



Chepontuc Footnotes

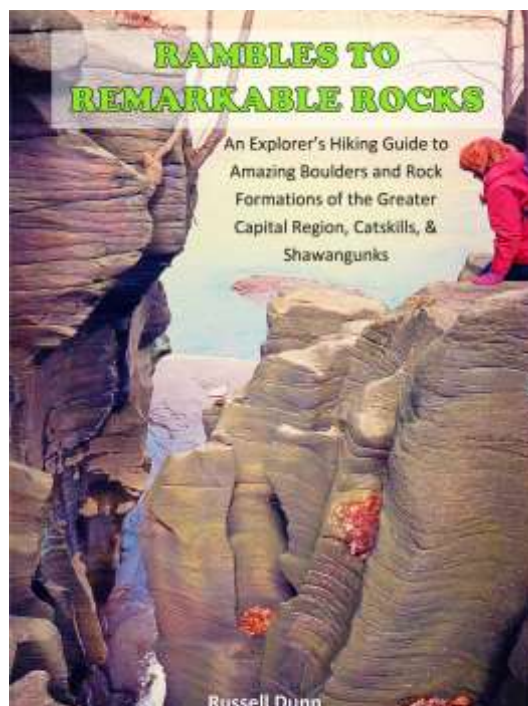
chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Rambles to Remarkable Rocks- An Explorer's Hiking Guide to Amazing Boulders and Rock Formations

with Russell Dunn

Tuesday, September 24, 7:00 pm
Saratoga Springs Public Library



Join Russell Dunn, a former New York State licensed hiking guide, as he shares wonderful hiking destinations with amazing boulders and natural rock formations.

Dunn is the author of nine regional waterfall guidebooks, four regional paddling guidebooks, eight regional hiking guidebooks, and eleven 3D photobooks of stereographic images.

CHEPONTUC FOOTNOTES WILL "GO GREEN" - or at least GREENER by 2020!



Two more issues to go! The last printed issue and general mailing of *Chepontuc Footnotes* will be the **Nov. 2019 – Jan. 2020** issue.

Please know that as long as you inform us that you wish to continue to receive *Chepontuc Footnotes* via the postal service, you will continue to do so.

Consider leaving less of a trace on our environment, leave a few more trees standing and make the money spent on the production and mailing of the newsletter available to support the activities we appreciate, like hiking, paddling, trail maintenance and the many conservation efforts that are being undertaken by ADK.

See page 4 for the form you can send in to continue to receive the print version.

Chapter Chair Report ~ by Kathi Noble



I finally decided to stop at the new welcome center on the Northway between exits 17 and 18 just to see what it was all about. I only live about 14 miles north from there so there isn't usually any reason to stop. There's a brand new sign on the Northway advertising the new boat wash station with a bright green-lighted letters stating that it was open. This is a great idea to hopefully get people to stop, wash their boats and get educated on how to prevent invasive species. In the 15 minutes I was there one boat went through the wash. It'll be interesting to see the statistics at the end of the season. I was there on the Saturday afternoon of Memorial Day weekend and the parking lot was fairly full. Several families were eating at the picnic tables and some children were playing soccer. There's a great spot to relieve your dogs and of course clean up after them. There are electric car charging stations and a playground that was quite busy.

Adirondack chairs are available to relax in and there is a swing made out of an old ski lift. Outside the building are several well-made signs with a map of the Adirondack Park on two of them. One sign listed several attractions including Adirondack Experience, Fort Ticonderoga and Great Camp Sagamore. Inside was very spacious with more seating, a fireplace and clean restrooms. There's a section for people to purchase local foods from vending machines. I wasn't hungry so I didn't get anything but it all looked delicious. Someone purchased the local coffee while I was there and it smelled very good. You can even get locally made soap and bug spray and of course there was ice cream available from Martha's. You can take a quiz about New York State, which I took, and I got 4/5 correct. There are a few brochures about things to do in the area, but not hundreds that you see in other places. Hiking, camping, bicycling and paddling were all mentioned but no specific information was given. For that you need to go to one of the websites mentioned or scan the barcode. Better yet stop in at the HPIC, High Peaks Information Center up at the ADK Heart Lake Property. Hope everyone has an enjoyable and active summer!

Contact us at: adk-gfs.org, facebook.com/adkgfs or facebook.com/SaratogaYMG

Executive Committee Officers	Committee Chairs	Committee Chairs
Chapter Chair Kathi Noble 518-668-3046 chapterchair@adk-gfs.org	Conservation 401-529-5034 Aimee Viens Rutledge 518-396-9579 Paul Dietershagen conservation@adk-gfs.org	Trails Tom Ellis 518-638-6139 trails@adk-gfs.org
First Vice Chair Maureen Coutant 518-745-7834 vicechair@adk-gfs.org	Education Kim Brown 908-305-8357 education@adk-gfs.org	Web site George Sammons 518-743-9692 webmaster@adk-gfs.org
2nd Vice Chair Laurie Williams 518-798-0051 vicechair@adk-gfs.org	Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org	Wilderness Jim Schneider 518-421-4975 wilderness@adk-gfs.org
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Past Chapter Chair John Caffry 518-798-0624 pastchair@adk-gfs.org	Programs Sarah King 518-798-0615 programs@adk-gfs.org	Alternate Directors Peter Benoit Maureen Coutant Laurie Williams

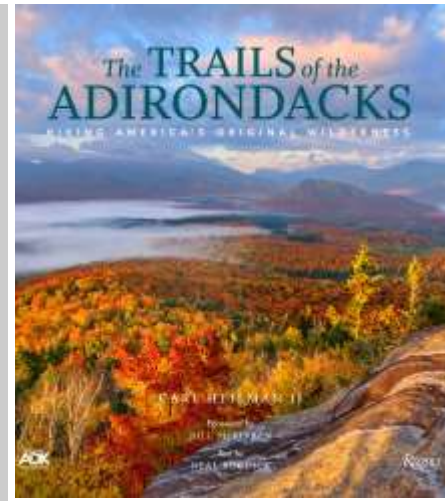
Save the Date for Our Chapter Annual Dinner

WHEN: Friday October 25th

WHERE: Great Escape Lodge, Queensbury

WHO: Featured Speaker Carl Heilman

In addition to the publication in April of Carl's new book, *The Trails of the Adirondacks*, his recent projects have included a year long shoot on Giant Mountain and Lake George. He has travelled the length of the Blue Ridge Mountains and photographed the total solar eclipse in the Smokies. Carl will present a photographic program sure to appeal to everyone.



Membership Update ~ by Pat Desbiens

NEW MEMBERS - MARCH 2019

Anna Domenech & Zach Ruland, Al Joseph, Lori, Moses & Emina Acee, Ballston Spa
Jane Allegro, Saratoga Springs
Kim & Chris Andersen, Ballston Spa
Barbara Applebaum, Saratoga Springs
The Austin-Avon Family, Glens Falls
Gregory & Catherine Billus, Queensbury
Cynthia & Stephen Bishop, Queensbury
John Bledsoe, Glens Falls
Alyson Chapman & Michael Orr, Saratoga Springs
William Deyette, Queensbury
Bethany Fletcher, Saratoga Springs
Renee Fred, Saratoga Springs
Jim & Peggy Girard, Queensbury
Ed Gravelle, Ballston Lake
Kristen Handler, Ross, Amalia & Grey Tuskey, Porter Corners
Thomas Howley, Clifton Park
Christopher Jennings, Ballston Spa
Peggy & Pat Keith, Glens Falls
Michael-Joel, Jennifer, Sean Fillson, Nora & Katie Kelleher, Moreau
Laura & David Kenyon, Saratoga Springs
Kelly, Deanna & Samantha Lozier, Ballston Lake
Sajid Mahmood, Clifton Park
William McCoy, Amherst, Massachusetts
Catherinie McGuinn, Peter, Maggie & Jane Skorney, New York, New York
Carrie McNeil, Ari, Christian & Dylan Von Duhn, Ballston Spa
Lee Ann & Lilly Ann Mertzluft, Ballston Lake
Julie Michaelson, North Branford, Connecticut
David Morgillo, Gansevoort
Brendan Murphy, Hudson Falls
Steven Myers & Jessie Albert, Mechanicville
Aaryn Reynolds, Gansevoort
Alison VanDyke & Bruce MacWatters, Ballston Spa
John & Kelly Waechter, Saratoga Springs
Peter Wechgelaer, Stony Creek

REJOINED MEMBERS - MARCH 2019

Caryn Coughtry & Amanda Schramm, Mechanicville
Elizabeth Craft, Ballston Lake
Larry Eaton, Scotia
Justin Ermiger, Glens Falls
Cathy Firman, Greenwich
Eric Freeman, Frisco, Texas
Philip Griffith, Lecanto, Florida
Carol N. Gundersen, Saratoga Springs
Julia Hacker, Lake Luzerne
Aaren, Chris & Rewan Harris, Greenfield Center
Richard Hernandez, Eagle Bridge
Deborah & Gary Karl, Adirondack
Terje & Urliki Kuusk, Lake George
Andrew & Alexandra LaRosa, Gansevoort
Kelly B. & Frank L. Marshall, Mechanicville
Justin Page, Ballston Spa
Mike & Mikayla Pinto, Glens Falls
Robert, Laura, Aidan & Ella Ryan, Clifton Park
Michael Seeley, Queensbury
Mark Sissons, Queensbury
Cheryl Springer, Ballston Spa
Peggy Straight, Clifton Park
Ryan Surprenant, Middle Grove
Robert & Cathy Voudry, Queensbury
Greg & Sallie Way, Galway
Heather Webb, San Francisco, California
Marie Yurenda, Lake Luzerne

