



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

**Annual Chapter Dinner Cancelled
RSVP for Virtual Annual Meeting
Wednesday November 4, 2020, 7 PM
Or, Vote by Absentee Ballot**

At its August 5, 2020, meeting the Chapter Executive Committee canceled the in-person Fall Annual Dinner. The Chapter will hold their annual meeting on November 4, 2020 at 7 pm using Zoom. Registration is required and space is limited. We will be voting on the slate of officers for the 2021 Executive Committee followed by our regularly scheduled meeting. All members are encouraged to attend. **Please RSVP:** rsvp@adk-gfs.org

Please include the full names of Chapter members in your household who will attend the meeting. The

Chapter's by-laws require that 50 members must vote in order for us to reach a quorum, and space is limited, so **members who can not attend the ZOOM meeting are encouraged to vote ahead of time by absentee ballot.** See page 2 for instructions.

SLATE OF OFFICERS

The Nominating Committee has selected the following nominees for the term beginning January 1, 2021:

- Chair: Jen Shepherd
- 1st Vice Chair: Laurie Williams
- 2nd Vice Chair: Brian Coville
- Treasurer: Steve Mackey
- Secretary: John Caffry
- Director (2021-2023 Term): Emily Kane

ADDITIONAL NOMINATIONS

Additional nominations, in writing, may be submitted by any member entitled to vote to the chair of the Nominating Committee not later than **October 21, 2020.** Such nominations must be signed by no fewer than twelve voting members.

Please send correspondence to Brian Coville, Nominating Committee Chair: nominating@adk-gfs.org or to the Glens Falls-Saratoga Chapter PO Box.

Hiking Hadrian's Wall, England
November 18, 2020
Zoom, 7 pm



ADK members Lenore and Jack Reber will share a photo-program of their June 2019 trip to England with the Sierra Club. Built by Roman emperor Hadrian in AD 122, the path extends for 84 miles near the border with Scotland. Ruins of the wall and Roman fortifications highlighted their 120 mile, 13 day walk with excellent weather and accommodations.

To register: <https://sspl.libcal.com/event/6868886>

Vote for Chapter Officers at the 2020 Annual Meeting

At the annual meeting, chapter members will be invited to vote for the new officers. The positions are listed on page 1 and their biographies are below.

In the event that there is more than one candidate for any given office, at the annual meeting the Secretary shall furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot shall be the exclusive means of voting for officers and Directors. The successful candidate for each position shall be determined by a simple majority of the votes cast. Please see below for the biographies of these nominees.



Jen Shepherd I grew up in Upstate NY most of my life and never knew there was such a big world of trails and adventures right outside my door. I joined the Glens Falls-Saratoga Chapter of ADK in 2011, began hiking the fire towers and followed them by completing the 46. Hadley was my first fire tower (FT), it was love at first hike and

inspired me to become part of the Hadley FT committee. I've been a Glens Falls-Saratoga outing leader, previously served as Publicity Chair for the executive committee, and resumed that position last year. I've volunteered at ADK headquarters and have organized trail cleanups in my local area. Outside of hiking, I enjoy rock climbing, am pursuing my Bachelors in Cyber Security, and actively pursuing ways to give back to the hiking community and trails that have given me so much in the last ten years.



Laurie Williams I have been an ADK member for several years, going on outings and participating in workdays at the Headquarters. As well as being a Vice Chair, I am also an Alternative Director with the Glens Falls-Saratoga Chapter. My favorite outdoor recreational activities are hiking (46er), paddling, skiing and being stunned by the beauty in our world. I have volunteered for many years with the Friends of Moreau Lake performing trail work, fundraising, and education and I am a new member of the Lower ADK Search and Rescue team (LASAR). As a professional geologist, I have been involved with the environmental and water supply industries for 34 years.



Brian Coville I grew up on Long Island and developed an interest in hiking while exploring Bear Mountain State Forest with my friends. After relocating to the Capital Region in 2015, I began working as an internal auditor at Pioneer Bank; I continue to enjoy working and learning in that role. I volunteer with

the Adirondack Mountain Club as a Director, representing the Glens Falls-Saratoga Chapter, and member of the Audit Committee and with the Glens Falls-Saratoga Chapter as the Nominating Committee Chair.



