



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB



Digging Sacandaga Lake

Learn about one of the Adirondack's great engineering feats at a screening of **"Harnessing Nature: Building the Great Sacandaga"**, **Wednesday, November 14 at Crandall Public Library, 7:00 p.m.**, co-sponsored by Folklife Center at Crandall Public Library.

"Harnessing Nature" chronicles the incredible creation of the Great Sacandaga Lake, including first-hand accounts of valley residents and original documents describing this amazing feat of engineering. For the residents of the Sacandaga Valley, the loss of their homes and communities was devastating. For the residents downstream who had suffered staggering losses from years of flooding, it was long overdue. For those who live along its shores today, it is important to understand the story of the Great Sacandaga Lake. The DVD run time is 80 minutes. Jason Kemper and Saratoga County historian Lauren Roberts will both be there to answer questions and/or discuss the documentary process.

Bike Adventure: A 3,300 Mile Bike Ride Down the Continental Divide"
Wednesday, January 16, 2019 Crandall Public Library 7:00 pm

Bike Adventure: A 3,300 Mile Ride Down the Continental Divide

Join Steve Mackey as he discusses his September 2018 trip (with his daughter) over the Great Divide Mountain Bike Route. It is the longest mapped mountain bike route in the world, starting in Jasper, Alberta and ending at the Mexican Border in Antelope Wells, New Mexico. It follows the Continental Divide (as well as the Continental Divide Hiking Trail) and crosses the divide 32 times. Around 80 percent of it is on gravel roads with the remainder being single track or paved roads. Steve and his daughter averaged 50 to 60 miles per day, riding for two months, with a total of 3,335 miles logged on their bicycle odometers. Steve has quite a few stories to tell, including: getting hit by a bus/trailer/kayak, having one of their bikes stolen, getting bogged down in impassable mud, getting rained on five times in one day, having days where they saw only two or three other humans, crossing mountain passes with bear spray at the ready, and seeing some of the most beautiful, remote scenery in the country.



Chapter Chair Report ~ by Kathi Noble

Are you looking to become more involved with the Adirondack Mountain Club? Would you like to meet people with similar interests? Joining your chapter's executive committee might be for you. The chapter has several vacancies on the executive committee. Education Chair, Publicity Chair and Co-Chair for Conservation are all available. Since joining the executive committee back in 2011 as the ADK Fire Tower Challenge correspondent, I have had the pleasure of working with a great group of peers who care deeply, as I do, about the mountains and the environment where we live. This experience has helped me to have a better understanding of what needs to be done to help preserve the natural beauty of the Adirondacks and how we can all help to ensure its availability for future generations. All three of these positions are very important to the running of the chapter. You can find a description of each of these positions



on our website, adk-gfs.org. You can complete the volunteer request form on the chapter website (under Chapter Information: Forms and Guidelines), or contact me directly. If you aren't interested in being a chairperson for a committee, we'll find something else for you to be involved in!

Winter hiking season is upon us. Are you ready? Do you have the proper gear and equipment? While it's important to be prepared all year, it's particularly important in the winter due to extreme weather conditions, below freezing temperatures, and wind chill. Make sure you're ready for whatever Mother Nature throws at you. The Adirondack Mountain Club is offering a workshop on winter hiking to help you to be prepared. Go to www.adk.org/discover/skills-workshops/ to register. Also, The Winter Mountaineering School is a great place to learn the necessary skills needed for winter hiking. Go to winterschool.org to learn more. Be safe out there and have fun!

Executive Committee Officers	Committee Chairs	Committee Chairs
Chapter Chair Kathi Noble 518-668-3046 chapterchair@adk-gfs.org	Conservation 401-529-5034 Aimee Rutledge 617-953-3848 conservation@adk-gfs.org	Trails Tom Ellis 518-638-6139 trails@adk-gfs.org
First Vice Chair Maureen Coutant 518-745-7834 vicechair@adk-gfs.org	Education Vacant 518-696-7625 education@adk-gfs.org	Website George Sammons 518-743-9692 webmaster@adk-gfs.org
2nd Vice Chair Peter Benoit 518-796-4053 vicechair@adk-gfs.org	Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org	Wilderness Jim Schneider wilderness@adk-gfs.org
Secretary John Caffry 518-798-0624 secretary@adk-gfs.org	Membership Pat Desbiens 518-813-7946 membership@adk-gfs.org	Young Members Brian Coville 516-996-5086 yimg@adk-gfs.org
Treasurer Steve Mackey 518-793-6484 treasurer@adk-gfs.org	Newsletter Editor Warren Schultz 518-949-3202 newsletter@adk-gfs.org	Fire Tower Jim Schneider 518-668-3046 Kathi & Tim Noble firetower@adk-gfs.org
Directors Tammara Van Ryn Dan Kane Bill Wasilowski director@adk-gfs.org	Outings Wayne Richter 518-893-7895 outings@adk-gfs.org	Annual Dinner Anne Paolano 518-798-3055 annualdinner@adk-gfs.org
Past Chapter Chair John Caffry 518-798-0624 pastchair@adk-gfs.org	Programs Sarah King 518-798-0615 programs@adk-gfs.org	Alternate Directors Peter Benoit Maureen Coutant Laurie Williams

ADK Fire Tower Challenge ~ by Kathi Noble

Here are some quotes from some of the recent completion letters.

Debbie Gould commented, "I felt glad to be alive with so much beauty everywhere."

Chris Hughson wrote about hiking St. Regis in the winter, "One of the things I'm beginning to appreciate about this challenge is how different the mountains are and how varying conditions can really change a hike."

Pat Dawes rated Poke-O-Moonshine as most scenic, "The views from several of the fire towers were remarkable, making the effort to get there worthwhile. Poke-O-Moonshine was great with its 360-degree views. We really appreciated the map in the tower, making it easy to recognize the various mountains."

