



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Modern Threats to Age-Old Adirondack Waterways

Tentative May 21, 2020
Saratoga Springs Public Library
7 pm

Dan Kelting will discuss outside threats that affect the waterways of the Adirondack Park, from acidic precipitation to invasive plants and animals arriving on boats and trailers. He will talk about the latest quick-moving invasion that may change the region's waterways forever.

Dan joined the faculty at Paul Smith's College (PSC) in 2003 as Executive Director of the Adirondack Watershed Institute (AWI). Under his leadership, the AWI has developed the largest water quality monitoring and aquatic invasive species programs in the Adirondacks.



PAUL SMITH'S COLLEGE
Adirondack Watershed Institute

Kelting uses data from these programs to support and leverage his research and that of the Institute. He also teaches upper level courses in Forest Soils and Laboratory Methods, and mentors students for their undergraduate capstone projects.

Get Outside ~ Hike Local



We need this for our physical and mental health. If you need to drive to a trailhead, stop and think:

- Is there somewhere within walking distance from home where I can explore?
 - Will I be interacting with others? Are there crowds?
 - Should I change my plans?

Banff Centre Mountain Film Festival ~ Maureen Coutant



Who knew at the time, that we were lucky to get together in the middle of February for our third year of the World Tour in our area? A few weeks after our showing, the Tour was thrown into chaos due to the pandemic. Both the Banff Centre and the online ticketing agency we use have a major financial crisis on their hands. We're all hopeful that they will both come through this period and be up and running for next year, but we may have to do things differently if they don't. So, stay tuned and check our website in mid-November to get info on tickets. We want you to join us!

A few NEW things we did this year:

- *We changed the entrance to come in by the Northwest Bay Conference Room and this allowed us to spread out.
- *We sold raffle tickets for a few raffle items that were generously donated by ADKers (Jack & Tillie Freeman and Herb & Nancy Hudnut) and Steve Myhrberg and The Sports Page. The drawing was held on Saturday night and all the winners received their items. Congratulations! The raffle and ornament sale raised ~\$1600 to support the ADK Summit Steward Program in memory of Dan Kane.
- *At the ADK membership table, we gave away 150 award-winning 2020 ADK calendars, donated by the Adirondack Mountain Club.
- *We also had a table of ADK merchandise and Fire Tower Challenge books available to be signed.
- *The Banff Centre Mountain Film Festival World Tour begins after the Banff Centre Mountain Film and Book Festival each fall in Banff, Canada. One of our members wanted to know more about the books that won awards during the Festival. She took the lead and found most of the books for us to display, along with the wonderful door prizes, in the lobby. If you would like more information about the books, email us at Banff@adk-gfs.org.

Finally, the event has covered the costs (Banff fee, projector and screen rentals, etc.) each year. We've used the extra funds to set up what we call a "snowy day" fund in the event that we have a problem where we have more expenses than revenue in the future. We've contributed to SUNY Adirondack's Capital Fund for the Theater in lieu of rent and to the SUNY Adirondack's Outings Club for their help in making the event possible every year at the college. Last year, we also donated back to ADK to support the Trails program and a donation will be made again this year to an ADK program.



We're sure the Pandemic is also hurting our local sponsors and raffle & door prize donors, so please support them when you can:

SUNY Adirondack Adventure Sports Club, Fountain Square Outfitters, Rocksport, Meyer, Fuller & Stockwell, Cool Insuring, ARE Event Production, Hudson Headwaters Health Network, Nemer Auto Body, Queensbury Hotel, Local Motion Physical Therapy and Advantage Press

Door prizes were donated by **many of the sponsors** listed above and **Adirondack Extreme, Summit Yoga, West Mountain, Adirondack Mountain Club, Sports Page, The Crossroads, Rock Hill Bakehouse & Café, Seasoned – SUNY Adirondack Culinary, Joy Woolworks by Joy Muller-McCoola, Liz Mulshine, Steve Myhrberg, Kim Brown, Jim Schneider, Clint McCarthy, The Hudnuts & The Freemans.**

If you'd like to donate something next year or help, email Banff@adk-gfs.org
Thank you. The Banff Film Festival Committee

Photos from Banff ~ Peter Benoit



Chapter Chair Report ~ Kathi Noble



I'm writing this at the end of March in the midst of the COVID-19 pandemic and a lot of uncertainty in the world. We've been told to hike locally and stay close to home. We had to suspend the Adirondack Mountain Club Fire Tower Challenge so as not to entice hikers to travel. So what do outdoorsy people do when they can't venture out to their favorite places? I did continue to take my dog on some local hikes. To me, locally meant within 20 minutes of my house. We didn't ask any friends to join us so these were solo hikes/walks. I've done these hikes many, many times but I still find them beautiful and refreshing. Returning to old favorites never disappoints me. I did do some organizing and cleaning out. I worked on several bins of photos from way back when I used to print them. I managed to separate them by year but that is as far as I've gotten. What to do with them now?? I organized the last several years of fire tower challenge letters in

chronological order and cleaned out some closets. I read some books and caught up on the TV shows that I've been saving on DVR for the past year.

What did you do during this time of isolation? Email me how you kept busy and sane. I'll list them in the next newsletter: chapterchair@adk-gfs.org

Hope all is well and that everyone is staying healthy and safe. ~Kathi Noble Chapter Chair

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

| Executive Committee Officers | Committee Chairs | Committee Chairs |
|---|--|---|
| Chapter Chair Kathi Noble 518-668-3046 chapterchair@adk-gfs.org | Conservation 401-529-5034 Aimee Viens Rutledge 518-396-9579 Paul Dietershagen conservation@adk-gfs.org | Trails Tom Ellis 518-638-6139 trails@adk-gfs.org |
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| Past Chapter Chair John Caffry 518-798-0624 pastchair@adk-gfs.org | Programs Sarah King 518-798-0615 programs@adk-gfs.org | Alternate Directors Maureen Coutant Charlene Kane Laurie Williams |
| Learn more: adk-gfs.org | Publicity Jen Shepherd publicity@adk-gfs.org | Visit us at: , facebook.com/adkgfs or facebook.com/SaratogaYMG |

ADK Fire Tower Challenge by Kathi Noble



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge.

Gilbert Mazur, Pittsburg, PA
Joseph Barrett, Albany, NY
Michael Cady, Elmira, NY
Laura McIntosh, Charlotte, NC
Nancy LaBaff, Parishville, NY
Megan McLaughlin, Lake George, NY
Timothy Szczepaniak, Lake View, NY
Jonathan Wood, Hebron, NY
Raemicia Williams, Boonville, NY
Dave Williams, Boonville, NY
Jason Spann, Boonville, NY
Jim Bornheim, Ballston Spa, NY
John Basirico, Albany, NY
Catherine Walker, Albany, NY
Douglas Kerr, Schenectady, NY
Larry Clark, Stoutsville, Ohio
Rebecca Clark, Stoutsville, Ohio

An extra congratulation to the following hikers for earning the winter rocker:

Donald Slick, Clifton Park, NY
Stephen Moreau, Whitesboro, NY
Brandi Paige, Massena, NY

Gilbert Mazur wrote in his letter, "In climbing these thirty mountains I had views, adventures, experiences and made memories that have enriched my life."