Steve Mackey I have been an active member with the Glens Falls-Saratoga Chapter of ADK since the early 80s and I've already served as the Chapter Treasurer for almost 5 years. I also have participated in the Adopt-a-Lean-

To program, with Jim "Jungle" Mosher, taking care of Ward Brook Lean-to, for over 30 years. I lead hikes regularly and am the "Winter Weekend Coordinator". I am retired now, but I spent my career as the owner/operator of the Luzerne Market which has been operating for almost 40 years.

John Caffry I have been an ADK member since 1985 and have served ADK in many capacities, such as member of the Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary from 2006 to 2015 and starting again in 2018; Chapter Chair from 2016 to 2017; former member of ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; current member (since 1988), and former chair, of ADK Conservation Committee; and participated in the Adopt-a-Lean-to program for 10 years. I am a native of Glens Falls, currently living there with my wife, Ellen. I am a member of the Caffry & Flower law firm in Glens Falls. Occasionally, I find time for hiking, paddling and all varieties of skiing.



Emily Kane I have had a family Adirondack Mountain Club membership for many years as my parents have been involved with ADK and got me involved as well. I am currently a Faculty Secretary at SUNY Adirondack, Marketing Coordinator for Ballston Spa Rentals and J.J.'s Snack Bar in

Ballston Spa, and I'm coming up on my 11th season as an Off-Ice Official for the East Coast Hockey League in Glens Falls. I'm an avid hiker, skier, paddler, biker, and I've enjoyed helping my parents as campground hosts for the past 5+ years at the Wilderness Campground at Heart Lake. I've been filling a director position since January 2020 after my dad passed away and I was chosen to replace him. During my time on the board, I've been involved with the Banff Mountain Film Festival fundraiser and created an Instagram account to help promote the mission of the organization and keep everyone updated on our events and news. Follow us @Adkglensfallssaratoga

Absentee Ballots

If you can not attend the virtual Annual Meeting on November 4, 2020 on Zoom, please vote by absentee ballot. Ballots should be postmarked **by November 2, 2020**. An absentee ballot is attached.

If you received a physical copy of the newsletter through the postal service, a ballot was inserted.

If you have any questions, please contact John Caffry, Chapter Secretary at rsvp@adk-gfs.org



Chapter Chair Report ~ Kathi Noble



It is hard for me to believe that the nightmare of the pandemic has continued into summer. I was feeling frustrated with having to wear a mask; social distancing and hand washing was getting to me. So my husband, a friend of ours and myself decided to take a canoe trip to get away from it all. We packed up our gear and Hornbecks and ventured north only to find the parking lot nearly full! We set out hoping we'd be able to find a site once we arrived at our destination. Finally arriving we were greeted by a loon family and a beautiful empty campsite. The campsite was a gem so we stayed there two nights enjoying the loons, stars and peacefulness of the pond before setting off for more paddling and a different site. We had another peaceful day pond hopping with loons and only two other paddlers. As we continued on our journey we enjoyed the same peacefulness as the previous days. The next morning we took our time packing up, enjoying the last bit of solitude before heading to the portage into Little Clear Pond. Getting away for five days was a great way to forget all this craziness that the world is going through. Being on the water, seeing and hearing loons, eating great campfire meals, sleeping under the stars and even using a thunder box all helped to rejuvenate me to be able to tolerate the mask wearing, social distancing and constant hand washing. I may have to head out there again real soon!

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers	Committee Chairs	Committee Chairs
Chapter Chair Kathi Noble 518-668-3046 chapterchair@adk-gfs.org	Conservation 401-529-5034 Aimee Viens Rutledge 518-396-9579 Paul Dietershagen conservation@adk-gfs.org	Trails Tom Ellis 518-638-6139 trails@adk-gfs.org
First Vice Chair Laurie Williams 518-396-8108 vicechair@adk-gfs.org	Education Kim Brown 908-305-8357 education@adk-gfs.org	Web site George Sammons 518-743-9692 webmaster@adk-gfs.org
2nd Vice Chair vacant vicechair@adk-gfs.org	Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org	Wilderness Jim Schneider 518-421-4975 wilderness@adk-gfs.org
Secretary John Caffry 518-798-0624 secretary@adk-gfs.org	Membership Pat Desbiens 518-813-7946 membership@adk-gfs.org	Young Members Megan McLaughlin ymg@adk-gfs.org
Treasurer Steve Mackey 518-793-6484 treasurer@adk-gfs.org	Newsletter Editor Jennifer Ferriss 518-290-0703 newsletter@adk-gfs.org	Fire Tower Jim Schneider 518-668-3046 Kathi & Tim Noble firetower@adk-gfs.org
Directors Brian Coville Emily Kane Bill Wasilauski director@adk-gfs.org	Outings Wayne Richter 518-893-7895 outings@adk-gfs.org	Annual Dinner Anne Paolano 518-798-3055 annualdinner@adk-gfs.org
Past Chapter Chair John Caffry 518-798-0624 pastchair@adk-gfs.org	Programs Sarah King 518-798-0615 programs@adk-gfs.org	Alternate Directors Maureen Coutant Charlene Kane Laurie Williams
Learn more: adk-gfs.org	Publicity Jen Shepherd publicity@adk-gfs.org	Visit us at: , facebook.com/adkgfs or facebook.com/SaratogaYMG