NEW MEMBERS - APRIL, 2018

Evan Allen, Gansevoort, New York
Jon Beaulac, Saratoga Springs
William & Nicholas Bombardier, Warrensburg
Eric Brayman, Hudson Falls
Rebecca & Frank Connard, Saratoga Springs
Kelsey Crosby, Queensbury
Robert D'Andrea, Schuylerville
Thomas & Mary Kinslow, Chestertown
Beverly Lavick, Ballston Lake
Lynne McCrann, Queensbury
Kelly McKeighan, Salem
Veronica McLeod & Jayden Pardick, Corinth
Margaret Morehouse, Clifton Park
Eric Stefanik, Saratoga Springs
Laura Unkauf, Granville

Memberships continued on the next page

Membership Updates continued

REJOINED MEMBERS - APRIL 2018

Carrie Agne, Granville
Louis Allen, Saratoga Springs
Mauree, Russell & Paden Clements, Waterford
Seth & Jessica Cohen, New York, New York
James C. Eccles, Saratoga Springs
Barbara Floryshak, Malta
James, Adam & Abby Hansen, Ballston Lake
Harry & Ann Hartman, Saratoga Springs
Thomas Hickey, Hasbrouck Heights, New Jersey
Sharon Hillis, Cropseyville
Marianne Hines, Saranac Lake
Elizabeth & Robert Hogan, Glens Falls
Michael Homenick, Queensbury
Roman Jarosh, Queensbury
Nathan June, Hudson Falls
Brian Keech, Glens Falls
Michael Lair, Gloversville
Amy Reinink Bravo, Steve & Henry Bravo & Chase
Holt, Saratoga Springs
Janice Reissig, Newark, Delaware
William Richardson, Leander, Texas
Patricia Stephens, Corinth
Peter & Sandra Van Garderen, Glens Falls
Marlene Hurley, Glens Falls
Kelly Kolnick, Ballston Spa
Alexandra Kuntz, Annapolis, Maryland
John Kwasnowski, Johnsonville
Penny Sheedy, Argyle
James Simpson, Greenwich
William, Jessica, Allison, Colin & Woods & Ashley
MacKenzie, Ballston Lake
Joseph, Laura & Charlotte Zarba, Wintrop,
Massachusetts

CHEPONTUC FOOTNOTES WILL "GO GREEN" - or at least GREENER in 2020!

I wish to continue to receive a printed copy of
Chepontuc Footnotes.

Your
name: _____

Address: _____

Your telephone number **and** e-mail address in case
we need to contact you:

Phone : _____

Email: _____

Return to: Membership
 Glens Falls/Saratoga Chapter ADK
 P.O. Box 2314
 Glens Falls, New York 12801

Conservation Update by Paul Dietershagen

Close Encounters of the TICKY kind

I sit here with an itching sensation on the inside of my leg wondering if the first bite I got this year is flaring up again. Took me by surprise, freshly mowed lawn, quick walk down to the garden during one of the few moments of sunshine. You can't be careless around these critters or they will get you, and if they get you, you need to pay attention. In my case, cellulitis, a skin infection that can get nasty if not treated. Ten days of doxycycline (antibiotic) and it cleared up.

Ticks were a prime topic at the recent ADK Conservation Committee meeting. Neil Woodworth is deep into this subject both technically and politically (funding for research was removed from the state budget). He has co-authored with Cathy Pedler a comprehensive article on the tick problem in the current issue (May-June) of Adirondack magazine. It's a worthwhile read. As for me, I now have a pair of socks treated with permethrin and have not had any more ticks since. You pay a premium for these and other treated clothing, but it is worth the investment. There is also a permethrin insect repellent spray for clothing that is effective. Prevention is always the best way. May we all have many happy, tick-free trails.

Don't forget to check out our website at www.adk-gfs.org for up to date outings and events, membership information, fire tower information, program details, photo gallery from trips, and links to other outdoor information.

Outings and Programs Calendar July - September 2019

Date	Day	Type	Destination	Leader(s)	Rating
July 2019					
2	Tue	Sunset Hike	YM Sunset Hike- Sleeping Beauty	Megan McLaughlin	C
6	Sat	Hike	Dix and Noonmark	Andrew Meunier, Patrick Reilly	A+
9	Tue	Bike	Camp Santanoni Bike/Paddle	Maureen Coutant	B-
11	Thu	Camp/Hike	Elk Lake-Marcy trail to Panther Gorge, Haystack, Marcy, Skylight - 3 days & 2 nights	Jeff Mans	A++
13	Sat	Camp/Hike	Seward Range (overnight)	Andrew Meunier, Ben St. Andrews	A+
13	Sat	Hike	Cliff and Redfield Hike	Joe Babcock, Jim Zwynenburg	A+
13	Sat	Hike	Phelps Peak	Reg Prouty	A
13	Sat	Hike	Montcalm POINT Hike and Swim	Neal Van Dorsten	B-
13	Sat	Hike	Rabbit Pond, North Creek Reservoir	Rich Crammond	B-
16	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
16	Tue	Sunset Hike	YM Sunset Hike-Cat Mt.	Megan McLaughlin	C
20	Sat	Hike	Gray Peak and Mt. Skylight	Benjamin St. Andrews, Andrew Meunier	A+
20	Sat	Hike	Debar Mountain	Amanda Gomez	B+
27	Sat	Bike	ADK Ididaride!	Sunday Conine	NR
27	Sat	Bushwack	T Lake Falls	Nick Ringelberg, Jayne Boudier	A
28	Sun	Hike	YM Hike & Swim- Peaked Mt.	Megan McLaughlin	B
30	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
30	Tue	Sunset Hike	YM Sunset Hike- Hackensack	Megan McLaughlin	C-
August 2019					
3	Sat	Hike	Whiteface from Lake Placid	Wayne Richter	A+
6	Tue	Sunset Hike	YM Sunset Hike- Pinnacle	Megan McLaughlin	C-
10	Sat	Bike	Mountain Bike at Gore Mtn Ski Bowl	Steve Mackey	A
10	Sat	Hike	Dix Mountain from Elk Lake via the Hunter's Pass Trail	Joe Babcock	A
11	Sun	Hike	YM Hike & Swim- Lake George	Megan McLaughlin	C
13	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
17	Sat	Hike	Moxham Mountain	Rich Crammond	B
20	Tue	Sunset Hike	YM Sunset Hike- Moreau Lake State Park	Megan McLaughlin	C-
24	Sat	Hike	The Santanonis	Wayne Richter	A+
24	Sat	Hike	Crehore Garnet Mine	Nick Ringelberg	B
27	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
September 2019					
7	Sat	Bushwack	Cheney Cobble	Nick Ringelberg	A+
10	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
14	Sat	Hike	Hike to Gothics via the Orebed Trail	Joe Babcock, Jim Zwynenburg	A
14	Sat	Hike	Table Top Mtn. and Indian Falls	Andrew Meunier	A
16	Mon	Geocache	Monday Monthly Geocache	Sarah King	NR
17	Tue	Hike	Tuesday Outing - Hopkins	Maureen Coutant	B
21	Sat	Hike	Mt. Colden Loop from ADK Lodge	Jeff Mans	A+
24	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
28	Sat	Hike	Pokamoonshine	Reg Prouty	B-
28	Sat	Hike	Blackwell Stillwater, Hudson River	Rich Crammond	B-
29	Sun	Hike	Cascade and Stevens Ponds	Bill Schwarz	B
29	Sun	Hike	YM: Wakely Fire Tower	Megan McLaughlin	C+

Outings and Programs 1 of 4

YM SUNSET HIKE- SLEEPING BEAUTY

Tue, Jul 2, 2019, 6:30 pm, Rating: C

Megan McLaughlin - 631-365-3934, megan@adk.org

- Easy to moderate paced hike with a 2.5 mile ascent to peak. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Email megan@adk.org or check capital region young member's Facebook page for more info and to sign up. Can carpool from Lake George Outlets off Exit 20.

DIX AND NOONMARK - [Hike]

Sat, Jul 6, 2019, time TBD, Rating: A+

Andrew Meunier 518-376-2470

andrew.m.meunier@gmail.com

Colead: Patrick Reilly 518-306-6255

or patrickreilly98@yahoo.com

- This hike will take us to the top of two beautiful peaks. We'll set out early from the Ausable Club hiker's lot and will summit Noonmark on our way to Dix (we'll bypass Noonmark on the way back). We'll aim for a consistent pace so we can spend some time enjoying both excellent summits. The hike is about 14 miles round trip with plenty of climbing.

