



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Volunteer Spotlight Jayne Boudier, Outings leader



Jayne Boudier, long-time, and one might even say legendary, leader for the Glens Falls – Saratoga Chapter has "hung up her boots" and retired from leading. We thought this was an appropriate time to share an appreciation for Jayne from the many people whose trail—and off the trail, as Jayne was a noted bushwhacker—lives Jayne has touched over the years. I will take a bit of privilege as the chapter's outings chair to add some thoughts about this experience in addition to my own remembrance, which appears alphabetically below. I have been overwhelmed by this outpouring of love and respect for Jayne. Jayne was all of mentor, leader, bushwhacker, photographer, teacher, paddler, camper, and enjoyer of the outdoors. You will read about an extraordinary person who took her fellow hikers to an amazing variety of adventures. Compiling the stories has been a touching and uplifting process. Finally, my thanks to another long-time hike leader, Rich Crammond, for suggesting this project.

Wayne Richter, Outings Chair.

I can't remember how many times I have hiked with Jayne. I always liked to follow in her footsteps—literally. Her precise, deliberate steps were a source of meditation as we wandered up gnarly terrain. Our last hike together was a bushwhack to Hoffman Mountain, September 2020, with Jeff Mans as the outing leader. We summited, and more importantly



enjoyed a beautiful fall day in the woods.
*Jen Ferriss,
Newsletter
Editor, Out-
ings leader*

*Photos by
Joe Babcock*



Scott Anderson: Character reveals itself when there is no time to think. I remember Jayne leaping, sideways, through the air, to save a fellow hiker who was in the process of plunging over a ledge. In the time it takes most of us to even realize what is happening, Jayne flung her body in the path of her fellow hiker, solely to cushion their fall, without thinking about the consequences to herself. Character reveals itself. We all love you Jayne! You are the greatest! Crooked Canes hike on Crane Mountain.



Kim Brown: I met Jayne when I was a new hiker and new to ADK. She was leading a hike listed in our newsletter. It was described as a “bushwhack,” and it was to be around the Pole Pond area in Bolton Landing. At the time, the property was newly acquired by the Lake George Land Conservancy, but had not yet been marked for trails. Never having been on a bushwhack before, I called Jayne to ask if I should bring an ax. She laughed and said, “Oh no, we won't need an ax. And by the way we don't cut the trees down. We are kind to them and gently push any branches out of our path. You will find bushwhacking much easier if you are nice to the trees.” Off we went, and of course she was right! She is such a kind person and very patient. We had someone on our hike that was recovering from a medical issue and had stability challenges. Jayne said, “So and so is ok. She just gets dizzy and when she does, she just sits down. No problem. We will wait for her to ‘restabilize’ and then keep going.”

Since that time, I had many enjoyable reconnaissance for group hikes/bushwhacks with Jayne. She introduced me to Jeff Mans (who is now with ADK as trip leader) and another area hiking group, the Crooked Canes. Jayne taught me how not to be afraid of being on an unmarked trail and how to read the landscape and find my way back. When I think of her, I visualize her not on the trail per se, but more often she would walk to the side of the trail/path. She liked the softer surfaces as she found them easier on the body/joints. You could see her “floating” alongside us through the woods. In the winter, you would look around and think, “Where is Jayne?” and then you would realize she stopped to either kneel in the snow (helped her knees) or lay down completely and enjoy the snow! Thank you Jayne.

Rich Crammond: It would be very hard to put down in writing all of the great places Jayne, myself, Reg Prouty, Jean Holcomb, Bob Aspholm and others have been to, and the wildlife we've seen along the way, like the Mama Bear and two tiny cubs on Spotted Mountain. Under her guidance we have hiked through some exciting bushwhacks and experienced nature at its best. Thank you Jayne for all of the great memories of our Adirondack hiking days. Happy trails always to you. Old hiking bud, Rich.

Character reveals itself when there is no time to think. - Scott Anderson

Pat Desbiens: Jayne Boudier (aka: The Whacker). Whenever I think of Jayne it brings back many fond memories of our hiking adventures in the early 2000s. Jayne was able to capture many of those moments with her camera (like 200–300 pictures per trip was usually the norm!). One adventure we took together that stays particularly vivid to this day was our trip to Algonquin and Wright peaks. We got to Algonquin, where we had a very difficult time staying upright due to the high winds that day; however, we hadn't seen anything yet—that is until we got to Wright where it was nearly impossible to stay on our feet—as, I remember, we crawled the last few yards to the summit. Not to be defeated, however, Jayne was determined to capture a picture that was of me trying to balance on my right leg as my left was sticking out sideways and my right arm was outstretched to catch myself as the wind was blowing me into the rocks.

Jayne always preferred bushwhacking to any trail—thus our nickname for her, The Whacker! Even on a hike with trails, it wasn't unusual to have to look off to the side and into the woods to find Jayne. With Jayne it was rarely about actually reaching a destination—it was about spending a day in the woods exploring!

Jean Holcomb: I first met Jayne on a Glens Falls – Saratoga Chapter hike of the Trap Dyke on Mount Colden. I was in my late 40s, recently divorced and looking for weekend things to do. I had done some “B” hikes with the club and had decided to up my game a little bit. The trip was led by three individuals who were practicing for a forthcoming climb in the Himalayas and was obviously way over my head. Jayne was in the same boat. Two clueless middle aged women looking for a hike in the woods, struggling up a chimney with a waterfall running down the side and then out onto a terrifying slide. One slip and it was 2000 feet to the lake. The fact that we both sur-

vived somehow formed a bond that lasted 25 years and would be active today if Jayne were still active. During those 25 years I probably spent seventy-five percent of my hiking, paddling, and snowshoeing time with Jayne. We hiked most of the 46 in all conditions from black flies to -20, plus many mountains that no one has ever heard of, because there's nothing Jayne likes more than a bushwhack. We co-led countless trips for the Glens Falls – Saratoga Chapter, many of which were ill-considered and sometimes downright scary. The thought "I could die out here" was often paramount in my mind. But Jayne was never worried. The northern Adirondacks were her place to be. She always wanted to go, never wanted to leave. Wearing her signature ratty sweater and hand-me-down jacket, she would lead unsuspecting "greenhorns" into a trackless wilderness and then leave them in a befuddled clump while she wandered off snapping photos with her stone age digital camera and then continually adding on side trips to hidden gorges or "beauty spots" until the setting sun signaled a release for the now rather desperate participants. Only then would they be led back to civilization just as dusk was turning to darkness.