Membership Update ~ by Pat Desbiens

GLENS FALLS - SARATOGA CHAPTER

NEW MEMBERS - MAY 2020

Scott Antolick, Johnsonville
Katasha Barry, Gansevoort
Makenzie Bennett, Saratoga Springs
Judy Beck, Andrew & Samuel Brachfeld, Saratoga Springs
Donna Brent, Schuylerville
Carol Carlson, Hudson Falls
Andrew, Amy, Katie & Olivia Carroll, Clifton Park
Nick Chakurmanian, Ballston Spa
Hannah Coltrain, Corinth
Ryan Connor, Troy
Heather Crawford, Lake Luzerne
Kenneth Dagles, Gansevoort
Ellen Daigneault, Fort Edward
Jared Davis, Gansevoort
Ginna Fitzgerald, Fort Ann
Emma Gardner, Queensbury
Wendy Gavert, Saratoga Springs
Kimberly Gilbert, Comstock
Michael, Lisa, Caleb, Colby & Cameron Huchro
Sean Jaynes, Ballston Lake
Ann Lajoie, Queensbury
Frederic Lee, Edinburg
Bridget Lent, Greenwich
Jessica Mazurowski, Ballston Spa
Michael, Allison, Maeve, Ella & June McCarthy, Delmar
Jennifer Miller, Greenfield Center
Eric Moses, Schenectady
Amanda Muratorri & Logan Distasio, Queensbury
Kali Nagler, Greenfield Center
Jeffrey Nastke, Lake George
Bruce Parker, Whitehall
Monica Ravreby, Cambridge
John Reid, Saratoga Springs
Charles Riegel, Lake George
Melissa Rivera, Utica
Lindsey Russell, Lillian & Lukas Bliss, Warrensburg
Mark Ryan, Queensbury
Timothy Seeley, Lake George
Kristina Shafer, Halfmoon
William Shelefka, Queensbury
Kimberly Shoemaker, Ballston Spa
Maria Spagnola, Saratoga Springs
Tori Strock, Saratoga Springs
Raymond, Carli & Carter Thatcher, Ticonderoga
Martha Banta & David & Henry Turner, New York
Kelly Webb, Queensbury
Christina Weihe, Clifton Park
Lindsey White, Lake Luzerne

REJOINED MEMBERS - MAY 2020

Thomas, Holly & Henry Cahill, Lake George
Darryl & Mona Caron, Clifton Park
Joan, Victor & Jennifer DeVito, Latham
Timothy Farnan, Mechanicville
Bernard Gille, Jr. & Josh & Keith Bushnell, Corinth

