 | Mon | Geocache | Monday Monthly Geocache | Sarah King | NR |
| 8 | Wed | Meeting | Executive Committee Meeting | Kathi Noble | NR |
| 11 | Sat | Hike/Snowshoe | Street and Nye | Andrew Meunier, Jeff Mans | A- |
| 14 | Tue | Hike/Snowshoe | Tuesday Outing | Maureen Coutant | B |
| 15 | Wed | Other | YM Game Night | Brian Coville | NR |
| 16 | Thu | Program | Three Alaska National Parks presented by Albany chapter members Dave Pisaneschi and Don Berens | Sarah King | NR |
| 18 | Sat | Hike/Snowshoe | Tabletop and Phelps | Joe Babcock, Jen Ferriss | A+ |
| 18 | Sat | Hike/Snowshoe | Snowy Fire tower | Amanda Gomez | A |
| 19 | Sun | Walk/Ski/Snowshoe | Annual ski/snowshoe hike up Pyramid and Gothics | Steve Mackey | A+ |
| 21 | Tue | Walk/Hike | Tuesday Outing | Maureen Coutant | B |
| 22 | Wed | Walk/Ski/Snowshoe | Moreau Lake State Park | Reg Prouty | B |
| 25 | Sat | Hike/Snowshoe | Hudson Crossing / New Year Outing | Rich Crammond | C |
| 25 | Sat | Hike/Snowshoe | Giant and RPR | Andrew Meunier, Ben St. Andrews | A+ |
| 26 | Sun | Hike/Snowshoe | Big Slide via the Brothers | Megan McLaughlin | A |
| 28 | Tue | Hike/Snowshoe | Tuesday Outing | Maureen Coutant | B |
| February 2020 | | | | | |
| 1 | Sat | Hike/Snowshoe | Whiteface from Lake Placid "Rain" Date | Wayne Richter, Joe Babcock | A+ |
| 3 | Mon | Geocache | Monday Monthly Geocache | Sarah King | NR |
| 4 | Tue | Other | Tuesday Outing | Maureen Coutant | B |
| 5 | Wed | Meeting | Executive Committee Meeting | Kathi Noble | NR |
| 11 | Tue | Walk/Hike | Tuesday Outing | Maureen Coutant | C |
| 12 | Wed | Hike/Snowshoe | Lincoln's Birthday and Valentine Hike/snowshoe | Reg Prouty | B+ |
| 12 | Wed | Other | Young Members - Game Night | Jules Greiner, Brian Coville | NR |
| 14 | Fri | Other | Banff Centre Mtn Film Festival | Maureen Coutant | NR |
| 15 | Sat | Hike/Snowshoe | Hadley and Spruce fire tower | Amanda Gomez | A- |
| 15 | Sat | Other | Banff Centre Mtn Film Festival | Maureen Coutant | NR |
| 16 | Sun | Hike/Snowshoe | YM: Mt. Van Hoevenburg | Megan McLaughlin | C+ |
| 16 | Sun | Snowshoe | Algonquin and Iroquois | Jeff Mans | A+ |
| 22 | Sat | Ski | Boreas Ponds Ski | Steve Mackey | A+ |
| 25 | Tue | Snowshoe | Tuesday Outing | Maureen Coutant | C |
| 29 | Sat | Hike/Snowshoe | Basin and Saddleback | Wayne Richter, Mike Fuller | A+ |
| 29 | Sat | Hike/Snowshoe | Tabletop | Andrew Meunier, Jeff Mans | A |
| March 2020 | | | | | |
| 2 | Mon | Geocache | Monday Monthly Geocache | Sarah King | NR |
| 4 | Wed | Meeting | Executive Committee Meeting | Kathi Noble | NR |
| 7 | Sat | Hike/Snowshoe | Allen | Wayne Richter, Mike Fuller | A+ |
| 14 | Sat | Hike/Snowshoe | Lower Wolf Jaw from Roostercomb parking area | Jeff Mans, Andrew Meunier | A+ |
| 14 | Sat | Hike/Snowshoe | Moxham Mountain | Amanda Gomez | A- |
| 14 | Sat | Snowshoe | Marcy, Grey, and Skylight | Steve Mackey | A++ |
| 26 | Thu | Program | Morocco: Trekking, Medinas, and Mint Tea w/John Schneider | Sarah King | NR |
| 28 | Sat | Snowshoe | Cobble Hill and Hayes Mountain Snowshoe/Bushwhack in Hoffman Wilderness/Loch Muller area in Schroon | Jeff Mans | B+ |
| 29 | Sun | Hike/Snowshoe | YM: Gull Bay Preserve & Anthony's Nose | Megan McLaughlin | C+ |

Outings and Programs 1 of 4

ANNUAL NEW YEAR CELEBRATION HIKE

Wed, Jan 1, 2020, 9:00 am, Rating: B+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
Colead: Bob Aspholm - 518-683-4970
- Come help Bob and Reg ring in the new year. We will hike Cat from Edgcomb Pond this year so come one, come all to the ringing in of the new year annual New Year's Day hike or snowshoe. Lets hope we have good snow!

WHITEFACE FROM LAKE PLACID - [Hike/Snowshoe]

Sat, Jan 4, 2020, 5:30 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Joe Babcock - 518-791-9395 or jababcock19@gmail.com
- We had so much fun hiking to Whiteface via Lake Placid in August that we decided to do it in winter. This time, though, the plan is to snowshoe or ski across the lake to Whiteface Landing and hike to the summit from there (swimming off the dock is optional; bring an ice auger if you're interested). It's then another 3.5 miles to the summit, so the round trip will be 14 miles. We may be breaking trail. We'll keep February 1 as the "rain" date in case the lake hasn't frozen by early January.

YOUNG MEMBERS: LOWER TONGUE RANGE - [Hike]

Sat, Jan 4, 2020, 7:00 am, Rating: A
Eric Woodruff - 518-588-5592, eric@adkeric.com
- Want to hike the Tongue Range and avoid the snakes? Snowshoe it! Start 2020 off right by hiking the lower part of the Tongue Range, covering First Peak, French Point, and Fifth Peak. Hike is a 12.6 mile loop, located near Bolton Landing, and has a total 3,000' elevation gain. As this is a winter hike, snowshoes and micro-spikes/crampons will be required, depending on the weather and snow accumulation, as well as appropriate winter gear. To RSVP for this hike please contact Eric Woodruff.