Jayne loved canoeing and literally adopted a canoe that was abandoned near Upper Works. She and I paddled the Battenkill from Vermont to Greenwich in one day, and often ventured on both Lake George and Lake Champlain, along with many smaller lakes and rivers. She loved Goodnow Flow, or any river where you got to drag your craft over multiple beaver dams. I also joined her a few times on her "Minifish" sailboat (barely a board with a sail on it), which she insisted on taking out on Lake George. Once we were caught in a thunderstorm and had to take down the sail, jump off and swim the boat to some private marina, talk our way in, and hike back to the car.

I could tell Jayne stories for hours, days, but no time, no space. So just to capture my good friend in a nutshell: Jayne has been a force of nature, a will of the wisp, and a pure gift to anyone willing to throw caution to the winds and just run off blindly into that magical boreal circus we call The Adirondack Park.



Heidi teRiele Karkoski:

I participated in several club hikes with Jayne and understood how much she loved to be in the woods. On an exploration in the Dix Mountain Wilderness, we encountered a mama bear and her cubs while bushwhacking to Spotted Mountain. The bears were on the ledges above us. I snapped a photo of Jayne with the bears high above. These were the 35mm days, so I wasn't sure if there was a good picture. In the end, we left the bruin trio to have the summit that day, and the photo I took was used for an article someone wrote about our adventure that appeared in a club magazine. Jayne's leadership skills and navigation skills were the key to some truly wonderful adventures!

Eric Kimmelman: It was always a pleasure to hike with Jayne. You may not have always gotten to the peak but you always enjoyed the journey.

Lorraine MacKenzie: Jayne is a wonderful person and someone I felt confident with in the woods. The first time I met her was on a hike to Lost Gorge back in September of 2015. It was my first bushwhack and thanks to Jayne, not my last. In hindsight, even after doing all the forty-six and then some, this was the hardest hike I was ever on. It crossed my mind that we might never get out! Even though we never actually found the "Gorge"—I guess it's still "Lost"—we did manage to climb to the top of a surrounding peak. It seemed like a 90 degree pitch at the time. A tree branch caught my pack as I was climbing and I thought I was forever stuck and going to die there! Jayne did get us out of the woods by using her amazing compass skills. You would think I would never do that again, bushwhack that is, but when she posted a hike to climb the face of Noonmark, I readily signed up. This time the thing that stood out in my mind was seeing the soles of hikers' boots (they were sitting on the edge of the cliff) and their bewildered faces as we emerged from the rocks below.

I learned a lot of guiding skills from Jayne and enjoyed occasionally seeing her at the Glens Falls Farmer's Market. She is one of the people who added value to my life.

Steve Mackey: We all recently learned that Jayne Boudier's days on the trail are probably coming to an end. I just wanted to share some of my fond memories of adventures with her. I'm sure, as many have said already, she liked to bushwhack. On several hikes, she would parallel us. We would be on the trail, she would be 20–30 feet in the woods, hiking parallel to us.

One time we had a canoe/kayak trip on Henderson Lake. She had bought several squirt guns at the dollar store and had brought them all along. They were the kind that you stick the end in the water and then pull back, and they suck up water. Then you push forward and they shoot out. They shoot out really far. We had about a 2 hour water battle.

One time she was leading a bushwhack of Crane Mountain. It made the hike about 50% harder than it would have been hiking up the trail. I pretty much lost my enthusiasm for bushwhacking back in the day, working on my 46. The trailless peaks were really pretty much trailless. There were many herd paths that often dead ended. Anyway, when bushwhacking Crane when it had a perfectly good trail, all I could think of was that this would be okay if I was helping search for a missing person, but to do this for the heck of it, was a terrible idea. Kudos to Jayne, she was special, and I will miss hiking with her.

Jeff Mans: Jayne Boudier is a remarkable person who led many adventures for the Glens Falls – Saratoga Chapter, and encouraged me to consider becoming an outings leader myself. Always at home in the wilderness, Jayne practiced her craft of Adirondack bushwhacking by scouting and visiting less traveled and often ignored routes and destinations that escape attention by aspiring 46ers or peak-baggers. Our reward for Jayne's boundless enthusiasm, patience, guidance, and immersion therapy of all journeys Adirondack was to commune, delight and breathe in the forests, streams, ponds, waterfalls, flora, fauna and wildlife that abound in our home lands. Much like Flora, Fauna and Merryweather from Disney's *Sleeping Beauty*, Jayne was a force of good to be reckoned with, in the nicest way, whether: counting-off 100 Pink Lady Slippers in two minutes on Pharaoh Mountain; scampering up Hoffman Notch Brook for the first time; chasing waterfalls and finding ourselves off-course and navigating back through the woods, only to discover a cedar tree that had been struck by lightning and left to stand completely hollowed and charred black on the inside; snowshoeing up Hoffman Mountain and playing in the deep snow; climbing up along the cliffs of Hayes Mountain with peregrine falcons nearby, and finding many black bear footprints on top in the wet spring snow, freshly awoken from winter's hibernation; laughing at how to pronounce "Spuytenduivel" Brook on our way to Barton High Cliffs; finding an interesting approach to Schroon's Peaked Hills; discerning old logging roads not quite reclaimed but practically invisible to the uninitiated on our bushwhack back from Bailey Hill; scampering up Wyman's cliffs; or scouting a new adventure.