Mud Season Alert



MUD SEASON IS COMING

Please voluntarily refrain from hiking above 2500 feet during mud season. Don't forget if you encounter mud on the trail walk right through it! For more info check out <https://www.adk.org/mud-season-quick-facts/>

ADK Fire Tower Challenge Suspended

The ADK Fire Tower Challenge has been suspended indefinitely in order to help reduce the risk of spreading the COVID-19 virus. On Friday March 27, 2020 the Glens Falls- Saratoga Chapter of the Adirondack Mountain Club (ADK) made the decision to suspend the Challenge, effective immediately. **No hikes undertaken after that date, until the suspension is lifted, will be credited towards the completion of the Challenge.**

This action followed the New York State Department of Environmental Conservation's (DEC) decision to close public access to all of the fire tower structures that it manages. However, the suspension of the Challenge applies to all fire tower trails, regardless of who owns or manages the trail or the tower. It is not limited to the peaks where DEC has closed the towers.

The Glens Falls-Saratoga Chapter created the Challenge almost two decades ago and has administered it since that time. The hiking community's enthusiastic embrace of this program has been inspiring.

The Chapter recognizes the importance of getting fresh air and exercise during the current pandemic, but has decided that the risks to public health that could be created by continued pursuit of the Challenge during the current situation are too great. DEC, ADK and other organizations are emphasizing that people should get their outdoor exercise locally, rather than traveling for that purpose. Local governments in the Adirondacks, which usually welcome visitors with open arms, are asking people to stay away, so as to not overwhelm the limited local first responder and medical resources.

The Chapter has chosen to support these requests, leading to the suspension of the Challenge. We hope that the public will hike locally for now, and then rejoin us on the fire tower trails when the Challenge is reopened.

Membership Update ~ by Pat Desbiens

GLENS FALLS - SARATOGA CHAPTER

JANUARY 2020

New Members

Susan Commanda, Gansevoort
Amy E., David & Chloe Zembach, Ballston Spa
Ross Freeman, Gansevoort
Rachel Fridholm; Adam & Sarah Drexinger, Burnt Hills
Karen Galow, Norwood, New Jersey
Robert Gilgore, Watervliet
John Higgins, Mechanicville
Matthew Jones, Fort Edward
Samantha Levy, Saratoga Springs
Sven Migot, Westfield, New Jersey
Benjamin Norford, Saratoga Springs
John Parisella & Carol Burns, Ballston Lake
Cynthia Patenaude, Mechanicville
Austin Peterson & Kelsey Alfonso, Queensbury
James Purcell, Ballston Lake
Dan, Sara, Sofia & Mattea Rice, Glens Falls
Maureen Roberts, Saratoga Springs
Jordan White & Jeremy Hoag, Saratoga Springs

Rejoined Members

Anthony Brunetta, Queensbury
Karen Costello, Saratoga Springs
David Freeman, Gansevoort
Aaron & Ayla Roberts, Glens Falls
Ian Widrick, Saratoga Springs
Jonathan Wood, Hebron

New Affiliate

Paul Foley & Mary Stein, Chestertown

FEBRUARY 2020

New Members

Katherine Button, Mechanicville
Joshua Dodge, Queensbury
Doug Fish, Clifton Park
Keith Johnston & Mary Schulte, Saratoga Springs
Nicholas & Emily Kelly, Glens Falls

Mathew Pagurko & Vrushah Chavan, Queensbury
James Patrick, Corinth
Travis Powers, Glens Falls
Traci Shoemaker, Binghamton
Paul Thompson, Stephentown
Karen Tremblay, Rensselaer
Christian & Melanie Weber, Glens Falls

Rejoined Members

Mahoney Notify-Plus, Inc., Glens Falls
Thomas & Donna Beck, Fairport
Danial & Kim Hagen, Ballston Lake
Jonathan Hough, Glens Falls
David Kocian, Trenton, New Jersey
Steve Mastaitis, Saratoga Springs
Gail Stauble, Fort Edward

Welcome

Be sure to check out our website:
<https://www.adk-gfs.org/> for the most up to date information about our outings and programs.

Previous newsletters and a photo gallery of recent hikes are also available for your perusal.

If you have any questions about your membership or want to be more involved with the Chapter, please don't hesitate to contact us. Details are on the website or on page 4 of this newsletter.

All members are invited and encouraged to attend our monthly meetings to see what we are all about.

Spring cleanup at ADK Headquarters



Tentatively set for Saturday May 16, 2020 from 9-2 @ ADK Headquarters

(just west off Exit 21 of the Northway)

Join fellow ADKers to help spruce up the ADK HQ building for the busy summer season. We rake, put out the picnic table & parking lot timbers, maybe even stain a little bit of the building if the weather allows. Dress for a mess & bring a rake and gloves ~ if you want to. No worries if you don't want to rake, we can find other jobs for you!

Coffee, muffins, donuts or scones, and lunch provided!

Call Maureen (745-7834) if you have special skills or equipment to offer.
Check the website for the latest information on all of our upcoming events.

Tentative Outings



All trips through the end of April have been canceled due to the COVID-19 virus and at the writing of this newsletter ADK has extended their property closures until May 14th and Governor Cuomo has extended the “pause” until May 15th. Trips in this newsletter, from May through July, have been listed as tentative in the hope that we will be able to get together at some point. They will either be canceled or will go on, depending on the course of the pandemic.

Check our online calendar at the Glens Falls – Saratoga Chapter [website](#) for updates, or contact the trip leader.

View of the High Peaks from Prospect Mt. Lake George

Executive Director Update

Foremost, please know that I hope you, and those in your circle, are well.

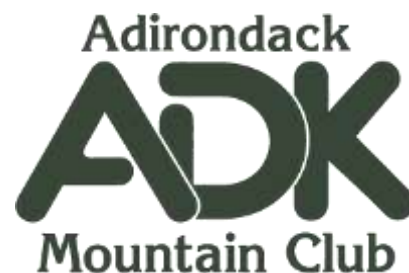
As you may well be aware, ADK has extended the initial closure of our lodging facilities through May 14. Educational programs have also been canceled through this date. And while we continue to encourage people to ‘get outside, but stay local’, we have kept our parking lot and restrooms open as we continue to work with DEC, the Town of Keene, and others to monitor traffic in order to promote social distancing and ensure that rangers and others can continue to assist with the response to COVID-19.

Because of our closures and cancellations, our revenue streams are presently de minimus. This includes a significant decrease in donations, which is not unexpected. So, what are we doing about it? The federal stimulus, which was passed at the end of March, made two funding streams available for non-profit organizations, and we have applied for both. We have been approved for a \$450,000 loan to cover personnel costs for the next 2-3 months, which could be converted to a forgivable grant if all the requirements are met. We also applied for a \$10,000 emergency operations loan, but have not yet been approved. These efforts are in addition to placing a moratorium on all hiring and discretionary spending.

Thankfully, there is also much in the way of good news. DEC recently selected ADK, through a competitive bid process, to operate the Summit Steward Program for the next five years. Also, after participating in five successful lobby days this session, we helped deliver a huge budget win for the environment despite a very difficult budget year. The Environmental Protection Fund (EPF) will be continued at last year’s level (\$300 million); also, ADK played a key role in eliminating proposed language that would have allowed DEC to raid the EPF to fund its operations. The Preserve Mother Nature Bond Act was also passed and will go to the voters in November. As part of this process, ADK will be working to convince the Governor that sustainable trail work is a project that can be funded with bonds. ADK was also successful in adding funding for tick research when zero dollars were initially approved for these purposes.

Be well and hopefully we can all get outside together soon.

