



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Forest Pests and the Potential Impact on the Adirondacks

March 24, 2021

Zoom, 7 pm

Tammara Van Ryn is a long-time member of the Glens Falls-Saratoga ADK Chapter and currently is the Program Manager for the Adirondack Park Invasive Plant Program (APIPP). The Nature Conservancy hosts APIPP, which is funded by the NY Environmental Protection Fund as administered by NYSDEC. In the manager role Tammara is overseeing the Adirondack response to two new recent forest pests that have the potential to dramatically alter the Adirondack landscape. Join Tammara for a fascinating discussion of forest pests, climate change, and how you can help identify and report invasive species.



In 2020 Tammara moved from the Saratoga area to Saranac Lake to work for The Nature Conservancy. She has paddled and hiked many corners of the Adirondacks.

The registration link is posted on ours and the Saratoga Springs Public Library's websites: <https://sspl.libcal.com/event/6341325>

Photo credit: <https://images.app.goo.gl/MiaPhmnjNKpcTXoHA>

Alaska the Last Frontier

presented by Peter Benoit

April 21, 2021

7 pm, Zoom



Alaska the Last Frontier focuses on the natural wonders of America's 49th state. Peter travelled to Alaska twice in recent years. His 2016 trip included a plane flight that landed on a glacier below the summit of Denali, the highest peak in North America. In 2018, a helicopter landed in Chinitna Bay on the shores of Lake Clark National Park to photograph grizzly bears feeding on salmon.

Peter Benoit is a nature photographer based in Queensbury, NY. His photographs frequently celebrate life within the Adirondack "Blue Line" along with other regions of North American and Europe.

The registration link is posted on ours and the Saratoga Springs Public Library's websites: <https://sspl.libcal.com/event/6341326>

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BANFF CENTRE

MOUNTAIN FILM FESTIVAL WORLD TOUR



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Virtual Edition
#epicadventuresindoors

New shows available February 2021



Available now --> October 2021
Purchase through our link and
ADK - Glens Falls Saratoga Chapter will
receive a portion of the proceeds.
Tickets: \$15 for 1 program: 3 days
\$28 for 2 programs: 2 weeks

For more information:
adk-gfs.org



Chapter Chair Report ~ Jen Shepherd



As a seasoned hiker, I know all the rules, have read all the advice, and even preach it on the hikes I lead myself. Despite all that, I still make rookie mistakes sometimes. Some friends and I set out to hike the Tupper Lake Triad recently. The weather up there called for zero and below temps with the wind chill at higher elevations. I've completed the challenge in winter previously, so I was out for the nature, and socially distanced time with friends.

On our first peak, I didn't have a good handle on my layering system right from the start. I started cold, never got completely warm, yet still broke a sweat. My outer layers worked well enough to keep the chill out while we poked around the summit, but I fluctuated between hot and cold on the way down.

The second peak was worse because I was already starting with wet base layers. I only brought a change of layers for when we were completely done and not for in between peaks. Because they were such short peaks that I've hiked before, I got lazy and didn't pre-plan well enough. On the way down from our second peak, I was feeling the fatigue of being on snowshoes for the first time in awhile coupled with hours spent working from home in less-than-ideal seating. I knew before we got back to the car that I would not be hiking the third peak. I stayed behind in the car while the others headed up and used the time to change my shirts, hydrate, and refuel. I don't regret the day or having to miss one of the peaks, but this was a great example of why it's important to always follow pre-planning routines and not get too confident.

