



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Forest Pests and the Potential Impact on the Adirondacks

March 24, 2021

Zoom, 7 pm

Tammara Van Ryn is a long-time member of the Glens Falls-Saratoga ADK Chapter and currently is the Program Manager for the Adirondack Park Invasive Plant Program (APIPP). The Nature Conservancy hosts APIPP, which is funded by the NY Environmental Protection Fund as administered by NYSDEC. In the manager role Tammara is overseeing the Adirondack response to two new recent forest pests that have the potential to dramatically alter the Adirondack landscape. Join Tammara for a fascinating discussion of forest pests, climate change, and how you can help identify and report invasive species.



In 2020 Tammara moved from the Saratoga area to Saranac Lake to work for The Nature Conservancy. She has paddled and hiked many corners of the Adirondacks.

The registration link will be posted on ours and the Saratoga Springs Public Library's websites when it is available.

Photo credit: <https://images.app.goo.gl/MiaPhmnjNKpcTXoHA>

Morocco-Trekking, Medinas, and Mint Tea with John Schneider

Postponed

Join John on a visual and oral journey as he reminisces about his 10-day trip to Morocco in 2018. Beginning in Marrakech and ending in Fes with a three-day hiking trek in the Atlas Mountains right in the middle, you won't want to miss out on his "adventure of a lifetime."



Hiking Hadrian's Wall, England

Your Time, Your Place

Did you miss the last ADK Glens Falls-Saratoga Chapter program? Watch Lenore and Jack Reber's Hiking Hadrian's Wall, England on The Saratoga Springs Public Library's YouTube Channel: <https://youtu.be/ySOTUsYAVGM>

banffmountainfestival.ca/tour

BANFF CENTRE

MOUNTAIN FILM FESTIVAL WORLD TOUR



Jim Morrison and Steve Nyquist, Sierra Nevada Mountains, California
© Christian S. Smith

Virtual Edition
#epicadventuresindoors



Available beginning Nov 26th
Purchase through our link and ADK - Glens Falls Saratoga Chapter will receive a portion of the proceeds.
Tickets: \$15 for 1 program : 3 days
\$28 for 2 programs: 2 weeks



For more information:
adk-gfs.org



Chapter Chair Report ~ Jen Shepherd



With the start of another new year, new change is in the air. Of the change to come, it's time for a new Chapter Chair which is of course me! It was with much trepidation that I agreed to take on the role. The duties and responsibilities at a glance seem great and overwhelming. At the same time, it is my opportunity to step up and give back to the organization that has given me much over the years. As an introvert, I primarily hiked solo with the goal of getting into shape to tackle Mt. Marcy. I joined ADK so that I could join groups on some of the more challenging hikes I was too hesitant to tackle by myself. Fast forward several years, I've met so many great people. Many of them I consider lifelong friends. I've also had some of the best adventures of my life with these people. I'm still an introvert with a deep love and need for solitary time but my life has become so much richer and more social since becoming an ADK member.

I'm not sure it would have taken the same path had I not joined. I look forward to many more years of adventures and hope that I can not only fulfill my role as Chapter Chair successfully, I hope to contribute to the overall mission and goals of the chapter and club to keep moving forward.