Congratulations to the following people for recently completing the Adirondack Mountain Club Fire Tower Challenge:

Bruce Conveny, Sauquoit, NY
Kari Seelman, Sauquoit, NY

Babette Furman, Greenwich NY
Jill Eaton, Greenwich, NY
Jona Favreau, Troy, NY
Brian Collupy, Port Henry, NY
Michael Saracino, Dolgeville, NY
Dave Peck, Clifton Park, NY
Pat Dawes, Clinton, NY
Jerry Dawes, Clinton, NY
Donna Blondell, Newark, NY
Caryn Baxter, Pulaski, NY
Danny Scaggs, Canton, NY
Peter Scialdone, Yorkville, NY
Beverly Roberts, Waterville, NY
Chris Hughson, Rochester, NY
Emilie Rook, Rochester, NY
Katherine Button, Mechanicville, NY
Judith Littlejohn, Elba, NY
Laura Hare, Lockport, NY
Kayleigh Geel, Plattsburgh, NY
Brian Golden, Plattsburgh, NY
Guillaume Girard, Quebec, Canada

Membership Update ~ by Pat Desbiens

July 2018

New Members

Maxwell Barton, Hudson Falls
Robin, Isabella, Mia Carusone; Jesse,
Carolyn & Jacob Bruchac, Queensbury
Christopher Wallace, Stacy, Victoria & Cristina Demeo, Saratoga Springs
David, Amanda, Irene & Charles Fava, Wilton
Danielle Guynup, Saratoga Springs
William, Khristeena, Rose & Dany Lute, Saratoga Springs
Rashna & Andrew Meunier, Glens Falls
Elizabeth, Daniel & Daniel Moretz, Lake Luzerne
Jennifer Natyzak, Saratoga Springs
Anthony Powers, Diamond Point
Jon Szemansco, Rexford
Carol Unter, Clifton Park
Kenneth Walsh, Lake George
Jeremy, Michele, Issac & Isabelle West, Lake George

Rejoined Members

Michael & Julia Cushing, Saratoga Springs
Gregory, Lesley, Aislynn, Parker & Ethan Dixon, Queensbury
Jane Kana, Queensbury

August 2018

New Members

John Coleman, Lake George
Joe May, Greenwich
Lillian McCloskery-Spost, Saratoga Springs
Laura & Phillip Mitchell, Salem
Damon Morrell, Round Lake

Rejoined Members

Barb & Cliff Brosnan, Gansevoort
Nancy, Richard, Nicholas, Rick & Zachary Citro, Glens Falls
Dieter Funicello, Saratoga Springs
Steve Mastaitis, Saratoga Springs
Thomas Penders, Queensbury
Mark Seymour, Ballston Lake
Vickie Vannier, Queensbury

Applicants Sought for Youth Camps

The Glens Falls-Saratoga Chapter of the Adirondack Mountain Club is seeking to sponsor applicants in the 11 to 17 age group for the 2019 camp season. The chapter pays the \$350 fee for selected youths to spend a week at either of DEC's environmental camps, Camp Colby near Saranac Lake or Pack Forest just above Warrensburg.

Those interested may go to the chapter home page at adk-gfs.org. On its left hand side, under the Departments heading, click on the education link to read more about these camp programs and to download applications and receive contact information.

DEC applications must be in by December 21st. Acceptance will be on a first come, first served basis and registration must be done by the chosen candidate. Send completed applications to Kathi Noble 264 Flat Rock Road Lake George, NY 12845. Call 518-668-3046 with any questions

Outings and Programs Calendar

Date	Day	Type	Destination	Leader(s)	Rating
November 2018					
3	Sat	Hike	Porter and Cascade via Blueberry Mtn.	Eric Kimmelman, & Akane Suzuki	A+
3	Sat	Hike	Treadway Mountain and Ponds, Loop Hike	Alison Laurin, & Ben St. Andrews	B+
4	Sun	Bike	Gore Mountain Ski Bowl-Mtn Bike	Steve Mackey	A
6	Tue	Hike	Tuesday Outing	Maureen Coutant	B
7	Wed	Meeting	Executive Committee Meeting	Kathi Noble	NR
10	Sat	Bushwack	TR Mountain	Nick Ringelberg	A
10	Sat	Hike	Potash Mountain	Reg Prouty	B
12	Mon	Geocache	Monthly Monday Geocache	Sarah King	NR
13	Tue	Hike	Tuesday Outing	Maureen Coutant	B-
14	Wed	Program	Screening of "Harnessing Nature- Building of the Great Sacandaga	Sarah King	NR
17	Sat	Hike	Goodnow Let's Get Great!	Joe Babcock	B
17	Sat	Hike	Moxham Mountain	Amanda Gomez	B
20	Tue	Walk	Tuesday Outing	Maureen Coutant	C
22	Thu	Hike	Turkey Trot #20 Saratoga Battlefield	Rich Crammond	C+
24	Sat	Hike	Whiteface and Esther	Andrew Meunier, & Ben St. Andrews	A
27	Tue	Hike	Tuesday Outing	Maureen Coutant	B-
December 2018					
3	Mon	Geocache	Monthly Monday Geocache	Sarah King	NR
4	Tue	Hike	Tuesday Outing	Maureen Coutant	B-
5	Wed	Meeting	Executive Committee Meeting	Kathi Noble	NR
8	Sat	Hike/Snowshoe	Hackensack Mountain	Amanda Gomez	B
8	Sat	Hike	Mt. Colden	Wayne Richter, & Mike Fuller	A+
11	Tue	Hike	Tuesday Outing -Cat Mtn	Maureen Coutant	C+
15	Sat	Hike/Snowshoe	Wilton Wildlife Park	Rich Crammond	C+
15	Sat	Hike/Snowshoe	Hopkins Mountain	Andrew Meunier, & Ben St. Andrews	B+
16	Sun	Ski	Ski Pack Forest	Bill Schwarz	B
18	Tue	Walk	Annual Cookie walk	Maureen Coutant	D/C
29	Sat	Hike/Snowshoe	Giant and Rocky Peak Ridge	Wayne Richter, & Joe Babcock	A+
January 2019					
1	Tue	Hike/Snowshoe	New Years Day Annual Hike-Buck MTN. from Hogtown	Reg Prouty, & Bob Aspholm	B
2	Wed	Meeting	Executive Committee Meeting	Kathi Noble	NR
6	Sun	Ski	Ski Wilton Preserve (ungroomed)	Bill Schwarz	B
8	Tue	Walk/Ski/ Snowshoe	ADK Outing -Saratoga skate	Maureen Coutant	NR
12	Sat	Hike/Snowshoe	Algonquin, Iroquois and Wright	Wayne Richter, & Mike Fuller	A+
12	Sat	Hike/Snowshoe	LG12ster Cat and Thomas	Amanda Gomez	B
14	Mon	Geocache	Monthly Monday Geocache	Sarah King	NR
15	Tue	Hike	Tuesday Outing- Moxham Mtn	Maureen Coutant	B-
16	Wed	Program	"Bike Adventure- A 3,300 mile Bike Ride down the Continental Divide" presented by Steve Mackey	Sarah King	NR
19	Sat	Hike/Snowshoe	Yard and Big Slide from South Meadow	Jeff Mans	A+
19	Sat	Hike/Snowshoe	Kipp Mountain	Reg Prouty	C+
22	Tue	Walk	Tuesday Outing - Harry Betar walk	Maureen Coutant	D/C
26	Sat	Hike/Snowshoe	Hudson Crossing / New Year Outing	Rich Crammond	C
27	Sun	Walk/Ski/ Snowshoe	Pyramid and Gothics	Steve Mackey	A
29	Tue	Hike/Ski	Tuesday Outing -Adirondack ski?	Maureen Coutant	B

Outings and Programs 1 of 3

PORTER AND CASCADE VIA BLUEBERRY MTN. - [Hike]

Sat, Nov 3, 2018, 5:00 am, Rating: A+
Eric Kimmelman - 518-866-8521, ejkimmelman@gmail.com
Colead: Akane Suzuki - akaneadk@gmail.com
- Let's get Porter and Cascade by the quiet way! We'll start from Marcy Field, and head up for Blueberry Mountain. After enjoying the view from its bold summit, we'll head to Porter, then Cascade. This route is more challenging and rewarding than climbing from Cascade Lake at Rt 73. Total 11 miles, 4200 ft elevation gain. We'll meet at Exit 19 at 5am. Prepare for early November conditions. Bring enough layers and microspikes!