On occasion, we would venture on the less-traveled trails to reach places like Blake from the Pinnacle Ridge, or Yard and Big Slide from South Meadows, where, unsurprisingly, we saw no one all day! While many today enjoy the luxury of GPS navigation, Jayne was skilled with a map and compass. As anyone knows who is familiar with such navigation methods in the wilderness, it sometimes results in field errors since it is not always spot-on during a bushwhack that can lead you to cross streams and climb hills that do not appear on any map. As Jayne understood, it was to be expected sometimes, and nothing that your map and compass could not solve, even if your intended destination was an alternative reality. Much like Esther McComb, who became lost while trying to climb Whiteface Mountain from the north, and made the first recorded ascent of the mountain that bears her name, it can also be said that Jayne was in it "For the Sheer Joy of Climbing." Those who know Jayne are also fortunate to have experienced and shared that joy with her, and I am thankful for that experience, and to consider Jayne my friend and mentor.

Reg Prouty: I first met Jayne in the mid 90s when she and Jean Holcomb led many a hike together as co-leaders. I immediately took a liking to Jayne, as she was a really amiable, down-to-earth leader. She always led a hike for the enjoyment of what you could see along the way, not how fast you could get to the top of the mountain or the destination, which could often be a nice pond. Jayne took hundreds of pictures and often hung back behind the group, as she might have seen a flower, lichen, or fungus she wanted to save to her low resolution camera she picked up at garage sales. I always thought of Jayne as the "sister" I never had.

One of the most memorable hikes was with Rich Crammond up the stream to a mountain called Bullhead Mountain. When we reached the foot of the mountain, Jayne, being the bushwhacker she was noted to be, decided to bushwhack up the mountain, which had no trail to the top. Rich and I decided to wait at the base of Bullhead and enjoy our lunch. Jayne was gone over an hour and we got concerned. Jayne always know how to navigate off-trail using compass bearings such as 2 o'clock instead of 045°. Rich asked me to play a tune on my pocket trumpet so Jayne could definitely follow the trumpet sound back to where we were. Within 10 or 15 minutes, we began to see Jayne coming back down. She was not lost, but just enjoying the scenery as usual.

You can see how much Jayne's activity in ADK has been treasured by so many people. We will continue to take Jayne on our hikes as we would all like to return the favor.

Wayne Richter: I first met Jayne on a "hike" she co-led with Bill Carpenter to MacNaughton in October 2008 on what was likely my first hike with the chapter. Fairly new to Adirondacks hiking, I was the only non-46er in a large group. We took the trail towards Duck Hole, left the trail at a stream and sometimes followed a herd path and more often bushwhacked—sometimes over serious blowdown—as Jayne pretty much unerringly led us up and down. Again in 2017, I was on a hike to MacNaughton that Jayne co-led with Nick Ringleberg. Whatever herd path had been present in 2008 had substantially vanished, but Jayne and Nick got us up and down. For those who know Dave "Ocho" White, this trip was the birth of the nickname, as we frequently counted off in the dense vegetation to make sure none of our group of about a dozen got lost.

I've been on a few other hikes or bushwhacks with Jayne and enjoyed her company every time. I found Jayne both extremely knowledgeable and willing to teach and share in a low key but effective way. One of the pleasures I learned on a winter hike to Street and Nye was to snowshoe down deep snow to the side of the trail when the woods were open enough (and to make sure that some of your companions were on the trail so you didn't get lost!).

Nick Ringleberg: I first met my friend Jayne Boudier (before I was an ADK member) when I was looking for a winter hike and saw she was leading one of her bushwhacks to a favorite of hers: Erebus. This was my first hike with her, but by then she had been leading hikes for the Glens Falls – Saratoga Chapter for at least 10 years. Tim Ward and I followed her lead through a couple feet of wet snow on a glorious sunny late winter day. Jayne is a great hiker, bushwhacker, photographer, and poet. I always loved her pictures and hike writeups. Here is a selection from that first hike description:

Erebus 4/13/2013:

...we did a short, steep bushwhack
up to the ridge,
and got a steady icy shower
the rest of the way up,
as frosted pine tops
we had admired from Vista Trail
melted on us.



Her vibrant prose still brings memories of that first hike back like it was yesterday! From that day onward, Jayne and I hiked a lot together, but my favorites were the bushwhacks, and she always wrote the reviews. If we were leading a strong group, we would share the lead, but with stragglers, Jayne liked to pull sweep. And on the return trail in the winter she would often run a parallel trail 50 feet to the side of us, occasionally stopping to cool her sore knees in a snow bank.

My favorite hike with Jayne was in September 2017 when we were reconnoitering the trails around Boreas Ponds, checking for the best routes to North River Mountain and Cheney Cobble. We biked in 3 miles from the parking lot to Boreas Ponds, then proceeded for another 3 miles up the east side where we found an old logging road heading north. I had some old maps showing a trail that connected with the Elk Lake Marcy Trail but had never seen it signed as a branch when hiking to Panther Gorge. We decided to follow it for the 3 miles sketched out. That old road turned shortly to a rutted cut through mature forest, and finally into an extending, narrow, 50 foot wide prairie of high grasses and wild flowers. We were surrounded by a fairy land of flowers and dancing bees and butterflies. Jayne was in her photographer's heaven. Shortly afterwards we came across what the old maps had labeled Panarama Bluff with a soaring Marcy vista! And within a hundred yards we stumbled upon the Marcy Elk Lake Trail. We retraced our steps back and then continued our circumnavigation of Boreas Ponds of about 20 miles total. Although the path we followed was enthralling, it was anticlimactic to the perfection we had spied earlier that day. We eventually incorporated part of the scouting trip into bushwhacks of North River Mountain and Cheney Cobble.

North River Mountain 10/7/17:
...Blowdown taller than us,
new growth growing through it,
a desolate area
that looked like it had been bombed...
Kept going.
Climbed into a down cloud
and out the other side.
The summit was there -
abrupt, tiny and steep -
and we were very happy to be there!

We had tried Cheney Cobble from the north the previous year, but by following part of the NRM route succeeded.

Cheney Cobble, 10/6/18:
Cheney's Citadel spied our approach,
from the South this time
(OH, not YOU again!),
and let us up!
...Totally socked in
so not able to get that "awe inspiring view".
I guess we will have to go back again
to get the "view",
now that we know the way.