SKI SARATOGA BATTLEFIELD

Sat, Jan 4, 2020, 8:00 am, Rating: B
Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
- Sometimes the park road isn't plowed, and provides an excellent route for skiing. There are other designated ski trails, and we could use those also. Touring or backcountry skis are a must, since we may be breaking trail! We'll ski 6 or 7 miles, so bring lunch and a sense of adventure. This may become a hike if there's no snow. Precipitation, other than light snow, cancels.

MONDAY MONTHLY GEOCACHE

Mon, Jan 6, 2020, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- Join us on our monthly trip to find hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

EXECUTIVE COMMITTEE MEETING

Wed, Jan 8, 2020, 7:00 pm, Rating: NR
Kathi Noble - 518-222-3101, knoble2@nycap.rr.com
- Monthly meeting of the Executive Committee. Chapter Members welcome. Crandall Public Library, Glens Falls, NY

STREET AND NYE - [Hike/Snowshoe]

Sat, Jan 11, 2020, time TBD, Rating: A-
Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com
Colead: Jeff Mans - 518-265-4135 or adkhighlander@aol.com
- This 8.5 mile out and back hike will take us to the top of Street and Nye. It's a nice outing for aspiring winter 46rs (and those looking to kick off the winter hiking season). Snowshoes and microspikes required.

TUESDAY OUTING - [Hike/Snowshoe]

Tue, Jan 14, 2020, 8:30 am, Rating: B
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM

- This will be a hike/snowshoe into Wolf Pond near the Boreas Ponds area. It's a 4.6 mile out and back hike to the lean-to at the south end of the pond.

YM GAME NIGHT - [Other]

Wed, Jan 15, 2020, 6:30 pm, Rating: NR
Brian Coville - 516-996-5086, Brian_Coville@Outlook.com
- Game Night in Gansevoort (8 Evergreen Drive) for young members, prospective young members, and other friends. Please feel free to bring a game or recommend one. I'll get pizza, but please let me know if you would prefer anything else; let me know if you plan to attend by January 14th so that I may ensure there's ample food for everyone. Please feel free to contact me if you have any questions.

THREE ALASKA NATIONAL PARKS PRESENTED BY ALBANY CHAPTER MEMBERS DAVE PISANESCHI AND DON BERENS -

[Program]
Thu, Jan 16, 2020, 7:00 pm, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- This program will be held at Saratoga Springs Public Library.

TABLETOP AND PHELPS - [Hike/Snowshoe]

Sat, Jan 18, 2020, 5:00 am, Rating: A+
Joe Babcock - 518-791-9395, jababcock19@gmail.com
Colead: Jen Ferriss - 518-290-0703 or ferrissj@gmail.com
- Come along with us for a winter hike of Phelps and Tabletop. This is a fun day hike with a bit of challenge involved hiking up and down the trails. We may need to break out the trails if there is a good snowfall prior to our hike. If you want to visit these peaks for the first time or a return trip, join us for a great day in the park.

SNOWY FIRE TOWER - [Hike/Snowshoe]

Sat, Jan 18, 2020, time TBD, Rating: A
Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com
- Snowy Mountain Trail, part of the Jessup River Wild Forest, ascends 2,000 feet and 3.8 miles from the Snowy Mountain Trail parking area to the fire tower at the summit, which often has deep snow in winter. Snowshoes and/or microspikes are required on this hike during the winter months. Please call me for gear list and carpool info.

ANNUAL SKI/SNOWSHOE HIKE UP PYRAMID AND GOTHICS -

[Walk/Ski/Snowshoe]
Sun, Jan 19, 2020, 6:30 am, Rating: A+
Steve Mackey - 518-793-6484, smackey33@verizon.net
- This has become an annual trip for me. Since I don't need to bag any peaks anymore, I'm just going because it is a fun trip with awesome views. We will ski up the Ausable Road until we reach Upper Ausable Lake. We will switch to snowshoes, do the climb, come back out the same route, put our skis back on, and glide out. The distance is 6.6 miles one way, with roughly half of it being the ski part. Here is a quote I got from a website describing the last part of the trail - "From this point it is roughly 0.6 miles to the summit of Pyramid, but it is very steep in sections and to many, very demanding and exhausting. Atop Pyramid Peak I am sure you will be awestruck by its beauty."

TUESDAY OUTING - [Walk/Hike]

Tue, Jan 21, 2020, time TBD, Rating: B
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- I'm hoping we'll have good local XC skiing at this point and can do an outing. Maybe over to Brookhaven? Up to Cronins? Down to Wilton Wildlife? Or over to Coles Woods. Cross your fingers! Call or email the weekend before to see what the plan is.

MOREAU LAKE STATE PARK - [Walk/Ski/Snowshoe]

Wed, Jan 22, 2020, 9:00 am, Rating: B
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- Depending upon snow conditions, we will cross-country ski or snowshoe around the lake, so come enjoy a little fresh air and healthy exercise locally.

Outings and Programs 2 of 4

HUDSON CROSSING / NEW YEAR OUTING - [Hike/Snowshoe]

Sat, Jan 25, 2020, 9:00 am, Rating: C
Rich Crammond - 518-584-2380

- A neat little outing by the Hudson River with around two miles of hiking up to Eagle Point and back. Dress for snow and rain and cold!
Meeting place: Hudson Crossing dead end parking lot north of Lock 5, Schuylerville. Drive across locks to parking lot. Happy New Year, safe hiking for 2020 from Rich.

GIANT AND RPR - [Hike/Snowshoe]

Sat, Jan 25, 2020, time TBD, Rating: A+
Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com
Colead: Ben St. Andrews - 518-744-5574

or benjamin.st.andrews@gmail.com

- We'll take the Ridge Trail up to Giant and then visit the Rocky Peak Ridge summit. Both have excellent views but significant exposure, so get ready to bundle up! Snowshoes and microspikes required.