TREADWAY MOUNTAIN AND PONDS, LOOP HIKE

Sat, Nov 3, 2018, 6:00 am, Rating: B+
Alison Laurin - adkalisongmail@gmail.com
Colead: Ben St. Andrews - benjamin.st.andrews@gmail.com
- We will go summit Treadway mountain first (900 ft elevation gain), then we'll continue the hike around a series of ponds on rolling terrain. We will get about 12 beautiful miles in for the day! Please email leader or co-leader by the Wednesday before the hike for more details and to sign up! Heavy rain will cancel.

GORE MOUNTAIN SKI BOWL-MTN BIKE

Sun, Nov 4, 2018, 9:00 am, Rating: A
Steve Mackey - 518-793-6484, smackey33@verizon.net
- I led the Ididaride Mtn Bike route this spring and it began and ended at the Gore Mountain Ski Bowl. At the end we rode some of the single track that has been created there. It was really well designed and fun so I thought I would lead a 2-3 hour (or until we get tired) trip and just ride those trails. They were designed by Steve Ovitt who is a retired Forest Ranger, and he also designed the trails at Gurney Lane, and some of the trails on the Harris Land Preserve.

TUESDAY OUTING - [Hike]

Tue, Nov 6, 2018, 7:30 am, Rating: B
Maureen Coutant - 518-708-0096, mojim@roadrunner.com
- This week I thought we'd head up to the Adirondacks and get in a hike before the snow flies. We haven't been to the Jay Range in a while, so I thought we'd head up there and hike along the open ridge for as long as possible. This ridge offers great views to Vermont on one side and the Adirondacks on the other! Call or email to sign up and get more details.

EXECUTIVE COMMITTEE MEETING

Wed, Nov 7, 2018, 7:00 pm, Rating: NR
Kathi Noble - chapterchair@adk-gfs.org
- Holden Room, Crandall Library, Glens Falls, NY.

TR MOUNTAIN - [Bushwack]

Sat, Nov 10, 2018, 6:00 am, Rating: A
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- Named for Teddy Roosevelt, this is a short fall/winter hike to #61 of the ADK 100 Highest. Morrissey suggests climbing it in the winter to get a better view. 4 miles and 1600 feet of elevation gain on the Marcy trail, then take a right and bushwhack 1/4 mile with another 400 feet gain. Views of Colden. Snowshoes and microspikes possibly needed.

POTASH MOUNTAIN - [Hike]

Sat, Nov 10, 2018, 8:30 am, Rating: B
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This is a nice, newly opened trail up a great small mountain with great views along the way and at the top. It has some moderate climbing but lots of switchbacks to ease the elevation gain. We will stop at Jungle Jim's store and deli afterwards. Total distance from the trailhead is about 3 miles.

MONTHLY MONDAY GEOCACHE

Mon, Nov 12, 2018, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- Join us on our monthly trip to find newly hidden geocaches in the

area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

TUESDAY OUTING - [Hike]

Tue, Nov 13, 2018, 9:00 am, Rating: B-
Maureen Coutant - 518-708-0096, mojim@roadrunner.com
- This week we will hike Shelving Rock Mtn. This is a fairly easy hike, since the trail was an old carriage road. So, gradual ascent on many switchbacks. From the top we can look south down Lake George or west over to Bolton. Hopefully we'll have a nice fall day to enjoy the views.

SCREENING OF "HARNESSING NATURE- THE BUILDING OF THE GREAT SACANDAGA" - [Program]

Wed, Nov 14, 2018, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- "Harnessing Nature" chronicles the incredible journey of the creation of the Great Sacandaga Lake, including first-hand accounts of valley residents and original documents describing this amazing feat of engineering. For the residents of the Sacandaga Valley, the loss of their homes and communities was devastating. For the residents downstream who had suffered staggering losses from years of flooding, it was long overdue. For those who live along its shores today, it is important to understand the story of the Great Sacandaga Lake. Joint program with Folklife Center at Crandall Public Library. DVD is 80 minutes.

GOODNOW LET'S GET GREAT! - [Hike]

Sat, Nov 17, 2018, 5:00 am, Rating: B
Joe Babcock - 518-791-9395, jababcock19@gmail.com
- We had a wonderful day on this hike last year, so I am planning a return trip to Goodnow Mountain and the Santanoni Preserve. It is a nice chance to stretch our legs on a quick hike up to the fire tower and back and then head over to the preserve and hike in 5 miles to the great camp. A great way to enjoy what the Adirondacks has to offer.

MOXHAM MOUNTAIN - [Hike]

Sat, Nov 17, 2018, time TBD, Rating: B
Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com
- A great view with some effort for the 5.5 round trip out and back hike. While we MAY need spikes/snowshoes this late in the season, this is sure to be wonderful hike. There is plenty of space to have lunch at the top while enjoying the 270 degree views. Please call me if you'd like to join.

TUESDAY OUTING - [Walk]

Tue, Nov 20, 2018, 9:30 am, Rating: C
Maureen Coutant - 518-708-0096, mojim@roadrunner.com
- This week we'll do a walk through the Skidmore Northwoods and then head downtown for lunch or a drink.

TURKEY TROT #20 SARATOGA BATTLEFIELD - [Hike]

Thu, Nov 22, 2018, 8:00 am, Rating: C+
Rich Crammond - 518-584-2380
- Let's celebrate the past 20 years of enjoyable hiking in this great park. Dress for cold and rainy weather. I'll always remember all the good hiking buds I've had while working up that old Holiday Hunger. 4 or 5 miles of hiking with little elevation change. Meet at the visitors parking lot off Route 32, Stillwater. Happy 20th Thanksgiving Turkey Trot to all.