We never did get there. My knees were bothering me and I stopped leading shortly after in 2019. Then covid really slowed us all down.

I have three of the hundreds of photos from Jayne's hiking albums that we hiked with her and she shared with us. Jayne often combined side by side photos to make artistic panoramas. One of them made thusly is the one I call "Panorama of Marcy from Panarama Bluff." (below top) The second is "On MacNaughton towards Algonquin ." (below, left) The one of the flower is "Bumblebee Heaven." (below right)



Jen Shepherd: When I first started hiking, my main goal was to hike Marcy to prove that I could do it. I wasn't fast or super experienced but Jean Holcomb let me sign up for her outing one fine March day. Little did I know until the day of the hike, but Jean asked Jayne to come along and be the tail. It was mostly to keep an eye on me. I didn't know Jayne well but, like most of the leader legends, her reputation preceded her. I knew she preferred bushwhacks to populated trails, but she came on this hike.

The hike occurred the March after Irene swept through, so we had to begin our trek from the Loj road by the Van Hoevenberg Trail. I believe this added an extra two miles to our day. The group was at capacity and after the first few miles of walking, I never saw anyone else until the summit except for Jayne. It was slow and steady on a gorgeous snow pack. We donned our snowshoes for the final approach to the summit and kept them on for the remainder of the day.

Marcy was my tenth high peak and this was my first time on snowshoes. The weather on the summit was clear blue skies, a slight breeze, and sunshine—unseasonably warm and calm for the summit at this time of year. I remember feeling ecstatic to be on the hike, and to have made it the whole way up and back. Jayne stayed with me the entire day. She was encouraging and full of knowledge to impart of all kinds. I never felt like I was being too slow or holding the group up too much. In all the photos from the day, it's all smiles. I did have to see a chiropractor the next day, as it was a long and rough choice to break myself into snowshoes, but it was worth it.

From that hike on, I'd sign up for the occasional Jayne hike if I felt like an off-trail adventure to somewhere not many others venture to. I'd always go on Rich Crammond hikes that I knew Jayne would be on because I always knew I'd have a great time between the two of them. And believe me, we didn't always make it to the intended destination, or it would take us way longer to get there because we liked to detour, but I appreciated those hikes so much for so many reasons. Jayne was an inspiration to me from the start. So much so that I eventually started leading my own trips and tried to utilize her guidance, stories, and advice I'd gained on prior trips with her.

It's been some years since I've hiked with Jayne but I did run into her a couple years back on Hadley Mountain. I was leading my Halloween hike and it was a bit snowy higher up. It was so nice chatting with her while we hiked after such a long time. I tried to revisit the story of our first hike up Marcy. She indicated that her memory wasn't what it once was and that she didn't make it out into the woods as much as she liked. I was sad to hear it. Jayne is a true Adirondack woods woman and I'm happy I got to have some experiences with her early on in my hiking career. I'm not sure how far I'd have gone otherwise.

Neil Van Dorsten: The reason Jayne lingered in the woods is because the outdoors was really her home. She never tired of the marvels of nature. She may now be off the trail, but she will always be part of the secrets of the wild. A bushwhacker extraordinaire, who took everything in stride! We will miss her, and her outdoor woman approach to life!



Chapter Chair Report ~ Brian Coville



My friend Megan McLaughlin recently left her position at ADK as Member Services Manager after about five (5) years. She did a great job and consistently went above and beyond. I wanted to take this opportunity to publicly thank her for everything she has done for ADK and congratulate her on her new job. I can only hope that the next Member Services Manager is as patient and diplomatic when declining my repeat offers to feature my dogs in the next ADK calendar.

It's probably a safe bet that the High Peaks will be crowded again this summer so please keep the fire towers and local hikes in mind as you plan trips. The St. Regis Mountain fire tower is my favorites and so far I haven't experienced any difficulties parking at the trailhead. I somehow keep forgetting about the parking registration system at the Adirondack Mountain Reserve; please keep that in mind when planning your hikes this summer.

We are continuing the Buck Mountain Trailhead Steward Program this year. Thank you to Jim Schneider and all the other volunteers for their worthwhile efforts last summer and for their continued efforts this year. I won't be able to participate this year, but it was a great experience last summer.

There are plenty of ways to volunteer and meet new people with similar interests through the Chapter so please feel free to attend one of the monthly Chapter meetings to learn more. The meetings are the first Wednesday of each month (except July and August) at 7pm and will be virtual meetings for most of this year.

Contact us any time: <https://www.adk-gfs.org/committee.members.php>

Local Conservation Efforts by Saratoga PLAN

May 17, 2023

7 pm, In-Person, Saratoga Springs Public Library



As a well-respected, trusted, and influential leader in Saratoga County, Saratoga PLAN [Preserving Land and Nature] has facilitated the conservation of more than 7,000 acres of land and over 200 miles of trails. In 2023, as they embark on their 20th year, PLAN has big plans to increase the pace of conservation and make a more significant impact within our community. *Anna Gomez Domenech, Communications Manager at PLAN* will share information about PLAN and their efforts.