BIG SLIDE VIA THE BROTHERS - [Hike/Snowshoe]

Sun, Jan 26, 2020, 6:30 am, Rating: A
Megan McLaughlin - 631-365-3934, megan@adk.org

- High peak #27. We'll probably do this as a loop, about 8 miles. Beautiful views walking along the ridge lines. Spikes and snowshoes are a must have. We'll be car pooling from Lake George or further south; email megan@adk.org for more details and to sign up.

TUESDAY OUTING - [Hike/Snowshoe]

Tue, Jan 28, 2020, time TBD, Rating: B
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM

- This week we'll snowshoe up Cat Mountain on the west side of Lake George. Such a pretty view from up there. A little less than 4 miles round trip.

WHITEFACE FROM LAKE PLACID "RAIN" DATE - [Hike/Snowshoe]

Sat, Feb 1, 2020, 5:30 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Joe Babcock - 518-791-9395 or jababcock19@gmail.com
- See January 4. This is our back up date if Lake Placid is not frozen in January.

MONDAY MONTHLY GEOCACHE

Mon, Feb 3, 2020, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com

- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

TUESDAY OUTING - [Other]

Tue, Feb 4, 2020, time TBD, Rating: B
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM

- This week I'm hoping to hunt out an outdoor ice skating spot! If that can't be found, then we'll head to the ice rink behind the Glens Fall YMCA! Call or email for more info and call me if you know of any good lake/pond skating spots!!

EXECUTIVE COMMITTEE MEETING

Wed, Feb 5, 2020, 7:00 pm, Rating: NR
Kathi Noble - 518-745-7834, knoble2@nycap.rr.com
- Monthly meeting of the Executive Committee. Chapter Members welcome. Wesley Health Care Center meeting room, Saratoga Springs, NY.

TUESDAY OUTING - [Walk/Hike]

Tue, Feb 11, 2020, 10:00 am, Rating: C
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM

- This week I'll be crazy prepping for the Banff Ctr Mtn Film Festival, so I'm going to do a short walk in Lake George and head to Café Vero.

LINCOLN'S BIRTHDAY AND VALENTINE HIKE/SNOWSHOE

Wed, Feb 12, 2020, 8:00 am, Rating: B+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com

- This loop in the Pharaoh Lake Wilderness area will involve doing a counterclockwise 7-8 mile loop visiting Bear Rock, Heart, and Heart Ponds. There is a toppled boiler at Rock Pond left over from mining days and a tailings brook and cave just beyond the boiler.

YOUNG MEMBERS - GAME NIGHT - [Other]

Wed, Feb 12, 2020, 6:00 pm, Rating: NR
Jules Greiner - 518-668-4447, Jules@ADK.org
Colead: Brian Coville - 516-996-5086 or Brian_Coville@Outlook.com

- Come join in on the fun! Please bring a favorite game and a snack or beverage and get ready to meet new people and maybe even see some familiar faces. Newbies to ADK welcome. Please RSVP to Jules (jules@adk.org) for location info.

BANFF CENTRE MTN FILM FESTIVAL - [Other]

Fri, Feb 14, 2020, 7:00 pm, Rating: NR
Sat, Feb 15, 2020, 7:00 pm, Rating: NR
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM

- Our Chapter and the SUNY Adirondack Adventure Sports Club is once again hosting the film festival with many great local sponsors! Hopefully you got your tickets and we'll see you there! If not, call me to be placed on the wait list.

HADLEY AND SPRUCE FIRE TOWER - [Hike/Snowshoe]

Sat, Feb 15, 2020, time TBD, Rating: A-
Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com

- We will head up Hadley first thing for a sunrise in the morning, then head to Scotty's truck stop for breakfast, then on to Spruce to finish the afternoon. Snowshoes and/or micro spike required. Feel free to join for one, both or just breakfast. Please call me for gear list and carpool info.

YM: MT. VAN HOEVENBURG - [Hike/Snowshoe]

Sun, Feb 16, 2020, 8:00 am, Rating: C+
Megan McLaughlin - 631-365-3934, megan@adk.org

- Join fellow younger members on a nice hike to do in the middle of winter. About 5 miles round trip with just under 1,000 feet of elevation change, but views to the nearby high peaks. Snowshoes required. We'll be car pooling from Lake George or further south; email, text to sign up or check the Capital Region Young Member's Facebook page for more info.

ALGONQUIN AND IROQUOIS - [Snowshoe]

Sun, Feb 16, 2020, 7:00 am, Rating: A+
Jeff Mans - 518-265-4135, adkhighlander@aol.com

- Algonquin and Iroquois from the ADK Loj parking area. The hike is about 10-11 miles out and back. The final climb up Iroquois is not as demanding as Algonquin. Snowshoes, crampons and a flashlight required, along with necessary winter gear and protection from the wind and cold. Meet-up in Schroon Lake at 5:50 AM. (a/k/a the Presidential Range since all of my winter hikes of the MacIntyres have been during Presidents' Day weekend).

BOREAS PONDS SKI

Sat, Feb 22, 2020, 7:00 am, Rating: A+
Steve Mackey - 518-793-6484, smackey33@verizon.net

- I've skied into the ponds 4 or 5 times now. It has always been good trail conditions without major (slow) trail breaking. It is a 14 mile round trip distance, so it is not to be taken lightly, but so far it has always been easier than expected. The views (if it is a nice day) are fabulous. Last time we saw otter tracks near the outlet. It also had snow up to the door handle on the interior outhouse. There are no difficult hills.

Outings and Programs 3 of 4

TUESDAY OUTING - [Snowshoe]

Tue, Feb 25, 2020, time TBD, Rating: C
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- I thought we'd stick close to home and head over to the Pilot Knob lookout/gazebo (LGLC Preserve). After a stop at the gazebo, we'll continue on to the waterfall before heading back to give us a good workout. Round trip ~3.4 miles.

BASIN AND SADDLEBACK - [Hike/Snowshoe]

Sat, Feb 29, 2020, 5:00 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Mike Fuller - 802-254-3314 or farmallboy55@hotmail.com
- What better way to celebrate the once-in-four-years date of February 29 than with this classic winter hike. We'll head in from the Garden, take the Shorey Shortcut, and ascend Basin. We'll then drop down before going up the Saddleback cliff. Let's hope for not too much ice. Our return will be by the Orebed Brook Trail. Expect a long day and hope for clear skies.