Michael Barrett
Executive Director
Adirondack Mountain Club



Tentative Outings and Programs Calendar

| Date | Day | Type | Destination | Leader(s) | Rating |
|--------------------|-----|-----------|---|-----------------------------------|--------|
| * May 2020 | | | | | |
| 5 | Tue | Tentative | Hadley Sunset Hike | Maureen Coutant | B- |
| 5 | Tue | Tentative | YM Sunset Hike: Pilot Knob | Megan McLaughlin | C |
| 6 | Wed | Tentative | Executive Committee Meeting | Kathi Noble | NR |
| 9 | Sat | Tentative | Hike Pitchoff Mountain | Joe Babcock, Wayne Richter | B+ |
| 9 | Sat | Tentative | Spring Bird Walk - Wilton Wildlife Preserve & Park | Rich Speidel | C |
| 10 | Sun | Tentative | YM - Buck Mountain | Brian Coville | B- |
| 12 | Tue | Tentative | Tuesday Outing - Paddle | Maureen Coutant | A- |
| 16 | Sat | Tentative | Spring Bird Walk - Pack Forest, Warrensburg | Rich Speidel | C |
| 16 | Sat | Tentative | Wolf Pond Hike | Rich Crammond | B- |
| 16 | Sat | Tentative | ADK Headquarters Work Day | Maureen Coutant | NR |
| 17 | Sun | Tentative | Bike Ride and Breakfast | Steve Mackey | B+ |
| 19 | Tue | Tentative | YM Sunset Hike: Spruce | Megan McLaughlin | C |
| 21 | Thu | Tentative | "Modern Threats to Age-Old Adirondack Waterways" presented by Dan Kelting, of Paul Smith's Adirondack Watershed Institute | Sarah King | NR |
| 23 | Sat | Tentative | Lake Bonita and Lake Ann Loop-Moreau Lake State Park | Reg Prouty | C+ |
| 26 | Tue | Tentative | Tuesday Outing | Maureen Coutant | C |
| 30 | Sat | Tentative | Say Hey all the Way to Jay | Joe Babcock | A- |
| * June 2020 | | | | | |
| 2 | Tue | Tentative | YM Sunset Hike: Shelving Rock | Megan McLaughlin | C |
| 3 | Wed | Tentative | Executive Committee Meeting | Kathi Noble | NR |
| 6 | Sat | Tentative | Wildflower / Birding Hike | Rich Crammond | C |
| 7 | Sun | Tentative | Mount Adams Sundae Hike | Jennifer Ferriss | B |
| 7 | Sun | Tentative | Pharaoh Mountain Hike in Schroon Lake area | Jeff Mans | B+ |
| 7 | Sun | Tentative | Pilot Knob Peak | William T Bechtel, Kathryn Taylor | A- |
| 9 | Tue | Tentative | Tuesday Outing | Maureen Coutant | C |
| 13 | Sat | Tentative | Fab Four from Upper Works Trail-head in 2 days | Jim Zwynenburg, Joe Babcock | A+ |
| 16 | Tue | Tentative | YM Sunset Hike: Hackensack Mt | Megan McLaughlin | C |
| 16 | Tue | Tentative | Tuesday Outing - Paddle | Maureen Coutant | B |
| 20 | Sat | Tentative | Mount Haystack | Wayne Richter | A+ |
| 23 | Tue | Tentative | Sunset Hike on Shelving Rock Mtn | Maureen Coutant | B- |
| 30 | Tue | Tentative | YM Sunset Hike: Sleeping Beauty | Megan McLaughlin | C |
| * July 2020 | | | | | |
| 7 | Tue | Tentative | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 11 | Sat | Tentative | Hike to Camels Hump | Joe Babcock, Jennifer Ferriss | A |
| 11 | Sat | Tentative | Montcalm Point Hike and Swim | Neal Van Dorsten | C |
| 14 | Tue | Tentative | YM Sunset Hike: Cat Mt | Megan McLaughlin | C |
| 21 | Tue | Tentative | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 25 | Sat | Tentative | Severance Hill Hike | Rich Crammond | C+ |
| 28 | Tue | Tentative | YM Sunset Hike: French Mt | Megan McLaughlin | C |

Outings and Programs 1 of 3

SPRING BIRD WALK - PEEBLES ISLAND STATE PARK -

[Tentative]

Sat, May 2, 2020, 8:00 am, Rating: C

Rich Speidel - 518-623-2587

- Peebles Island offers a gently rolling and wooded landscape amid urban surroundings. Its location at the confluence of the Mohawk and Hudson Rivers provides habitat for a variety of birds. We will walk across the Mohawk on a historic railroad bridge and gradually circle the island, covering about 2.5 miles. Along with song-birds, waterfowl are often seen from the cliffs, and an eagle or osprey is possible. Group size is limited, so call ahead to register. Rain date is Sunday, May 3. Meeting place: Waterford Harbor Visitor Center.

MONTHLY MONDAY GEOCACHE - [Tentative]

Mon, May 4, 2020, time TBD, Rating: NR

Sarah King - 518-744-9348, scubakings@roadrunner.com

- Join us on our monthly trip to find newly hidden geocaches in the area. It's a great excuse to take a walk in the woods with plenty of stops to rest and look for the caches. You don't have to be a "geocacher" to join us. Come see what it's about and keep coming if you decide you like it! Call or email a few days before to find out the plan!

HADLEY SUNSET HIKE - [Tentative]

Tue, May 5, 2020, 4:30 pm, Rating: B-

Maureen Coutant - 518-708-

0096, MOJIM@ROADRUNNER.COM

- I haven't done a sunset hike in a while, so I thought we would give it a go on Hadley. It's a great view from there and should be a good sunset. Plus it's Cinco de Mayo...so bring something Mexican for dinner and of course, a flashlight and backup batteries! Call or email to sign up.

YM SUNSET HIKE: PILOT KNOB - [Tentative]

Tue, May 5, 2020, 6:45 pm, Rating: C

Megan McLaughlin - 631-365-3934, megan@adk.org

- Young Member Sunset Hikes are Back! (and will be every other Tuesday). Join us for a short but rugged 1 mile hike up to the Pilot Knob gazebo. We'll hang out on top for as long as the group wants to and enjoy the view of Lake George. Bring a headlamp or flashlight in case we need it, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will reschedule for Wednesday or Thursday. Hike is family friendly; children and adorable dogs are welcome. This hike falls on Cinco de Mayo! Feel free to bring tasty treats; we'll fiesta in the gazebo! Sign up to get exact meet-up location/time.

EXECUTIVE COMMITTEE MEETING - [Tentative]

Wed, May 6, 2020, 7:00 pm, Rating: NR

Kathi Noble - 518-745-7834, knoble2@nycap.rr.com

- Monthly meeting of the Executive Committee. Chapter Members welcome. Online

HIKE PITCHOFF MOUNTAIN - [Tentative]

Sat, May 9, 2020, 6:00 am, Rating: B+

Joe Babcock - 518-791-9395, jababcock19@gmail.com

Colead: Wayne Richter - 518-893-7895

or wrichter@nycap.rr.com

- We will be doing an out and back hike of Pitchoff. We have scheduled this hike in the past, but the weather or conditions have not cooperated. We will be meeting at the Panera Bread parking lot to car pool and head up to the trailhead to explore this trail. Join us for a nice day in the Adirondacks.

SPRING BIRD WALK - WILTON WILDLIFE PRESERVE & PARK - [Tentative]

Sat, May 9, 2020, 8:00 am, Rating: C

Rich Speidel - 518-623-2587

- May is a great time to hear and see native and migrating birds in our area. This will be an easy morning walk of about three miles

along the trails and varied habitats of Camp Saratoga. We will stop often and record the bird species identified. Group size is limited, so please call ahead to sign up. The rain date is Sunday, May 10. Meeting Place: Camp Saratoga, Scout Road.