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers	Committee Chairs	Committee Chairs
Chapter Chair Jen Shepherd chapterchair@adk-gfs.org	Conservation 401-529-5034 Aimee Viens Rutledge 518-396-9579 Paul Dietershagen conservation@adk-gfs.org	Trails Tom Ellis 518-638-6139 trails@adk-gfs.org
First Vice Chair Laurie Williams 518-396-8108 vicechair@adk-gfs.org	Education Kim Brown 908-305-8357 education@adk-gfs.org	Web site George Sammons 518-743-9692 webmaster@adk-gfs.org
2nd Vice Chair Brian Coville vicechair@adk-gfs.org	Hospitality Gretchen Steen 518-638-6139 hospitality@adk-gfs.org	Wilderness Jim Schneider 518-421-4975 wilderness@adk-gfs.org
Secretary John Caffry 518-798-0624 secretary@adk-gfs.org	Membership Pat Desbien 518-813-7946 membership@adk-gfs.org	Young Members Megan McLaughlin ymg@adk-gfs.org
Treasurer Steve Mackey 518-793-6484 treasurer@adk-gfs.org	Newsletter Editor Jennifer Ferriss 518-290-0703 newsletter@adk-gfs.org	Fire Tower Tim Noble 518-668-3046 firetower@adk-gfs.org
Directors Bill Wasilauski Brian Coville Emily Kane director@adk-gfs.org	Outings Wayne Richter 518-893-7895 outings@adk-gfs.org	Annual Dinner Anne Paolano 518-798-3055 annualdinner@adk-gfs.org
Past Chapter Chair Kathi Noble 518-668-3046 pastchair@adk-gfs.org	Programs Anne Paolano 518-798-3055 programs@adk-gfs.org	Publicity vacant publicity@adk-gfs.org
Learn More: adk-gfs.org	Visit us at: , facebook.com/adkgfs or facebook.com/SaratogaYMG	Check out our Instagram Feed: @adkglensfallssaratoga



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge.

Dennis Babin, Cobleskill
Jennifer Brambley, Westmoreland
Haley Jeanette, Jay
Ray Finney, Liverpool
Paul Hare, Ballston Lake
Douglas Lenz, Troy
Brittany Redman, Queensbury
Valerie McGuirk, Vermontville
Jennifer McGuirk, Saranac Lake
Andrew Converse, Dryden
Joy Huth, Cohoes
Kathleen Way, Baldwinsville
Timothy Thomas, Baldwinsville
Mollie Denis, East Hampton
Reid Denis, East Hampton, CT
Kevin Pratt, Saranac Lake
Grace Yacobucci, Schenectady
Danielle Papa, Schaghticoke
Corrine Shambo, Ausable Forks
Laura Baker, Diamond Point
Destiny Law, Holland Patent
Terri Cole, New Berlin
David Marcus, Rochester
Angelika Marcus, Rochester
Debb Parker, Syracuse
Christine Reilly, Porter Corners
Julia Riley, Glens Falls
Sean Patterson, Liverpool
Timothy Farley, Mechanicville
Kevin Joslin, Canastota
David Freeman, Gansevoort
Edward McCann, Mechanicville
Beverly Reynolds, Hamburg
Kimberly Buddle, Utica
William Bick, Utica
Mary Lou Rabideau, Keeseville
John Howard, Clifton Park
Lisa Weller, Whitesboro
Jesyka Smith, Queensbury
Shane Louis, Middleville
Linda Francois, Scotia
Pam Fitzgerald, Scotia
Anna Gomes Domenech, South Glens Falls
Jennifer Ferriss, Saratoga Springs
Elizabeth Strickler, Delmar
Leona Cookinham, Poland
Paula Brown-Weinstock, Gloversville
Alex Gallinelli, Richmondville
Sonya Gallinelli, Richmondville
Reanna Zappavigna, Rome
Scott Traynor, North Bangor

NEW MEMBERS

SEPTEMBER 2020

New Members

Jessie, Ross, Eleanor & Isla Altman, Saratoga Springs
Karen Bedard, Clifton Park
Roberta Brown, Greenwich
Stephen Brown, Queensbury
Peter & Joelle Callahan, Washington, D.C.
David Chamberlain, Amsterdam
Jeremy, Eva & Estelle Cottrell, Glens Falls
Nancy Countermine, Saratoga Springs
Joseph Fairley, Saratoga Springs
Alan Fritz, Gansevoort
Joan Genchi & Warren Egloff, Port Jefferson
Barbara & Bill Giuliano, Lake George
Ernest & Carol Johnson, Porter Corners
Elizabeth Laurin, Sandgate, Vermont
Cheryl Laux, Ballston Lake
Dave & Theresa Middleton, Queensbury
Kelly Muncil, Lake George
Christopher Newton, Salem
Lukas Patrizio, Clifton Park
Jill & Derek Pederson, Lake George
David Rakvica, Burnt Hills
Caitlin Righi, Glens Falls
Casey Robert, St. Albans, Vermont
Brenda Saunders, Greenwich
Thomas Sisson & Bridget Cotugno, Balston Spa
Brian & Megan Stewart, Burnt Hills
Beverly Symonds & Noah Benveniste, Queensbury
Elisa Donato, Matthew, Issac, Jon & Miles, Vernon