TABLETOP - [Hike/Snowshoe]

Sat, Feb 29, 2020, time TBD, Rating: A
Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com
Colead: Jeff Mans - 518-265-4135 or adkhighlander@aol.com
- We'll climb Tabletop from the Loj trailhead - about 10 miles out and back. This is a favorite of mine for its moderate(ish) grade and unique views of Marcy and Haystack. We'll likely stop by Indian Falls as it's just down the trail from the start of the Tabletop herd path and the views can't be beat on a clear day. Snowshoes, microspikes, and winter gear required.

MONDAY MONTHLY GEOCACHE

Mon, Mar 2, 2020, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

EXECUTIVE COMMITTEE MEETING

Wed, Mar 4, 2020, 7:00 pm, Rating: NR
Kathi Noble - 518-745-7834, knoble2@nycap.rr.com
- Monthly meeting of the Executive Committee. Chapter Members welcome. Crandall Public Library, Glens Falls, NY

ALLEN - [Hike/Snowshoe]

Sat, Mar 7, 2020, 5:00 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Mike Fuller - 802-254-3314 or farmallboy55@hotmail.com
- Allen is always a fun March hike. Some times it's harder than others, depending on how much trail breaking is needed. It's a long day with a steep rise at the end. The reward comes on the way back with the best butt slide in the mountains.

LOWER WOLF JAW FROM ROOSTERCOMB PARKING AREA -

[Hike/Snowshoe]
Sat, Mar 14, 2020, 7:00 am, Rating: A+
Jeff Mans - 518-265-4135, adkhighlander@aol.com
Colead: Andrew Meunier - 518-376-2470 or andrew.m.meunier@gmail.com
- About 10 miles round trip over varied terrain with an ascent of about 3,100 feet. Starting from the Roostercomb parking area, we'll cross a long bridge over the beaver dam and sign in at the trail register. The hike will pass a small pond to the right and start a moderate climb. The climb will remain moderate to the junction with the trail to the summit of Roostercomb at 2.0 miles. Past this junction, the climbing is steeper to the summit of Hedgehog Mountain. A short descent will bring us to a junction with the W.A. White Trail at 3.5 miles, where we'll turn right to continue the climb up to the summit of the Wolf's

Chin, a small knob on LWJ, where we'll steeply descend into a valley, and then climb steeply up to the summit of LWJ. Winter gear, snowshoes and crampons/spikes required. Possible meet-up at Schroon Lake Tops at 6:15 AM, and/or meet at the Rostercomb parking area at 7 AM.

MOXHAM MOUNTAIN - [Hike/Snowshoe]

Sat, Mar 14, 2020, time TBD, Rating: A-
Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com
- It's a 2.7 mile trail to Moxham Mountain. There is an elevation gain of 1,152 feet for this 2.7 mile hike to the summit. Snowshoes and/or microspikes required. Please call me for gear list and carpool info.

MARCY, GREY, AND SKYLIGHT - [Snowshoe]

Sat, Mar 14, 2020, 6:00 am, Rating: A++
Steve Mackey - 518-793-6484, smackey33@verizon.net
- I haven't led this in quite a few years, but I always enjoyed it. The plan is to climb Marcy, Gray, and Skylight, and then go back up Marcy and go out the way we came in. One of the last times I did this in winter all the trees on Gray were buried, so snow depth will probably not be an issue. March usually has some great weather, so let's hope for a bluebird day.

NATIONAL PARKS WITH JOHN SCHNEIDER - [Program]

Thu, Mar 26, 2020, 7:00 pm, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- This program will be held at Saratoga Springs Public Library

COBBLE HILL AND HAYES MOUNTAIN SNOWSHOE/ BUSHWHACK IN HOFFMAN WILDERNESS/LOCH MULLER AREA IN SCHROON

Sat, Mar 28, 2020, 8:00 am, Rating: B+
Jeff Mans - 518-265-4135, adkhighlander@aol.com
- From Loch Muller in Hoffman Notch Wilderness area, we'll bushwhack to Cobble Hill and then over to the base of the ice climbing route/cliffs of Hayes Mountain, and around the cliffs to the summit of Hayes Mountain. From Route 9 in Schroon Lake, go west on Hoffman Road, then right onto Potash Road or Loch Muller Road, and then a left onto Henry Road. Park at end of Henry Road. Starts off on an old woods road and then a bushwhack up to Cobble Hill. Nice views south from Cobble Hill and filtered views of cliffs on Hayes Mountain. From Cobble Hill we'll head towards Bailey Pond and the base of the cliffs on Hayes Mountain. The cliffs are rather impressive with several ice climbing routes. We'll then work around the cliffs towards the summit of Hayes Mountain, and then return. See the ice climbing link, pictures of the cliff, and area map at: <https://www.mountainproject.com/area/108020710/hayes-mountain>.

YM: GULL BAY PRESERVE & ANTHONY'S NOSE - [Hike/ Snowshoe]

Sun, Mar 29, 2020, 8:00 am, Rating: C+
Megan McLaughlin - 631-365-3934, megan@adk.org
- After previously enjoying the Lake George Land Conservancy's parks on the west side of Lake George, I thought it was time to check out the upper east side. Gull Bay Preserve offers a 3 mile loop with multiple overlooks. If the day is optimal we will probably take a quick drive over to Anthony's nose to do the 1.6 mile out and back to the Lake George overlook. We'll be car pooling from Lake George or further south; email, text or check the Capital Region Young Member's Facebook page for more details and to sign up.

Trip Reviews 1 of 3

Marshall Peak and plane crash site "The Patata Hike" Sat, Sep 28, 2019, Mike Fuller

What a great day! First, to start off everyone got their 10 pounds of Adirondack blue and red patata's. Then it was off to Marshall. On the way we spotted a beaver building a dam across the Hudson River. Flowed Lands had just enough sun to see Colden's reflection in the water. While making our way up Marshall, the first light sprinkles didn't dampen our spirits. The Herbert Brook trail must have the most shades of green in the 'dacks. We finally reached the alpine bog, break time, and fresh baked cookies. Soon we were at the summit for lunch and pictures, then over to the Cold Brook Trail to the plane wreck. This one had a happy ending. We made it down to the ranger outpost on Lake Colden for our last break. On our way out, every lean-to was being used; lots of hikers enjoying the weekend. We had to use lamps for the last half hour out. Congrats to all that needed Marshall; it was really a fun hike. Participants: Anthony Szmul, Katherine Banning, Erin Roberts, Nick Baines, Anne Mania, Wayne Richter, Joe Babcock, Mike and Maryanne Badagliacca, Geoff Horan, and Mike Fuller.