CAMP SANTANONI BIKE/PADDLE

Tue, Jul 9, 2019, 8:30 am, Rating: B-

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- I've been meaning to get back to Camp Santanoni in the summer and possibly paddle on the lake. It's 5 miles into the Camp on an unpaved narrow road, but there isn't much (< 500 feet) elevation gain. Steve Mackey suggested doing this as a bike trip, which is a great idea. That will give us time to paddle on the lake. I'm not a biker though, so I'll have to borrow a bike and I won't be racing up the road! Pack a lunch and plan for a nice day out biking, paddling, and exploring the Great Camp. Call/email as it gets closer to sign up.

ELK LAKE-MARCY TRAIL TO PANTHER GORGE, HAYSTACK, MARCY AND SKYLIGHT - 3 DAYS AND 2 NIGHTS - [Camp/Hike]

Thu, Jul 11, 2019, 9:00 am, Rating: A++

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- Two night backpacking trip. Starting Thursday morning, July 11th, from the Elk Lake parking area, we'll hike the Elk Lake-Marcy trail to Panther Gorge to set up camp for 2 nights, and return Saturday morning, July 13th. Day 1: 9.1 miles to Panther Gorge and set-up camp; Day 2: loop hike to Haystack, Marcy and Skylight; Day 3: break camp and return to Elk Lake parking area and civilization. Day 2 will be the loop hike to Haystack, Marcy, Lake Tear of the Clouds and Skylight, and involves some very steep trails, open rock and ledges. The trip requires appropriate tent, overnight equipment and supplies, including a bear-resistant canister. Rocks for Skylight's summit not required. Panther and alien encounters highly unlikely and not to be believed in any event. A good book helps at night.

SEWARD RANGE (OVERNIGHT) - [Camp/Hike]

Sat, Jul 13, 2019, time TBD, Rating: A+

Andrew Meunier - 518-376-2470,

andrew.m.meunier@gmail.com

Colead: Ben St. Andrews - 518-744-5574

or benjamin.st.andrews@gmail.com

- We'll climb all four high peaks in the Seward Range over the

course of this overnight backpacking trip. We'll start early on Saturday and pack our overnight gear in from the Coreys Road trailhead, dropping the bulk of it at the Blueberry Lean-to (home of the Adirondacks' friendliest chipmunk!). We'll then ascend Seward Mountain, Donaldson Mountain, and Mount Emmons. After retracing our steps back to camp, we'll spend Saturday night at the lean-to. On Sunday, we'll summit Seymour and hike back out to Coreys Road. This trip requires about 5 miles each day of hiking with overnight gear. Since we'll be dropping our gear, we won't have to carry that weight with us up and down the mountains. This hike will be challenging but rewarding and a nice way to visit this quieter corner of the park.

CLIFF AND REDFIELD HIKE

Sat, Jul 13, 2019, 5:00 am, Rating: A+

Joe Babcock - 518-791-9395, jababcock19@gmail.com

Colead: Jim Zwynenburg - 518-290-6804

or jim@testplastic.com

- This is a great hike, but can be a long day in the park. The views from these peaks can be great on a clear day; we will hope for clear skies. Hope you can join us for a tough, but worthwhile, day on the trails. Meeting is at the Panera Bread parking lot, off Exit 19 of the Northway, at 5 am. We will head to the Upper Works trailhead to start our hike through Flowed Lands and on up the trail to Uphill Lean-to. From there we can hike the two peaks with plans for a break on Redfield for a quick lunch while enjoying the views. Hope you can join us for a fun day on the trails.

PHELPS PEAK - [Hike]

Sat, Jul 13, 2019, 7:00 am, Rating: A

Reg Prouty - 518-747-9736, reginaldprouty@gmail.com

- We will start at South Meadow Lane and hike to the Klondike Lean-to and take the back way up Phelps Peak. This is much easier than the grossly eroded main trail from Marcy Dam. Round trip is 6 miles with some gradual climbing.

MONTCALM POINT HIKE AND SWIM

Sat, Jul 13, 2019, 9:00 am, Rating: B-

Neal Van Dorsten - 518-644-7034, Nealvan@aol.com

- We will hike along beautiful Lake George from Clay Meadows to Montcalm Point. Then we will take a swim and be transported back by boat. Allow 4 hours; some up and down but mostly level. Stunning Hike!

RABBIT POND, NORTH CREEK RESERVOIR - [Hike]

Sat, Jul 13, 2019, 9:00 am, Rating: B-

Rich Crammond - 518-584-2380

- We will hike up to Rabbit Pond, then on to the reservoir, and back to the trailhead along Route 28. Approximately 3 to 4 miles round trip with about 1,100 feet of elevation change. Meet at Tops Market, Main Street, North Creek, at 9:00 am, then carpool to the trailhead. See you there, hiking buds.

TUESDAY OUTING - PADDLE

Tue, Jul 16, 2019, 5:30 pm, Rating: NR

Maureen Coutant - 518-708-0096,

MOJIM@ROADRUNNER.COM

- This week we will do an evening paddle on the Hudson River somewhere. Probably in the Spiers Falls area or SGF to listen to the music as we paddle back...if there's music again this year. Check the website the weekend before for details.

Outings and Programs 2 of 4

YM SUNSET HIKE-CAT MT.

Tue, Jul 16, 2019, 7:00 pm, Rating: C

Megan McLaughlin - 631-365-3934, megan@adk.org

- Easy to moderate paced hike with a 1.9 mile ascent to the peak. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Email megan@adk.org or check capital region young member's Facebook page for more info and to sign up.

GRAY PEAK AND MT. SKYLIGHT - [Hike]

Sat, Jul 20, 2019, 6:00 am, Rating: A+

Benjamin St. Andrews -

518-744-5574, benjamin.st.andrews@gmail.com

Colead: Andrew Meunier

- We will cross the outlet of the highest lake in the state, the beautiful Lake Tear of the Clouds, the start of the mighty Hudson River, and begin our ascent up to the "trailless" Gray Peak. Once we reach the Four Corners intersection, we'll hang a right to climb up to Skylight. Hopefully, we will be rewarded with some of the most beautiful views in the Adirondacks! The legend has it that if a climber forgets to carry a rock from the treeline to place on the summit cairn, it will surely rain. However, as it's just a legend, and ADK does not want us carrying rocks up, this is an old tradition we won't "carry" on (<https://www.adk.org/skylight-does-not-want-your-rocks/>). Please email a leader by the Thursday before the hike to sign up and get more information.

DEBAR MOUNTAIN - [Hike]

Sat, Jul 20, 2019, time TBD, Rating: B+

Amanda Gomez - 518-526-8932,

hurricanes706@yahoo.com

- Debar is a 4.7 mile trail about 20 miles south of Malone. A very nice trail that is walkable, then becoming very steep towards the summit. Nice views are atop, and weather permitting we'll have lunch and bask in the sun on the summit. I'm betting a head net and bug spray are a must. Please call me for gear list and carpool info.

ADK IDIDARIDE! - [Bike]

Sat, Jul 27, 2019, 8:00 am, Rating: NR

Sunday Conine - 518-668-4447, Sunday@adk.org

- You are invited! Come join the fun at ididaride! on Saturday, July 27, at the Ski Bowl Pavilion in North Creek, NY. All chapters and ADK members and their families are invited to participate, volunteer, and cheer on riders, as well as purchase a mile marker sign on behalf of your business, yourself, or your chapter. The 14th annual event has grown to become ADK's largest fundraiser and provides needed funds to sustain the programs you enjoy and protect the lands you love. Please plan to join us! Details:adk.org/ididaride.

T LAKE FALLS - [Bushwhack]

Sat, Jul 27, 2019, 6:00 am, Rating: A

Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com

Colead: Jayne Boudier

- The highest falls in the Adirondacks, near Piseco Lake, T-Lake Falls tumbles down a rounded rocky escarpment. Barbara McMartin places the height at a conservative 350 feet, but many sources measure the falls as high as 600 feet. Either measurement makes T-Lake Falls the highest in the Adirondacks. This will be a through hike from Piseco Lake. We

will spot cars. Five miles trail and bushwhack to the top of the falls, then drop down to the delightful pool for swimming at the base. Hiking out is 6 miles combination bushwhack and trail on the South Branch Trail along Canada Creek. Panera Bread at 6 am and trailhead at Piseco Lake at 8 am. Eleven miles, 1,700 feet elevation change.

YM HIKE & SWIM- PEAKED MT.

Sun, Jul 28, 2019, time TBD, Rating: B

Megan McLaughlin - 631-365-3934, megan@adk.org

- We will start with an easy to moderate paced 8 mile round trip hike up Peaked Mt. Most of the trail is easy/gradual, starting along the lake and ending with a steep last half mile. We'll then reward ourselves with a swim in Thirteenth Lake on the way down. Adorable dogs welcome. We'll be car pooling from Lake George or further south; email megan@adk.org for more details and to sign up.