Rejoined Members

Drs. Kathleen & John Braico, Queensbury
Harry & Maria Bucciferro, Boulder, Colorado
Lisa Cavi, Queensbury
Casey, Liz, Madelyn & Meredith Clark, Queensbury
Michael Cleveland, Lake George
Michael Connell & Ruby DelRocero-Connell, Saratoga Springs
Robert Cooley, Saratoga Springs
Molly, Shane, Tristan, Eilley & Liam Kalil, Gansevoort
Diane Shapiro, Round Lake
Henry Thomas, Clinton Corners, New York
Mary-Beth & Joe Wagner, Glens Falls
Straford & Anne Wild-Rochelleau; Owen, Tallis & Madeleine
Wild, West Stockbridge, Massachusetts
John, Amy, Nicole & Jessica Zanghi, Saratoga Springs

New Affiliate

Alexis Mazzochi, Anthony, Brooklyn & Brianna Cornell, Hadley

OCTOBER 2020

New Members

Stonebuilt Insurance Agency, Inc., Clifton Park
Ruben Acevedo, Ballston Spa
Karley Allis, Clifton Park
Margaret Ann & James Bottino, Clifton Park
Robert Dillon, Hartford
Frankie Gabriele, Saratoga Springs
Adriana Gaeta, Saratoga Springs
(continues on page 7)

Outings and Programs Calendar January 2021

Date	Day	Type	Destination	Leader(s)	Rating
* January 2021					
24	Sun	Hike/Ski	Pyramid and Gothics	Steve Mackey	A+
30	Sat	Hike/ Snowshoe	YM: Prospect Mt Loop via Lake George Rec Center, AKA the Better Way	Megan McLaughlin	C+
* February 2021					
14	Sun	Hike/ Snowshoe	Valentine's Day Singles Mingle & Sweetheart's trek - Moreau State Park	Jen Shepherd	C+
28	Sun	Hike/ Snowshoe	YM: Berry Pond Loop	Megan McLaughlin	C+
* March 2021					
28	Sun	Hike	YM: Gull Bay Preserve & Anthony's Nose	Megan McLaughlin	C+



Youth Camps Update

DEC overnight summer camps were not held for 2020 due to COVID-19. As of December 2020 the decision on whether or not to hold overnight summer camp is pending. If 2021 summer camp is held, the families who were awarded camp sponsorships for 2020 will take priority. 2020 families will need to send in an application so that we have current information on file.

Families who may be interested in either the DEC or ADK Teen Trails program are encouraged to apply and be put on our waiting list. Please check our ADK Chapter website for the most current information.

The Glens Falls-Saratoga Chapter of the Adirondack Mountain Club pays the \$350 fee for the selected youths (ages 11 to 17) to spend a week at either of the DEC's environmental camps, Camp Colby near Saranac Lake or Pack Forest just above Warrensburg. For those in the older range who prefer a more rugged experience, which includes five days out in the woods with hands-on experience learning the ins and outs of trail maintenance, ADK's headquarters offers its own Teen Trail program. The chapter pays the \$285 fee for the Teen Trails program (ages 14 to 17.) Applicants here will have a choice of several possible locations, which in the past included the High Peaks area, portions of the Northville-Placid Trail and others.

Need Snowshoes? Pick up Location:

Luzerne Market
12 Main St in Lake Luzerne
8:30 AM - 8:30 PM 518-696-4234

We have 2 pairs of:
Men's, Women's and Children's
\$10/day
Call the store to confirm availability and hours

Outings and Programs 1 of 1

PYRAMID AND GOTHICS - [Hike/Ski]

Sun, Jan 24, 2021, 6:00 am, Rating: A+

Steve Mackey - 518-793-

6484, smackey33@verizon.net

- I try and lead this every year. It's not necessarily a good trip if you are trying to get winter peaks, because Gothics is more logical from the other way. We will ski up the Ausable Road until we reach Upper Ausable Lake. We will switch to snowshoes, do the climb, come back out the same route, put our skis back on, and glide out. The distance is 6.6 miles one way, with roughly half of it being the ski part. The ski in, is almost all uphill on the way in, and obviously almost all down on the way out. Last year, I didn't get any takers, so we skied in and checked out Rainbow Falls. That is a possibility again, but we will initially plan on the climbs.