YM - BUCK MOUNTAIN - [Tentative]

Sun, May 10, 2020, 8:30 am, Rating: B-

Brian Coville - 516-996-5086, Brian_Coville@Outlook.com

- Moderately paced hike up Buck Mountain from the Pilot Knob Road trailhead. Great views of Lake George from the summit, where we can stop and enjoy some snacks. The hike will probably take between 4-5 hours, and isn't too difficult, though there are some rocky scrambles near the top. Round trip distance: 5.8 miles. Elevation gain: 1,958 feet. Carpool meeting location: Panera Bread, 820 US Route 9, Glens Falls. If you go directly to the trailhead, please meet us at 9:00am.

TUESDAY OUTING - PADDLE - [Tentative]

Tue, May 12, 2020, 10:00 am, Rating: A-

Maureen Coutant - 518-708-

0096, MOJIM@ROADRUNNER.COM

- This is the first paddle of the year and always the hardest. It's our adventure outing from Lake Luzerne up to Second Lake. It's not that long, but you never know what will be in our way. Downed trees across the stream, water too low to paddle through so you have to get out and portage, water moving quickly so you have to paddle hard upstream? How many beaver dams will there be? You just never know...although it's guaranteed that we'll have to get out in one area before the culvert and have to portage around a beaver dam or tree at least once. So that's why this trip gets a difficult rating. It's not that hard, but you have to be willing to get in and out of your boat...possibly frequently! Call or email to sign up.

SPRING BIRD WALK - PACK FOREST, WARRENSBURG - [Tentative]

Sat, May 16, 2020, 8:00 am, Rating: C

Rich Speidel - 518-623-2587

- A leisurely morning walk of about three miles through the woods and along the waters of Pack Forest. There will be plenty of stops to observe the migrating and native birds crossing our path. We will check for birds around Pack Forest Lake and may visit the Grandmother's Tree, a towering 175-foot white pine some 330 years old. Group size is limited, so please call ahead to register. The rain date is Sunday, May 17. Meeting Place: Pack Forest - Route 9, 3/4 mile north of Route 28.

WOLF POND HIKE - [Tentative]

Sat, May 16, 2020, 8:00 am, Rating: B-

Rich Crammond - 518-584-2380

- Let's hike to this Adirondack pond that I have not been to yet. Approximately 5 miles round trip with not much elevation change. The meeting place is at the trailhead along Route 84, Blue Ridge Highway, approximately 11 miles from Northway Exit 29. Look for my black Ford pickup. See you there, hiker buds. Black flies not invited; bring head nets. Eeks!

ADK HEADQUARTERS WORK DAY - [Tentative]

Sat, May 16, 2020, 9:00 am, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- Hopefully, we'll be getting together to clean up the ADK HQ building and grounds. We rake, do windows, put out the picnic table, and maybe do some painting. No skill required. Food provided! Good times and a good way to volunteer for ADK. Hope you can drop in for a while.

BIKE RIDE AND BREAKFAST - [Tentative]

Sun, May 17, 2020, 8:00 am, Rating: B+

Steve Mackey - 518-338-8173, smackey33@verizon.net

- This may or may not happen, but just in case. We will bike from the Champlain Canal parking area in Fort Ann to Rathbun's Maple Sugar House and back. It's 26 miles round trip. Nice rural roads, very little traffic. Great breakfast. If your spouse/significant other

Outings and Programs 2 of 3

wants to join us, they can drive there. Should take about an hour of riding each way.

YM SUNSET HIKE: SPRUCE - [Tentative]

Tue, May 19, 2020, 7:00 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Spruce Mountain fire tower. Easy to moderate hike around 2.5 miles round trip near Corinth. We'll meet at the trailhead. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families and adorable dogs welcome. Sign up and confirm exact meet-up location/time.

"MODERN THREATS TO AGE-OLD ADIRONDACK WATERSHEDS" PRESENTED BY DAN KELTING, OF PAUL SMITH'S ADIRONDACK WATERSHED INSTITUTE - [Tentative]

Thu, May 21, 2020, 7:00 pm, Rating: NR
Sarah King - 518-744-9348, scubakings@roadrunner.com
- This program will be held at Saratoga Springs Public Library.

LAKE BONITA AND LAKE ANN LOOP-MOREAU LAKE STATE PARK - [Tentative]

Sat, May 23, 2020, 9:00 am, Rating: C+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- We will hopefully park by the spring and take the new Lake Bonita Trail, moving on to Lake Ann and possibly the western-most lookout on the Western ridge trail before returning to our vehicles at the spring parking lot.

TUESDAY OUTING - [Tentative]

Tue, May 26, 2020, 9:00 am, Rating: C
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- This week we'll head up to Amy's Park and/or maybe the Godwin Preserve to Pole Hill Pond just north of Bolton Landing.

SAY HEY ALL THE WAY TO JAY - [Tentative]

Sat, May 30, 2020, 6:00 am, Rating: A-
Joe Babcock - 518-791-9395, jababcock19@gmail.com
- I like this hike any time, but I have hiked it in late spring and the fall most often. We will meet at the Panera Bread parking lot and head up to the trailhead to begin this hike that starts with a good warm up climb to the first vista. We will then continue along the ridge, with more climbing along the way to the summit. There are plenty of views to be enjoyed as well as at least one challenging spot on the way. Come along for a great day in the Adirondacks.

YM SUNSET HIKE: SHELVING ROCK - [Tentative]

Tue, Jun 2, 2020, 7:00 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Easy to moderate paced hike with a 1.7 mile ascent to Shelving Rock's overlook. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families and adorable dogs welcome. Sign up and get exact meet-up location/time.

EXECUTIVE COMMITTEE MEETING - [Tentative]

Wed, Jun 3, 2020, 7:00 pm, Rating: NR
Kathi Noble - 518-745-7834, knoble2@nycap.rr.com
- Monthly meeting of the Executive Committee. Chapter Members welcome. Wesley Health Care Center meeting room, Saratoga Springs, NY.

WILDFLOWER / BIRDING HIKE - [Tentative]

Sat, Jun 6, 2020, 10:00 am, Rating: C
Rich Crammond - 518-584-2380
- This will be a slower paced road hike to the dead end Puddin Hollow Farm, Ridge Road, Minerva. Three miles round trip with some elevation change, but not steep. Hope the yellow lady slippers are in bloom and the birds aren't shy. Meeting place: 132 Ridge Road, 0.5

miles up the big hill from State Route 28N and Callihan Pond, Minerva.

MOUNT ADAMS SUNDAE HIKE - [Tentative]

Sun, Jun 7, 2020, 6:00 am, Rating: B
Jennifer Ferriss - 518-290-0703, ferrissi@gmail.com
- For anyone who is working on the ADK Fire Tower challenge or for those who just want to hike on a Sunday, followed by a sundae or cone at Martha's. We start off with an easy warm up to the Observer's cabin, but will encounter steep trail and elevation gain before the summit. We will meet at exit 19 Panera's at 6 am and drive to the Hanging Spear Falls trail parking lot.

PHARAOH MOUNTAIN HIKE IN SCHROON LAKE AREA - [Tentative]

Sun, Jun 7, 2020, 9:00 am, Rating: B+
Jeff Mans - 518-265-4135, adkhighlander@aol.com
- Pharaoh Mountain at 2556 feet offers an unobstructed view of the vast Pharaoh Lake Wilderness area with its many ponds and lakes, and much of Schroon Lake. The 4.2 mile one way trip from Crane Pond has an elevation gain of about 1500 feet. Meet up at 9 AM at the Schroon Lake Tops Supermarket parking lot on US 9. From there we'll drive to the trailhead. If the timing's right, the summit area may be blooming with Pink Lady Slippers.