Rocky Peak Ridge to Giant and Down Giant Mountain Trail via Owl's Head Lookout Sat, Oct 5, 2019, Joe Babcock and Jim Zwynenburg

- We had a close to perfect day for this walk in the park. When we met at the parking lot, everyone was ready for a great day of hiking. After picking up one more hiker who met us up north, we gathered at the Rocky Peak Ridge trailhead in New Russia. Wayne and Alejandro headed off to drop a car off at our finishing point and the rest of us headed up the trail. We were rewarded with beautiful views after what seemed like a quick hike up to the first overlooks on the trail. It was at one of these lookouts that Wayne and Alejandro caught up with us and we continued up the trail to Blueberry Cobles, with vistas opening up along the way. It was just a fantastic day to be on this trail, enjoying the fall colors. The hikers who had been up this trail before knew the hike would be awesome and could not hide our excitement. The views continued as we hiked on up to Bald and then made our way up to Rocky Peak, a stretch of the trail that our legs will remember. We took a break for a snack when we made it up to this point. It was a nice day, so we were able to enjoy the sights before heading off to Lake Marie Louise and on to Rocky Peak Ridge. There was time to enjoy this hike that you will "remember for the rest of your life." We visited with other hikers along the way and Wayne pointed us to a view of one of the slides on our way up to Giant. Jim and Marlene headed down the Roaring Brook Trail when we hit that junction and the rest of our group headed up to the summit of Giant. We took time to enjoy more of what the day provided and then headed over to the trail down the north end of Giant. There were a couple more spots to catch views before heading down the trail. We did find some ice on the trail as well as icicles on the rock walls along our trip down the trail. We did reach the next junction and Alana seemed quite happy to reach this point. We made our way quickly now, briefly stopping to see the Giant lean-to before continuing on down the trail. The later day light on the leaves was a nice sight as we made our way out to High Bank and then made a quick stop on Owls Head for the last of the views for the day. We used our headlamps to make it the down the last section of trail to the trailhead near Route 9N. We had a great day in the woods and I would like to thank all the participants making it a fun day: Wayne Richter, Alana Gerus, Alejandro Gauna, Marlene Killian, Jim Zwynenburg and Joe Babcock.

Yard and Big Slide from South Meadow Sat, Oct 5, 2019, Jeff Mans

- Starting from South Meadow along the Klondike Trail on a crisp, quintessential autumnal morning, we crossed the footbridge and entered the woodlands. After only a short distance, the leader questioned whether to kill the hike, and after it was graciously suggested that all would be well if we went to Lake Placid and ate breakfast, we decided to proceed and make the most of the day. Along and past streams and tumbling brooks we reached the Klondike Dam Camp Lean-to, and what was said to be a herd path and bushwhack to

Phelps starting from behind the lean-to. As we absorbed the sights along the trail, the temperature warmed in the sun and blue sky, ridges rose, and the higher peaks displayed a frosting crowned the night before. As we left the Klondike Trail and its continuing descent towards Johns Brook, we turned onto the trail towards Yard and Big Slide, and soon proceeded along the brilliant cliffs rising from Yard's shoulders. Some cliff walls appeared to be built with defined stone blocks fit with such precision, rivaling Machu Picchu, while another random extension resembled Indian Head, but more approachable. As the trail gained elevation, the Johns Brook Valley and mountain ranges opened behind us. Eventually we climbed past the cliffs and up onto the summit approach, as we passed through balsams and the steady drip of melting frost. To our delight, winter's white harbinger was on display, set against a field of green balsam. Snowshoeing cannot be far off! Once upon the top, the true summit is not readily apparent, and a herd path leads to the high ground and highest elevation on Yard. We stand there briefly just to occupy the same space, and then search out the true meaning of Yard. It is usually found at the end of a nearby herd path, where a relatively small boulder affords anyone the opportunity to stand and take in, arguably, one of the nicest views of Johns Brook Valley, the Great Range, Colden, MacIntyre Range, and others. Gothics was spectacular with the ice glistening off its rock slide in the afternoon sun and autumn colors. Having hogged in the sights and eaten lunch, we decided to return. Everyone had been to Big Slide before, and under the circumstances, prudence dictated that we were very fortunate, indeed, to have experienced such an enjoyable journey to Yard on a peak autumn day. The lurking concern all day had been the very swollen ankle and pain being experienced by the leader, having slipped on the ice at the top of his camp stairs in the morning darkness while leaving for the trip. As it turns out, just because you can walk does not mean your ankle is not broken. X-rays a few days later revealed the fracture, and now a cast and three month recovery will leave time for planning a snowshoe or two. While over 4000', Yard is often neglected because it is not an official high peak due to the lack of rise on its summit, and the popular misconception that it is not worth climbing in its own name. To the contrary, it is very worthwhile. Great group, great day, lessons learned; would not have changed anything. About 11 miles and 3,000' elevation gain. Participants: Jeff Levitt, Jayne Boudier and Jeff Mans (leader).

Chester Challenge-Mead, Beckman, and Kipp Mountains Sat, Oct 5, 2019, Reg Prouty

- It was agreed that we would do 4 of the best Chester Challenge hikes. First we tackled Kipp, as it has the best views of Loon Lake, then did Mead and Beckman together, and finally little Stewart. It was a great day with a great group. 10 hikers: Reg Prouty, Anthony Szmul, Sharon Atwell, Laura Fiske, Peter Bishop, Steve Streeter, Patrick Reilly, Wayne Atwell, Nathan June, and Christina Bombard.