Outings and Programs 2 of 3

WHITEFACE AND ESTHER - [Hike]

Sat, Nov 24, 2018, time TBD, Rating: A

Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com

Colead: Ben St. Andrews - 518-744-5574

or benjamin.st.andrews@gmail.com

- Put that third helping of Thanksgiving turkey to good use! This trail kicks up right from the start. Esther is most charming in the winter where lack of foliage allows for some nice views. Whiteface has spectacular views of the high peaks and environs if the weather is right. Winter conditions are possible so plenty of layers and microspikes will be needed. Carpool meeting location: Panera Bread, 820 US Route 9, Queensbury.

TUESDAY OUTING - [Hike]

Tue, Nov 27, 2018, 9:00 am, Rating: B-

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- Not sure which hike we'll do this day. End of November weather could be anything from a warm day to cold and snowing! So stay tuned and check back the weekend before or call me.

MONTHLY MONDAY GEOCACHE

Mon, Dec 3, 2018, time TBD, Rating: NR

Sarah King - 518-798-0615, scubakings@roadrunner.com

- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

TUESDAY OUTING - [Hike]

Tue, Dec 4, 2018, 9:00 am, Rating: B-

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This week we will walk into OK Slip Falls. We haven't been there this year, so we're overdue. It's 6.7 miles with a little over 1000 ft elevation. It's a bit different in that you're mostly going a little downhill to get to the falls, so it's uphill coming out. We don't go to the bottom of the waterfall but to an overlook. Call or email with questions.

EXECUTIVE COMMITTEE MEETING

Wed, Dec 5, 2018, 7:00 pm, Rating: NR

Kathi Noble - chapterchair@adk-gfs.org

- Meeting at The Wesley in Saratoga. Annual pot luck dinner.

HACKENSACK MOUNTAIN - [Hike/Snowshoe]

Sat, Dec 8, 2018, time TBD, Rating: B

Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com

- A closer hike with less elevation and views of Warrensburg. While this should require snowshoes, it'd be nice to get home early after a morning workout. This is 2.7 round trip loop that is steep in a couple spots but should be short and sweet. Please call me if you'd like to join.

MT. COLDEN - [Hike]

Sat, Dec 8, 2018, 5:00 am, Rating: A+

Wayne Richter - 518-893-7895, wrichter@nycap.rr.com

Colead: Mike Fuller - 802-254-3314 or farmallboy55@hotmail.com

- This will be a winter preparation hike. We may need snowshoes, microspikes, or maybe even crampons. We'll test out that gear, and the warm weather clothing that we haven't used in a while, and hike to a favorite peak. All contacts to Wayne.

TUESDAY OUTING -CAT MTN - [Hike]

Tue, Dec 11, 2018, 9:00 am, Rating: C+

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- We will climb Cat Mountain on the west side of Lake George just behind Bolton Landing. This mountain has a great view of the lake with not too much effort! It's less than 2 miles up the old trail and even less on the red trail. We will go up the old trail and the group will decide on the trail to descend. Approximate total distance is 4 miles. Call or email for more information.

WILTON WILDLIFE PARK - [Hike/Snowshoe]

Sat, Dec 15, 2018, 10:00 am, Rating: C+

Rich Crammond - 518-584-2380

- Let's hike around three miles in a real nice place for this holiday-time outing. We will pass by an old fire tower along the trail, part of my younger days in Luther's Forest. Meeting place: Wilton Wildlife parking lot off Route 50 and Scout Road, Wilton. Please bring snowshoes and cold weather gear. Happy Christmas holiday from Rich.

HOPKINS MOUNTAIN - [Hike/Snowshoe]

Sat, Dec 15, 2018, time TBD, Rating: B+

Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com

Colead: Ben St. Andrews - 518-744-5574

or benjamin.st.andrews@gmail.com

- This 6 mile hike rewards with views of almost half the high peaks from its wide-open summit. Winter conditions are possible so plenty of layers, microspikes, and possibly snowshoes will be needed. Carpool meeting location: Panera Bread, 820 US Route 9, Queensbury.

SKI PACK FOREST

Sun, Dec 16, 2018, 8:00 am, Rating: B

Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com

- Ungroomed-trail skiing near Warrensburg in SUNY's demonstration forest. Wide, mostly gentle trails. We'll explore the west side of the lake, and maybe circle it if time permits. Bring lunch, backcountry skis, and a sense of adventure. Rain cancels. If there's no snow, we'll hike; it's happened before.

ANNUAL COOKIE WALK

Tue, Dec 18, 2018, 10:30 am, Rating: D/C

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This is the best outing all year...if you like cookies! We hike around Moreau Lake and wind up in the warming hut where a fire is waiting for us. Then we pull out our hot beverages and everyone shares the cookies they've made (or bought). It's a great social outing. Hope you can make it!

GIANT AND ROCKY PEAK RIDGE - [Hike/Snowshoe]

Sat, Dec 29, 2018, 5:00 am, Rating: A+

Wayne Richter - 518-893-7895, wrichter@nycap.rr.com

Colead: Joe Babcock - 518-791-9395 or jababcock19@gmail.com

- Join us for a hike to a pair of great peaks on the second weekend of the winter season. We'll take the Ridge Trail from Route 73 to Giant, then go over to Rocky Peak Ridge and back. Weather permitting, we'll have great views from the summits and along the way. A good way to finish off what has been a fantastic 2018 High Peaks Hiking Year and welcome in a New Winter Hiking Season!

NEW YEARS DAY ANNUAL HIKE-BUCK MTN. FROM HOGTOWN

Tue, Jan 1, 2019, 9:00 am, Rating: B

Reg Prouty - 518-747-9736, reginaldprouty@gmail.com

Colead: Bob Aspholm - 518-683-4970

We will switch to Buck from the east this year. It is only 1130 feet of ascent this way and 4.6 miles round trip. Let's hope for a good turnout to celebrate the first day of 2019 with a visit to the Lake George area's most popular summit.

EXECUTIVE COMMITTEE MEETING

Wed, Jan 2, 2019, 7:00 pm,

Kathi Noble - chapterchair@adk-gfs.org

- Location to be determined. Probably Crandall Library Holden Room



Outings and Programs 3 of 3

SKI WILTON PRESERVE (UNGROOMED)

Sun, Jan 6, 2019, 8:00 am, Rating: B

Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com

- We may ski on the south side of Scout Road, or (my favorite) the separate Fox Tract on Rt. 50. Expect a 5-mile trip or so; we should finish in time for a late lunch. Bring backcountry skis (no beginners!), snacks, and see what our snow dance has led to. Poor snow conditions would make this a hike, as sometimes happens. Rain cancels.

ADK OUTING -SARATOGA SKATE - [Walk/Ski/Snowshoe]

Tue, Jan 8, 2019, 9:30 am, Rating: NR

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This week we will go down to Saratoga to either skate, ski, or snowshoe depending on the conditions. We'll break into groups and all meet up at the warming hut afterwards for lunch. I'll bring some marshmallows!