PILOT KNOB PEAK - [Tentative]

Sun, Jun 7, 2020, 9:00 am, Rating: A-
William T Bechtel - 518-399-1206, wtbechtel2@nycap.rr.com
Colead: Kathryn Taylor - 518-852-5459 or kathryn@ktpt.com
- Starting at the Buck Mountain trailhead, we will ascend the Pilot Knob ridge line to the open false peak and bushwhack further south-east to the true peak. Most of the hike is on a herd path with about 0.5 miles of bushwhacking, for a total round trip distance of about 5½ miles. There are a number of short, steep sections to scramble, the reason for the A- rating. Elevation of Pilot Knob is 2168 feet with an ascent of about 1850 feet. This hike affords many overlooks of Lake George, and to the west and south of Lake George. We will stop at the Mohawk Airlines 1969 crash site on the way to the peak. Number of hikers limited to 10.

TUESDAY OUTING - [Tentative]

Tue, Jun 9, 2020, 5:00 pm, Rating: C
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- This will be an easy hike into a beaver pond area near Inman Pond. Round trip around 4 miles, maybe a little less, without much elevation gain. I want to go in the evening, since the lighting will be nice for photos and maybe we'll get lucky and see a beaver in action.

FAB FOUR FROM UPPER WORKS TRAIL-HEAD IN 2 DAYS - [Tentative]

Sat, Jun 13, 2020, 6:00 am, Rating: A+
Jim Zwynenburg - 518-683-2413, jimz@plasticslab.com
Colead: Joe Babcock - 518-791-9395 or jababcock19@gmail.com
- Fab Four from Upper Works: Skylight, Gray, Redfield, and Cliff in one weekend. On the first day we will hike to Four Corners and climb Skylight, then Gray. Returning to the lean-to area, we'll stay at either Feldspar or Uphill. This is a 14 mile day. Day two is climbing Redfield and Cliff. Then we'll hike back to the Upper Works parking lot, another 14 mile day. Since this is only a one night camping trip, we need to be mindful about the gear. We will send you a list of essential gear. Ideal pack weight for this trip is under 30 pounds, and try to target under 25 pounds with food and water.

YM SUNSET HIKE: HACKENSACK MT - [Tentative]

Tue, Jun 16, 2020, 7:00 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Easy to moderate paced hike with a 1.3 mile ascent to a peak in Warrensburg. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. We can arrange

Outings and Programs 3 of 3

carpools from the Lake George outlets off Exit 20 or from further south. Sign up and get exact meet-up location/time.

TUESDAY OUTING - PADDLE - [Tentative]

Tue, Jun 16, 2020, 9:00 am, Rating: B
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- We need to get out on Lake George before it gets too busy with summer tourists, so we'll head down to Shelving Rock and do a short portage to get to the lake. From there, we'll paddle north or south...depending on the weather and what the group would like to do. Call or email to sign up.

MOUNT HAYSTACK - [Tentative]

Sat, Jun 20, 2020, 5:00 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
- One of the glories of the Adirondacks, Haystack boasts an open summit with 360° views. We'll go in from the Garden, pass by Johns Brook Lodge, and likely have a break at Slant Rock. We'll head up to the Range Trail, and finally go up and down Little Haystack before attaining the summit. We'll hope for a nice day with plenty of time to hang out on top. Distance is a bit under 18 miles with about 3,450 feet of elevation change; add about 3 miles for at least some of us if we have to park at the Rooster Comb lot.

SUNSET HIKE ON SHELIVING ROCK MTN - [Tentative]

Tue, Jun 23, 2020, 5:00 pm, Rating: B-
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- At this time of year, I typically wrap up the every Tuesday outings with a final pot luck picnic dinner hike. Last year, we did it as a sunset hike on Shelving Rock Mountain, and I think I might make this a tradition, it was so nice. Although, since so many of the spring hikes were cancelled this year, I am planning to throw in a few more hikes during the summer if I can. Plus, I'll be doing paddles on some Tuesdays throughout the summer. So stay tuned. Call or email to get details and to sign up.

YM SUNSET HIKE: SLEEPING BEAUTY - [Tentative]

Tue, Jun 30, 2020, 6:30 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Easy to moderate paced hike with a 2.5 mile ascent to a peak. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Sign up and get exact meet-up location/time.

TUESDAY OUTING - PADDLE - [Tentative]

Tue, Jul 7, 2020, 5:30 pm, Rating: NR
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- TBD - check website or July-Sept newsletter.

HIKE TO CAMELS HUMPS - [Tentative]

Sat, Jul 11, 2020, 5:00 am, Rating: A
Joe Babcock - 518-791-9395, jababcock19@gmail.com
Clead: Jennifer Ferriss - 518-290-0703 or ferrissj@gmail.com
- We will meet at the Exit 19 Panera Bread Parking Lot at 5 am and hit the road to the trailhead. We're looking forward to visiting this Vermont peak and spending time exploring on the summit. The plan is to park at the trailhead that connects to the Long Trail and approach the summit along the Long Trail. If the weather and conditions permit, we will have a fine day on the trails.

MONTCALM POINT HIKE AND SWIM - [Tentative]

Sat, Jul 11, 2020, 9:00 am, Rating: C
Neal Van Dorsten - 518-644-7034, nealvan@aol.com
- We will hike along the beautiful shores of Lake George from Clay Meadows to Montcalm Point. Then we will take a swim and be transported back by boat. We have limited room so please reserve a spot. Meeting is at the public parking lot next to the Bolton Landing Brewery at the south end of Bolton Landing. Allow about five hours for the excursion. Sign up by sending an email. We leave the parking area promptly at 9:00 AM, so please be on time.

Chepontuc Footnotes

YM SUNSET HIKE: CAT MT - [Tentative]

Tue, Jul 14, 2020, 7:00 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Easy to moderate paced hike with a 1.9 mile ascent to the peak. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Sign up and get exact meet-up location/time.

TUESDAY OUTING - PADDLE - [Tentative]

Tue, Jul 21, 2020, 9:00 am, Rating: NR
Maureen Coutant - 518-708-0096, MOJIM@ROADRUNNER.COM
- TBD - check website and July-Sept newsletter.

SEVERANCE HILL HIKE - [Tentative]

Sat, Jul 25, 2020, 9:00 am, Rating: C+
Rich Crammond - 518-584-2380
- We will hike to the summit of Severance at 1,693 feet, approximately two miles round trip. Meet at Severance Mountain trailhead, Route 9, Schroon Lake, 1.5 miles north of the village. See you there and bring rain gear, too, hiking buds.

YM SUNSET HIKE: FRENCH MT - [Tentative]

Tue, Jul 28, 2020, 6:30 pm, Rating: C
Megan McLaughlin - 631-365-3934, megan@adk.org
- Easy to moderate paced hike. We will meet at the Lake George outlets and walk 1 easy, flat, paved mile down the bike trail. We will then turn off the bike trail and begin the 1.3 mile ascent to French Mountain's overlook. Sunset is 8:38. Bring a headlamp or flashlight, snacks or pack dinner, extra layers, and a sense of adventure. Hike is weather permitting; rain will cancel or reschedule for Wednesday or Thursday. Beginners, families, and adorable dogs welcome. Sign up and get exact meet-up.

