

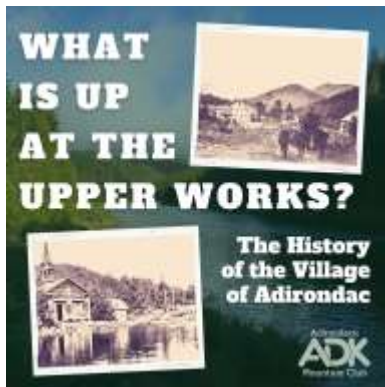


chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

# Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

## WHAT IS UP AT THE UPPER WORKS? HISTORY OF THE VILLAGE OF ADIRONDAC Thursday November 18, 2021 7 PM, Zoom



Join SUNY-ESF's Newcomb Campus Associate Director and long-time Newcomb resident Paul B. Hai for a multi-faceted exploration of the rich history of the former Village of Adirondac, also known as the Upper Works, located at the Head of the Hudson River. The Village was created in 1829 to support what became the McIntyre Iron and Steel Company. It has been abandoned and reoccupied twice, and today is the southern entrance to the High Peaks Wilderness area, as well as a singular site of historic industrial engineering.

Register through the Saratoga Springs Public Library website: <https://sspl.libcal.com/event/7985125>

## THE BIG MESS: CLIMATE AND SOME SLIGHTLY LESSER CHALLENGES January 19, 2022 7 pm, Saratoga Springs Public Library



For decades scientists have been raising the alarm about climate change but, thanks to the ceaseless actions of the carbon industry, we have done almost nothing. The days of easy, painless, solutions are behind us. Our window of opportunity to save this world as we know it is rapidly closing, and we cannot depend on the better angels of our elected officials to counter this tide, and prevent a collapse. Whatever good that comes out of the next few years will determine the future of this planet. That good will depend on you. Join Al Hicks, a retired New York State Department of Environmental Conservation biologist, for an update on the impact of climate change in our area and beyond, and a discussion of ways forward to address climate change. In addition, Hicks will discuss the current state of bat populations devastated by the white-nose syndrome, one of his areas of expertise.

Seating is limited and registration is required. Registration is through the Saratoga Springs Public Library website: <https://sspl.libcal.com/calendar/>

## Adirondack Mountain Club Advisory Council

### Adirondack Mountain Club Advisory Council Meeting September 30, 2021

The trustees were updated on club news by President Tom Andrews and Executive Director Michael Barrett including the latest developments as the Cascade Ski Center purchase moves forward.

Advisory Council Chair Ned Gardner updated trustees on the preparations for ADK Centennial celebration events unfolding over the course of the coming year.

The Advisory Council seeks an individual to represent the Advisory Council on the ADK Board of Directors. One must have experience with the ADK organization or be someone eager to learn. If you or you know of someone interested please email [trustee@adk-gfs.org](mailto:trustee@adk-gfs.org).

Advisory Council committee reports filled most of the meeting.

#### Highlights:

- Chapter Development Committee is working on a chapter bylaw template and easy-to-follow checklist for chapters to follow as they revise their bylaws.
- Communications Committee discussed the need for social media training for chapters and the creation of a best practices document.
- The committee created and distributed a brief communication survey. The survey will help gain a better understanding of chapter communication procedures and needs as it relates to communicating with members.
- Membership Committee is working on a "Membership Toolbox" that is designed to help chapters with membership initiatives and best practices.

The next Advisory Council meeting will be on December 2, 2021.

Respectfully submitted by Jim Schneider, Trustee Glens Falls-Saratoga Chapter



Enjoying the view from one of the Peaked Hills, photo by Karen Provencher

# Chapter Chair Report ~ Brian Coville



Many thanks to Anne Paolano for organizing the 2021 Annual Dinner! It's always a huge effort, and that was especially true this year as we returned to an in-person dinner. The Annual Dinner certainly would not have happened without Anne, and I am very grateful for all her efforts.

We have a few vacant positions for the 2022 term. I first became involved with the Chapter after attending the 2017 December meeting to learn about the Chapter and the vacant Young Member Committee Chair position. As is still true, everyone at the meeting was very enthusiastic, helpful and welcoming so the experience convinced me to volunteer for the vacant position. I would encourage anyone interested in volunteering or learning more about the Chapter to attend one of the monthly meetings.

Another item of note, the Cold River Chapter is in the process of planning the 2022 Fall Outing at the Silver Bay YMCA on Lake George, the weekend of September 23-25, as part of the ADK's centennial celebration. Please contact Rich Salz at richsalz10@gmail.com or 914-260-1337 if you're interested leading an outing as part of the 2022 Fall Outing.

## ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers		Committee Chairs		Committee Chairs	
<b>Chapter Chair</b> chapterchair@adk-gfs.org	Brian Coville	<b>Conservation</b> 401-529-5034 518-396-9579 conservation@adk-gfs.org	Aimee Viens Rutledge Paul Dietershagen	<b>Trails</b> 518-638-6139 trails@adk-gfs.org	Tom Ellis
<b>First Vice Chair</b> 518-396-8108 vicechair@adk-gfs.org	Laurie Williams	<b>Education</b> 908-305-8357 education@adk-gfs.org	Kim Brown	<b>Web site</b> 518-743-9692 webmaster@adk-gfs.org	George Sammons
<b>2nd Vice Chair</b> vicechair@adk-gfs.org	vacant	<b>Hospitality</b> 518-638-6139 hospitality@adk-gfs.org	Gretchen Steen	<b>Wilderness</b> 518-421-4975 wilderness@adk-gfs.org	Jim Schneider
<b>Secretary</b> 518-798-0624 secretary@adk-gfs.org	John Caffry	<b>Membership</b> membership@adk-gfs.org	Bobbi Fitzgerald	<b>Young Members</b> McLaughlin ymg@adk-gfs.org	Megan
<b>Treasurer</b> 518-793-6484 treasurer@adk-gfs.org	Steve Mackey	<b>Newsletter Editor</b> 518-290-0703 newsletter@adk-gfs.org	Jennifer Ferriss	<b>Fire Tower</b> 518-668-3046 firetower@adk-gfs.org	Tim Noble
<b>Directors</b> director@adk-gfs.org	Bill Wasilauski Brian Coville Emily Kane	<b>Outings</b> 518-893-7895 outings@adk-gfs.org	Wayne Richter	<b>Annual Dinner</b> 518-798-3055 annualdinner@adk-gfs.org	Anne Paolano
<b>Past Chapter Chair</b> 518-668-3046 pastchair@adk-gfs.org	Kathi Noble	<b>Programs</b> 518-798-3055 programs@adk-gfs.org	Anne Paolano	<b>Publicity</b> publicity@adk-gfs.org	Stephanie Graudons
<b>Trustee</b> 518-421-4975 wilderness@adk-gfs.org	Jim Schneider	<b>Learn More:</b> <a href="http://adk-gfs.org">adk-gfs.org</a>		<b>Get social</b> <b>Instagram:</b> @adkglensfallssaratoga <b>Facebook:</b> facebook.com/adkgfs or facebook.com/SaratogaYMG	



## ADK Fire Tower Challenge

by Kathi Noble



### Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge:

Christina Jager, Albany  
John Wille, Gloversville  
Leah Swanson, Wyckoff, NJ age 11  
Erin Swanson, Wyckoff, NJ age 11  
Amanda Flemington, Gansevoort  
Kyle Flemington, Gansevoort  
Brandon Macie, Cheektowaga  
Thomas Stack, Leonie, NJ  
Mark Platek, Tewksbury, MA  
Willow Eyres, Albany  
Rachel Jones, Clifton Park  
Carolyn Wilson, Plattsburgh  
Lori Kashorek, awarded posthumously  
Justin Hauf, Baldwinsville  
Emily Baglione, Rensselaer  
Paul Bednarczyk, Rensselaer  
Leo Demers, Saratoga Springs  
Colin Thomas, Schenectady  
Sherri Benner, Glenville  
Mike Platek, Schenectady  
Beth Stewart, Saranac  
David King, Clifton Park  
John Mastrangelo, Clifton Park  
Julia Kervin, Waterville age 6  
Jillian Kervin, Waterville  
Sam Fink, Groton age 12  
Wendy Kozlowski, Groton  
Doug Fink, Groton  
Julia Varble, Henrietta  
Nicole Varble, Silver Springs, MD  
Eve Proper, New York  
Beth Dounane, Delmar  
Paul Krempa, Schenectady  
David Kowalski, Amherst  
Janet Kowalski, Amherst  
David Crouse, Mayfield

Tina Strubel of Troy earned both her regular patch and winter rocker!



### Need Snowshoes?

**Pick up Location:**  
**Luzerne Market**

12 Main St in Lake Luzerne  
8:30 AM - 8:30 PM  
518-696-4234  
We have 2 pairs of Men's,  
Women's and Children's  
**\$10/day**

Call the store to confirm availability and hours

### Trail closures

By arrangement between private landowners and New York State, these trails are closed during hunting season. Hikes to these fire tower mountains will be disallowed for the ADK Fire Tower Challenge during these closure periods. Please respect private property.