TUESDAY OUTING - PADDLE

Tue, Jul 30, 2019, 8:30 am, Rating: NR

Maureen Coutant - 518-745-7834, mojom@roadrunner.com

- This week we will travel a bit further to an Adirondack Lake to paddle. I'm open to suggestions...send me your suggestion and I'll make a decision by the weekend before.

YM SUNSET HIKE- HACKENSACK

Tue, Jul 30, 2019, 7:00 pm, Rating: C-

Megan McLaughlin - 631-365-3934, megan@adk.org

- Easy to moderate paced hike with a 1.3 mile ascent to peak in Warrensburg. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Email megan@adk.org or check Capital Region young member's Facebook page for more info and to sign up. Can carpool from Lake George Outlets off exit 20.

WHITEFACE FROM LAKE PLACID - [Hike]

Sat, Aug 3, 2019, 5:00 am, Rating: A+

Wayne Richter - 518-893-7895, wrichter@nycap.rr.com

- The approach to Whiteface from Lake Placid is by far the less traveled route. The summit will no doubt be busy, but we are likely to otherwise see very few people. We'll finish our ascent up the dramatic open south face of the mountain, perhaps to the disbelieving stares of all the people who drove up. What could be the best part of the hike will be the chance to swim in Lake Placid off the dock at Whiteface Landing on the way back. We'll hope for warm enough early August weather, so bring a bathing suit to change into. Round trip is 12.0 miles with 3,200 feet of elevation change.

YM SUNSET HIKE- PINNACLE

Tue, Aug 6, 2019, 7:00 pm, Rating: C-

Megan McLaughlin - 631-365-3934, megan@adk.org

- Option to meet in Bolton at 6 for swimming pre-hike. The trailhead is 5 minutes from the lake. This is an easy paced hike with a 1 mile ascent to peak. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Email megan@adk.org or check capital region young member's Facebook page for more info and to sign up.

Outings and Programs 3 of 4

MOUNTAIN BIKE AT GORE MTN SKI BOWL

Sat, Aug 10, 2019, 10:00 am, Rating: A

Steve Mackey - 518-793-6484, smackey33@verizon.net
- I led a trip here last fall. The trails are challenging but 100% rideable. They are similar to the trails at Gurney Lane, but more climbing because you are on a mountain. If you are of intermediate or above ability, this trip is for you.

DIX MOUNTAIN FROM ELK LAKE VIA THE HUNTER'S PASS TRAIL - [Hike]

Sat, Aug 10, 2019, time TBD, Rating: A

Joe Babcock - 518-791-9395, jababcock19@gmail.com
- We had this hike on the schedule a couple years ago, but thunderstorms cancelled our plans. We will be heading up the Hunters Pass trail to reach Dix and then head back down via the trail from the Beckhorn back to the trailhead. Should be a nice hike. Look forward to hiking this trail to see another place in the park. Meeting at Panera Bread parking lot at 5 AM to start a day on the trails. Hope to see you there.

YM HIKE & SWIM- LAKE GEORGE

Sun, Aug 11, 2019, time TBD, Rating: C

Megan McLaughlin - 631-365-3934, megan@adk.org
- We will start with an easy to moderate paced 3.5 mile round trip hike up Shelving Rock Mt. We'll then walk an additional rolling 1.25 miles for a swim in Log Bay, visiting Shelving Rock Falls on the way. Adorable dogs welcome. We'll be car pooling from Lake George outlets or further south; hiking and swimming areas have strict parking regulations and are sometimes full. Email megan@adk.org for more details and to sign up.

TUESDAY OUTING - PADDLE

Tue, Aug 13, 2019, 5:30 pm, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- This week we will paddle a section of the Hudson River in the Glens Falls area. Check the website the weekend before for decision on which section.

MOXHAM MOUNTAIN - [Hike]

Sat, Aug 17, 2019, 9:00 am, Rating: B

Rich Crammond - 518-584-2380
- This hike has some ups and downs, but very rewarding views from the summit (hope for clear weather). Meet at the 14th Road trailhead, Minerva, 2.4 miles from 28N highway. See you there, hiking buds.

YM SUNSET HIKE- MOREAU LAKE STATE PARK

Tue, Aug 20, 2019, 6:45 pm, Rating: C-

Megan McLaughlin - 631-365-3934, megan@adk.org
- Option to meet at the trailhead at 6 for swimming across the street in the Hudson. This is an easy to moderate paced hike 1 mile up the southern end of the Western Ridge trail to the first overlook of the Hudson River to watch the sunset. Meeting at trailhead at 6:45 pm, sunset is 7:50. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. We may stay out later if the sunset looks like a good one. Beginners and families welcome. Leader will bring adorable dog; other adorable dogs welcome. Email megan@adk.org to sign up or check capital region younger member's Facebook page for more info.

THE SANTANONIS - [Hike]

Sat, Aug 24, 2019, 5:00 am, Rating: A+

Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
- Santanoni, Couchsachraga and Panther: What could be better than the Santanoni Range on a late summer day, especially if it ever dries out and we don't have too much mud to contend with. We'll head along the trail towards Duck Hole, take the "Express" trail up to Santanoni, hike along the ridge to Times Square, descend a bunch, walk through the mud wallow (doesn't that sound inviting, though maybe it will be dry), and then climb to the top of Couchsachraga. We'll return to Times Square, pop over to Panther's wonderful open summit (actually, the true summit is through yet another mud wallow, required for first timers and optional for others), and descend by the Bradley Pond herd path. Total distance is around 14.5 miles with about 4,000 feet of elevation gain; expect a long day.

CREHORE GARNET MINE - [Hike]

Sat, Aug 24, 2019, 6:00 am, Rating: B

Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- Near Indian Lake, this is an underground pit and 90 foot tunnel, excavated in the early 1900's and recently purchased by NYS. About 4 miles round trip. Headlamps necessary for the mine and tunnel.

TUESDAY OUTING - PADDLE

Tue, Aug 27, 2019, 8:15 am, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- This week we will head over to Lens Lake in the Stony Creek area. This lake has some interesting bog plants. We'll wander around the lake and maybe head into town to find a bit to eat after.

CHENEY COBBLE - [Bushwack]

Sat, Sep 7, 2019, 5:00 am, Rating: A+

Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- #74 of the top 100 ADK peaks, we will approach via a 3 mile hike (bike ride preferable) on the road to Boreas Ponds followed by 2.5 miles of old logging road and then a 2 mile bushwhack. About 15 miles, 4 of it bushwhack; 2200 feet elevation gain. We did this last year and got fogged in, so we hope for better weather this year for the "unique and awe inspiring views" as rated by Morrissey.

TUESDAY OUTING - PADDLE

Tue, Sep 10, 2019, 9:00 am, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- Location to be determined!

HIKE TO GOTHICS VIA THE OREBED TRAIL

Sat, Sep 14, 2019, 5:00 am, Rating: A

Joe Babcock - 518-791-9395, jababcock19@gmail.com
Colead: Jim Zwynenburg - 518-290-6804 or jim@testplastic.com
- Taking a hike to Gothics on a trail I have passed by, but never taken. We will meet at the Panera Bread parking lot at 5 am and head up to the Garden or South Meadow depending on the status of the bridge repairs on the road to the Garden. The hike will be a full day either way. Looking forward to a nice day in the Park. See you down the trail.

Outings and Programs 4 of 4

TABLE TOP MTN. AND INDIAN FALLS - [Hike]

Sat, Sep 14, 2019, time TBD, Rating: A

Andrew Meunier - 518-376-2470,

andrew.m.meunier@gmail.com

- This 10 mile out and back hike will take us to the summit of Table Top Mountain (19th highest in NY). We'll also take a side trip to the picturesque Indian Falls, which offer classic views of the MacIntyre Range.

MONDAY MONTHLY GEOCACHE

Mon, Sep 16, 2019, time TBD, Rating: NR

Sarah King - 518-798-0615, scubakings@roadrunner.com

- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

TUESDAY OUTING - HOPKINS - [Hike]

Tue, Sep 17, 2019, 8:15 am, Rating: B

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- Hopkins is one of my favorite hikes and I haven't been there in a while. We'll head up there midweek to avoid the crowds. It's about 5.5 miles round trip with 2,200 feet of elevation gain. Great views of the high peaks, especially over to Sawteeth Mountain. Call or email to sign up.

MT. COLDEN LOOP FROM ADK LODGE - [Hike]

Sat, Sep 21, 2019, 7:15 am, Rating: A+

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- Mt. Colden loop via Avalanche Pass trail to Lake Colden, and returning via the Lake Arnold trail. About 14 miles and 3,800' elevation gain. Eleventh highest peak at 4,714 feet. Steep up to summit from Lake Colden along open rock ledges. Great views both ways. Meet up at Schroon Lake Tops, ADK Loj or TBD.

TUESDAY OUTING - PADDLE

Tue, Sep 24, 2019, time TBD, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- Location to be determined

POKAMOONSHINE - [Hike]

Sat, Sep 28, 2019, 8:00 am, Rating: B-

Reg Prouty - 518-747-9736, reginaldprouty@gmail.com

- Pokamoonshine is a fire tower mountain on Route 9 between Exits 32 and 33 of the Adirondack Northway, and has commanding views of both the Adirondacks and the Green Mountains of Vermont. It is short, about 2 miles round trip, but has some steep spots.