Hiking Haiku by Joe Babcock

Hiking solo now
Dreaming of group hikes ahead
Keeps my spirit bright



Sunset Shelving Rock 2019

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Cat Mountain Tue, Jan 28, 2020, Maureen Coutant

- This was a great day. We had overcast skies that would lighten up every now and again to create some dramatic lighting and photos! The trail was snow covered, but packed down enough that we only needed microspikes. We took the red trail up, and, with the leaves off the trees, had views north into the Narrows that we can't usually see. In places there was still some ice on the trees and in others snow, so again...beautiful. We went down the old trail to make a loop out of it, then wound up at Stewarts in Bolton for a snack or drink. Great day out! Participants: Bob Bedore, Kim Brown, Mo Coutant, Dan D'Angelico, Dave Freeman, Sue Howard, Steve Mackey, Dave Roeger.

Glens Falls Skating Tue, Feb 4, 2020, Maureen Coutant

- We headed to the pond in Coles Woods, but they were actually re-flooding and smoothing it out, so we couldn't skate there. We went with Option B and headed to the indoor rink behind the Y that had open skate for an hour or so. There we dusted off our skates and made our way around the rink. It was the first time in many years for some and first time in a new pair of skates for Sharon. They were happy to find out about this free skating option in Glens Falls. One of those little secrets that isn't really a secret; just have to find out about it! Participants: Kim & Malcolm Brown, Sharon Charbonneau, Mo Coutant, Steve Mackey.

Lake George Walk Tue, Feb 11, 2020, Maureen Coutant

- The ice on some of the walkways and sidewalks in Lake George made us a bit slow and cautious, but it also slowed us down enough to check out monuments and memorials we hadn't noticed in the past. We started out walking by the Town Hall, which houses the Lake George Art Project. Since it was open, we stopped in and checked out the exhibit and met the new director. Then it was down to the water to walk along the pathway. Sarah pointed out the memorial to the Ethan Allen boat tragedy in 2005. Then we checked out the echo spot, but with the exact spot you need to stand covered in snow, we couldn't get it to work as well as usual. Then we walked past dog beach before heading up the hill towards Fort George where we stopped at two other monuments. Steve pointed out a marker along the Knox Trail that is along the route that was used to get cannons from Fort Ti to Boston. Hard to imagine that was done! Barb researched it and maybe we'll do sections of it! Then back to Café Vero for lunch. Just a short trip made shorter due to the ice. Check out the gallery for Liz's beautiful photos from the day! Participants: Sandi Allen, Kim Brown, Mo Coutant, Sarah King, Licia & Steve Mackey, Liz Mulshine, Bill Schwarz, Barb Zuccaro.

Lincoln's Birthday and Valentine Hike/snowshoe Wed, Feb 12, 2020, Reg Prouty

- Due to lack of signups, three of us decided to do a shorter, easier hike up Prospect Mountain from the south. Thanks to the trail breaking skills of Rob Before, we arrived at the summit after a couple of hours. It was a beautiful sunny day, but wind was a little biting on top. It actually was nice to have some real snow to be able to use our snowshoes. Participants: Reg Prouty, Ray Boucher and Rob Before (alias the 3 R's).

Banff Centre Mtn Film Festival Fri, Feb 14, 2020, Maureen Coutant

- We had 2 nights of films and sold out shows. Lots of work for our volunteers and hopefully fun nights for our attendees! We raffled off a few donated items and raised \$1300 for the ADK Summit Steward Program in memory of Dan Kane. Thank you to the volunteers, the donors, sponsors, and everyone who attended!

YM: Mt. Van Hoevenburg Sun, Feb 16, 2020, Megan McLaughlin

- Great day for a winter snowshoe. A nicely packed trail made for an easy trip up Mt. Van Hoevenburg from South Meadow. A strong wind on the overlook kept us from staying long, but a good view was enjoyed before we headed back down. Participants: Megan

McLaughlin, Rich Rogers, Jennifer Lynn, Jennifer Shepherd, David Kelley, Stephanie Gaudons, Ted Letcher, Emily Litwin, Erica Halbrook.

Algonquin and Iroquois Sun, Feb 16, 2020, Jeff Mans

- On a day forecast for beautiful weather, winter had other plans. The trails were in excellent condition and our group spirit soared as we started and made our way through some freshly fallen snow and tree cover. At higher elevations approaching tree line, we got hit with high winds. Four called it a day and turned back with a designated leader to sign out. Ten decided to continue and were met by flurries, howling winds, racing cloud cover and low visibility as we reached open rock approaching the summit. Standing firm against the bluster, we sought the evasive cairns that lead us to Algonquin's peak. Six decided Algonquin's wrath was enough, and returned with a newly designated leader to sign out. Four of us decided Iroquois was fair game and deserving a visit even if no one else had ventured there all day! With compass bearings taken and a GPS if needed, we slowly felt our way down into the tangle of Boundary Pass and over the second bump. There wasn't much to see above tree line beyond about 50 feet, and we had to rely on our GPS and teamwork to get us to the summit of Iroquois. While there were no views, the wild weather made our journey particularly exciting and our senses animated. To our delight, the weather eased slightly on our return as we made our way quickly back to the shelter of Algonquin's tree line, and just as suddenly back to some nice weather for the hike out with everyone accounted for. A winter day to remember with a fine group. Participants: Karen Provencher, John Acacia, Jeff Levitt, Lisa Crandall, Christine Rounds, Tina Strubal, Sidra Smith, John Sasso, Kim Brown, Dave Pawlick, Ben Norford, Cara Benson, Jason Gregory and Jeff Mans (leader).

Tabletop and Phelps Re Do Mon, Feb 17, 2020, Joe Babcock and Jen Ferriss

- This hike did not happen as planned, as we had no takers for this holiday hike. Jen and I met up with John Acacia and went up to hike the Poke-O-Moonshine Fire Tower. It was a nice hike, the trail was broken out, and we were rewarded with some clear views from the summit. After the hike, Jen and I searched for and found the King Philip Spring before heading home from a great day in the park. Participants: John Acacia, Joe Babcock, Jen Ferriss.

Pilot Knob Lookout Tue, Feb 25, 2020, Maureen Coutant

- We only needed our microspikes for this trip up to the gazebo on the Pilot Knob Lookout trail. After stopping there for a drink, snack, rest, and photos, we moved on up to the waterfall. Some in the group hadn't been up there and, although you couldn't see much water flowing under the ice, it was visible in spots and still pretty. We also enjoyed the reroute on the lower section with the addition of steps and switchbacks. So many trails could use that type of improvement! Participants: Sandi Allen, Bob Bedore, Kim Brown, Mo Coutant, Steve Mackey, Joy Muller-McCoola, Dave Roeger, Denise Thorn.

Basin and Saddleback Sat, Feb 29, 2020, Wayne Richter and Mike Fuller

- This turned out to be an epic hike. With a 6:30 or so arrival at the Garden, we got some of the last few center aisle parking spots. We had a cold start with mostly cloudy skies, and some four inches of new snow. Judging by the frost on the cars, most people had gone in the night before, and the trail was well packed down. We stopped for a snack at Johns Brook Lodge. While we were there, a couple of backpackers came in, with one of them saying that his fingers had been numb all night. The winter caretaker hustled him inside to warm up. As we headed up the trail, we met some of his friends. They had tried to get to Marcy the day before, but had not been able to make it. We made good progress on the still packed trail, but with ever deepening new snow around us, until it was time to turn off onto the Shorey Shortcut. No one had gone that way for quite a while, and we now had to contend with 15 to 20 inches of fresh snow

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and an often unclear path. We took turns breaking trail, but it was slow going, as much because we often had trouble finding the trail with any number of false leads as because it was hard to go steeply uphill in deep snow. It took us a few hours to get to the Range Trail, which was also not broken out. We stopped for a well needed rest and snack, then headed on to Basin. The trail was somewhat easier to follow, but still slow to travel. Basin's summit was close to socked in, with nearby peaks dimly visible. It was windy and cold, so we did not linger long. The trail off the summit to Saddleback was less than obvious so Mike, spotting a gap in the trees below, led us cross-country over deep snow right to the trail. We took another break in the shelter of the trees in the col between the peaks. With some more difficult route finding, we at last found ourselves at the base of the Saddleback cliffs. Up we went, though with more difficulty than we would have liked. It took some real teamwork and patience, but finally we were all safely on the summit. I think we all felt considerable joy and relief to find that others had come from the opposite side earlier in the day, giving us a well broken out and clear trail to follow back. By the time we had a post-summit snack, darkness was setting in. Fortunately, we made good time back to the parking lot, arriving a bit after 10:00. Participants: John Acacia, Phil Alonzo, Joe Babcock, Joanne Conley, Mike DeSocio, Mike Fuller, Joelle Hartshorn, Bernadette Hogan, Kelly Moody, Karen Provencher, Wayne Richter, Mark Seymour, Anthony Szmul, Greg Travers.