SAVE THE DATE: French Alps Cycling Trip
September 20, 2023, 7 pm, Saratoga Springs Public Library
Join Don Berens through the French Alps



Moreau State Park, Photo by Jen Ferriss

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers		Committee Chairs	Committee Chairs
Chapter Chair 518-350-4117 chapterchair@adk-gfs.org	Brian Coville	Conservation Aimee Viens Rutledge 401-529-5034 conservation@adk-gfs.org Co-Chair Paul Dietershagen	Trails Tom Ellis 518-638-6139 trails@adk-gfs.org Co-Chair Jim Schneider
First Vice Chair 908-304-8357 vicechair@adk-gfs.org	Kim Brown	Education Kim Brown 908-305-8357 education@adk-gfs.org	Web site George Sammons 518-832-7437 webmaster@adk-gfs.org
2nd Vice Chair vicechair@adk-gfs.org	Vacant	Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org	Young Members Vacant ymg@adk-gfs.org
Secretary 518-798-0624 secretary@adk-gfs.org	John Caffry	Membership Vacant membership@adk-gfs.org	Fire Tower Tim Noble 518-668-3046 firetower@adk-gfs.org
Treasurer 518-793-6484 treasurer@adk-gfs.org	Steve Mackey	Newsletter Editor Jennifer Ferriss 518-290-0703 newsletter@adk-gfs.org	Annual Dinner Anne Paolano 518-798-3055 annualdinner@adk-gfs.org
Past Chapter Chair 518-668-3046 pastchair@adk-gfs.org	Kathi Nobel	Outings Wayne Richter 518-893-7895 outings@adk-gfs.org	Publicity Stephanie Graudons publicity@adk-gfs.org
Trustee Thomas Khairallah Alternate Trustee: Vacant		Programs Anne Paolano 518-798-3055 programs@adk-gfs.org	Banff Film Festival Mo Coutant banff@adk-gfs.org
Members at Large Maureen Coutant Jeff Mans Kathi Noble		Learn More: adk-gfs.org	Get social Instagram: @adkglensfallssaratoga Facebook: facebook.com/adkgfs or facebook.com/SaratogaYMG

ADK Fire Tower Challenge by Kathi Noble



Congratulations to the following hikers who completed the ADK Fire Tower Challenge

Amanda and Joshua Bond, Oxford
Deborah and Joshua Stone, Fulton
Nannie Gallup, Fredericksburg, VA
Greg, Tryntjie and Brendan Chrysler, Whitesboro

Congratulations to the following hikers who have completed the Winter Fire Tower Challenge:

Stephanie Pitzer, Clifton Park
Mark Perrin, New Hartford
Rachel Jones, Clifton Park



Vanderwhacker Fire tower by Joe Babcock

Membership Update

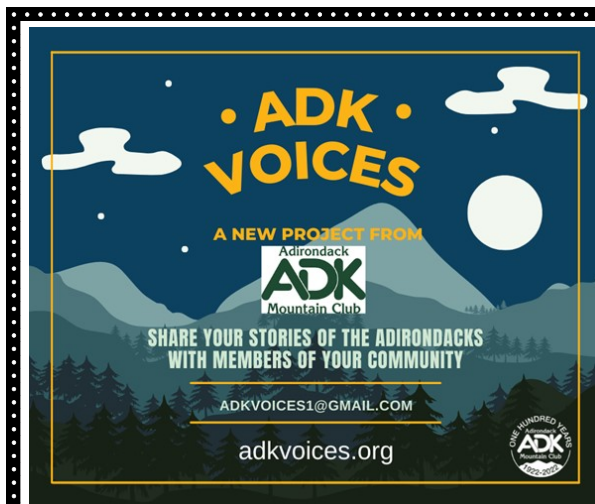
JANUARY 2023

New Members

Kristina & Daniel Albert, South Glens Falls
Annemarie Carberry, Queensbury
Rebecca Castonguay, Ballston Spa
William Causer, Halfmoon
Ethan Grandy, Ballston Spa
David & Rochelle Greenfield, Bronx, New York
Karyn & Justin Hanson, Ballston Lake
Laura & Jordan Haskins, Glens Falls
Sue Ann Neenan, Suwanee, Georgia
David Sosa, Clifton Park
Stefan & Abbie Truex, Saratoga Springs

Rejoined Members

Gerald & Carol Fogarty, Ballston Spa
Gerald Hicks & Renee Gordon, Chestertown
Heidi & Matthew Karkoski, Ticonderoga
Kimberly Labrecque, Rexford
Marcia & Dan Murphy, Middle Grove
Richard Newrot, Adirondack
Debbie Peck-Kelleher & Sean Kelleher, Schuylerville



The Adirondack Mountain Club is nothing if not for the stories of ADKers.

Visit us: adkvoices.org

Do you have a story to tell? Would you like to know more about this project? Would you like to get involved and help us collect stories? Email us: adkvoices1@gmail.com

Outings and Programs Calendar

Date	Day	Type	Destination	Leader(s)	Rating
* May 2023					
3	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
6	Sat	Bushwack	Washburn Ridge in Hoffman Notch Wilderness	Jeff Mans	A+
6	Sat	Hike	Saratoga Battlefield / Devils Hollow	Rich Crammond	C+
8	Mon	Walk/Hike	Letterbox Challenge #1- LeVine Preserve	Jessica Gottung	C-
11	Thu	Bike	Evening Bike Ride	Jen Ferriss	B+
13	Sat	Walk	Spring Bird Walk -- Pack Forest, Warrensburg	John Good	C
17	Wed	Program	Saratoga Plan trail and programs update In person at Saratoga Springs Public Library	Anne Paolano	NR
20	Sat	Hike	Crane mountain	Anthony Szmul	B
20	Sat	Hike	Fairy Ladder Falls, Fish Hawk Cliffs, Rainbow Falls and Beaver Meadow Falls	Jeff Mans	A
21	Sun	Hike	Letterbox Challenge #2- Henning Preserve	Jessica Gottung	C+
27	Sat	Bike	Brant Lakes Bike Loop	Andrew Meunier	C
* June 2023					
5	Mon	Hike	Bartonville mountain	Anthony Szmul	C
7	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
10	Sat	Bike	Brant Dirt Roads Ride	Andrew Meunier	B
12	Mon	Walk/Hike	Letterbox Challenge #3- Barkersville Trails	Jessica Gottung	C-
13	Tue	Bike	Evening Ride	Jen Ferriss	NR
19	Mon	Hike	Letterbox Challenge #4- Glowgee Creek Trail	Jessica Gottung	C+
25	Sun	Bike	Padanarum Ramble	Andrew Meunier	A
* July 2023					
2	Sun	Hike	Letterbox Challenge #5- Galway Nature Preserve	Jessica Gottung	C-
11	Tue	Bike	Evening Ride	Jen Ferriss	NR

ADK Glens Falls-Saratoga Chapter members worked together to achieve ADK's stewardship mission and goals by creating a **Buck Mountain Trail-head Stewardship Program** at the Pilot Knob Trailhead.