BLACKWELL STILLWATER, HUDSON RIVER - [Hike]

Sat, Sep 28, 2019, 9:00 am, Rating: B-

Rich Crammond - 518-584-2380

- Approximately 5.3 miles round trip with not much elevation change on dirt roads most of the way. We will hike to the river, then back to the parking lot. Drive Goodnow Flow Road from Route 28N, Newcomb, to Woodys Road then bear left, drive across one lane bridge over Goodnow River to DEC sign, then up Essex Chain Road to the parking lot. Look for my black Ford F-150 pickup. See you there, hiking buds.

CASCADE AND STEVENS PONDS - [Hike]

Sun, Sep 29, 2019, 8:00 am, Rating: B

Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com

- Walk to two separate ponds near Lake Durant, in Blue Mountain. 8-mile round trip, but easy going. Rain cancels.

YM: WAKELY FIRE TOWER - [Hike]

Sun, Sep 29, 2019, 8:00 am, Rating: C+

Megan McLaughlin - 631-365-3934, megan@adk.org

- Attempt two for Wakely; hopefully, no freak snowstorms will block the road this early in September. Moderately rated trail, about 6 miles round trip, with an easy 2 mile start followed by a more challenging last mile gaining more than 1,000 feet of elevation. Email megan@adk.org or text to sign up and get exact meet-up location/time.

Did you know? YM Outings: Young Member (YM) Outings are geared toward young adults in their 20s and 30s, as well as the young at heart.

Fire Tower Challenge by Kathi Noble



Congratulations to the most recent finishers of The Adirondack Mountain Club Fire Tower Challenge:

Asa Stackel Ballston Spa, NY
Alison Edwards Clifton Park, NY
Kelly Marriott Cicero, NY
Anthony Manfre Cicero, NY
Thomas Ensign Jr. Loudonville, NY
Robert Osterhoudt Clifton Park, NY
Deborah Osterhoudt Clifton Park, NY
Joe DeNoyell Amsterdam, NY
Adam Nichols Rotterdam, NY

Deb and Rob Osterhoudt wrote in their journal and included a picture of the "bear bells" they created because they heard there were bears around Pillsbury. "We were staying at camp so we had to come up with our own bells- that ended up being a few measuring spoons and cups tied to our packs! Fairly certain every bear for a mile heard us."

Tom Ensign wrote about his hike up Balsam Lake Mountain, "I was always very biased towards the Adirondacks but this mountain definitely opened my eyes to how beautiful the Catskills could be."

Trip Reviews 1 of 5

Buck Mountain-LG12ster Sat, Mar 16, 2019,

Amanda Gomez

- Wearing spikes the whole way made for a nice day and the weather did hold. It was an overcast day but you could see the lake and people ice fishing on it. The wind was maybe 30 mph at the top where we ducked into the trees to eat some lunch. Participants: Paul Burns, Amanda Gomez, Greg Grieco, Jill Eaton, Babbette Furman.

Tuesday Outing Tue, Mar 19, 2019, Maureen Coutant

- So we wound up walking along the Wilkinson Trail at the Saratoga Battlefield this week. It was in the teens overnight, which was a good thing since that firmed up the mud. We needed microspikes to get down the first hill, but after that we were able to avoid the ice we ran into a few more times on the trail. Paul did wind up losing a microspike in the mud somewhere. We hope it gets turned in and returned to him. It was a nice walk and warmed up enough to have a quick snack at the picnic tables in the sun back at the Visitors Center. A ranger answered questions about the 4th of July activities at the park. Great day out! Participants: Mo Coutant, Paul Dietershagen, Barbara Hultay, Susie Imgruth, Licia Mackey, Alison and Joe Zoske.

Outings Leaders Social Thu, Mar 21, 2019,

Wayne Richter

- About 15 people came together, including two who are interested in becoming leaders. We chatted about outings ideas, and had a short discussion about how to deal with potential difficulties, including what to do when someone needs to turn back and protection from ticks, in which we shared our collective expertise.

Tuesday Outing Tue, Mar 26, 2019, Maureen Coutant

- This was another walk with a big turnout. People either hadn't been there before...or were local experts! (There were a few in between.) Ralph and Emilie took over as our tour guides with Ralph giving us some interesting historical information and Emilie filling in with other tidbits. Thank you both for making it an interesting and informative walk. Luckily it hadn't rained recently or the trail would have been really muddy! We only ran into ice in a couple of places, but the mud was slippery too. Participants: Diane Allegro, Judy Beers, Jim Brown, Jerry & Nancy Burke, Mo Coutant, Carma Decicio, Paul Dietershagen, Dan Forbush, Bill Glendening, Emilie Gould, Mary Harrill, Barb & Dennis Hultay, Susie Imgruth, Ralph Keating, Licia & Steve Mackey, Tina Palmero, Kendra Pratt, Patti Schwenkart, Joanne Szot.

Monthly Monday Geocache Mon, Apr 1, 2019, Sarah King

- Today we visited the Winn Preserve in Altamont, NY. This is part of the Mohawk Hudson Land Conservancy and along the Helderberg escarpment. This area is full of creviced limestone bedrock or fissures and we all marveled at them while carefully stepping over them. We left Panera at 8:30am and arrived at the roadside parking area about 9:45. We met two of our group at the trailhead and started our walk around 10am. It was unseasonably cold and windy for April 1. The temp was 35 degrees but definitely felt colder with the wind. Trails were icy, so we donned microspikes, in addition to our regular winter wear. We were searching for 13 winter friendly geocaches along the trails plus one 6 stage multi cache. With multi caches, you need to find one container with the coordinates for the

next container. We only found 2 of the stages as wind and cold had us looking for a Dunkin Donuts and some hot beverages! We found all other caches as we walked the trails and got back to the parking at 1:30pm. We had a quick bite to eat in the car and then started toward home, with a stop at Dunkin on the way. As always, great time out with fun people. It really was a nice preserve and I hope to visit it again in warmer weather. Participants: Sarah King, Mo Coutant, Licia Mackey, Diane Demetriou, Steve Gray, Dorean Page, Emilie Gould.

Tuesday Outing-Black Mtn Tue, Apr 2, 2019,

Maureen Coutant

- This trip was a tale of two routes on Black Mountain. The trail up the direct route was icy and the stream was full of ice candles...little formations attached to branches along the riverbank. We needed microspikes and some of us fell (me) even with them on! We took a break on top and decided to continue on the loop which goes more along the southwest side of the mountain. This side gets more sun and most of the ice was now gone. This side also has many views of the lake as we hiked down to the ponds. From there we headed back to the dirt road and out to the parking lot. By the time we got back to the road it had warmed up enough that if you stepped off the hardpacked snow, you could sink in mud over your boot (me again!). It was a great day out even with the muddy boot! Participants: D. Black, Kim Brown, Mo Coutant, Karen Dixon, Peter Fedorick, Jim Gedney, Mary Harrill, Susie Imgruth, Margie Litwin, Steve Mackey, Joy Muller-McCoola, Karen Provencher, Jim Ralston, Jerry White.

Peaked Hills in North Hudson/Hoffman Notch Wilderness Area Sat, Apr 6, 2019, Jeff Mans and Jayne Boudier

- On an overcast day with a nagging cloud cover, we set off from the Dirgylot Hill parking area off Route 9 in Schroom Lake, and through a culvert under the Northway to the waiting forest and Peaked Hills on the eastern slopes of Hoffman and Blue Ridge Mountain. We followed an old woods road and some snowshoe tracks until we parted company and began our bushwhack in earnest. After some wandering along an unfamiliar new route, we navigated towards the northeastern slopes of South Peaked Hill and began our climb through pristine snow that accommodated our laden weight. We crossed streams and outcrops as we made our way to the relatively open and inviting summit of South Peaked Hill, where we stopped to grab a bite and admire the generally southerly views of Schroom Lake, Pharoah Mountain and Gore Mountain. Next we set our sights on East Peaked Hill, and descended down a gently sloping hill towards the col, where we found deer and coyote tracks running nearly side by side, at times in a parallel pattern, for quite a ways. Climbing a stiff rise on the southerly slope of East Peaked Hill, we reached open rock and expansive views north and west as we approached the summit. The many shades of gray clouds were animated as they moved, spiraled, danced and played among the local peaks and summits, gently moving north along the top ridge towards Hoffman and Blue Ridge. West Peaked Hill stood before us, but we decided to return another day, and descended north towards 17th Brook, and followed the drainage to the labyrinth of small hills and streams that all looked too familiar. With the aid of map and compass, we made it back to familiar territory and out to the point or place of beginning. A really enjoyable bushwhack with a great group of participants: Kim Brown, Karen Provencher, Greg Grieco, Jeff Levy and my co-lead, Jayne Boudier.