Tabletop Sat, Feb 29, 2020, Andrew Meunier and Jeff Mans

- We left the HPIC around 7:45 with cool but not frigid temperatures and enough snow on the trails to make for excellent snowshoeing. Snow cover increased as we hiked past Marcy Dam and up the trail towards the Tabletop. The herd path was not broken out so we took turns breaking trail through fresh snow. We enjoyed a pleasant break at the summit as we watched Haystack come in and out of the clouds (Marcy stayed stubbornly hidden). Views of Colden and the MacIntyres were splendid on the way down. Our visit to Indian Falls was worthwhile with more views and a fair amount of sunshine, too. On the way back, Cara and Jeff decided they hadn't had enough and opted to sign out and do Phelps Mountain as well. A great day playing in the snow! Participants: Jeff Mans, Cara Benson, Scott Anderson, Andrew Meunier.

Boreas Ponds Ski Sat, Feb 29, 2020, Steve Mackey

- It was a cold day with lots of snow. There was around a 3 foot base with about 6 inches of new snow. We had to break trail most of the way, but we discovered that it was actually better to ski in the virgin snow than it was to ski in the old trail. Breaking trail wasn't that hard, and we got a decent glide even if you were the first person. When we got to the ponds, we started heading north to have lunch by the giant glacial erratic that we had seen the last time we kayaked there. Then we saw the new lean-to that they had erected up on the hill. We headed back and had a nice lunch (out of the wind) in it. Unfortunately, it was cloudy, and though we could make out the Great Range, it wasn't as good as we'd hoped. I hike quite a bit with the "Crooked Canes" and everybody that came is a member. For some, it was the furthest that they had ever skied. Everybody did great, and skied at a good pace. There were a few wash outs from the Halloween storm, which didn't affect us, but could be an issue for cars in the spring. After the hike, we checked out the new Paradox Brewery in North Hudson. They were sort of open, but the actual bar was closed because they were working on it. I hope at some point that they put food in. It will be a must stop, if you are recreating from this exit. Participants: Eric Potter, Lynn Mayack, Fran Herve, Caralyn Jaskot, Steve Mackey.

Saratoga Battlefield Walk Tue, Mar 3, 2020, Maureen Coutant

- I was hoping for a ski, but we had a warm March day with temps reaching 50 for our walk along the Wilkinson Trail in the Saratoga Battlefield. So, although we did need microspikes in a few places, we definitely couldn't have skied. We actually had equal parts mud and ice to deal with. But it was great to be out. Dave Roeger is a bit of a

history buff and his wife volunteers at the Park, so he was able to share all kinds of interesting information. Participants: Kim Brown, Ellen Caffry, Mo Coutant, Paul Dietershagen, David Freeman, Emilie Gould, Susie Imgruth, Jane Kana, Dave Roeger.

Allen Sat, Mar 7, 2020, Wayne Richter and Mike Fuller

- Mother Nature decided that it was time to kiss and make up for the tough time she gave us on the previous week's hike to Basin and Saddleback, and gave us a perfect day for a winter hike: a cloudless sky, no wind, and ideal temperatures in the 20s. We even had a beautifully packed trail that enabled us to make good time. We were on the trail not much after first light and soon walked across frozen Lake Jimmy. On past Lake Sally we went, and then along the mostly frozen Opalescent. We were happy to find the Opalescent still well frozen and easy to cross. We had a stop at the gravel pit for a snack, then went up and down the hill to Skylight Brook. After more food and a rest at the base of Allen Brook, we began the real climb. What a glorious day! As we got higher, we reached a zone where rain and snow had stuck to the trees, turning them a fuzzy, frosty white. The day's warmth let us spend quite a while on the summit, enjoying the view, the camaraderie with other hikers, and a guy who put on a Tyrannosaurus rex costume. As usual, the way down gave us a great butt slide. As we headed out in the late afternoon, an early rising full moon hung above Allen, and accompanied us the rest of the way as we finished well before dark. Participants: Kevin Bates, Cara Benson, Christine Bouckley-Moore, Jim Burger, Margaret Casagrande, Amy Duff, Jen Ferriss, Mike Fuller, Aaren Harris, Matt Kelly, Ben Norford, Wayne Richter, Gayle Schutte, Anthony Szmul.

Moreau hot dog roast Mon, Mar 9, 2020, Maureen Coutant

- Due to the forecast, we moved this trip to Monday and we were rewarded with a great day. We met in the parking lot, stopped by the warming hut and dropped our food, and then headed up the mountain to check out the porcupine area. Laurie showed us the caves where they hang out. The snow was gone, so we didn't see their tracks as we usually do, but we could see where they normally walk and found signs they were there (scat and a few quills). Then we headed up a little higher to the overlook. On the way up, we found a deer jaw bone (we think) along the trail and a couple of butterfly flies flew by. We made our way back down and headed to the warming hut for some hot dogs and all the other goodies brought by the group...salads, chips, brownies. YUM! As we headed back to our cars along the road, we were surprised to see a bat swooping around above our heads. I reached out Al Hicks, our friend and retired DEC bat specialist, and he surmised that it had recently been scared out of wherever it was "hanging out." So, lots of interesting wildlife sightings on this outing. So glad we got out and did this trip when we did. Of course, we didn't know it at the time, but this was the last outing for a while as we had to put the outings on hold shortly after this one. It was a good one to end on for a while. Participants: Gwen Biral, Kim Brown, Ellen Caffry, Mo Coutant, Carma DeCicco, Paul Dietershagen (for lunch), Emilie Gould, Debbie Hummel, Julie Leonelli, Leland Loose, Licia & Steve Mackey, Liz Mulshine, Joanne Szot, and special thanks to Laurie Williams.

Lower Wolf Jaw from Roostercomb parking area Sat, Mar 14, 2020, Jeff Mans and Andrew Meunier

- A nice late winter day provided an ideal backdrop for the most interesting approach to the summit of Lower Wolf Jaw. The trail passes through some open forest and past the prominent outcrop of Rooster Comb, before climbing more steadily up to the Wolf's Chin and a virtual parade of nearby peaks and cliffs as we made our approach towards the summit of LWJ. One final steep ice pitch provided a challenge on the final summit climb, and especially upon our descent, which required a group effort and Andrew's steady casting of a tow line down the pitch to retrieve crampons to share with those wise enough (or terrorized) to realize that snowshoes and microspikes risked a most uncertain but speedy descent otherwise. On the summit, the wind almost vanished as we sat down for a bite to eat, soak up the sun, and hog some views. A real nice outing with a great group, and a certain return trip in the future. Participants:

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Greg Grieco, Quentin Grieco, Karen Seward, Scott Anderson, Andrew Munier (co-lead) and Jeff Mans (leader).