ADK volunteers will be at trailhead again this summer. Members will be there to help hikers have a safe and enjoyable outing while discussing Leave No Trace Principles and the basic essentials to take along for a successful 6.6 -mile round trip, 2,000' ascent to the Buck Mountain summit.

This program is supported through training and material provided by Kayla White - ADK Stewardship Manager, Rebecca Terry - NYSDEC Forester, Brandon Poulton - NYSDEC Forest Ranger and Tammara Van Ryn - Adirondack Park Invasive Plant Program Manager. We are grateful for the logistical support of the Pilot Knob Volunteer Firefighters Association.

If you are interested in learning more about this program, please send an email to: trails@adk-gfs.org.



Outings and Programs

EXECUTIVE COMMITTEE MEETING

Wed, May 3, 2023, 7:00 pm, Rating: NR

Brian Coville - 518-350-4117, Brian_Coville@Outlook.com

- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

WASHBURN RIDGE IN HOFFMAN NOTCH WILDERNESS - [Bushwhack]

Sat, May 6, 2023, 8:00 am, Rating: A+

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- We'll start at the southern end of the Hoffman Notch Trail parking lot at the end of Loch Muller Road in Schroon, and hike about a mile before we turn west into the woods to climb the southern end of the Washburn Ridge. We'll follow it north to its highest peak at about 3100' and then head east and back to the northern end of the Hoffman Notch Trail and come out at Blue Ridge Road on the northern end of the trail to a spotted car to make this a through hike of about 9 miles with an elevation gain of about 1500' times 2, given the multiple peaks along the ridge. It may be thick in sections, so bring eye protection for the bushwhack. Meet at the Loch Muller trailhead parking lot at 8 am.

SARATOGA BATTLEFIELD / DEVILS HOLLOW - [Hike]

Sat, May 6, 2023, 9:00 am, Rating: C+

Rich Crammond - 518-584-2380

- This will be an interior outing through open hardwood, brush (Eeks!), open fields, and the tour road—mud, too, almost forgot! Around two to three miles of hiking. Meeting place: South end parking lot, across from Route 32 and General Gates Headquarters Monument, Bemis Heights area (not the visitors center parking area). Some ups and downs along the way, hiker buds.

LETTERBOX CHALLENGE #1- LEVINE PRE-SERVE - [Walk/Hike]

Mon, May 8, 2023, time TBD, Rating: C-

Jessica Gottung - jgottung001@nycap.rr.com

- Enjoy a local hike, collect stamps, earn a prize! Check out Letterboxing with the Saratoga PLAN <https://saratogaplan.org/letterboxing/>. This hike is about 2.25 miles round trip and 300 feet of elevation gain. Plan on a steady pace with a couple of short breaks at the Cadman Creek and old homestead. This outing will be in the afternoon, a nice way to wrap up the weekend. Contact leader for time and meeting location.

EVENING BIKE RIDE

Thu, May 11, 2023, 5:30 pm, Rating: B+

Jen Ferriss - ferrissj@gmail.com

- Join me for a loop or two around the Saratoga National Park tour road. This is a hilly ride so expect some fast descents and some slow grinds up. Mileage is approximately 11 to 22 miles. All paces welcome. Meet in the main parking lot around 5:30, wheels in motion at 5:45. <https://www.nps.gov/thingstodo/bike-the-tour-road.htm>.

SPRING BIRD WALK -- PACK FOREST, WARRENSBURG

Sat, May 13, 2023, 8:00 am, Rating: C

John Good - 518-258-6013, wjgood3@gmail.com

- Continuing a tradition from Rich Speidel, this will be an easy morning walk of about three miles through the woods and waters of Pack Forest. There will be plenty of stops to observe migrating and resident birds along the way. We can usually count on loons on the Pack Forest Lake near the DEC camp site. Directions: From the junction of Routes 28 and 9 in Warrensburg, go right on Route 9 (north) about half a mile to the turn into Pack Forest on the left. Meet in the parking lot.

AN OVERVIEW OF CURRENT SARATOGA PLANS CURRENT PROJECTS. IN PERSON AT SARATOGA SPRINGS PUBLIC LIBRARY

Wed, May 17, 2023, 7:00 pm, Rating: NR

Anne Paolano - 518-744-6359, programs@adk-gfs.org

- Anna Gomez Domenech, Communications Manager at PLAN, will be sharing a brief overview of the organization and highlighting current projects, including efforts in the Palmertown Conservation Area. As a well-respected, trusted, and influential leader in Saratoga County, Saratoga PLAN [Preserving Land and Nature] has facilitated the conservation of more than 7,000 acres of land and over 200 miles of trails. In 2023, as they embark on their 20th year, PLAN has big plans to increase the pace of conservation and make a more significant impact within our community. Event in the Dutcher Room at the library, no need to register, just show up.

CRANE MOUNTAIN - [Hike]

Sat, May 20, 2023, 7:00 am, Rating: B

Anthony Szmul - 518-796-7921, aszmul@roadrunner.com

- I know I led this hike in December, but I figured I'd lead my favorite day hike in the spring up Crane Mountain and to the pond again, this time with a view! We will hike the loop to the summit of Crane and then head down to hog some views of the pond. It is 3.2 miles total. Depending on our winter, we may still need snowshoes or at least microspikes; we'll play that by ear. We will meet at the Exit 18 park and ride by the firehouse at 7:00am.

FAIRY LADDER FALLS, FISH HAWK CLIFFS, RAINBOW FALLS AND BEAVER MEADOW FALLS -

[Hike]

Sat, May 20, 2023, 8:30 am, Rating: A

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- We'll make a day of visiting some of the nicest waterfalls in the area starting at the AMR parking lot in St. Huberts, and follow Lake Road up towards the Colvin Trail before branching off on the trail towards Elk Pass, where we will shortly begin our bushwhack and quickly descend towards Gill Brook and then following upstream until we find Fairly Ladder Falls at 3111 feet, and what is said to be the highest major waterfall in the Adirondacks. On the return we'll take advantage of the remarkable scenery nearby on the way back, including Fish Hawk Cliffs, Rainbow Falls and Beaver Meadow Falls, that are always delightful to visit and absorb. Total roundtrip approximately 10-11 miles, with perhaps a couple thousand feet of total elevation gain. Meet up at Schroon Tops at 7:45 am, or at the AMR parking lot at 8:30 AM.