YM: PROSPECT MT LOOP VIA LAKE GEORGE REC CENTER, AKA THE BETTER WAY - [Hike/Snowshoe]

Sat, Jan 30, 2021, time TBD, Rating: C+

Megan McLaughlin - 631-365-3934, megan@adk.org

- Join the Young Members and the young at heart going up Prospect Mountain the better way. Yes, you will not get to walk over the Northway bridge, but it is for the best, since that trail is terrible. The "back way" up Prospect starts at the Lake George Recreation Center Cross-Country Ski Trails. This is a lovely section of trail along West Brook. From there we will follow older, unofficial trails to the summit. We will then take the road down so we can appreciate some of the overlooks, using the snowmobile trail to cut back over to the Rec Center. Trip is about 6 miles. Hopefully this will be a snowshoe. If you are interested in starting to snowshoe, this is a good starter hike, plus I and the chapter have extra snowshoes, just ask. This is a dog friendly hike; leader will probably bring small, fluffy dog. Group size will be limited to 8, so please contact the leader ASAP if you are interested. I will also keep a wait list. Liability forms are required, as are masks that will be worn if social distancing is not an option, and we will not be organizing carpools. The Rec Center is very easy to get to, close to Northway exit 21.

VALENTINE'S DAY SINGLES MINGLE & SWEETHEART'S TREK - MOREAU STATE PARK - [Hike/Snowshoe]

Sun, Feb 14, 2021, 9:00 am, Rating: C+

Jen Shepherd - 518-555-0000, jlynnne.adk@gmail.com

- Join me for what I hope will be a winter wonderland romp around Moreau lake. If you're solo and want to meet other hikers or you're a couple with some time to kill outdoors before your big date, this is the hike for you! But really, if you want to get outdoors for a few hours, this is also the hike for you! The plan is to leisurely trek around the lake, and maybe over if it's frozen. We can take the trail up to the overlook if there's interest and loop back around to the warming hut. Provided it's open, we'll pop inside to warm up and have

some cocoa and snacks before wrapping up. Pack your own hot beverage of choice. I'll bring individually wrapped treats to share but feel free to bring your own. Pack plenty of warm layers, food/snacks, water, microspikes and snowshoes. Email hike leader to sign up. Covid measures will be taken depending on where we're at with that when it gets closer to the hike. Group size will be capped and all hikers must have a mask and hand sanitizer with them. Email to sign up no later than the Friday before the hike (2/12). This will be a dog friendly hike, so please make sure your fluffy buddy is social with strangers and other dogs and able to hike comfortably in winter conditions. Snow balls under our microspikes are annoying, but they're painful on a pupper's paws. Extreme changes in Covid, bad weather, or lack of interest will cancel.

YM: BERRY POND LOOP - [Hike/Snowshoe]

Sun, Feb 28, 2021, time TBD, Rating: C+

Megan McLaughlin - 631-365-3934, megan@adk.org

- Join the Young Members and the young at heart doing the Berry Pond Loop in Lake George. This trail also starts at the Lake George Recreation Center Cross-Country Ski Trails. A lesser used trail that has been roughed up a bit from logging, it still has a lot to offer, especially for one so easily accessible. The loop first heads up to Noosa's Bluff, from where you will be able to see Lake George and also south to Butler's Pond. From there we head down to completely loop Berry Pond, a very active beaver pond. Trip is about 5 miles. Hopefully this will be a snowshoe. If you are interested in starting to snowshoe, this is a good starter hike, plus I and the chapter have extra snowshoes, just ask. This is a dog friendly hike; leader will probably bring small, fluffy dog. Group size will be limited to 8, so please contact the leader ASAP if you are interested. I will also keep a wait list. Liability forms are required, as are masks that will be worn if social distancing is not an option, and we will not be organizing carpools.