ALGONQUIN, IROQUOIS AND WRIGHT - [Hike/Snowshoe]

Sat, Jan 12, 2019, 5:00 am, Rating: A+

Wayne Richter - 518-893-7895, wrichter@nycap.rr.com

Colead: Mike Fuller - 802-254-3314 or farmallboy55@hotmail.com

- Our primary goal will be Algonquin from Adirondack Loj. Conditions permitting, we will also summit Iroquois and Wright. This trip has a lot of high elevation exposure, so be prepared if it's windy. Of course, it also has spectacular views and awesome scenery. All contacts to Wayne.

LG12STER CAT AND THOMAS - [Hike/Snowshoe]

Sat, Jan 12, 2019, time TBD, Rating: B

Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com

- Join me as we hike two of the Lake George 12ster for winter credit. We will hit Thomas then onto Cat. Cat has a great 270 degree view of Lake George. Proper winter attire required. Please contact me by phone for gear list and carpool info.

MONTHLY MONDAY GEOCACHE

Mon, Jan 14, 2019, time TBD, Rating: NR

Sarah King - 518-798-0615, scubakings@roadrunner.com

- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

TUESDAY OUTING- MOXHAM MTN - [Hike]

Tue, Jan 15, 2019, 9:00 am, Rating: B-

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This week we will hike/snowshoe Moxham Mountain depending on the conditions. It's 5.5 miles with 1400+ elevation change. We will take our time, but keep moving to stay warm! Call or email for more information.

"BIKE ADVENTURE- A 3,300 MILE BIKE RIDE DOWN THE CONTINENTAL DIVIDE" PRESENTED BY STEVE MACKKEY [Program]

Wed, Jan 16, 2019, 7:00 pm.

Sarah King - 518-798-0615, scubakings@roadrunner.com

- This program will be held at Crandall Public Library in Glens Falls.

YARD AND BIG SLIDE FROM SOUTH MEADOW - [Hike/Snowshoe]

Sat, Jan 19, 2019, 7:00 am, Rating: A+

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- Yard and Big Slide from South Meadow along the Klondike Trail. About 14 miles round-trip.

KIPP MOUNTAIN - [Hike/Snowshoe]

Sat, Jan 19, 2019, 9:00 am, Rating: C+

Reg Prouty - 518-747-9736, reginaldprouty@gmail.com

- Kipp Mountain - part of the Chestertown Challenge - involves a short

1.9 mile round trip but affords great views of Loon Lake. If the group wants, some or all could add Meade and Beckman Mountains for an additional 2.1 miles.

TUESDAY OUTING - HARRY BETAR WALK

Tue, Jan 22, 2019, 10:00 am, Rating: D/C

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This will be a flat walk along the Hudson River along the Harry Betar walkway in South Glens Falls and along the bluff walk just above. Afterwards, we'll head over to a coffee shop in Glens Falls.

HUDSON CROSSING / NEW YEAR OUTING - [Hike/Snowshoe]

Sat, Jan 26, 2019, 9:00 am, Rating: C

Rich Crammond - 518-584-2380

- Just a neat little outing by the Hudson River. Around two miles of hiking or snowshoeing up to Eagle Point and back to the Schuylerville Lock 5 area. Bring warm clothes, and rain gear also. Meeting place: Hudson Crossing dead end parking lot north of Lock 5, Schuylerville. Happy and safe outings for 2019 from Rich.

PYRAMID AND GOTHICS - [Walk/Ski/Snowshoe]

Sun, Jan 27, 2019, 6:00 am, Rating: A

Steve Mackey - 518-793-6484, smackey33@verizon.net

- I've led this several of the past few winters. It is my favorite winter hike. We will cross country ski down the Ausable Road and then switch to snowshoes for the climb. The ski in is gently uphill, so the real fun is on the way out. The upper part of Pyramid is very steep. It is not scary, but it is hard. The winter views from both Pyramid and Gothics are spectacular. Every year I get a few people that want to go, and they don't ski. You are welcome to come; we will wait for you on the way out.

TUESDAY OUTING -ADIRONDACK SKI? - [Hike/Ski]

Tue, Jan 29, 2019, 8:30 am, Rating: B

Maureen Coutant - 518-708-0096, mojim@roadrunner.com

- This trip will depend on the weather. I'd like to do a ski along the Ausable Club road or maybe on the Jack Rabbit Trail near Lake Placid. But if the conditions aren't conducive for that, I'll try to do a short hike instead. Stay tuned.

Need Snowshoes? Rent them from ADK

Snowshoes can be picked up at ADK Member Services in Lake George. Call 668-4447 for reservations and hours.

We have:

- ♦ **Two pair of men's MSR Denali snowshoes**
- ♦ **Two pair of women's Tubbs' snowshoes,**
- ♦ **Two pair of Children's Tubbs' snowshoes.**

Cost to members:

\$10/weekday

\$15/weekend

Non-Members:

\$13/weekday \$18/weekend

Trip Reviews 1 of 3

Rooster Comb and Snow Mountain Sat, Aug 4, 2018, Andrew Meunier

- Some mixed forecasts kept our group relatively small but we had a dry start to the day and were treated to closeup views of a blue heron minutes into our hike. The walk up Rooster Comb was steep in places and the humidity was very high. But breezier conditions and sunny skies awaited us at the top where we spent plenty of time taking in excellent views of the Great Range and Keene Valley. An unusual number of dragonflies darted among the summit scrub and a few (somewhat dehydrated) blueberries were sampled. A descent and short walk brought us to Snow Mountain where we enjoyed more views and watched as fast-moving clouds and distant rain showers continuously transformed our views of Giant and Noonmark. An always pleasant stop at Martha's Ice Cream on the way home capped off a rewarding hike. Participants: Jolie Navatka, Wayne Richter, Amanda Gomez, Benjamin St. Andrews, Andrew Meunier.

Trailless Dixes Sat, Aug 11, 2018, Wayne Richter

- We had a fine day for our hike: Although skies were generally cloudy, we had some patches of sun, the air was quite a bit clearer than it has been on the many hazy days this summer, and the rain held off to only a brief shower about an hour before we finished. We also had pleasant temperatures and something approaching reasonable humidity - a welcome change from much of the past few weeks. We were lucky enough to be able to park in the summer lot and overall saw surprisingly few people for what was a pretty nice day. The Macomb slide was a new experience for about half the group, and I think all enjoyed the experience. We spent some time on the summit enjoying the view, then continued on to climb South Dix, pausing again on one of the open spaces near the top to enjoy the scenery. After a stop at the overlook just past the nondescript summit of South Dix, we went on to Grace. We had more time on this summit. While a couple among us napped, most of the group went around to the back side where we found some blueberries (most not that great - it seems to be a tough year for them) and greeted a couple of people who had come up the slide. After lunch, we headed back to South Dix. A few, under Jef's able leadership, headed back on the south branch of the Lilian Brook herd path while the rest of us went on to Hough before returning on the north branch of the Lilian Brook herd path. Participants: Nicole Durocher Beaulne, Paul Durbin, Erica Halbrook, Michael Letzring, Elizabeth McLanahan, Jef Martin, Rashna Meunier, Wayne Richter, Erin Roberts, Mark Seymour.