Outings and Programs

LETTERBOX CHALLENGE #2- HENNING PRE-SERVE - [Hike]

Sun, May 21, 2023, time TBD, Rating: C+
Jessica Gottung - jgottung001@nycap.rr.com
- Enjoy a local hike, collect stamps, earn a prize! Check out Letterboxing with the Saratoga PLAN <https://saratogaplan.org/letterboxing/>. This hike is about 7 miles round trip and 500 feet of elevation gain. Plan on a steady pace with a couple of nice breaks to take in the creek and grab a snack. This hike will be in the morning. Contact leader for time and meeting location.

BRANT LAKES BIKE LOOP

Sat, May 27, 2023, time TBD, Rating: C
Andrew Meunier - andrew.m.meunier@gmail.com
- This 26-mile bike ride will be a fresh take on a classic route. It will take us past Brant Lake and Schroon Lake. We'll plan on a few breaks, including a snack stop at the Adirondack General Store in Adirondack. We may also check out a short section of well-maintained dirt road. All bike types are welcome (including e-bikes!). To allow for a more cohesive and safe group, riders will need to be able to maintain a minimum 12-15 mph pace over rolling terrain. A well-maintained bike and helmet are required.

BARTONVILLE MOUNTAIN - [Hike]

Mon, Jun 5, 2023, 8:30 am, Rating: C
Anthony Szmul - 518-796-7921, aszmul@roadrunner.com
- Come join me, if you please, on a pleasant 3.6 mile walk up Bartonville Mountain in Brant Lake! It's 3.6 miles round trip and an easier, less popular hike. If it's warm enough outside, there's also the Schroon River down the road with a swimming spot I enjoy, if it pleases anyone to jump in afterwards! That's optional though! We will hog some great views of Brant Lake on the summit! We will meet at the Exit 18 park and ride, though not as early—I'm thinking 8:30am.

EXECUTIVE COMMITTEE MEETING

Wed, Jun 7, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117, Brian.Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

BRANT DIRT ROADS RIDE - [Bike]

Sat, Jun 10, 2023, time TBD, Rating: B
Andrew Meunier - andrew.m.meunier@gmail.com
- This rolling 26-mile bike ride will take us past Brant Lake and trace both sides the Schroon River. The route has 1,440 feet of climbing and about 6 miles of dirt roads. Wider tires (25 mm+) will make for more comfort, easier handling, and a smaller chance of punctures on the dirt roads. Hybrid bikes, gravel bikes, e-bikes, even mountain bikes are welcome. We'll shoot for a moderate but consistent pace that will allow us to enjoy the scenery but still out-pace the black-flies. Some experience riding on unpaved surfaces is suggested. A well-maintained bike and helmet are required.

LETTERBOX CHALLENGE #3- BARKERSVILLE TRAILS - [Walk/Hike]

Mon, Jun 12, 2023, time TBD, Rating: C-
Jessica Gottung - jgottung001@nycap.rr.com

- Enjoy a local hike, collect stamps, earn a prize! Check out Letterboxing with the Saratoga PLAN <https://saratogaplan.org/letterboxing/>. This hike is about 2.5 miles round trip and 400 feet of elevation gain. Plan on a steady pace with a short break to check out the letterbox. This hike will be in the afternoon. Contact leader for meeting time and location.

EVENING RIDE - [Bike]

Tue, Jun 13, 2023, 5:30 pm, Rating: NR
Jen Ferriss - ferrissj@gmail.com
- Join me for a loop or two around the Saratoga National Park tour road. This is a hilly ride so expect some fast descents and some slow grinds up. Mileage is approximately 11 to 22 miles. All paces welcome. Meet in the main parking lot around 5:30, wheels in motion at 5:45. <https://www.nps.gov/thingstodo/bike-the-tour-road.htm>.

LETTERBOX CHALLENGE #4- GLOWGEE CREEK TRAIL - [Hike]

Mon, Jun 19, 2023, time TBD, Rating: C+
Jessica Gottung - jgottung001@nycap.rr.com
- Enjoy a local hike, collect stamps, earn a prize! Check out Letterboxing with the Saratoga PLAN <https://saratogaplan.org/letterboxing/>. This hike is about 5.5 miles round trip and 600 feet of elevation gain. Plan on a steady pace with a short break to check out the letterbox and some water features. This hike will be in the morning. Contact leader for time and meeting location.

PADANARUM RAMBLE - [Bike]

Sun, Jun 25, 2023, time TBD, Rating: A
Andrew Meunier - andrew.m.meunier@gmail.com
- This challenging 26-mile bike ride includes several long hills and a rowdy dirt road section that is more like a trail in places. A lovely stretch of Padanarum Road skirts Amy's Park (part of the Lake George Land Conservancy) and is mostly car-free. The route has close to 2,500 feet of climbing and almost half of the route is unpaved. A well-maintained gravel bike, cyclocross bike, or mountain bike will be needed. We'll regroup after climbs, but a good base of fitness will be necessary to allow for a cohesive group. Some experience riding on unpaved surfaces is suggested. A helmet is required.

LETTERBOX CHALLENGE #5- GALWAY NATURE PRESERVE - [Hike]

Sun, Jul 2, 2023, time TBD, Rating: C-
Jessica Gottung - jgottung001@nycap.rr.com
- Enjoy a local hike, collect stamps, earn a prize! Check out Letterboxing with the Saratoga PLAN <https://saratogaplan.org/letterboxing/>. This hike is about 2.5 miles round trip and 400 feet of elevation gain. Plan on a steady pace with a short break to check out the letterbox. This hike will be in the morning. Contact leader for time and meeting location.