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

| Executive Committee Officers | | Committee Chairs | | Committee Chairs | |
|---|--|--|---|---|--|
| Chapter Chair | Jen Shepherd chapterchair@adk-gfs.org | Conservation | Aimee Viens Rutledge Paul Dietershagen conservation@adk-gfs.org | Trails | Tom Ellis trails@adk-gfs.org |
| First Vice Chair | Laurie Williams 518-396-8108 vicechair@adk-gfs.org | Education | Kim Brown 908-305-8357 education@adk-gfs.org | Web site | George Sammons 518-743-9692 webmaster@adk-gfs.org |
| 2nd Vice Chair | Brian Coville vicechair@adk-gfs.org | Hospitality | Gretchen Steen 518-638-6139 hospitality@adk-gfs.org | Wilderness | Jim Schneider 518-421-4975 wilderness@adk-gfs.org |
| Secretary | John Caffry 518-798-0624 secretary@adk-gfs.org | Membership | Pat Desbien 518-813-7946 membership@adk-gfs.org | Young Members | Megan McLaughlin ymg@adk-gfs.org |
| Treasurer | Steve Mackey 518-793-6484 treasurer@adk-gfs.org | Newsletter Editor | Jennifer Ferriss 518-290-0703 newsletter@adk-gfs.org | Fire Tower | Tim Noble 518-668-3046 firetower@adk-gfs.org |
| Directors | Bill Wasilauski Brian Coville Emily Kane director@adk-gfs.org | Outings | Wayne Richter 518-893-7895 outings@adk-gfs.org | Annual Dinner | Anne Paolano 518-798-3055 annualdinner@adk-gfs.org |
| Past Chapter Chair | Kathi Noble 518-668-3046 pastchair@adk-gfs.org | Programs | Anne Paolano 518-798-3055 programs@adk-gfs.org | Publicity | Stephanie Graudons publicity@adk-gfs.org |
| Learn More: adk-gfs.org | | Visit us at: , facebook.com/adkgfs or facebook.com/SaratogaYMG | | Check out our Instagram Feed: @adkglensfallssaratoga | |



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge.

Mike Ryan Shaftsbury, VT

Shane LaRose, Piercefield
Jennifer Natyzak, Saratoga Springs
Paul Campbell, Little Falls
Christine Warren, Little Falls
Philip Arnold, Rochester
Karen Provencher, Glens Falls
Charles Thomas, Saranac Lake
Roberta Mulder, Wappingers Falls
Jackie Bogardus, Gansevoort
Jeff Wells, Argyle
Andrew Conlan, Manlius
Linda White, Queensbury
Amy Jessup, Scotia
Arthur Smolinski, Rome
Stacie Agostino, Glenville
Mark Agostino, Glenville
Paul Nelson, Valatie
Jeremy Alexander, Whitesboro
Malgorzata Pikulska, Short Hills, NJ
Lindsay Hill, Ballston Spa
Gemma Reinhard, Rochester age 12
Amy Bateman, Rochester
Genevieve Ruhland, Old Forge
Barbara Revenaugh, Whitesboro
James Revenaugh, Whitesboro
Michael Dunn, Baldwinsville
Richard Rogers, Scotia
Richard Doell, Hoffmeister
Jean Doell, Hoffmeister
Jonathan, Gambier Herkimer

An extra shout out to the following people who have earned the winter rocker:

Jason Covey, Utica
Hope Lloyd, South Glens Falls

NEW MEMBERS

GF-SAR Chapter

NOVEMBER 2020

New Members

Michael Chevalier, Ballston Spa
David Dennett, Saratoga Springs
Amanda Guido, Queensbury
Jason Hanrahan, Saratoga Springs
Calvin & Stephanie Koval, Mechanicville
Nadine Mayo, Hudson Falls
Douglas, Ethan & Emily Nadeau, Ballston Lake
Nathan Parsons, Glens Falls
Trenton Robtoy, Clifton Park

Dmitriy, Dominique, Isabella & Ezra Yermolayev, Saratoga Springs

Rejoined Members

Sarah, Michael, Anna & Nicholas Alford, Greenfield Center
Kevin, Jackie, Clara & Adam Avery, Glens Falls
Barbara Davidson, Venice, Florida
Judy & Kevin Dooley, Saratoga Springs
Hania & Stan Grajny, Diamond Point
Tammy Huggins, Indialantic, Florida
Jason Jansen, Gansevoort
Nancy Kass, Saratoga Springs
Brian, Michele & Richard Lamos, Queensbury
Anthony, Makaela, Jackson & Sophia Oehler, Saratoga Springs
Maria Phillips, Mechanicville
Andrew Starace, Salt Lake City, Utah