Tuesday Outing - Paddle Tue, Oct 8, 2019, Maureen Coutant

- This week we put in on the Hudson River at the state boat launch between Corinth and Hadley. From there we paddled upstream to Rockwell Falls. We were the only boats on the water for what turned out to be a perfect paddle. No wind, nice temp, almost peak fall colors and as always...great company! We all got past the current where the 2 rivers come together, and took a little rest on or along the rocks just downstream of the falls and bridge between Hadley and Lake Luzerne. After a relaxing trip back, most of us got to see a bald eagle fly past the boat launch. Icing on the cake! Participants: Mo Coutant, Mary Knutson, Licia Mackey, Anne Paolano, Jim Ralston, Dave Roeger, Alison Zoske.

Monday Monthly Geocache Wed, Oct 9, 2019, Sarah King

- Today's destination was Berry Pond from the Lake George Recreation Center. Our weather was good. Our destination was Berry Pond but our caching adventure started after we had reached the pond and headed back down, on an unmarked trail that was new to me but Todd had been on before. We started out on the blue trail heading steeply up to the snowmobile trail. We followed the orange trail to the pond as Larry needed two older caches there. One hadn't been

Trip Reviews 2 of 3

found since 2016 and was dnfd (did not find) by fellow geocachers earlier this month so that was an accomplishment. We circled the pond as Emilie had never been there, and enjoyed the fall colors. We then headed to our unmarked trail and the descent. There were 7 caches on the way down and we found them all. Mostly winter friendly hides, which means meant to be found with snow on the ground. It was a pleasant walk and we clocked 6 miles and were back at the cars after about 4 hours. Nice to have some new geocaches and a new trail to explore so close to home. Participants: Sarah King, Mo Coutant, Larry Eaton, Todd Earl, Emilie Gould.

Mount Adams Fire Tower Sat, Oct 12, 2019, Rich Crammond

- Another great day in the Adirondacks for this fall outing. We had a dry trail for the most part, and good hiking buds to help us along. We had great views from the tower and a well earned lunch on the summit. Highlights of this outing were views of the High Peaks, great hiking buds, no one hurt on the trail, and great fall colors; also seeing Jayne Boucher at the tower with the cane people. We hiking buds take care of each other on the trail, and that's a good thing to know when we're doing a rugged climb. Didn't get no better - and no bears to take our lunch away, either. Participants: Ted Breen, Bob Morrissey, Ray Boucher, Anthony Szmul, Bruce Goodale, Rich Crammond.

2nd Annual Jay Mountain Range Sat, Oct 12, 2019, Amanda Gomez

- As I've said before that I will lead this hike every year, this was not a hard write up... It was fall color and above temperatures that one could ask for! Sun, sun, and sun all day with the fall colors at prime peak. The temperature was quite warm as I and my group sat on top with tee-shirts and sunglasses on. A French-Canadian holiday filled the ridge and summit. Views all around as it was really clear but did become lightly overcast as we were getting ready to leave. Overall, we were blessed with a perfect day! Participants: Kathern Quoi, Greg Grieco, Laura Fiske, Nathan June, Tricia Lockwood, Amanda Gomez.

Massawepie Lake overnight Sat, Oct 12, 2019, Steve Mackey and Tammara Van Ryn

- This ended up being a really nice trip. We found a great campsite right away. The first day after setting up, we canoed up the Grass River. We went under/over a hiking bridge and then proceeded to cross 3 beaver dams and a natural log jam. It started to lightly rain on us, so we reversed direction and crossed all the obstacles on the way back. Then we found a nice lean-to and hiked to another pond. We headed back to our campsite and made a nice campfire and had hors d'oeuvres and dinner. As we headed to our tents for the night, John mentioned that we had "many beer cans." It occurred to me that that would make an interesting Indian name. The next morning I volunteered to make coffee for everybody. On the third batch I had used all the readily available water, so I used Licia's water bottle to top it off. It turned out that it had gatorade in it, and made pretty ugly coffee. Tammara and Chris had to head out early for a birthday party, so the rest of us circumnavigated the lake and checked out all the bays. Great trip, might think about leading it again next year. Participants: Chris Lincoln, Tammara Van Ryn, John Caffry, Licia & Steve Mackey.

Moose Mtn. Pond/Bass Lake Sun, Oct 13, 2019, Bill Schwarz

- Two participants. The rest of you missed a great walk to a secluded North Hudson pond with great weather and nice foliage, and not much climbing. The lean-to was empty, despite the vehicles in the parking lot (where did the people go?), and a rock face provided an excellent view of the sizable pond. Participants: Gary Patton, Bill Schwarz.

Roostercomb Tue, Oct 15, 2019, Maureen Coutant

- So glad we got out there when we did. WOW! Although it was a little past peak, it was still beautiful in the woods and the view from the top is always spectacular. I was surprised to still see so much red on the trees and on the leaves on the ground. I collected a variety of red, orange, yellow, and green leaves along the trail. The filtered

light coming through the trees and highlighting the colors on the ground made the woods look magical. Plus, perfect temperature for hiking, no bugs, blue sky with a few clouds - you couldn't ask for a better day! We topped it off by sharing a pie at the Noonmark. A day to remember. Participants: Sue Atwell, Christina Bessen, Mo Coutant, Licia and Steve Mackey, Kay Mence, Joy Muller-McCoola, Tina Palmero, Karen Provencher.

YM Social- Artisanal Brewery Thu, Oct 17, 2019, Megan McLaughlin

- A very successful evening; over 20 members of all ages participated and Artisanal donated \$140 of the night's profits to ADK!

Gerald B.H. Solomon Saratoga National Cemetery Sat, Oct 19, 2019, Rich Crammond

- Thank you to cemetery director Scott Lamb for giving us permission to have this walk around a well-kept final resting place for active duty veterans and dependents who are eligible. Such a nice and peaceful place to be on a bright October morning. I think of friends from Stillwater who didn't make it back home from Viet Nam before I was sent there. "That's all I have to say about that." Highlights of this outing were viewing one Civil War gravesite, stopping in at the information center, doing a little bird watching with Rich Speidel, and feeling good to be alive and thankful for all the veterans after leaving. Participants: Cathy Fleming, Paul Gregg, Rich Speidel, Rich Crammond.

Tuesday Outing - Paddle Tue, Oct 22, 2019, Maureen Coutant

- This week we paddled on Moreau Lake. The gate was still open, so we were able to drive down to the boat launch. We paddled into the little cove, then under the bridge and into the section with the beaver lodges. We also saw a weird wired bird box. Not sure what that was about? Wood duck box? The color on the mountain was either peak or just past and the sky was blue, so it was another great day out with ADKers! Nice one to finish the paddling season on. Participants: Mo Coutant, John Devine, Paul Dietershagen, Jim Gedney, Steve Hibbard, Ed Kopf, Greg Loan, Licia & Steve Mackey, Jim Ralston.