Street and Nye High Peaks Sat, Aug 18, 2018, Alison Laurin and Ben St. Andrews

- We had a great hike up Street and Nye, with a little warmup first; those there know what I'm talking about! The day never got wet from above and actually turned out to be pretty pleasant! We sloshed through lots of mud in the middle of the trails and were saddened by the ever-widening herd paths in spots on this trailless peak. We ended up with a small group as the rain in the forecast caused several last-minute cancellations! Attendees included Marlene Killian, David Bennett, Anne Mania, Karen Provencher, Ben St. Andrews and Alison Laurin.

Hour Pond Moose Watch! Sat, Aug 18, 2018, Rich Crammond

- What a great day for hiking in the Adirondacks. No bugs, cool weather, and son Rich to hike with. We saw many, many red efts on the trail and one very nice Hour Pond with a lean-to to ourselves for lunch. It rained lightly but no downpours. A good outing for this summer day. Didn't get no better.

Participants: Rich Crammond. Richard Elvis Crammond.

Tuesday Outing - Paddle Tue, Aug 21, 2018, Maureen Coutant

- This week we paddled the Spier Falls section of the Hudson River. A mixed forecast must have kept people away, but it turned out to be a very calm, peaceful, and perfect evening paddle. There were only 4 of us on the hike, so we got to get caught up on what we'd all been doing over the summer. The cardinal flower and a yellow flower were blooming and reflecting in the water which added to the beauty of this always pretty area. Participants: Mo Coutant, Mary Knutson, Licia Mackey, Kay Mence.

Young Member Backpacking -- Seward Range Sat, Aug 25, 2018, Amanda Gomez and Jason Waters

- We started out as a backpacking trip into a fun filled day trip. Threats of thunderstorms had our group re-evaluate and we decided to do all four peaks of the Seward Range in one day. We headed in and went up Calkins Brook Trail. Donaldson was the first peak we summited, then heading over to Emmons. From there we headed back past Donaldson and over to Seward. After descending Seward we headed out to finish our day on Seymour. Seymour was rather a muddy day for some of us! Participation: Jason Waters, Amanda Gomez (trip leaders), Jill Moretto, Nikki Rogers.

Colden from East Slide with trip to Lake Colden and Avalanche Pass to Boot. Sat, Aug 25, 2018, Joe Babcock

- This was a good challenge for me as a leader, hiking up a different route to a familiar summit. We had a great day for the hike and were lucky to get spots in the Loj parking lot. We all gathered at the trail head and hiked in to Marcy Dam. It was nice getting to know the new hikers along the way, as well as starting conversations with other hikers heading up the Lake Arnold Trail. Before long, we were at the junction for the main trail to Mount Colden. JP volunteered to take two of the hikers up the main trail to the summit while the rest of us continued down to find our way up the slide from the east. We found the spot that was pointed out to me last winter on a hike to Gray, Skylight and Marcy. It was not long before we were winding our way up the slide and enjoying the expanding views of the other peaks to the east of us. It looks like there are a couple of slides to hike up, but I chose to follow the slide that gave us a clear path and less bush-whacking. We made our way up what at first looked like a very steep climb. It turned out to be climbable and we eventually made our way to the main trail near the summit. We enjoyed lunch on the summit and then made our way down the trail to Lake Colden. The hike out through Avalanche Pass was as awesome as usual, but some beavers have made the water level rise in Avalanche Lake and the beach area to the north was under water. We all enjoyed the hike back out to the trailhead. It was a great day on the trails. Participants: Jen Ferriss, Karen Provencher, JP Martin, Mike Badagliacca, Marianne Badagliacca, Erin Roberts, Renee Shields, Kim Brown, Kimberly Labrecque, Jim Zwynenburg, Anne Mania, David Bennett and Joe Babcock.

Cascade Peak Sat, Aug 25, 2018, Reg Prouty

- Only one caller named Beau signed up so we did it anyway as an unofficial hike. At the trail-head, the 46ers had an educational presentation for those who didn't know how to leave no trace. Since I didn't have a recording device on me I promised them that at the return to their table I would give them an encore of the tribute to Grace Hudowalski on my pocket trumpet as I do on all my hikes.

Trip Reviews 2 of 3

Wakely Mountain Fire Tower Sun, Aug 26, 2018, Jayne Boudier
- Forecast: 8am rain. We got an early soaking from the hardwoods - bombarded with big drops from their overloaded leaves. Higher up we escaped into the softwoods, and thickening fog. Fortunately the ranger's cabin had a dry porch - with an amusing bench that had to be sat on carefully. The tower was foggy beautiful, the cab shrouded, with 360 degree views of the closest treetops. Great day! Great group! Participants: Bob Aspholm, Jayne Boudier, Christine Holle, and Debbie Hummel.

Tuesday Outing - Paddle Tue, Sep 4, 2018, Maureen Coutant
- This was a hot day at the beginning of September, so we went for a paddle on the east side of Lake George where we could go swimming! We put in at the end of Shelving Rock Road and paddled south to the bay below Log Bay. The wind was coming out of the north, so we decided to head back into the wind and pulled into Log Bay Island. There we got out and had lunch and tried to light candles on some scones we brought to celebrate Licia's birthday. The light breeze spoiled that plan, but it was the thought that counts! Happy birthday Lic! Then we swam a little bit and reluctantly had to head home. Great day out! Participants: Mo Coutant, Jim Gedney, Bill Glendening, Julie Leonelli, Margie Litwin, Licia Mackey, Kay Mence, Liz Mulshine, John Schneider, Alison Zoske.

Allen Sat, Sep 8, 2018, Wayne Richter
- After what was surely an unusually warm start to September, fall blew in on a strong Canadian cold front, giving us starting temperatures in the upper 40s, and not much higher throughout the day. Our 6:30 arrival at the parking lot found us among the later starters for Allen, but we did not find much crowding on trail. We had a mix of sun and clouds throughout the day, and not too much mud. We picked our way carefully up the notorious red algae along Allen Brook, and had lunch on the summit with splendid views to the north. It was a first ascent of Allen for Kimberly, Rashna and Scott. We got down without any real damage from the usual slips, and finished well before dark. Participants: Joe Babcock, Jen Ferris, Kimberly Labrecque, J.P Martin, Andrew Meunier, Rashna Meunier, Wayne Richter, Scott Springer.