DECEMBER 2020

New Members

Cameron Adams, Gansevoort
Edward Babcock & Katharine Attwell, Lake Luzerne
Ellie, Scott & Ben Bartow, Clifton Park
Julie Bell, Saratoga Springs
Christine Costa, Loudonville
Tony DeFazio, Glens Falls
Beth Dipersio, Clifton Park
Robert Donald, Shushan
Sean Driscoll, Glens Falls
Nick Ferrara & Ali Birdsinger, Saratoga Springs
Denn, Hope, Daniel, Ashley & Amber Flynn, Saratoga Springs
Marcie Fraser & Cameron Adams, Gansevoort
Sarah Frizzell, Ballston Spa
James Hetherington, Queensbury
Eric Hirschmann, Saratoga Springs
Dereck Intelisano, Gloversville
Sara King, Ballston Spa
Alex Kochon, Gansevoort
Joshua, Carter & Emilia Koloski, Queensbury
Randy Lombardi, Saratoga Springs
Jolene Lozewski, Saratoga Springs
Heather McCann, Foster Goodrich, Eamon Hetherington,
Alexa & Lucas McCann, Queensbury
Lori McCasland, Queensbury
Jason Miller, Furlong, Pennsylvania
Clay Moody, Lake George
Brandon Mosher & Holly Ann Lutz, Glens Falls
Laura Munger, Ballston Spa
Sean, Valeria, Liam & Corbin O'Neill, Glens Falls
Michael & Miles Patenaude, Queensbury
Robert Picotte, Diamond Point
Mark Quackenbush & Leah Shea, Hudson Falls
Kirsten Shults, Lake George
Allison Smith, Glens Falls
Joshua Steele, Shushan
Sally Thurston, New York, New York
Polly, Scott, Kristoffer & Abigail VanNostrand, Ballston Lake
Matthew, Marissa, Oliver, Caroline & Baby Vekasy, Saratoga Springs
Kelli, Ben, Wyatt & Jack Wheeler, San Francisco, California

(continued on page 6)

Latest Hiking Opportunities in the Area as Part of the Saratoga PLAN Trails



Barkersville Trails are a recent addition to Saratoga PLAN's portfolio of nature preserves and trails. Glowegee Creek Trails has not yet had its formal opening, but trails are established and marked. Both new additions to Saratoga PLAN are in the town of Galway. The Barkersville Trails were developed through a conservation easement with the owners. The trails offer about 2 ½ miles of hiking through mostly open hardwood forest with hills to climb and streams to cross. Interestingly, portions of the trails are located on corridors originally developed for horseback riding and sled dog training. You can reach the trails by traveling west on Route 29 from Saratoga for about 13 miles. Make a right turn just before Waterwheel Village. In about a mile, Silcox Road and the parking area will be on your right. Stop at Waterwheel Village and pick up some of their excellent cheddar after your hike.

The Glowegee Creek North and South Trails run from Galway Road to Old Mill Road. There is a parking area at the south entrance and roadside only parking at the north entrance. In addition to the through trail, there is a nice loop starting from the south. The trail is less hilly than the Barkersville area. You can reach Glowegee Creek Trails by taking Route 50 south from Saratoga to Ballston Spa. Make a right turn onto Northline Road which becomes Galway Road. After about 8 miles you will pass Jockey Street and your destination is about 1 mile farther on the right.

If you are unfamiliar with Saratoga PLAN, its mission is to preserve the rural character, natural habitats and scenic beauty of Saratoga County. It has preserved approximately 7,000 acres to date, including about 10 acres of the Big Cedar Swamp in Queensbury. The Glens Falls - Saratoga Chapter is a supporter of Saratoga PLAN. - Paul Dietershagan



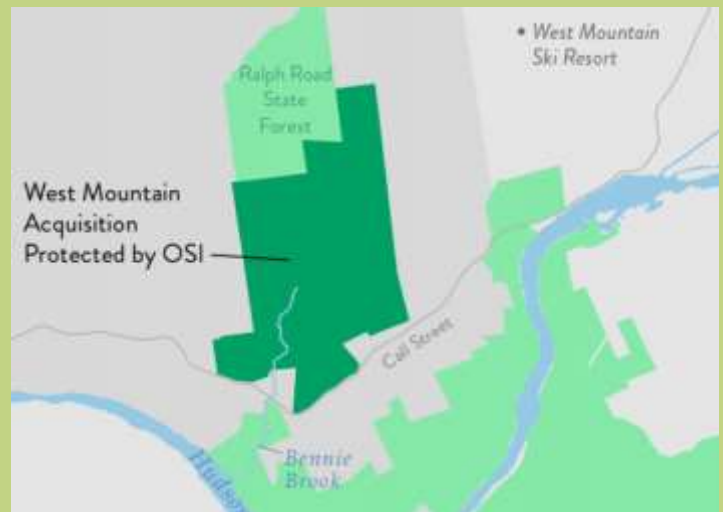
Lake Luzerne Property Protected

In October 2020, Open Space Institute (OSI) purchased 1,260-acres in Lake Luzerne. The land is located west of the West Mountain Ski area. It is situated between Ralph Road State Forest to the north and the Hudson River and Moreau Lake State Park to the south. The Adirondack Park, including the Lake George Wild Forest lands, are located north of the property. The newly protected land also helps provide connectivity to the Palmertown Range located to the south.