Nicole Hinds, Ballston Spa
Justin Maggs, Saratoga Springs
Beth, Megan & Laura Schermerhorn, Queensbury
NEW MEMBERS - June 2020
Robin Andre, Glens Falls
Doug Bengtson, Greensboro, North Carolina
Cory Bilinski, Stillwater
Doug Bisnette, Glenville
Dylan Blumberg, Ballston Spa
Amber Boudreau-Bateholts, Schuylerville
Meagan Brown, Saratoga Springs
Taryn, Jacob & Tess Calo, Clifton Park
Emily Chester, Saratoga Springs
Tamantha Czajkowski, South Glens Falls
Allison Defibaugh, Ballston Lake
Ian, Angela, Benner, Samuel & Maxwell Demerit, Malta
Quan Dobbs, Clifton Park
Hather Drozinski, Amsterdam
Shelley, Jamin, Dawson & Emma Duell, Whitehall
Reginald Durden, Jr., Clifton Park
Cara & Olivia Ebert, Saratoga Springs
Eric Engelmeyer, Niskayuna
Jamie Greene, Ballston Spa
Stephen Hall, Ballston Spa
Eddie & Kyris Hernandez, Clifton Park
James Holcomb, South Glens Falls
Joshua Howarth, Averill Park
Joshua, Kristen, Jonathan & Khloe James, South Glens Falls
Jennifer Kietzman, Glens Falls
Anne Marie Knizek, Rexford
Jenna Lesinski, Saratoga Springs
Lee Levine, Fort Edward
Celia Lockhart, Corinth
Amanda Lohnas-Greenwalt, Mechanicville
Rachel & Molly Mastare & Dylan Gardner, Granville
Rebecca Mason, Greenfield Center
Christine Maxon, Johnsonville
Lisa McGinnis, Ballston Spa
Lauren McGrath, Gansevoort
Brian McNeely, Gloversville
Jessica & Raegan McWain, Queensbury
Antonio Mendoza, Ballston Spa
Joely Miller, Rexford
Heather Nickel, Gray, Maine
Joseph & Emma Parker, Cambridge
Anna Pollack, Clifton Park
Tracey Pommer, Altamont
Daniel, Liam & Zachary Powers, Ballston Lake
Erika, Mia Quinones & Valerie Ascencio, Queensbury
Bethany Reynolds, Ballston Spa
Michelle Richards, Hudson Falls
Matthew Riegel, Oak Ridge, New Jersey
Louis Rothschild & Stuart Earhat, Saratoga Springs
Tia, EmilyAnn, Dominick & Elias Ruggiero, Lake Luzerne
Joshua Sartin & Danielle, Ray, Alexis & Jeremy Harrington, Fort Plain

Membership Continued

Christine Schlittenhardt, Lake George
Matthew Semione, Gloversville
Emily Sharpe, Glens Falls
Samantha Shattuck, Greenfield
Beth Sponzo, Queensbury
Tammy Stone, Delanson
Rudolph Stutzmann, Glens Falls
Mike Thompson, Mechanicville
Rose Marie Thrane, Cambridge
Erika Walsh, Greenfield Center
Stacy Weeks, East Greenbush
Brittany, Nevaeh, Lijah & Zyan Williams
Tijan Woodard, Argyle

REJOINED MEMBERS - JUNE 2020

Kevin Crifo, Roslyn Heights, New York
Hih Song Kim & James, Breyten & Anacabri Neill,
Brooklyn, New York
Paul Kraus, Oakland, California
Kathryn Quoi, Albany
Katlin Rhodes, Middle Grove
Ryan Romano, Cohoes
David Smith, Amy Brown, Coleman & Violet Smith, Sa-
ratoga Springs
Sherry & Richard Straub, Queensbury
Gregory, Nicolas & Matthew Vigilante, Waterford

Jacob Mutton, Fairport, NY age 15
Katie Mutton, Fairport, NY age 13
Chris Mutton, Fairport, NY
Amy Mutton, Fairport, NY
Jessica Stevener, Utica, NY
Samson Minnich, Westborough, MA
Cecilia Minnich, Westborough, MA
Jonathan Tario, Clifton Park, NY

Amy Mutton wrote: “Hopefully my kids have developed a great love and respect for the wilderness and outdoors. I know I have. It has made us mentally and physically stronger and yet humbled us.”

ADK Fire Tower Challenge by Kathi Noble

**Congratulations to the
Adirondack Mountain
Club Fire Tower
Challenge Finishers!**



Dustin Wright, Schenectady, NY
Dillon Creen, Albany, NY
Roy Tario, West Sand Lake, NY
Taylor Caviness, North Syracuse, NY
Sarah LeBarron, Broadalbin, NY
James Thomas Bassett, Manlius, NY
Jim Higgins Jr., Broadalbin, NY
Jim Higgins Sr., Broadalbin, NY
Jimmer Higgins, Broadalbin, NY age 7
Cole Higgins, Broadalbin, NY age 4
Dawn Martin, Rochester, NY
Melanie Robinson, Rochester, NY



Snowy Mountain, photo by Jen Ferriss

Jon Tario wrote, “Azure was a gorgeous mountain and an excellent way to hike the last mountain on the list. It was a perfect blue-sky day and much needed break from the craziness of the past few months.”