Trip Reviews 2 of 5

YM Wakely Mt Firetower Sun, Apr 7, 2019, Megan McLaughlin

- Due to our cold, snowy spring, and fear the road to Wakely would be impassable, the hike was changed to Chimney and Moxham Mountains. I am very glad we were still able to get out and enjoy the first real spring weekend. We started with Chimney and had a great hike, the trail a mix of clear spots and slush. Great views, though the sky was a little overcast. We enjoyed our lunch while driving over to Moxham. Moxham's trail still had solid snow cover but the skies had cleared and temperatures had risen to make it feel like winter was finally losing its grip; there was hope for summer. Participants: Rich Rogers, Jen Shepherd, Eric Woodruff, Davey Kelley, and Dan Kemp.

Tues Outing- Prospect by Big Hollow Tue, Apr 9, 2019, Maureen Coutant

- This week we did another loop hike. We hiked up Prospect Mountain along the Big Hollow Trail and came down the trail on the south side of the mountain to the Lake George Recreation Area. Many had not been on one or the other of the trails, which are both nicer than the main trail straight up from the village. Both of the trails that we were on are along streams for part of the time, which was particularly amazing at this time of the year when they are really flowing fast! We alternated with needing microspikes and not, and in one spot would have been well served in snowshoes when we got to an area with snow that had softened up and caused us to posthole (ugh!). Luckily that was a short section. We had a great view of Lake George and there was still some ice on the lake, which I think went out either later that day or the next day. Participants: Gwen Bizal, Kim Brown, Mo Coutant, Richard Hall, Mary Harrill, Ralph Keating, Licia & Steve Mackey, Lucy Manning, Reg Prouty, Bill Wasilewski.

Blue Ridge Mountain in North Hudson/Hoffman Notch Wilderness Area Sat, Apr 13, 2019, Jeff Mans and Jayne Boudier

- On a delightful day in the early spring, we left the Dirgylot Hill parking area towards Blue Ridge Mountain, starting on familiar ground along the route we had taken the week before headed to Peaked Hills. This time, we had better luck navigating past the old woods road and along very light hunter's trail leading to the north with some evidence of old hatchet marks on trees, and eventually hitting 17th Brook, the major drainage on the east side of Blue Ridge. The snow facing the sun had softened considerably from the week before, and our snowshoes often sank into the wet and slushy snow beneath us. We were in awe of the rushing waters and waterfalls that continued to perform and inspire as they kept us company until the toe of the north slope to East Peaked Hill. From there we descended slightly and caught our first direct views of Blue Ridge Mountain in the near distance, rising sharply. We proceeded with our bushwhack over several streams and some challenging crossings. As we starting climbing steeply up towards the summit of Blue Ridge, we were reminded of the strenuous effort required to pass through dense forest and how long it takes to cover ground, as near distances become too far to risk a night in the woods. Having enjoyed a thoroughly perfect day in ideal mid-April conditions with plenty of snow during a winter season that could not be beat, we decided to retreat and bask in the sunshine, and take the time to stop and explore some inviting

places and vistas on our return. A wonderful goodbye to a great snowshoeing season indeed, with great companions to boot: Karen Provencher and my co-lead, Jayne Boudier.

Spruce Mountain Fire Tower Sat, Apr 13, 2019, Rich Crammond

- We had a real nice hike to a fire tower with dry trail, mostly, along the way. We didn't see any wildlife, but did see lots of people with their dogs. No injuries to report, and everyone had a good time, I think. "Didn't get no better." Participants: Peter Bishop, Paul Gregg, Anthony Benson, Rich Crammond.

Tues Outing - Pharaoh Area Tue, Apr 16, 2019, Maureen Coutant

- This week we returned to the Pharaoh Lake Wilderness area. Since we'd done hikes the past couple of weeks, we did a walk into Spectacle Pond. Once again we needed microspikes in some areas! It was a beautiful walk along a stream made even more spectacular by the fast moving water at this time of year. Luckily, the spring melt and rain didn't flood any of the roads on the way there. We noticed many rivers outside their banks on the drive to the trailhead. Great trip! Participants: Mo Coutant, Todd Earl, Mary Harrill, Susie Imgruth, Licia & Steve Mackey, Kay Mence, Joy Muller-McCoola, Karen Provencher, Joan Weiler.

Bike to Rathbun's Sugar House Sat, Apr 20, 2019, Steve Mackey

- The weather was a little sketchy with possible rain and temperatures in the mid 40's. The good news is that there was no rain on the way there. The bad news is that it poured on the way back. At least if it is going to rain, that is the correct order. All you have to do is crank the heat up in the car, and put on dry clothes when you get home. We got to see some wild turkeys on the way there. The male was displaying and had his tail all spread out. The rural roads were great, with very little traffic. Jen got chased by a dog, but it wasn't too serious. The restaurant wasn't too busy, and the breakfast was great. We shortened the trip a little bit. We started and ended at the parking area for the Champlain Canal in Fort Ann. It ended up being roughly 12 miles each way. I think I will lead this again next year, and I'll start and end there again. Thanks to all the women for being tough, and not batting an eye at the ugly weather on the way back. Participants: Jen Ferriss, Karen Provencher, Steve & Licia Mackey.

The Crows, Nun Da Ga O Ridge and Hurricane Spring Hike Sat, Apr 27, 2019, Joe Babcock and Jim Zwynenburg

- The day started with rain, so we were flexible about our plans for a day of hiking. We spotted a car at the trailhead for the Crows, and headed to the parking lot on Otoole Road to start the hike by climbing Hurricane Mountain first. As we headed along the trail, the rain changed to snow. Not unexpected in late April. The snow made for a beautiful hike up the trail. We were slowed down by some high water at the stream that greets you at the junction of the trail up to Hurricane. After finding a way across, we headed up to the summit. It was quite windy and much like a winter day on top. Four of us ventured onto the tower, while two stayed back to keep warm out of the wind. It was fun climbing the tower with the wind whipping us, and chilly, but a fun time. We enjoyed the views and then headed back down the trail. When we got back to the main trail

Trip Reviews 3 of 5

again we were flexible and decided to skip the Soda Range, since we would not have great viewing on this day. We headed back to the parking lot and five of us headed over the Crows, while Jen, who was hiking while illin', took the car back to the starting point for the Crows. While on the trail I could tell I misremembered the trail up to the Crows junction: much steeper than my memory recalled. It was a good hike and we actually were able to catch some views with the weather clearing, and even saw some sunshine! On the way off of Little Crow, we made the decision to head down the red trail. It has some nice views and I enjoyed the alternate option. All in all a great day on the trails. Participating on this day: Jim, Zwynenburg, Kim Brown, Kimberly Labrecque, Karen Provencher, Jen Ferriss and Joe Babcock.

Tues Outing - Fire Tower Hike Tue, Apr 30, 2019, Maureen Coutant

- This was supposed to be a Catskill Fire Tower hike, but I think there was still snow on Hunter. Plus, I wanted to help with our chapter trail work which was scheduled for Saturday, but also go to see the documentary starring our Heather Mackey (long time ADKer and 46er at 11 years) that same day. So instead, I changed the trip to a trail work scouting mission. Then Tom Ellis (our Trail Chairperson) joined us and we made it an actual workday. Karen and I made water bars in as many spots as we could to try to divert the stream running down the trail near the beginning of the Deer Leap Trail. We were having so much fun, but had to pull ourselves away to try to catch up with the others. Licia, Kay, Tom and Steve cut and cleared all the trees along the ridge. We all met up and had lunch at the lean-to. We all had a great time and we noticed the water bars were making some difference on the way out. Participants: Mo Coutant, Tom Ellis, Licia & Steve Mackey, Kay Mence, Karen Provencher.

Five Mile Mt Tongue Mt Range Wild Flower Hike Sun, May 5, 2019, Jean Holcomb

- Hola! My Cinco de Mayo wildflower hike was a resounding success due mostly to PERFECT weather. Just hit the sweet spot of not too cold, not too hot, with very few bugs. I came home with no bug bites, which says it all. Wild flowers were somewhat scarce down low, a few heptica, yellow violets and red trillium, but at altitude there was an explosion of blooming trailing arbutus such as I have never seen, literally carpets. Unfortunately they were not giving out their scent but so beautiful! Also saw frog egg sacks, a hermit thrush and heard the ovenbird and blue-headed vireo. Just a great time! Participants: Jean Holcomb, Jayne Boudier, Cathy Fleming, Lois Leonard, Margie Litwin, Nafsika Stavis.

YM Owl's Head Firetower Hike Sun, May 5, 2019, Megan McLaughlin

- This was my first hike of the year that felt like spring had truly arrived. We had a good group and perfect weather. There was no snow in sight and minimal mud. The worst was a large puddle had formed at the trail junction. On our way down, some of the group chatted with a forest ranger putting up new signage there. Our way down was noticeably more colorful than the way up as the sun had encouraged the masses of yellow trout lilies to bloom and a few trillium too. Participants: Megan McLaughlin, Rich Rogers, Emily Litwin, Isaiah Shaw, Eric Woodruff, Jennifer Shepherd, Jennifer Natyzak, Beau Bessen, Dave Kelley, Ava Mueller & Selena Sun.