**Spruce Mountain** closed October 23 - December 5 inclusive. Reopening December 6.

**Stillwater Mountain** closed October 12 - December 20, inclusive. Reopening December 21.

**Swede Mountain** closed September 10 - December 16 inclusive. Reopening December 17.

### Membership Update by Bobbi Fitzgerald

#### July 2021 New Members

Frank, Jessica, Frankie and Anthony Ovitt, Queensbury  
Wayne Atwell, Greenwich, CT  
Martha & Mark Kunzelman, Jupiter, FL  
Chester Szymanski, Gansevoort  
Jessica, Jeremiah, Kaybree, Addison Missita, Glens Falls  
Michael Graves, Greenwich  
Peyton Riegel, Oakridge, NJ  
Chad, Erin, Carter, Luke, Kevin Sievers, Gansevoort  
Stephanie Kayla, Queensbury  
David Smith, Halfmoon  
Erica Bucculeri, Greenfield Center  
Matt Sanborn, Ballston Spa  
Jason, Heather, Jack, Ellis Simone, Mount Kisco  
Michelle Regan, Hoosick Falls

#### July 2021 Rejoined Members

K. Parker Diggory, Saratoga Springs  
Gwendolyn, Thomas, Ian, Jocelyn, Joe Elphick, Greenfield Center  
Mike & Deana Enieveri, South Glens Falls  
Tom & Nanci Hoffman, Slingerlands  
Robert & Vancella Jones, Gaithersburg, MD  
David Kelly, Saratoga Springs  
Matthew Martello, Parkton, MD

#### August 2021 New Members

Jeffrey & Janet Dickey, Westbrook, CT  
Deborah & Brian Williams, Glens Falls  
Edward Ohanlon, Lake George  
Sherry & Jack Connors, Saratoga Springs  
Jared Dailey, Gansevoort

# Outings and Programs Calendar November 2021

Date	Day	Type	Destination	Leader(s)	Rating
<b>* November 2021</b>					
18	Thu	Program	What is Up at the Upper Works?	Anne Paolano	NR
20	Sat	Hike	Goodnow Mountain and Great Camp Santanoni Revival Hike	Joe Babcock, Jennifer Ferriss	B+
25	Thu	Hike	Turkey Trot # 22	Rich Crammond	C+
<b>* December 2021</b>					
4	Sat	Hike/Snowshoe	YM Hike: Black Mt Fire Tower	Megan McLaughlin	B-
11	Sat	Hike/Snowshoe	Wilton Wildlife Park	Rich Crammond	C+
<b>* January 2022</b>					
23	Sun	Walk/Ski/Snowshoe	Pyramid and Gothics	Steve Mackey	A+



View from Hopkins, photo by Jeff Mans

## Outings and Programs November 2021

### WHAT IS UP AT THE UPPER WORKS? - [ Program ]

Thu, Nov 18, 2021, 7:00 pm, Rating: NR  
Anne Paolano - 518-744-6359, [annepaolano@yahoo.com](mailto:annepaolano@yahoo.com)  
- What is Up at the Upper Works? Join SUNY-ESF's Newcomb Campus Associate Director and long-time Newcomb resident Paul B. Hai for a multi-faceted exploration of the rich history of the former Village of Adirondac, also known as the Upper Works, located at the Head of the Hudson River. The Village was created in 1829 to support what became the McIntyre Iron and Steel Company. It has been abandoned and reoccupied twice, and today is the southern entrance to the High Peaks Wilderness area, as well as a singular site of historic industrial engineering. The program will run 45 Mins with open Q & A following. This online program uses the Zoom livestreaming platform. It will require access to a computer or mobile device with the Zoom app installed, or a phone for audio-only access. Registration with an email is required in order to receive information on how to connect. The email will be sent three hours prior to the scheduled start time of the program. Please register by clicking on this link: <https://sspl.libcal.com/event/7985125>

### GOODNOW MOUNTAIN AND GREAT CAMP SANTANONI REVIVAL HIKE

Sat, Nov 20, 2021, 5:30 am, Rating: B+  
Joe Babcock - [jababcock19@gmail.com](mailto:jababcock19@gmail.com)  
Colead: Jennifer Ferriss - [ferrissj@gmail.com](mailto:ferrissj@gmail.com)  
- A great way to enjoy the Adirondacks during the late fall/mud season, I have led this hike a couple of times in the past. We will start by hiking up to the Goodnow Mountain fire tower (currently the tower is closed) to get a good warm-up for the hike in to Great Camp Santanoni. This is a nice long walk on a road with very little elevation. The scenery along the trail is worth the walk. It could be a snowy adventure if the area gets snow (I have experienced both dry and snowy conditions on past hikes). Please join us for a fun day of hiking. We will be celebrating a number of birthdays on this hike as well.