JACKI BAVE: A CONSERVATIONIST WITH A SENSE OF ADVENTURE by Maureen Roberts



Everything I ever learned about hiking I learned from Jacki Bave. My first hike with Jacki was in 1998, when we did a mid-October hike up Noonmark Mt. with her niece and nephew, and my daughter and niece, all about 10 years old. I was totally unprepared for the several inches of snow that greeted us at the summit, and had no hats or gloves for my kids! Jacki calmly pulled out extras from her pack and saved the day. That was the beginning of 22 years of hiking with, and learning from, Jacki. She passed away at home early on a Saturday morning, in a bed facing her lovely garden, after a courageous seven year battle with ovarian cancer. Anybody who's been a member of the Glens Falls-Saratoga Chapter of the Adirondack Mountain Club for a while knows Jacki, as she is literally "club royalty", having

served on the Chapter Executive Committee for 31 years, and serving as the Conservation Committee Chair from 1991-2015.

Her sister and favorite hiking partner, Barb, tells a funny story about when Jacki started to hike with a different ADK chapter in the early '80's. Jacki felt the Chapter had too many rigid rules and regimentation. One day the Chapter did a combined hike with the Glens Falls-Saratoga Chapter and they seemed super friendly and laid back, so she asked, "Can I join your chapter?" Jim Cooper, Tom Ellis, and Todd Earl remained friends with Jacki and she had found her club. With many willing and able hiking partners, who joined her on these adventures including Dan D'Angelico, John Schneider, Ron Lester, Melody Hoffman, Maureen Laskey, Pat McCullough, Neal Andrews, Cara Benson, Jim Schneider, Dickie Moore to name a few, she proceeded to complete both her Summer and Winter 46.

Jacki met her love and life partner, Dan Dolan at an ADK party on the Goodnow Flow. As they slid down a steep hill on their Flexible Flyers onto the frozen lake, they felt a connection that led to their relationship shortly thereafter. They hiked, snowshoed, cross country skied, canoe camped, and enjoyed an outdoor lifestyle for many years. They took Luna (their yellow lab) on several canoe camping trips to both Algonquin Park and Killarney, two destinations in Ontario with splendid lakes to paddle.

With her sister Barb, she finished her Summer 46 in 1999, and her Winter 46 atop Cascade on a snowy, 20-below day in January in 2004. Barb and Jacki are the first twin sisters to have completed the Winter 46, leading to their mention in two books, "Women With Altitude : Challenging the Adirondack High Peaks in Winter" by Carol Stone White and "Heaven Up-h'istedness!:The History of the Adirondack Forty-Sixers and the High Peaks fo the Adirondacks." She then went on with Barb, Dan, and others to complete her NE 115 in June 2010 and her summer Catskill 35.

Jacki was an outings leader for many years, often with Barb, and they were famous for their yearly Halloween hikes which often included one of them dressed up at the summit (like a gorilla, for instance), ready to jump out and scare the group at the top! Crazy sign-in names for the trail register (E. Normous) were also part of the fun. They loved to tell jokes and make up fun limericks or poems for people at celebrations.

During the last few months of her life, she hiked Cat Mt. on New Year's Day and continued to take long walks in the woods with Luna, Barb, Dan, and friends until a week before her death. She faced cancer and chemo with a matter-of-fact determination and courageousness that was inspiring to witness.

REMEMBERING FRED CADY

by Steve Mackey and Pat Desbien



I'm not sure how many of you knew him, but long time member Fred Cady recently passed away. He was very active leading hikes with the Chapter through the 80's. When I was working on the 46, the trailless peaks were pretty sketchy. There would be one sentence in the ADK High Peaks guide book, and nothing on any of the maps. You usually went with someone who had been there before, on your first ascent of the mountain. It often involved lots of herd paths, route finding, and bushwhacking (also lots of scratches, and usually getting poked in the eye). Fred was my main man for being my guide on the trail less peaks. Usually after one trip on these herd paths, you would end up guiding someone else up the peak, to help them with their 46. So it was an endless chain of helping one another.

One time Jungle Jim, Fred, and I climbed Marshall in late March. It was after winter officially had ended, so it didn't count as a winter peak. Although, obviously it was full blown winter conditions and involved breaking trail. As we were heading back out, Fred didn't feel well, and had slowed down considerably. We crossed Flowed Lands, and as we waited for him, off in the distance was a lonely figure, looking like he was crossing Antarctica. When we finally got to civilization, we stopped at the Black Bear in Pottersville, for

dinner. Fred didn't feel well enough to eat, and he elected to stay in the car and sleep. This was in March, so obviously the car was going to get pretty cold. After dinner, as we left the diner, Jungle joked that he hoped Fred was still alive. As I remember Fred didn't move, until we dropped him off at home.