ADK HQ workday Sun, May 5, 2019, Maureen Coutant

- Thank you! Thank you! Thank you! It's amazing how much a few people can get done in a morning. We got the screens on the windows, gardens & gutters cleaned out, picnic table out, hose hooked up, and raked...a lot! We had a great taco bar to celebrate Cinco de Mayo and finished up shortly after lunch. The weather even held out for us as it was raining in Clifton Park, but didn't make it up to Lake George! Participants: Scott Anderson, Kim Brown, Sharon Cargill, Jim & Mo Coutant, Brian Coville, Joanne Morrison, Karen Provencher, Bill Schwarz, Stan Stoklosa, Bill Wasilewski, Jeff ?? and Eberhardt ???

monthly Monday Geocache Mon, May 6, 2019, Sarah King

- Today we returned to the Winn Preserve in Altamont to see if we could find the rest of the multi cache we started last month. It was drizzly and cool when we got to Winn at 10am. We donned our raincoats and set out. Trails were very wet but the rain did stop. We headed for stage 3 of the multi and found that one easily. We entered the coordinates contained in this stage to get us to stage 4. The fun stopped there. We searched a long time but didn't find the cache. Maybe the third trip will be the charm. Now off to another Mohawk Hudson Land Conservancy Property - Wolf Creek Falls Preserve. We parked and started on the trails across the road from the parking lot off Bozenkill Road. Trails were again very muddy and slippery, the gnats and ticks were out, and we had a stream/log crossing that some of the group didn't like, but such is geocaching in the spring. We missed two of our regulars, Licia and Mo, but Sarah actually had some of Licia's blondies in the freezer that I brought along. So Licia was with us in spirit! We managed to find all 8 caches here, including two multi stage caches. We ended about 3pm and hit the road to avoid traffic heading north on the Northway. The Bozenkill Preserve and Buttermilk Falls will have to wait for another day. Participants: Sarah King, Emilie Gould, Diane Demetriou, Steve Gray, Don Thorne.

Tuesday Outing - Paddle Tue, May 7, 2019, Maureen Coutant

- This was the inaugural paddle of the season and a bit of a tradition! It's one of my more difficult trips as we attempt to get from Lake Luzerne to Second Lake. It always involves getting out and portaging around one spot of fast moving water too shallow to dig in and get upstream. But then it's always a mystery about how many other times you'll have to get out? Will we be able to get over the beaver dams? This year, yes. The water was high enough to get up on top and scooch over. Unless you're laughing. I got up and had to just power through against the current. It was going well until I couldn't make progress and started laughing and found myself going backwards with the current. Take two, no laughing, and I made it! The other unknown is how many trees have fallen and blocked the path. This year one...on both branches of the steam we could have taken. We split up to see which was easiest to get around. Neither really...but they were both more difficult going with the current on our way back. But it makes it a challenge, interesting, and fun! I look forward to it each year! (We made it to Second Lake!) Participants: Mo Coutant, Licia & Steve Mackey, Dave Roeger.

YM Sunset Hike- Pilot Knob Tue, May 7, 2019, Megan McLaughlin

- Great start to sunset hikes! The weather was dubious earlier

Trip Reviews 4 of 5

in the day but I had faith it would clear up just in time, and it did! The recent rain left a beautiful mist on Lake George and we had good color at sunset. The lake was the smoothest I have ever seen, reflecting its surroundings. Participants: Megan McLaughlin, Rich Rogers, Emily Litwin, Dave Kelley.

Pitchoff Hike Sat, May 11, 2019, Joe Babcock and Wayne Richter

- The original plan was to hike Pitchoff, but due to an advisory to stay off the wet trails by DEC, we changed the hike to The Crows, The Soda Range and Hurricane. I had been on this trail in April, and the hikers expressed interest in going back on a better day. We headed up and met Nicole at Stewart's in Keene to start the day. We took the vehicles to the parking lot on Otoole Road to spot a car for the end of the day. We started the hike at the trailhead for the Crows on Hurricane Road. I have been up the blue trail several times, so I made a decision to hike up the red trail that leads you up to the top of Little Crow. It was clear that it would be a nice day for views as soon as we reached the overview spots along the trail. This hike has beautiful trails and also offers plenty of viewing areas along the trail. We made our way over the Crows, enjoying a break on the summits for snacks and to enjoy the nice day. We made good time over to the junction to the trail to the Soda Range or Nun-Da-Ga-O. This trail also offers plenty of viewing areas on rock outcroppings combined with wonderful trails through the wooded sections. Some hiking/climbing is involved, but it's not a hard hike. It was great to spot the peaks as they came into view along the hike up the trail. We stopped on one of my favorite spots at the top of the cliffs at one point of the trail for a break. The trail reaches its high point at Weston Mountain. We stopped and ate lunch on the high point before heading down to Lost Pond. It was wet in spots, but I have seen worse mud this spring. The pond was quite full and we enjoyed the views before heading on down the trail. When we reached the junction with the trail up to Hurricane, we made a decision to call it a day. One of the hikers had a foot issue, so we did not push it and hike up to Hurricane. We had a great day out in the park, and there was no need to push it. On the way out to the parking lot, we ran into Joe Bogardus and his wife Linda. Joe was doing some trail maintenance, as a missing sign had appeared back where it originally was placed. After a nice conversation we made our way back to the trailhead. Great day on the trails. Participants: Wayne Richter, Kim Brown, Mary Dabulas, Nicole Durocher-Beaulne and Joe Babcock.

Spring Bird Walk - Wilton Wildlife Preserve & Park Sat, May 11, 2019, Rich Speidel

- We had good luck with the weather, as it rained the day before and day after the field trip. It was a cool morning, but the sun came out and the birds responded. At the pond, we had good views of three Baltimore orioles and a rose-breasted grosbeak. There were also two kingfishers across the pond. Highlights along the trail included bluebird, rufous-sided towhee, yellow-rumped and black-throated blue warblers, and the elusive ovenbird. These birds were seen from close range, along with a porcupine and a water snake. We also enjoyed visiting the restored Cornell Hill Fire Tower. Our bird list for the day totaled 49 species; a fine variety of feathered friends! 12 participants: Barbara Bave, Cara Benson, Beau Bessen, Patricia Brennan, Alexander Garrigan-Piela, Licia Mackey, Lori McCarron, Wanda Moccio, Mike Moccio, Maura Russo, Nina Russo, Rich Speidel.

Tues Outing - Roostercomb Tue, May 14, 2019, Maureen Coutant

- The day before the scheduled trip to Roostercomb, the forecast called for possibly 3-4 inches of snow in Keene. I couldn't bear the thought of possibly having to use microspikes again!! So I switched the trip to Thursday and a visit to the Bird Banding Station at Crown Point. I've done this trip for the past few years and it's a great chance to learn about birds, see how the data collection and banding is done, and get a chance to hold and release a bird. This year we released rose-breasted grosbeaks, savannah sparrows, blue jays, yellow rumps, among others. We wound up staying for so long, we ran out of time to walk too much of the grounds. We did see the lime kiln, columbine blooming, and wild asparagus. Then we headed over the bridge to Vermont to have lunch at the diner before heading home! Participants: Jim Brown, Nancy Burke, Mo Coutant, Paul Dietershagen, Emilie Gould, Nick & Sarah King, Leland Loose, Licia & Steve Mackey, Joy & Mark Munro, Dave Roeger, Barb Tomko & Bill Wasilewski, Barb Zuccaro.

Lost Ponds Trail and Bushwhack Sat, May 18, 2019, Rich Crammond and Jayne Boudier

- Everything went good on this hike, except the black flies "bugging" us. We found the first pond and Jayne led us to the second pond from the first with a west bearing on the compass. She knows her stuff in the bushwhacking skills for sure. Peter and Anthony also helped us to stay on course. Highlights of this outing were viewing the old hunter's camp area, seeing nice landscape, having good company, and (bringing head nets) - EEKS! Almost didn't get no better. Participants: Anthony Benson, Jayne Boudier, Peter Bishop, Rich Crammond.

Panther Gorge lean-to Sat, May 18, 2019, Mike Fuller and Jim Zwynenburg

- So the first thing I have to say is we had great weather for this hike. We found plenty of parking at the Elk Lake lot and were on the trail before 7:00. On our way to the Pinnacle Shoulder we saw lots of fresh moose droppings in the trail. Approaching Marcy Swamp we noticed some last remaining snow. Little did we know there was more to come; as we left, the snow patches "snickered." Marcy Swamp trail hardening had only one 20 foot section that was under water; the rest was nice and dry. As we got about a mile from the lean-to, the snow started to fill the trail. At first just a foot, then two feet. This really slowed things down with lots of post holing. I could hear talk among the others that we might be "doomed". "It's just 15 minutes more to the lean-to." I knew this always works for a while. When we got to Panther Gorge there was over two feet of snow, so lunch and pictures was just about all we could do. More talk about being "doomed" came up while working our way back through the snow. I told everyone not to worry as I had signed us in for two days and I had plenty of space blankets for everyone. Food might be a problem, but I told them the Donner Party made it though the winter, so surely we could do one night. This motivated everyone and soon we were back on good trail. Once back to the jeep road it was back to the parking lot by 6:30. A prefect day with friends and a hike to remember. Six hardy souls: Joe Babcock, Dave White, Wayne Richter, Katherine Bannigan, Karen Provencher, Mike Fuller.