YM: GULL BAY PRESERVE & ANTHONY'S NOSE - [Hike]

Sun, Mar 28, 2021, time TBD, Rating: C+

Megan McLaughlin - 631-365-3934, megan@adk.org

- Join the Young Members and the young at heart at Gull Bay Preserve & Anthony's Nose. Gull Bay Preserve offers a 3 mile loop with multiple overlooks, and a small pond that typically has nesting herons this time of year. If the day is optimal we will probably take a quick drive over to Anthony's Nose to do the 1.6 mile out and back to the Lake George overlook with views to Roger's Rock. This is a dog friendly hike; leader will probably bring small, fluffy dog. Group size will be limited to 8, so please contact the leader ASAP if you are interested. I will also keep a wait list. Liability forms are required, as are masks that will be worn if social distancing is not an option, and we will not be organizing carpools. You will have the option to meet at Northway Exit 21 and follow the leader to the trail head.

Hadley FT Halloween Hike Sat, Oct 31, 2020, Jen Shepherd

- It was a crisp morning to begin our hike but we were blessed with a fantastic day after a few days of rain. There ended up being two groups, eight participants total. Megan, Rich, and D'artagnian were Charlie Brown, the little red haired girl and Snoopy. Jen N. was the Great Pumpkin, Dan was a pirate, Davey was a construction worker, Warren was an ad for high visibility wear, Chandra the 518 rainbow and I was baby shark. The trail was a mix of leaves, icy spots, and some snow. Our groups made decent time to the summit where we enjoyed snacks, photos, and stellar views you often find on a crisp day after not so ideal weather. There were prizes for the best costume - Chandra as the 518 rainbow, funniest costume - me but I didn't count so Dan the pirate, and most adorable went to the Charlie Brown family. A fun time was had by all, already planning costumes for next years hike!

Wyman and Grace from West Mill Brook Sat, Nov 7, 2020, Jeff Mans

- A great hike on the old jeep road along West Mill Brook until we found a few feeder streams, and turned back towards the main brook, past remnants of an old makeshift camp, rushing waterfalls and a crossing over West Mill Brook towards a clearing and old beaver dam between Bear and Wyman Mountains. Heading in a westerly direction to climb and find passage up the ever imposing cliffs, we picked our way up the cliffs, rock passages and seams, until we gained the commanding, open rock dome popping up immediately before the final climb to Wyman Mountain. The views were breathtaking and reminded us why we appreciate bushwhacks and exploring these more remote mountains. It's a must do for anyone comfortable exploring the eastern part of the Dix Wilderness with basic map and compass skills, and a few companions to share the adventure! After some lunch and a fond farewell, we left to climb and search for the summit rock on Wyman, before we descended down the southern bump between Wyman and Grace, and then followed the crease until we found the gigantic radicals and gurgling of water as the source of West Mill Brook appeared, and continued to follow it along a steady descent until we reached a swimming pool, and then the feeder streams and waterfalls that led us back to the old jeep road and our ticket home. Just a spectacular hike from start to finish. Indian Summer at it best. Grace was best saved for another day when time was not as short. Participants: Joe Babcock, Karen Provencher, Jen Ferriss, Jim Z, and the instigator, Jeff Mans. Takeaways: Wymans? - because we can; and, Why Mans? - Because!



Okay Slip Falls Sat, Nov 14, 2020, Steve Mackey

- It was nice to lead a trip again and have some degree of normalcy. The only things we did differently were drive separately, wear masks at the trail head, and sit a little further apart during lunch. It was a nice November hike. A little cold, but not too cold, and a little gray, but not too gray. After a nice lunch enjoying the view of the falls, we ventured a ways down the hill towards the bottom of the gorge. After descending for a ways, we decided that it was going to be a huge climb back up, so we went as far as the rope went, and turned around. Real nice day, with a real nice group. Participants - Patricia Lockwood, Gabi Hughes, Wanda Moccio, Laura Fiske, Steve Mackey.