Another time there was four of us that wanted to climb the slide up Cliff. We decided to go up the old abandoned trail between Cliff and Redfield and if we got a glimpse of the slide, we would head towards it. Well, you couldn't necessarily see the mountain all the time. We could definitely see cliffs, and they were starting to run out, so well elected to go for it, and hope we found the slide en-route. It was steep and I remember pulling ourselves up with our arms holding onto the vegetation. When we finally got to the top, we searched for the canister. We couldn't find it, but there was another high point off in the distance that might be a little bit higher. We headed towards it, crossing downed trees and fighting through the cripple brush. When we finally got there, we searched again for the canister, and again couldn't find it. Off in the distance was another high point, that might be higher. Somewhere on the way over we all took a break to check our maps and have something to eat. I remember everyone studying their maps and us all being in the absolute middle of nowhere. I remember thinking that no human has probably ever been to this spot before, in the history of the world. Finally, on the fourth high point, we found the canister. We also found the slide that we were supposed to go up, and a couple of months later actually climbed Cliff again and used the correct route.

Fred was tough, never complained, and could safely be called an experienced woodsman. Jungle came up with the nickname "Fearless Fred", so from then on we shortened it to just "Fearless". Fred did at least 5 rounds of the 46. Hats off to Fred and all the good times and adventures, we had together.

Steve Mackey

I think perhaps the final contribution Fred made to our Chapter was helping with the Chepontuc labeling group. He would help with the labeling process and then take the newsletters to the Post Office in Saratoga for mailing. He had developed a special rapport with the staff there and they only wanted to deal with him. On one occasion, a mistake was made in calculating the amount of postage we needed to pay and since my phone number was on the form, they called me to let me know that we owed them more money. When I showed up at the post office to pay them, the first thing the clerk said to me was "where's Fred"? I could tell that she had no confidence that I knew anything about what I was doing and really preferred to deal with Fred.

Pat Desbien



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.

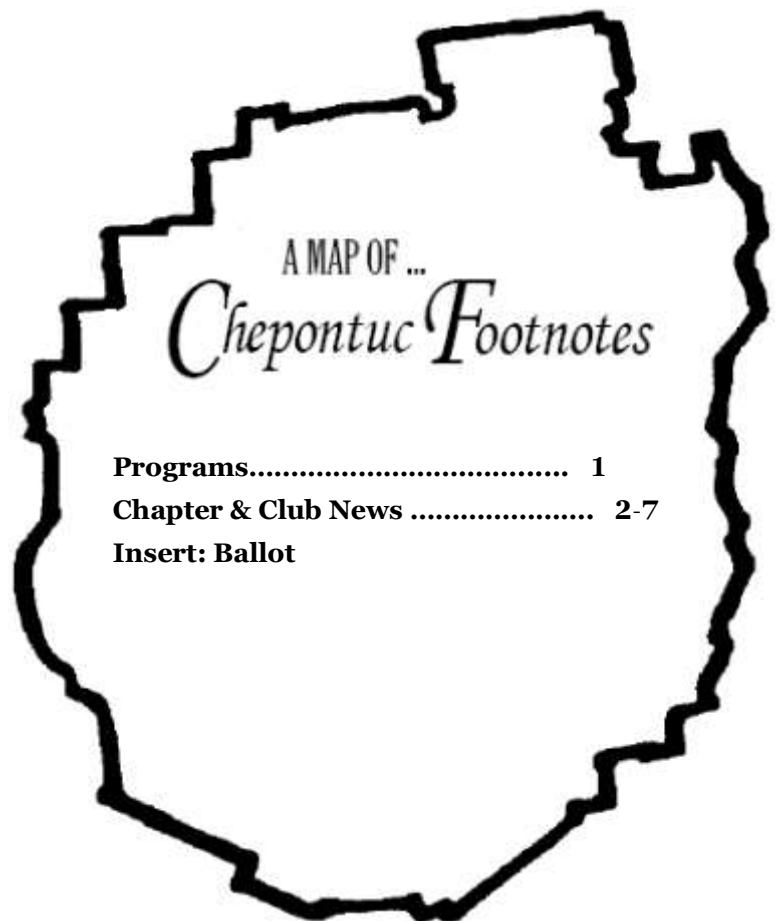
Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



***Reminder: Please include your e-mail
address when renewing membership!***