Noonmark and Round Sat, Sep 15, 2018, Benjamin St. Andrews
- A spectacular day! With the fog rolling off on the drive up in the morning, our small group of 5 was able to quickly scramble up the rocky and rewarding Noonmark. After taking a small snooze up at the top and getting our fill of the 360 degree views, we made the decent down to Old Dix Trail and around, then began our ascent to Round. We were rewarded with a seldom used path up Round and had second lunch-sies at the top. We were able to peek off the cliffs coming down back towards the Ausable Club and topped the day off with a well earned ice cream! Participants: Mark Rye, Wayne Richter, David Bennett, Alison Laurin, Benjamin St. Andrews.

Pinnacle Ridge and Blake Peak from Elk Lake-Marcy Trail Sat, Sep 15, 2018, Jeff Mans and Jayne Boudier
- After squeezing into the parking lot, we began our journey on the Elk Lake-Marcy trail and soon crossed Elk Lake outlet on a suspension bridge, and then onto a forest road for several miles with little effort. As the morning passed, unseasonable humidity made its presence known, while the clouds and rain were held in abeyance, eventually giving way for an afternoon filled with some mixed clouds and sunshine. Leaving the Elk Lake-Marcy Trail at the junction of the Pinnacle Ridge trail, we turned north on this lesser travelled route and began

our ascent in earnest towards Pinnacle Peak, Pinnacle Ridge and Blake Peak. We were rewarded with inspiring views of Elk Lake and the Dix Range to the east, and Marcy, Haystack, Basin, Saddleback, Gothics, Pyramid, Sawteeth and the Ausable lakes to the west, at various lookout points along the way, including 72 steps, more or less. From our vantage point, there was no doubt how Pyramid got its name. After several rather steep climbs and descents, we reached the fourth Blake, or so it seemed, by the time we arrived at Blake Peak and met a continual flow of hikers coming over Colvin from the north. Maybe not as exciting as the meeting of the transcontinental railroad, but for a moment it felt like being there. Since there were no available cable cars or heliports, we returned the nine miles from whence we came. A challenging and rewarding hike on the longest possible route to Blake with a great group. Participants: Erin Roberts, Mike Badagliacca, Maryanne Mullany, Eric Kimmelman, Akane Suzuki, Jeff Mans and Jayne Boudier co-leading, and the one-and-only Jim Z. Thanks to everyone for helping out, teaching me a thing or two, and having a great day!

Monthly Monday Geocache Mon, Sep 17, 2018, Sarah King
- We had a great day hiking and finding some amazingly creative geocaches at Thacher Park and Thompson Lake State Parks. After a bit of detouring due to a closed road within Thacher, we dropped a car at the Ryan Road parking and then drove to the Carrick Road parking. This area is so cool with the limestone pavement and the many fissures that are common in the escarpment of the Helderbergs. We were anticipating some very creative hides here and we weren't disappointed! Mo took several videos of us attempting to reach the caches and photos of several homemade birdhouses which contained the logs. After we finished at Thacher, we drove over to Thompson lake where we enjoyed lunch at a covered picnic table and the very clean bathrooms nearby at the campground. We continued our day by finding several more caches and were on our way home by 3pm to beat the Northway traffic. As always, a great time out with some fun folks. Participants: Sarah King, Mo Coutant, Licia Mackey, Diane Demetriou, Todd Earl, Gwen Bizol and Jo Pedersen.

Tuesday Outing - Paddle Tue, Sep 18, 2018, Maureen Coutant
- This week we did our annual picnic dinner on the rocks just below the bridge between Hadley and Lake Luzerne. We put in at the boat launch on East River Road and paddled upstream against the current and a light breeze. I always forget how long a paddle it is. A few participants were probably wondering what they'd gotten themselves into...especially when we had to paddle past where the Sacandaga River dumps into the Hudson. That was a real challenge, but the rocks were just beyond. We made it and got out to enjoy our dinner and shared some items with the group. Great time as always. Took us half the time to paddle back, which was good since we were losing daylight quickly! Participants: Mo Coutant, Paul Dietershagen, Jim Gedney, Kay Mence, Liz Mulshine, Jim Ralston, Dave Roeger, Lynne Silverberg.

Young Member Backpacking -- Cranberry 50 Fri, Sep 21, 2018, Amanda Gomez and Jason Waters
- We started our trip by hiking in 18.5 miles the first night to set up camp right next to Cranberry Lake. We all took a swim in the lake and ate dinner before the wind and rain picked up. It was comfortable sleeping weather while the lake splashed next to our campsite. The second day we did the same mileage and set up at Cowhorn Pond. We all watched the amazing Adirondack sunset colors above the lake and enjoyed dinner next to the campfire. It was in the low 50s the

Trip Reviews 3 of 3

second night with the nearly full moon illuminating the mist covered pond through the trees. We covered 15.5 miles for our last day and took a pit stop at High Falls to enjoy the beautiful blue bird day we were having. While enjoying a celebratory beer in the parking lot after our finish a husband and wife trail workers walked past us. The guy asked us what chapter we were from and as he walked away he stated his name was Neil Woodworth! What a pleasure to say hello to him! On the way home between Tupper and Long Lakes a moose was spotted roadside only to duck back into the woods as we drove past. What a fabulous trip with excellent company! Participants: Jason Waters, Amanda Gomez (trip leaders), Sarah Gutenmann, Jim Zwynenburg, David Trestick, Ashlyn Miranda, Collette Levinstein, Michael Popp.

Big Slide and Yard Mountain Sat, Sep 22, 2018, Joe Babcock

- Yet another great day in The Park! We met up at Panera parking lot to car pool and headed up to The Garden to start the day. We met up with Mike Fuller on the road up (the lot was full as expected). We met up with the rest of the hiking crew at the lot and started off to Big Slide. All was going well for the first mile or so, when suddenly two new hikers headed back down the trail looking for a third friend in the group. Somehow they made it past my best sweeping defenses and headed back to the lot. Wayne and JP headed off in pursuit like a couple of border collies to round them up, They did a fine job (I consider JP more of a Saint Bernard type, though). Eventually we were back on the trail and had an enjoyable time making our way up to a crowded Big Slide summit. We enjoyed our lunch while visiting with everyone and enjoying the great views. After a good break, we headed off to Yard where we had a quick lesson of Yoga on Yard led by Tania. We then made our way down to Johns Brook Lodge where we enjoyed sitting on the porch for a bit before heading back to the trailhead. Participants: Jen Farriss, JP Martin, Mark Seymour, Dave White, Kimberly Lebrecque, Mark Swanson, Marjan Zahedi, Heidi Daneshgar, Tania Ahiuwalia, Maria Baiulescu, Wayne Richter, Mike Fuller and Joe Babcock.