Hike to Colden Sun, Mar 15, 2020, Joe Babcock

- We originally had 6 sign up for this fun winter hike. At the meeting spot in the morning, we were a band of 3 hikers. We traveled up to the trailhead at the HPIC, and after getting our gear set, headed down the trail. No need for snowshoes between the lot and Marcy Dam. The trail was well packed most of the way up to the summit, but we did switch to snowshoes in order to keep the trails in good shape. The view of Colden from Marcy Dam showed some clouds at the summit, but I expected those would clear by the time we reached the top. We headed up the trail towards the junction with the trail to Lake Arnold and the sun started to make an appearance. Still plenty of snow and ice to make for great photo opportunities and just nice views. We made good time up the trail, stopping for brief breaks along the trail. When we reached the junction to Colden, we enjoyed Lake Arnold. The L. Morgan Porter Trail revealed plenty of views, starting with views of Marcy and opening up to much more as the trail climbed. There was a good wind blowing at the first lower summit, but the view was clear and we spent some time soaking it in. Then we quickly made our way to the summit which, though breezy, was nice enough to spend about a half hour exploring. Great scenery all around! It was a pleasant hike back down the trail and we finished early. We ran into friends on the way down as well as in the parking lot when we finished the hike. Great day hiking Colden. Participants: Joelle Hartshorne, Phil Alonzo and Joe Babcock.

Marcy, Grey, and Skylight Sun, Mar 15, 2020, Steve Mackey

- We had a lot of last minute additions and subtractions, but in the end we had five intrepid hikers show up. Paul Gebhard was planning on finishing his winter 46, so we had extra incentive not to let him down. The original plan was to go over Marcy, directly to Gray, take the herd path down to Lake Tear, take the trail up Skylight, and then take the trail from Four Corners back over Marcy. The Van Hovenberg trail was well packed and we wore microspikes until we were half way up the dome on Marcy. It had rained the day before, and the entire dome of Marcy was thick, hard ice. We decided since we all had real crampons that it would be a good time to put them on. When we started down from the summit, we were glad we had them. It was icy enough that, if you lost your footing, it wasn't going to be pretty. I immediately started changing plans because going back over Marcy was a no go. We stopped to regroup, and looking over at Gray, it appeared that we could still go there first. However, there was another group doing the exact same hike (with one of their members also finishing his winter 46), and we had a little discussion. They were going to go to Skylight, then Gray, then contour around Marcy, about tree line level. They assured me that they had done it before, so we decided to take their advice. Everything went smoothly and Paul finished on Gray. He had made a finishing sign, and luckily he didn't put the name of the mountain on it. (He also had knitted a hat, with the same colors of the 46 winter rocker patch). We had a nice ceremony, including ice cream treats, and headed for the traverse. The snow was deep enough, including spruce traps, that we all switched to snowshoes. This made it complete, that we got to actually use all the gear we were carrying. We made good time on the trail again, and made it out well before dark. Congratulations Paul. Here is a link to all our [pictures](#), if you are interested. Participants: Wayne Richter, Cara Benson, Karen Provencher, Paul Gebhard, and Steve Mackey.

Cobble Hill and Hayes Mountain Snowshoe/Bushwhack in Hoffman Wilderness/Loch Muller area in Schroon Sat, Mar 28, 2020, Jeff Mans and Jayne Boudier

- Trip canceled due to the virus, but the leaders decided to take all necessary precautions and met at the trailhead to hike/snowshoe a seldom explored nook in the Hoffman Notch Wilderness Area. What a hidden gem. The highlight was the main sheer cliffs of Hayes, just

across and past an open marsh separating it from Cobble Hill, and the views while climbing along the cliffs to the summit. A peregrine falcon gave a cry as it dove down along the cliffs and soared back up. We found a route up the cliffs to the south and followed the ridge up that passed nearby and eventually over the cliffs as they opened up incredible views of Bailey Pond and the Texas Ridge that leads to Hoffman and Blue Ridge Mountains. As we neared the summit of Hayes, an abundance of softened snow was perfect for snowshoeing as we made the summit and then navigated northeast to find the only passage down the cliffs to Bailey Pond short of taking the much longer route north past Marion Pond. Along the way, we ran into fresh black bear tracks in the snow a few times, so it was clear they had come out of hibernation and were now out and about. We walked around Bailey Pond and out on the trail back to the parking lot of the Hoffman Notch Wilderness Area at the end of Loch Muller Road. We will be doing this again as an official outing when the time is right, but for now, I just wanted to post to provide others with some information on this interesting route.

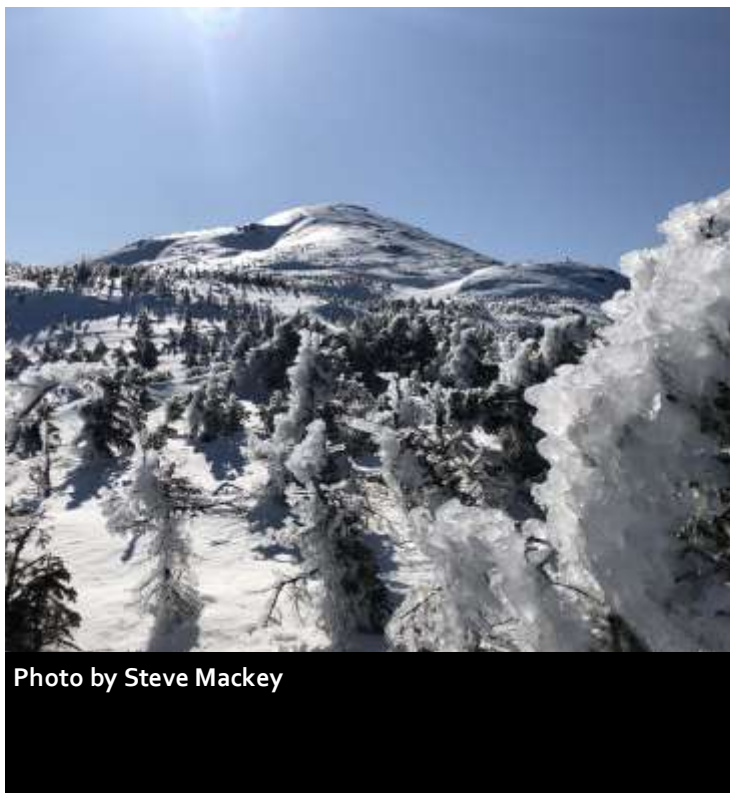


Photo by Steve Mackey

Hiking Family by Erica Halbrook

To put it simply
Nothing compares to the friends
I've made on the trails

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 • From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER** Road. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (**LEFT**) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)**
 *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

| Rating | Effort Level | Elevation Gain (feet) | Miles | Time (hours) |
|--------|----------------------|-----------------------|---------|--------------|
| A+ | Very Strenuous | 4,000+ | 10+ | 10+ |
| A | Strenuous | 3,000+ | 8-12 | 8-10 |
| B+ | Moderately Strenuous | 2,000+ | 5-10 | 6-8 |
| B | Moderate | 1,000+ | 5-8 | 5-6 |
| C+ | Fairly Easy | 1,000+ | 5-8 | 4-6 |
| C | Easy | Under 1,000 | Under 5 | Under 5 |

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center
131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STRET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library
Corner of Glen and South Streets
Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters: EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library: Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed

1.5 miles, past three traffic lights to

T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.

Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*

***Reminder: Please include your e-mail
address when renewing membership!***