ADK HQ workday Sat, Oct 26, 2019, Maureen Coutant

- Thank you all for stopping by to help with the fall cleanup at ADK headquarters! We got everything done before lunch! When so many ADKers pitch in...it really goes fast. See photo gallery for some photos from the day! Hopefully I'm not forgetting anyone who stopped by! Thanks to: Anne Paolano, Karen Provencher, Steve Hibbard, Barb Tomko, Bill Wasilauski, Bill Schwarz, Nancy Burke, Joanne Morrison, Brian Coville, Jen Ferriss, Megan McLaughlin & Rich, Kim Brown, Tom Kenney, Sarah Heddell, Ed Kopf & JoAnne Pedersen, Mo & Jim Coutant.

Poke-O-Moonshine Tue, Oct 29, 2019, Maureen Coutant and Jim Schneider

- This week we hiked the loop after spotting a car at the southern trailhead about a mile down the road from the old campground where the northern trail starts. There was still some color and everyone had beautiful pictures to share after the hike (check gallery). We all appreciated the trail work done by the ADK trail crew over the years. Impressive! It was windy at top so we ventured out to check out the view, got some photos...and rushed back to shelter out of the wind. We had low hanging clouds, but we could see into the valleys, and the clouds lifted enough to see some mountain ranges. Jim Schneider measured the trail with the wheelie thing to check the miles due to the new trail work over the years. Great hike and great day out...great people too! Participants: Sandy Allen, Chris Bessen, Ellen Caffry, Mo Coutant, Ed Kopf, Julie Leonelli, Joy Muller McCoola, Liz Mulshine, Kathi Noble, Tina Palmero, Karen Provencher, Jim Ralston, Jim Schneider, Laurie Williams.

Hackensack Loop or Traverse Sat, Nov 2, 2019, Reg Prouty

- We decided to do a traverse from Hackensack Avenue to the parking area where we had spotted vehicles. We had lunch on the first overlook to the west and then proceeded to the flag overlook view to

Trip Reviews 3 of 3

the southwest. However, the flag was missing. We followed the marked trail down through the steep boulder field hanging onto the ropes and butt sliding when needed. On the way out we discovered that the color of the markers on the trail did not always match colors on the map so we ended up way over by the Warrensburg school and walked back a few hundred yards to the parking area on the road. Four hikers: Reg Prouty, Bob Bedore, Laura Fiske, and Kim Brown.

YM Halloween Hike- Pole Hill Pond Sat, Nov 2, 2019, Megan McLaughlin

- The young members had a great time on this year's Halloween hike. After conquering the parking lot, the hike was a breeze. While stopped at the Lake George overlook, we enjoyed cookies and voted on costumes. Matt Dombrowski took home the gold pumpkin for best costume for his Gandalf costume and the dedication to hike with robe, beard, hat and pipe. Others received prizes for funniest and worst costume. A trip to Bolton Brewery post hike wrapped up a great day. Participants: Megan McLaughlin, Rich Rogers, Eric Woodruff, Sarah Heddell, Alana Gerus, David Kelley, Matt Dombrowski, Jennifer Nechamen, Erica Goodman and Blitz.



Monday Monthly Geocache Mon, Nov 4, 2019, Sarah King

- Today's destination was Pilot Knob Mountain. It was overcast and in the mid 40s. It was chilly as we started but we all ended up shedding layers as we climbed. This trail isn't real easy to follow. You have to be looking for the paint on the trees. We were searching for 9 geocaches on the trail up. Having the coordinates of these caches made following the trail easier as did having Mo, who has hiked it many times. There is one left turn which is easy to miss. We took about 3 hours to get the last cache (not quite the top), marveling at the views that seemed to get better and better as we climbed. Todd Earl had mentioned to Mo that he often makes this a loop hike by continuing down the Pilot Knob Trail to where it intersects with the Inman Trail. There were only 1 or 2 paint markers that we noticed but Mo navigated down the trail, following the stream and her geocaching app, which actually shows the trail on it. Thanks to Licia for homemade snacks (even gluten free for Sarah!). Great outing with great gals! Participants: Sarah King, Mo Coutant, Licia Mackey, Judy Tower.

Hunter Mtn Fire Tower Hike Tue, Nov 5, 2019, Maureen Coutant

- This week we finally made it down to Hunter Mountain to check a Catskills fire tower off the list. To do the Adirondack Mountain Club Fire Tower Challenge you need to do all 5 Catskills Fire Towers and 18 Fire Towers in the Adirondacks. I chose the long way to do it...long to get there driving and the longer trail to climb, but it's easier! We did the loop off Spruceton Road in a clockwise direction. This way is up a wide trail that passes a cool lean-to, a water source, and a few look outs. After stopping at the tower and sheltering out of the wind on the cabin's porch for lunch we continued along the loop and down. The highlight on this section was the West Kill waterfall which was actually 2 waterfalls side by side. See photo gallery. Great day out with a great group...as usual! Some of us had a bonus of a stop at Momma Boys for a burger and a very quick stop at Kaaterskill Falls. Participants: Sue Atwell, Mo Coutant, Leo Demers, Jen Ferriss, Susie Imgruth, Steve Mackey, Megan McLaughlin, Kathi Noble,

Karen Provencher, Jim Schneider, Laura Wayne.

Pole Hill Pond/Godwin Preserve Tue, Nov 12, 2019, Maureen Coutant

- I wasn't sure if we could get to the trailhead for the Godwin Preserve after the Halloween storm damaged the road, but the problems were beyond where we needed to go. It was a small group for a cold day. It was fine when we were moving, but while on the two lookouts (one on the Godwin Preserve and one on the Pole Hill Pond Preserve), it was a bit too chilly in the wind to stay long. Plus, the clouds obscured most of Lake George so a quick visit was fine. We also visited Pole Hill Pond and it's amazing what a difference a couple of weeks in the Adirondacks can make. This day there was a thin layer of ice when just a little over a week before I was there and taking pictures of the fall foliage reflected in the pond. Beautiful in any season. Participants: Scott Anderson, Jayne Boudier, Mo Coutant, Nancy Crosby, Neal Van Dorsten (plus I made this a dog hike so Charlie and Ripley joined us).