The protected land consists of the Luzerne Mountains, hemlock-northern hardwood and softwood forests, Ninemile Swamp and other wetlands, and Beaverdam and Bernie Brooks, both tributaries of the Hudson River. Acquisition of the land provides protection of water quality, wildlife habitat and connectivity to surrounding habitat, and forests, which provide carbon sequestration to help fight climate change. According to OSI, "protection of the land is critical because the region is known to provide not only the best, but one of the only remaining habitat linkages between Vermont's Green Mountains and the Adirondacks".

OSI plans to develop trails on the property before transferring it to New York State Department of Environmental Conservation by 2023. The property will be added to the Ralph Road State Forest, more than tripling the size of the protected forest land.

For over 40 years, OSI has been protecting land in New York State and now all along the eastern seaboard to "preserve habitat for rare or endangered species; ensure water quality; facilitate wildlife adaptation to climate change; and enhance recreational access." - Aimee Viens Rutledge



Outings and Programs March 2021

| Date | Day | Type | Destination | Leader(s) | Rating |
|---------------------|-----|-------------------|--|------------------|--------|
| * March 2021 | | | | | |
| 13 | Sat | Ski | Boreas Ponds | Steve Mackey | A+ |
| 20 | Sat | Hike/ Snowshoe | Phelps | Jeff Mans | A |
| 24 | Wed | Program | Forest Pests and the Potential Impact on the Adirondacks | Tammara Van Ryn | N/A |
| 28 | Sun | Hike | YM: Gull Bay Preserve & Anthony's Nose | Megan McLaughlin | C+ |

BOREAS PONDS - [Ski]

Sat, Mar 13, 2021, 7 am, Rating: A+
Steve Mackey - 518-793-6484, smackey33@verizon.net



- I've led this trip several times the past few years. It is 7 miles each way, but fairly easy with gently rolling hills. There is a new lean-to at our destination that is a great place for lunch and a break. If it is clear, the view is outstanding. If we have time, and conditions are good, we might ski around the ponds a little. There is usually a lot of snow in this area, so the skiing is usually very good. If conditions are real fast, the last part, on the way out, can be a little too fast. However, it is a road, so there is plenty of room to snowplow.

PHELPS - [Hike/Snowshoe]

Sat, Mar 20, 2021, 8:30 am, Rating: A
Jeff Mans - 518-265-4135, adkhighlander@aol.com

- A nice way to end the winter season and welcome spring with a trip to Phelps. At 4160 feet, Phelps is the 32nd highest peak in Adirondacks, and offers incredible views on a good day. Round trip from the HPIC/Adirondack Loj is about 8.2 miles, with an elevation gain of about 2300. Meet-up at Schroon Lake Tops parking lot at 7:30 am, or at the HPIC at 8:30 am.

YM: GULL BAY PRESERVE & ANTHONY'S

NOSE - [Hike]

Sun, Mar 28, 2021, time TBD, Rating: C+
Megan McLaughlin - 631-365-3934, megan@adk.org
- Join the Young Members and the young at heart at Gull Bay Preserve & Anthony's Nose. Gull Bay Preserve offers a 3 mile loop with multiple overlooks, and a small pond that typically has nesting herons this time of year. If the day is optimal we will probably take a quick drive over to Anthony's Nose to do the 1.6 mile out and back to the Lake George overlook with views to Roger's Rock. This is a dog friendly hike; leader will probably bring small, fluffy dog. Group size will be limited to 8, so please contact the leader ASAP if you are interested. I will also keep a wait list. Liability forms are required, as are masks that will be worn if social distancing is not an option, and we will not be organizing carpools. You will have the option to meet at Northway Exit 21 and follow the leader to the trail head.