Indian Head and Fish-hawk Cliffs Sat, Sep 22, 2018, Reg Prouty

- After being lucky enough to get the very last parking spot at the Ausable Club for one of our two cars, we parked the other car .7 mile east at an overflow parking area. After visiting Rainbow Falls we discovered that due to heavy rains the night before the falls was as terrific as I'd ever seen it any time of year. Then on to Indian Head we went to relax for lunch and pictures and a tribute on the trumpet to Grace Hudowalski. The steep descent to Fishhawk Cliffs was adventurous as usual but the obvious shape of the Indian Head from these cliffs was worth it. The flumes along Gill Brook were very good, again due to earlier heavy rains. 9 hikers: Reg Prouty, Anita Morzillo, Lynn Mayack, Cathy Gilcrest, Karen Briggs, Laura Fiske, Franciska Galerui, Rob Furlong, Ray Boucher.

Marshall, Marshall, Marshall! Da Plane! Da Plane! Sat, Sep 29, 2018, Joe Babcock and Ben St. Andrews

- This is a hike I have been on many times. It was not until my 3rd trip that I actually was rewarded with views from the top. This year's hike started out with some cloudy conditions, but I was hopeful that things would clear up. We ended up with a group that included first timers. The weather improved quickly and we were treated to partly sunny skies on our way to the summit. With the recent rains, the streams and brooks along the trails were flowing well. There was plenty of mud to enjoy as well. We did get great views from the summit and we enjoyed our lunches before we packed up and headed to the plane

crash site. The damp, muddy trail down was challenging in spots, but we made it to the familiar rock that provides a great view of Wallface, in no time. We were soon down to the junction with the Cold Brook Trail and on to the plane. The group enjoyed seeing the site, took some pictures and enjoyed a snack before we headed on down to Lake Colden. We did have a small amount of misting rain while on the trail down, but it did not last and we enjoyed more sunshine at the lake. After another relaxing break, we headed back out to the Upper Works trailhead. It was a good day in the park. Participants: David Bennett, Cherie Bellamy, Ben St. Andrews, JP Martin, Chip Kilduff, Donna Ruppel, Alix Shepard, Sue Jordan, Wayne Richter and Joe Babcock. By the way, Cortlands Rock!

The Wolfjaws and Armstrong Sat, Sep 29, 2018, Andrew Meunier

- The weather was cool but pleasant and the trees had just started to take on their fall colors. The summit views from Armstrong included a soaring bald eagle. Relatively high water meant Beaver Meadow Falls were particularly picturesque. This hike had representation from Finger Lakes and Laurentian ADK Chapters. Participants: Rebecca Kleinman, Ashley Oxenford, Karen Provencher, Diane Beckwith, Rashna Meunier, Andrew Meunier.

Walk around 13th Lake Sun, Sep 30, 2018, Bill Schwarz

- Four experienced hikers joined the leader for this excursion on a nice fall day. We kept a decent pace and had time for a stop in North Creek to check the ongoing mosaic-wall project. This trip combined parts of the Peaked Rock, Hour Pond, and Puffer Pond trails. A side trip to Elizabeth Point provided a great lunch setting after an aromatic walk through the hemlock stand on the Siamese Ponds trail. Participants: Joanne Armstrong, Beau Bessen, Cathy Corrigan, Gabi Hughes, Bill Schwarz.

Rent a Bear Proof Canister

Black bears are still active –and hungry – well into November. If you are planning a fall camping trip, make sure you are prepared by renting a bear proof canister. These bear-proof canisters are required in the Central High Peaks Zone and are essential to use on any backcountry overnight adventure to any back-packing or canoe camping destination. Backpackers' Cache (Garcia Manufacturing) and Bear Keg (Counter Assault) are the only two bear resistant food containers approved for use in the Central High Peaks Zone. The Backpackers' Cache is 8.8" dia. X 12" long, and weight 2.7 lbs. It is designed to slip into your backpack.

Call Jim Schneider 518-421-4975 to reserve your canister rental:

1-3 nights \$5.00

4-7 nights \$10.00

Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 • From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER** Road. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (LEFT) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center
 131 Lawrence Street, Saratoga Springs,
 NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STRET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library
 Corner of Glen and South Streets
 Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters: EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library: Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to

T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• **From Route 9 and Route 50**
 Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

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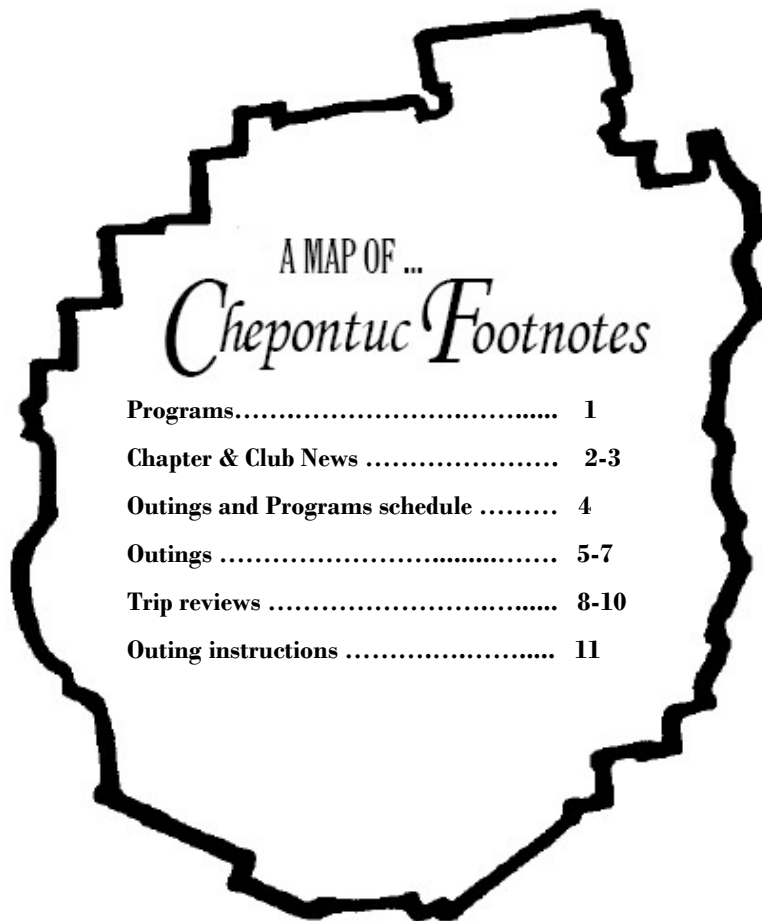


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



**Reminder: Please include your e-mail
address when renewing membership!**