EVENING RIDE - [Bike]

Tue, Jul 11, 2023, 5:30 pm, Rating: NR
Jen Ferriss - ferrissj@gmail.com
- Join me for a loop or two around the Saratoga National Park tour road. This is a hilly ride so expect some fast descents and some slow grinds up. Mileage is approximately 11 to 22 miles. All paces welcome.

Trip Reviews

What's Up Saturday? Sat, Feb 11, 2023, Kim Brown

- Berry Pond via the Overlooks (Noosa's Bluff) Easy to Moderate - Approximately 5.6 miles round trip and 1,100 feet of accumulated elevation gain. We had a great turnout with a dozen participants, several of whom were new to snowshoeing, new to the area, just had new snowshoes, or just out for the first time with our chapter. On Saturday the weather gods were definitely cooperating with a start in high 20s, then into the 30's with sun and no wind. Starting at the Lake George Recreation Center parking lot, we made our way on the hard-packed ski trails with just enough snow for snowshoe use. We took the Algonquin/ 204th Way to intersect the official Blue Trail on the left about 20 minutes in where it starts the up, up. After we finally worked our way to the top of this section, we continued down to the snowmobile road / Berry Pond / overlook intersection where we split into two groups. My unofficial co-lead Don took part of the group up the steeper unbroken snow section directly to the overlooks while the rest of us ventured up the snowmobile road (a little less steep, but a bit longer) past Berry Pond to meet up with the others for lunch at the overlooks. We had a relaxing short lunch in the sun and enjoyed dessert from our cookie lady Cathy. After the short rest, we took group pictures overlooking Lake George, then headed back down the steeper way, which was now all hard packed for the way down thanks to Don and group. Thanks to Jim and Anthony who removed some dead limbs that were crossing the trail, leaving it all better than we found it! Thank you to all for a wonderful day in the woods. Participants: Jim M, George N, Marianne M, Brenda A, Cathy F, Keir and Abby N, Virginia T, Anthony B, Sarah L, Don B, Colleen F. and leader Kim Brown.

Henderson Lake and Wallface Camp/Hike Fri, Feb 24, 2023, Jeff Mans and Jim Zwynenburg

- Cancelled due to sub-zero temps not fit for man nor beasts.

Dix Mountain Sun, Mar 5, 2023, Andrew Meunier and Jen Ferriss

- An ill-timed snowstorm forced us to delay this outing by a day. New snowfall amounts of around one foot meant that we had to break trail on the long approach and our five-person party rotated through ten-minute turns at the front. We made slow but steady progress, occasionally having to stop to find the trail. We snacked at the Boquet River lean-to in preparation for the walk to the base of Dix and the start of the real climbing. At around 3,000 feet of elevation, the amount of snow increased significantly, and our progress slowed to a crawl as we broke through several feet of fresh snow on a relentless incline. It took us almost two hours to hike from the base of the first slide to the junction with the Hunters Pass trail. Having attained the ridge, we were treated to some blue skies and sun, although the wind was blowing strongly. After summiting, we found our tracks had been erased by the wind and some bushwhacking was required to find our way back to the junction. With the trail already broken, we made much better time on the way back, and our final few hours were spent hiking under a beautiful waxing gibbous moon. This outing was especially challenging, but the excellent teamwork and positive attitude of everyone in the party made it a fun and memorable winter excursion. With Kimberly Labrecque, John Acacia, Karen Provencher, Jen Ferriss, and Andrew Meunier.

Cliff/Redfield Sun, Mar 12, 2023, Doug Fish

- Another beautiful day in the Adirondacks. Joe D, Meagan B, Molly C, and Josee B joined me on this 18+ mile hike. There wasn't a cloud in the sky, the trails were pristine, and the temperatures were probably close to 40 degrees. This was an out and back via the Lake Arnold way, with lots of laughs and some butt sliding. Cliff's cliffs were very easy to navigate.

What's Up Saturday? Sat, Mar 25, 2023, Kim Brown

- The expected mixed precipitation kept a lot of folks at home today! We had a small group for our hike from the Moreau / Bonita Lake trailhead to Lake Ann, then return circling the rest of Lake Bonita and back to cars; about 4.8 miles with 625 feet of elevation gain. Some of us wore spikes and others snowshoes. We left at 8:30 am with cloud cover and no precipitation and temperatures in the low 30s. We made our way down to the Lake Ann Lean-to with a few very small stream crossings. The forest old growth in here is very beautiful. After snacks at the lean-to, we enjoyed Cathy's demonstration of (after carefully carrying!) a "Crystal Sound Bowl" so we could hear the beautiful deep sounds while in the woods. The sounds were very soothing and meditative. After we got back to Lake Bonita, it started to snow with big snow flakes which felt like the beginning of winter - not spring! We ended our day around 2:00 before snow changed to rain. Participants: Kim Brown (leader), Dave C, Cathy F, and Brenda A.



Climbing the slide, photo by Andrew Meunier

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to email may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! Please be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others’ plans. **Trips can be cancelled if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter). Exit 19 Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

Travel Information/Car Pools

Typically we encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. Currently the ADK COVID-19 protocols suggest no carpooling. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties’ fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a “dog outing” and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a “dog outing,” if the

notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. Please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don’t trust the forecast or the sky based on the start of the day. Be prepared!

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some extra planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring snowshoes and crampons. Bring lots of water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with emergency clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Ratings

Rating Effort	Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4000+	10+	10+
A	Strenuous	3000+	8-12	8-10
B+	Moderate Strenuous	2,000+	5-10	6-8
B	Moderate	1000+	5-8	5-6
C+	Fairly Easy	1000+	5-8	4-6
C	Easy	Under 1000	Under 5	Under 5

Become an Outings Leader

Ask any Chapter Leader for details. Offer to co-lead to get the experience! We’re always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chair on page 9 or more information.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT #76
SARATOGA SPRINGS, NY
12866

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.



Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*

***Reminder: Please include your
e-mail address when renewing
membership!***