Cat and Thomas Traverse Sat, May 18, 2019, Reg Prouty

Trip Reviews 5 of 5

- We spotted some cars at Edgecomb Pond as planned and headed north to the trailhead near Exit 24. We took the wooded blue trail to Thomas and had a snack break there before heading over to Cat for the best views of Lake George. The black flies were hungry so we had a quick lunch on Cat after the tribute to Grace Hudowalski on the pocket trumpet by Reg. Nine hikers: Lorraine Del Rosso, Don Hughes, Ray Boucher, Reg Prouty, Margie Litwin, Laura Fiske, Debbie Valazza, Mike Valazza, and Neal VanDorsten.

Spring Bird Walk - Pack Forest, Warrensburg Sat, May 18, 2019, Rich Speidel

- We were blessed with blue sky, sunshine and comfortable temperatures, and the birds put on a good show. A signature springtime bird at Pack Forest is the dazzling Blackburnian warbler; we had good looks at them in their usual treetop perches. Other colorful warblers were also seen, highlighted by two Cape May warblers in one spot, plus bay-breasted, black-throated green, and many yellow-rumped warblers. Action at Pack Forest Lake included solitary and spotted sandpipers, great blue heron, and a loon on/under the water. We completed a fine team effort with 47 species of birds (including 12 different warblers); an enjoyable outing in the southeastern Adirondacks. 14 participants: Patricia Brennan, Kathy Bryant, John Good, Bruce Goodale, Cathy Hall, Janice Jannett, Fred Jannett, Licia Mackey, Wanda Moccio, Mike Moccio, Miok Salz, Rich Salz, Edna Van Dorsten, Rich Speidel.

Tuesday Evening Paddle Tue, May 21, 2019, Maureen Coutant

- It's nice to get to areas that have motor boats...before too many of them get out on the water. So that's why I chose to visit the Stewarts Bridge Reservoir this week. It was windy most of the day with gusts near 18-20 mph, so anyone who contacted me that day I advised not to come unless the wind died down. It wasn't as windy as earlier by the time we started, but it was a bit more of a work out when we started out heading into the wind. We paddled up to the eagle's nest and were rewarded with an adult sitting on a branch near the nest. A fisherman on shore nearby said he'd seen a pair and some chicks peaking out of the nest at times. After taking some photos we continued on to the Conklinville Dam and Andrew spotted and took some photos of a loon. On our way back we only had a slight breeze. The temperature was dropping, though, so we quickly packed up and headed out before the mosquitos could get us! Participants: Jim & Mo Coutant, Patricia Lockwood, Licia & Steve Mackey, Andrew Paolano, Dave Roeger, Alison Saville.

YM Sunset Hike- Spruce Mt. Tue, May 21, 2019, Megan McLaughlin and Eric Woodruff

- Perfect spring temperature for a hike, though windy at the top. Great views as always from the tower. Cookies were enjoyed while watching the sunset. Participants: Megan McLaughlin, Eric Woodruff, Rich Rogers, Emily Litwin & Brian Coville.

Upper Hudson - Opalescent Sun, May 26, 2019, Steve Mackey

- I didn't get the opportunity to scout this out, so I was a little worried about the take out. We ended up finding a good spot, and we marked it with a flag on the river and a waypoint on the iPhone. The water there was pretty deep, but Mo found a good

spot to pull the boats up one at a time. She also cleared some of the branches that were in the way, with her trusty loppers. Both rivers were remote and pristine. We paddled up the Opalescent as far as the railroad trestle. There was a strong current, so we all got a good workout. A couple of times we were paddling hard and not going anywhere. We were a little disappointed with the lack of wildlife, but we did see a loon, a kingfisher, and a turkey vulture. We also saw a couple of wild turkeys along the road. For some reason there didn't appear to be any fish. It was a beautiful day and the black flies weren't an issue until the take out. I think I will lead it again next year, but maybe a little later in the summer. Participants: Dan D'Angeli-co, Dave Roeger, Patrica Lockwood, Tim Laskey, Steve & Licia Mackey, Mo & Jim Coutant, Anne Paolano.

Tues Outing - Shelving Rock walk Tue, May 28, 2019, Maureen Coutant

- We delayed a day to avoid a rainout and were glad we did. We had a nice dry, cool day, and the mosquitoes and black flies weren't even a problem. We walked down to the waterfall and took pictures, and then went down to the lake. We only saw a few boats out midweek. We picked up a bunch of cans from the prior weekend's partying, but they were mostly just in the Log Bay area. We can never understand how people can come and enjoy a beautiful area and then not leave it better than they find it, or at least not worse! We enjoyed spotting and mostly identifying the spring wildflowers still in bloom. Great morning out. Participants: Gwen Bizal, Nancy Burke, Mo Coutant, Carma Decico, Paul Dietershagen, Ed Kopf & Joanne Pederson, Licia & Steve Mackey, Joy & Mark Munro, Neal Van Dorsten.

Don't see an outing report listed? Please check the website for more reports:

<https://www.adk-gfs.org/reviews.generic.php>



Sign Up Now for a Winter Weekend

We are again renting the Wiesel cabin for the Glens Falls Saratoga Chapter of ADK for our winter weekend 2020! We have reserved it for the weekend of February 7-9. We usually go up Friday afternoon/evening and head home Sunday night/Monday morning. The three night stay cost is \$110 per person and includes the cabin costs and dinners for Saturday and Sunday nights. (If costs come in below this estimate, we will distribute refunds accordingly.) The cabin is located near Adirondack LOJ, with the High Peaks at our doorstep. The cabin has heat, lights, and running water, including a full kitchen and two bathrooms. It sleeps 16 and I will begin accepting reservations with payment from members ASAP. A waiting list will be maintained.

Please email questions to smackey33@verizon.net
Please send checks made payable to Steve Mackey to:

**Steve Mackey, 21 MacArthur Dr.
Glens Falls, NY 12801-2317**

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 • From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER Road**. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (LEFT) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center
 131 Lawrence Street, Saratoga Springs,
 NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STRET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library
 Corner of Glen and South Streets
 Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters: EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library: Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to

T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• **From Route 9 and Route 50**
 Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

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12866

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.

Website: ADK-GFS.ORG

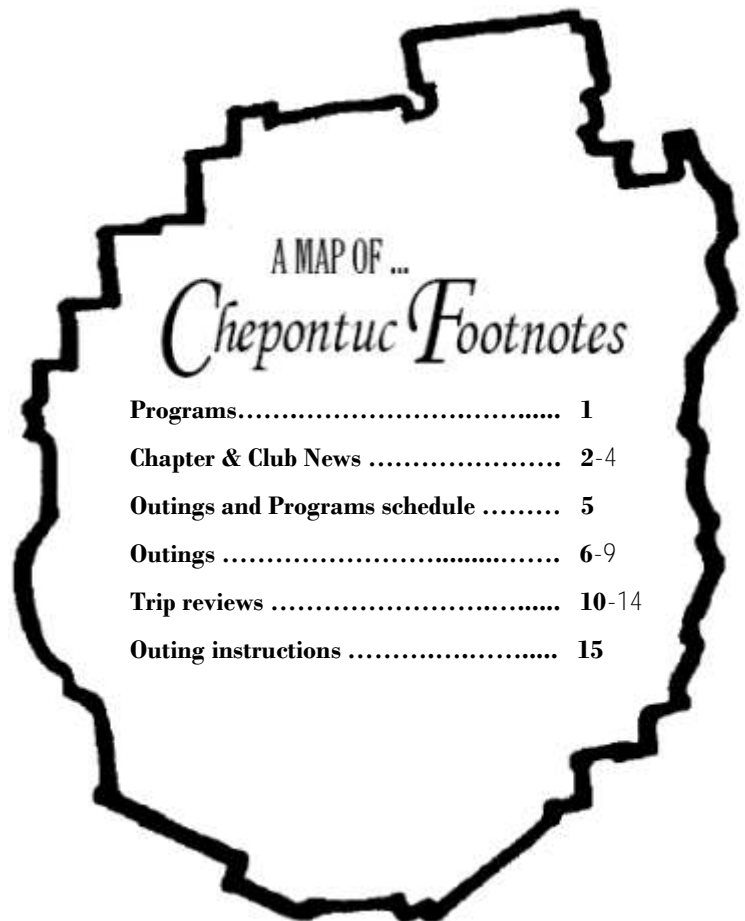


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



A MAP OF ...

Chepontuc Footnotes

Programs.....	1
Chapter & Club News	2-4
Outings and Programs schedule	5
Outings	6-9
Trip reviews	10-14
Outing instructions	15

***Reminder: Please include your e-mail
address when renewing membership!***