### TURKEY TROT # 22 - [ Hike ]

Thu, Nov 25, 2021, 8:00 am, Rating: C+  
Rich Crammond - 518-584-2380  
- Four to five mile hike, little elevation change. Meet at visitor parking lot off Route 32, Stillwater. Dress for cold weather. Happy Thanksgiving to all.

### YM HIKE: BLACK MT FIRE TOWER

Sat, Dec 4, 2021, 9:00 am, Rating: B-  
Megan McLaughlin - [Megan@adk.org](mailto:Megan@adk.org)  
- Join the Young Members on Black Mountain on the east side of Lake George. Out and back is about a 5.5 mile trip with 1,200 feet of elevation. If it is a very nice day we may opt to do the loop past some of the ponds, which will increase it to almost 8 miles but only add about 100 feet of elevation. This trail has a decent incline but very rewarding views. It counts towards both the Fire Tower Challenge (tower cannot be climbed) and the Lake George 12ster. Depending on weather, we may need spikes or snowshoes; if you are interested and but do not have these, let me know as I have extras. Sign up to confirm meeting time and location. Undecided on organizing carpools at this time.

### WILTON WILDLIFE PARK - [ Hike/Snowshoe ]

Sat, Dec 11, 2021, 10:00 am, Rating: C+  
Rich Crammond - 518-584-2380

- Approximately 3 miles with little elevation change. Meeting place: Wilton Wildlife parking lot off Route 50 and Scout Road, Wilton. Dress for cold weather. Happy Holidays from Rich.

### PYRAMID AND GOTHICS - [ Walk/Ski/Snowshoe ]

Sun, Jan 23, 2022, 6:00 am, Rating: A+  
Steve Mackey - 518-793-6484, [smackey33@verizon.net](mailto:smackey33@verizon.net)  
- I've been leading this quite a few years, so this is definitely an annual event for me. I lead it because it is probably the best hike in the high peaks, especially in the winter. We will ski up the Ausable Road until we reach Upper Ausable Lake. We will switch to snowshoes, do the climb, come back out the same route, put our skis back on, and glide out. The distance is 6.6 miles one way, with roughly half of it being the ski part. The skiing part is almost all uphill on the way in, and obviously almost all downhill on the way out. The upper part of Pyramid is very steep, so be sure to pace yourself, and save some energy for that section. That section is pretty much a butt slide on the way out, whether you want to or not.

## Trip Reviews November 2021

### Potash Mountain Sat, Aug 21, 2021, Steve Mackey

- The newsletter was a little late this edition, so the trip was in between newsletters. We still got 10 hikers, so it was a good turnout. We got a couple of good ideas on some plants to possibly label on the Nature Trail. The trail was in good shape, and I didn't notice anything that needs "fixing." We did notice some broken glass near the summit, which we cleaned up as best we could, and also there were some missing trail markers on the loop trail down from the summit, so Jungle replaced some of them. We had lunch on the summit and took a nice break at the cliffs near the top, checking out the view. If you have never hiked Potash, please feel free to check it out on your own; you won't be disappointed. Participants: Linda Frees, Neal Van Dorsten, Steve & Licia Mackey, "Jungle" Jim Mosher, Katie Henrikson, Laura Fiske, Alan James, Margie Litwin.

### Indian Pass from the Loj Sun, Sep 5, 2021, Jen Ferriss and Joe Babcock

- Thankfully everyone was flexible with the hike plans to change to Saturday to enjoy the best weather of the holiday weekend. We arrived around 6:50 am on Loj Road with a DOT sign stating that the lot was full and to seek other hikes. Like most, we traveled down the road and settled easily next to the South Meadow lot. Beginning with the 1 mile warm up hike up the road, we then made our way up the short trail to the summit of Mount Jo where in haste we tried to blow away the thick morning clouds to get a glimpse of Algonquin. Heading down the Rock Garden trail, our next stop was Rocky Falls. What a gem of a swimming hole with the soothing soundscape of the falls, camp sites and a new lean-to. At Scott's Clearing Jeff insisted that we walk to the brook and check out the old dam remnants and a beautiful view of Indian Pass and Wallface - we were glad we did. The climb through Indian Pass was a gnarly wet puzzle of boulders, but we made our way to our first close-up view of Wallface and some climbers attempting a difficult route before we made our way to Summit Rock. After a late lunch, more gawking at climbers and the stunning view of the Santanoni Range, we reversed our footsteps in good time. Indian Pass was less of a puzzle on the descent and we found a short cut to avoid a muddy wet climb. We made it back in time to eat at the Hungry Hiker and be on our way as the sun was setting. 5-star reviews from our hikers: Anthony S, Kimberly L, Joe B, Dave W, Erin R, Jeff M and Jen F.

## Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to email may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! Please be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others’ plans. **Trips can be cancelled if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter). Exit 19 Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

## Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it’s helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

## Participation Guidelines

Leaders are responsible to evaluate interested parties’ fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. \*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. \*No Pets allowed on outings except where designated in the description.



Panther Gorge Haystack Hike, rain or shine

## Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a “dog outing” and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a “dog outing,” if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

## Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. Please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don’t trust the forecast or the sky based on the start of the day. Be prepared!

## Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some extra planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring snowshoes and crampons. Bring lots of water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with emergency clothing. Bring an extra wool/polypro hat, mittens and socks. Vent-ed Shell pants, jackets and mittens are commonly used with warm layers beneath.

## Ratings

Rating Effort	Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4000+	10+	10+
A	Strenuous	3000+	8-12	8-10
B+	Moderate Strenuous	2,000+	5-10	6-8
B	Moderate	1000+	5-8	5-6
C+	Fairly Easy	1000+	5-8	4-6
C	Easy	Under 1000	Under 5	Under 5

## Become an Outings Leader

Ask any Chapter Leader for details. Offer to co-lead to get the experience! We’re always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chair on page 3 for more information.



## Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club  
P.O. Box 2314  
Glens Falls, New York 12801

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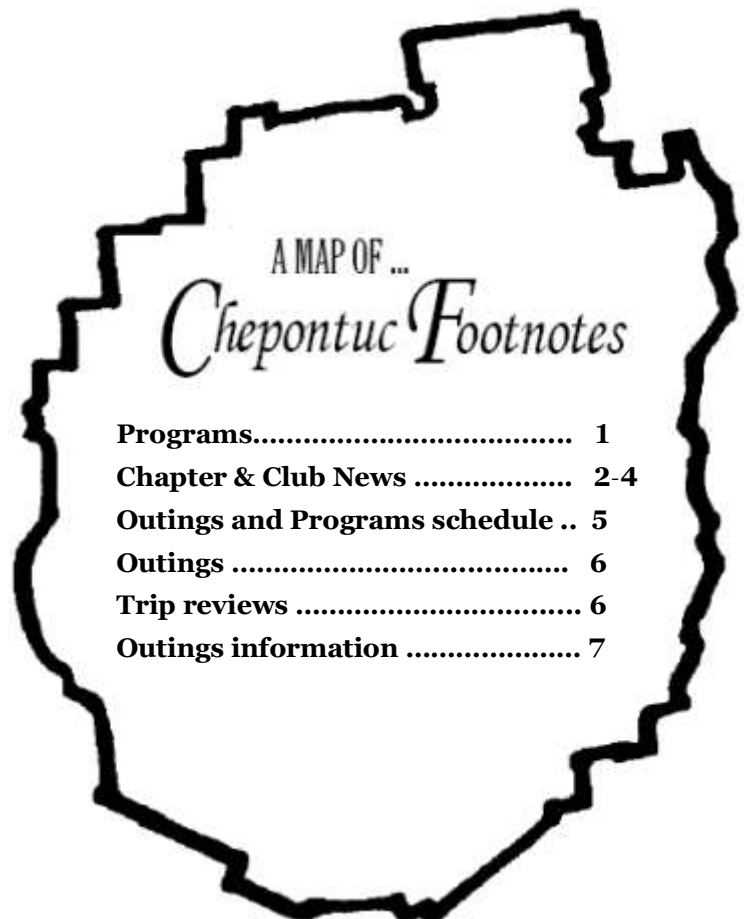
Website: [ADK-GFS.ORG](http://ADK-GFS.ORG)

### ***Are you moving?***

*If you are moving, You may call  
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing  
labels and membership lists from the  
Club.*

*Therefore, any change of address  
need NOT be sent to the Chapter .  
One call to the Club is all you need!*



A MAP OF ...  
*Chepontuc Footnotes*

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***Reminder: Please include your  
e-mail address when renewing  
membership!***