Membership Update , continued from page 4

Marbry Gansle, Loudonville
Gordon, Meghan Connolly, Porter & Tatum Haupt, Saratoga Springs
Gerald Hier, Glendale, Arizona
Nicholas Iavarone, Stephanie Schiffer & Lucille Iavarone, Mechanicville
Daniel & Susan Kelley, Saratoga Springs
Kristine Lambracht, Gansevoort
Jennifer Lescovich, Ballston Spa
Danielle & Joseph Mazza, Queensbury
Lori & Robert Mech, Ramsey, New Jersey
Robert Miller, Malvern, Pennsylvania
Travis, Tina & Kaitlyn Moore, Ballston Lake
Cindy, Fisher & Isabelle Natali, Sulphur, Louisiana
Alan & Moira Oppenheim, Saratoga Springs
Kurt Oswald, Hudson Falls
Matt Prorok, Glenville
Sean, James & Jacob Rafferty, South Glens Falls
Maston Sansom, Cohoes
Charles Trimbach, Ballston Lake
Linda Walczak, Mechanicville
Jamie Wangerin, Jesse Desrochers & Alice Wangerin, Saratoga Springs
Heidi, Robert, Tristan & Miles West, Saratoga Springs

Rejoined Members

Nancy Belluscio, Schroon Lake
Volker, Axel, Lulu & Erich Burkowski, Gansevoort
John, Joanne, Demeter, Samuel & Owen Burns, Queensbury
Victor, Linda, James Bye & Dylan Power, Queensbury
Daniel & Lyla Furey, Burnt Hills
Kerri Mahar & Donna Miller, Syracuse
Holly Marek, Bolton Landing
Jef Martin & Erica Halbbrook, Amsterdam
Teresa & Rachel Redden, Gansevoort
David Roecker, Charlton
Erika Schielke, Jeremy & Liam Haas, Glens Falls
John Schroeder & Judith Henrich, South Glens Falls
Harold & Carol Shippey, Warrensburg
Larry, Alayna & Tyler Weingartner, Gansevoort



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
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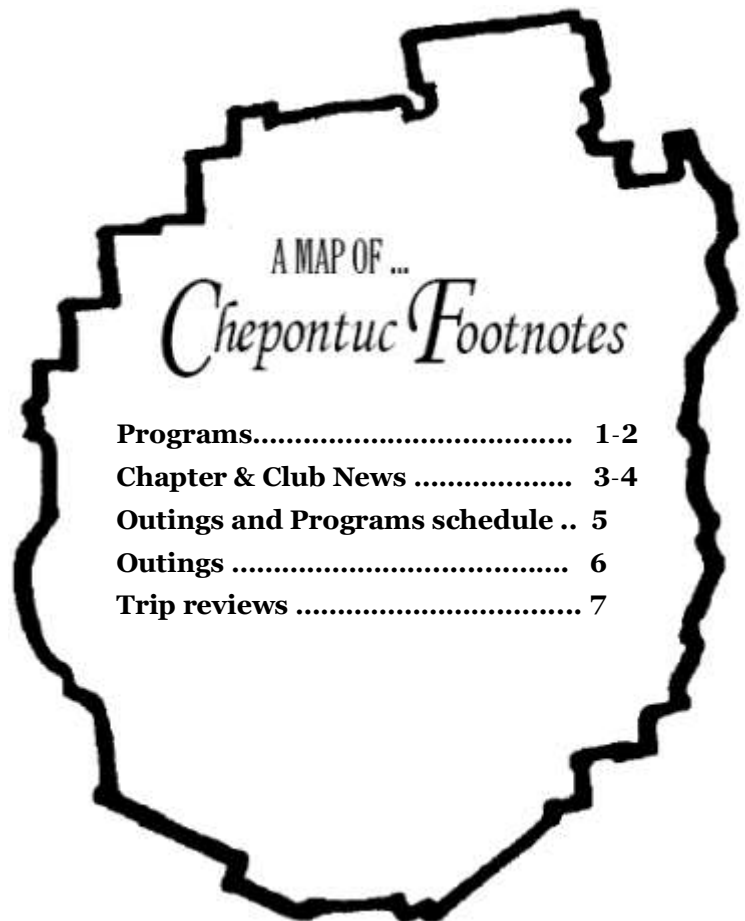


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



A MAP OF ...
Chepontuc Footnotes

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***Reminder: Please include your
e-mail address when renewing
membership!***