Membership Update , continued from page 4

Rejoined Members

Todd Abrams, Cambridge, Massachusetts
Ralph Atwell, Greenwich, Connecticut
Catherine Bunk, Malta
Matthew, Anita, Alec & Emma Chase, Glens Falls
Dr. Louise Finlayson, Saratoga Springs
Janet, John, Beecher & Jamison Friauf, Gansevoort
Kim, Paul & Peter Gryga, Queensbury
Erica Hayes, Hannah, Brian & Kaitlyn Ashline, Lake Luzerne
Kent Hirozawa, Lynn Kelly, Nora & Miles Hirozawa, Hastings on the Hudson, New York
Donald, Sarah, Emma & Maggie Lipkin, Saratoga Springs
Barry, Andrea & Stephanie Loneck, Gansevoort
Wendy, Alexandra & William Matthews, Queensbury
Jill Mattice, Burnt Hills
Jeff, Margo, Jaffa, Sarice & Izak Olson, Saratoga Springs
Barbara Otsuka, Middlebury, Vermont
David Shippee, Ann Volpe & Jillian Shippee, Clifton Park
William & Barbara Tennyson, Milton, Massachusetts
Ronald VanDenburgh, Ballston Lake
Timothy, Mel & Robert Welch, Ballston Spa

Trip Reviews 1 of 1

YM– Moreau Lake State Park, Sun, Dec 6, 2020

Megan McLaughlin

- A small group of 4 of us enjoyed a lovely loop around the southern end of Moreau State Park. The weather was a cool but pleasant temperature, skies were blue and trail conditions were good. Enjoyed checking out the new Rock Ledge trail from Lake Ann. Ran into another small group of ADKers at the Lake Ann lean-to also enjoying the day. Our 4 legged companion enjoyed finding a large barely eaten fresh apple on the side of the trail, but was displeased when he was not allowed to eat it. Please remember apple cores, banana peels, nut shells and the like do not magically disintegrate from the side of the trail moments after they are dropped. Participants: Megan McLaughlin, Rich Rogers, Davey Kelley, Krista Rivera and d'Artagnan.

Wolf Pond Sat, Dec 12, 2020, Jen Ferriss

- With rain in the forecast for Sunday, we switched the hike to Saturday morning to try and catch a glimpse of the High Peaks from Wolf Pond. We were trying hard to make out some mountain tops in the clouds but instead we were greeted to what we believe was Wolf and Boreas Mountains looming in the gloomy distance. The beautiful and easy hike through tall pines on a snowy path made up for the overcast skies. The company of Willow and Salem made for fun at the lean-to with dog tricks, romping and a game of fetch. Trip participants: Joe Babcock, Pam DelSignore, Jen Ferriss, Beth Post, Karen Provencher with Salem, Jim and Sylvian Zwynenburg with Willow.

Mount Marshall Mon, Dec 21, 2020, Jeff Mans

- Overall good conditions for the first day of winter that allowed us to use microspikes the entire way, but cold enough to cross Flowed Lands on the ice, being careful along the Opalescent until we could reach land and get back on the trail shortly before the Herbert Brook outlet and bridge. The views on Flowed Lands were awesome, and can only be appreciated in the winter when you can get out on the ice. Turning up the herd path we were able to follow fresh tracks up along Herbert Brook, as well as some older tracks that diverged at times, and so it went until it went awry as we followed the fresh tracks that diverged off and away from the Brook until it was clear that we were entangled in a bushwhack that lost its appeal rather quickly in the dense forest and deep snow. Of course, if you don't lead you follow, until you realize your mistake. As the mantra was repeated, stay along Herbert Brook, the brook, the brook, the brook, until the end, we realized our folly, corrected our course, and got back to The Brook and herd path of least resistance. From there it was a quick climb to the bog and up to the summit. While the cloud cover stuck around all day, except for a shot of blue skies for about 5 minutes on the way down, there were some nice views near the summit over towards Colden. Great group and good conversation. Participants: Jeff Mans, Jim Zwynenburg and Anthony Szmul.

Saddleback Wed, Dec 30, 2020, Jeff Mans

- Good conditions and moderate temps allowed us to use microspikes the entire way. Quickly made our way from the Garden to the suspension bridge over Johns Brook past the Interior Outpost and began our trek along the Ore Bed Trail and Brook. Saddleback came into view as we approached the slide and soon we were enveloped by gusty winds and snow flurries as we climbed the long staircases up along the slide and even-