Catskill 3500 - Sugarloaf and Plateau Sat, Nov 16, 2019, Amanda Gomez

- I will lead more Catskill hikes in the coming year. So we did a traverse and started with Plateau. It was cold start with some wind with great conversation the whole day. The sun felt amazing as we enjoyed lunch on Sugarloaf. We didn't need spikes as there was very little to no ice. Participants: Amanda Gomez, Doug Fish, Mike and Maryanne Badagliacca.

Black Mountain Sun, Nov 17, 2019, Jim Zwynenburg and Jen Ferriss

- We enjoyed a daylight meeting time of 7am at Panera Bread Parking lot. We had a pleasant drive through Whitehall then north on 22, to Route 6 towards Huletts Landing, then left onto Pine Brook Road to the trailhead. We started hiking around 8am. Blue sky day, mild temperatures, just an enjoyable hike. We reached the trail intersection by 8:40am, 1.6 miles to the summit. At 9:45, we were at the summit, and the views were amazing. We had a group summit photo at 10am. We descended down the Black Mountain Pond trail, then were over to Lapland Pond by noon. The ice sound from the thermal expansion was something to experience. At first you thought it was a plane or helicopter. We followed the Millman Pond trail and encountered several beaver ponds. We were back at the trailhead by 1pm. A joyous celebration at Stewarts with hot fudge sundaes; thank you Mark. Participants: Joe Babcock, Jen Ferriss, Karen Provencher, Mark Seymour, Mike De Solio, Anthony Szmul, Jim Zwynenburg.

Hurricane Mtn Thu, Nov 21, 2019, Maureen Coutant

- The trail was packed down snow and the temperatures were in the 30s with no wind. We hiked up in intermittent clouds and sun, but on the way down we were in a cloud the whole time. We needed our microspikes and carried our snowshoes just in case. The trees were covered in ice and snow and it was amazingly beautiful. I had to keep stopping to take pictures. Once we got to the top we actually came out above the clouds that were covering the whole valley up to about 3000 feet. It looked like a blanket of clouds everywhere with just the mountain tops appearing here and there. See the photo gallery. It wasn't exactly peaceful on top, though. DEC seasonal staff and the Land Manager for the area were cutting up old pieces of the fire tower that were replaced and loading them into huge bags that will be air lifted off the mountain soon. They were lucky that the clouds were just below us and the sun was warming up the air on top. Luckily for us, they were almost done by the time we got there. Meg and I ventured up into the tower, which has a new roof, a solar panel, and maybe a weather station? I'm not sure what the box was. After enjoying lunch, we headed down into the clouds. Participants: Mo Coutant, Carolyn Jasket, Megan McLaughlin, Dave Roeger.

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 • From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER Road**. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (**LEFT**) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

| Rating | Effort Level | Elevation Gain (feet) | Miles | Time (hours) |
|--------|----------------------|-----------------------|---------|--------------|
| A+ | Very Strenuous | 4,000+ | 10+ | 10+ |
| A | Strenuous | 3,000+ | 8-12 | 8-10 |
| B+ | Moderately Strenuous | 2,000+ | 5-10 | 6-8 |
| B | Moderate | 1,000+ | 5-8 | 5-6 |
| C+ | Fairly Easy | 1,000+ | 5-8 | 4-6 |
| C | Easy | Under 1,000 | Under 5 | Under 5 |

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center
 131 Lawrence Street, Saratoga Springs,
 NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STRET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library
 Corner of Glen and South Streets
 Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters: EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library: Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to

T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• **From Route 9 and Route 50**
 Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

NON-PROFIT ORG.
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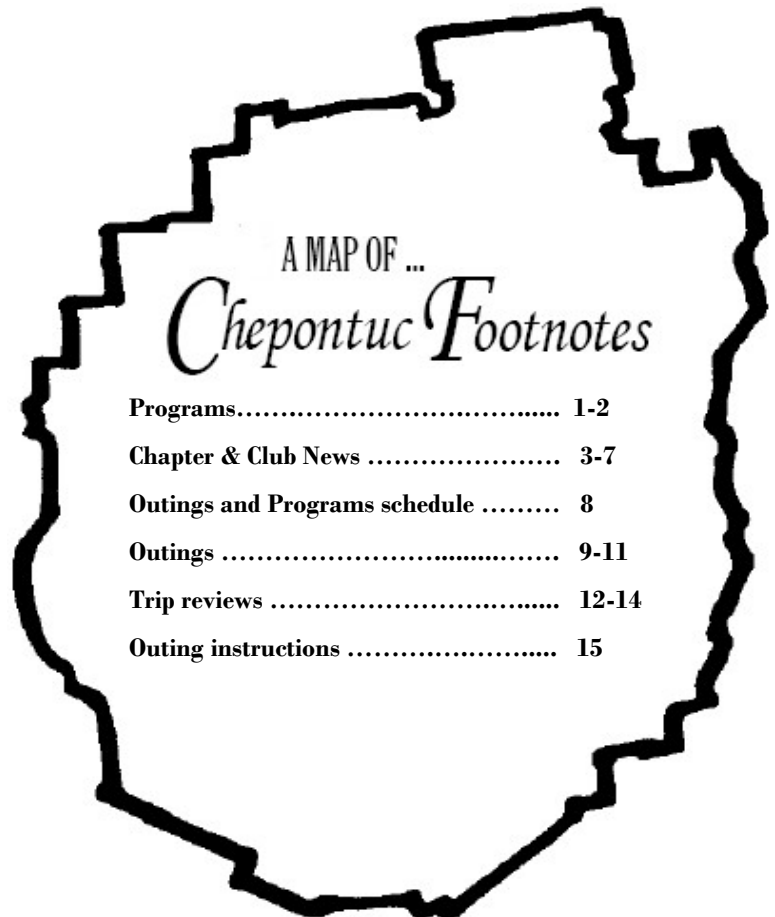


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



**Reminder: Please include your e-mail
address when renewing membership!**