tually to the col between Gothics and Saddleback. The trail to Gothics was well rested, but remnants of older tracks led on and up towards the first bump on Saddleback, as impressive views of Sawteeth, Gothics and Armstrong started to open behind us. While the winds were howling and blowing all around us, the trail along the ridge to the true summit of Saddleback was very sheltered and protected us against the freight train that awaited us as we stepped out upon the open rock ledge and summit of Saddleback, and gazed at the abyss between where we stood and Basin. The wind chill quickly drained our cell batteries and cut short our photo ops. Back into the shelter of the ridge, we returned to the lookout and were stunned that the skies had suddenly cleared and the snow squalls stopped to allow us incredible views back towards Basin and its slides, and more distant views of Elk Lake, Ausable Lakes and the Boreas Ponds. As we returned to the end of the ridge before our descent to the col, Gothics with its perched rock gussets stood watch as the lower Great Range funneled the ephemeral clouds that wildly swirled and drifted as they ran away and disappeared down over the mountain ridges, only to be recreated and return another day. On the way back we took the spur trail to visit JBL after carefully traversing Orebed Brook on an ice and rock crossing that just seemed to put a smile on everyone's face once safely across. Stopped to chat with the JBL caretaker for a few minutes and then back out to the Garden while still light out. Real nice winter hike. Participants: Jeff Mans, Jen Ferriss and Karen Provencher

Pyramid and Gothics Sun, Jan 24, 2021, Steve Mackey

-We were all gearing up, for a cold windy day, but it wasn't that bad. All the extra clothing we brought along ended up going for a ride in our packs. On top of that it was clear and sunny, so the weather was A+. The skiing was also good. There was plenty of snow, and it was packed down by the snowmobiles that go back and forth to the Ausable Lakes. We wore our snowshoes the rest of the day, and broke trail from the Sawteeth intersection to the top of Gothics. When we got to the top of Pyramid, and saw the awesome view, I told everyone, "the view is just as advertised". Scott took some great pictures of little tiny hikers, way off in the distance, when we climbed Gothics. We timed everything right and ran into Mo and Jim Coutant, who were skiing into Rainbow Falls, when we got back down to the lake. Nice group of strong hikers and good skiers. Participants – David Pawlick, Ben Norford, Scott Anderson, Liz Mulshine, Steve Mackey, Tammara Van Ryan, and Chris Lincoln.



Need Snowshoes?

Pick up Location: Luzerne Market

12 Main St in Lake Luzerne

8:30 AM - 8:30 PM 518-696-4234

We have 2 pairs of:

Men's, Women's and Children's

\$10/day

Call the store to confirm availability and hours



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
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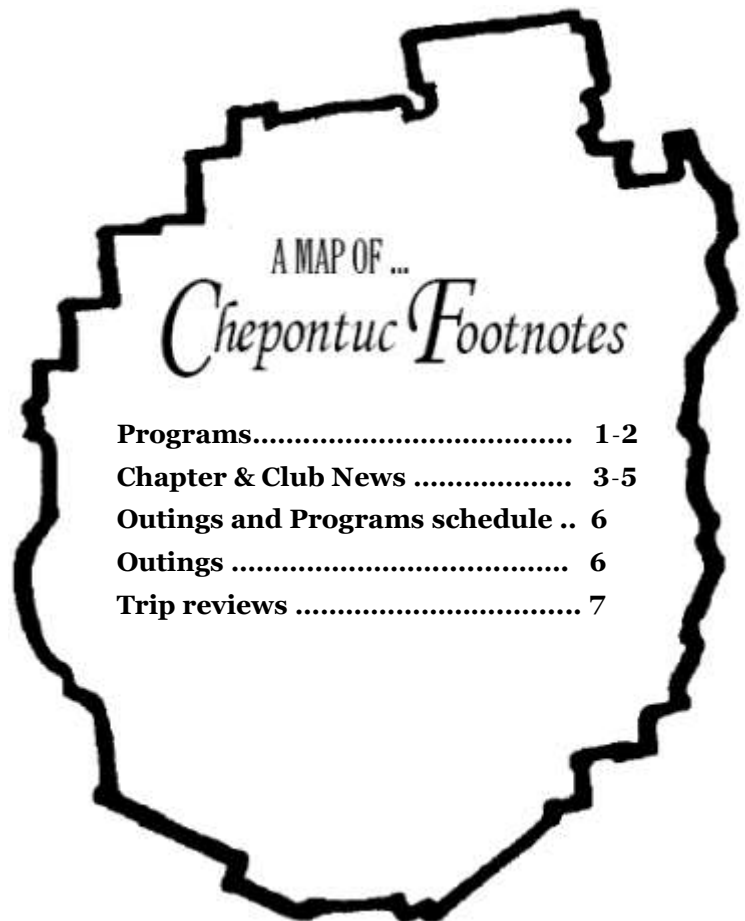


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



***Reminder: Please include your
e-mail address when renewing
membership!***