



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

ANNUAL DINNER AND BUSINESS MEETING Friday, October 15, 2021 – 6 pm Embassy Suites, Saratoga Springs



Join us Friday, October 15, to gather and listen to our featured speaker, m Dave Govatski.

Dave has embarked on a lifelong quest to visit all 423 units in the national park system; currently he has visited 403 of them. He will share tips on the best times to visit, where to see wildlife, and how to plan your trip.

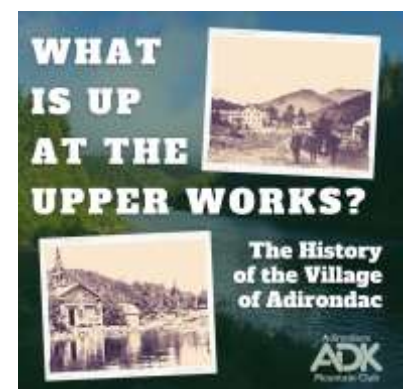
Dave Govatski worked for the US Forest Service for more than 30 years and currently works as a naturalist.

The registration form is on page 15; space is limited so please register early.

We look forward to seeing you!

What is Up at the Upper Works? Thursday, November 18 7 pm, Zoom

What is Up at the Upper Works? Join SUNY-ESF's Newcomb Campus Associate Director and long-time Newcomb resident Paul B. Hai for a multi-faceted exploration of the rich history of the former Village of Adirondac, also known as the Upper Works, located at the head of the Hudson River. The village was created in 1829 to support what became the McIntyre Iron and Steel Company. It has been abandoned and reoccupied twice, and today is the southern entrance to the High Peaks Wilderness area, as well as a singular site of historic industrial engineering. The program will run 45 minutes with open Q & A following. This online program uses the Zoom livestreaming platform. It will require access to a computer or mobile device with the Zoom app installed, or a phone for audio-only access. Registration with an email is required in order to receive information on how to connect. The email will be sent three hours prior to the scheduled start time of the program. Please register by clicking on this link: <https://sspl.libcal.com/event/7985125>



**UPDATED CHAPTER CONSTITUTION AND BYLAWS TO BE VOTED ON AT ANNUAL MEETING
~ John Caffry, Chair, Special Committee on Bylaws**

On June 2, 2021, the Executive Committee of the Glens Falls-Saratoga Chapter of the Adirondack Mountain Club (ADK) approved a proposal to revise the Chapter's Constitution & Bylaws. If this is approved by the membership at the Chapter's 2021 annual meeting it will go into effect on January 1, 2022. The full proposal follows, on pages 2 through 7 of this newsletter.

The changes will align the Chapter with ADK's recently approved amended bylaws. As a result of the Club restructuring its bylaws, the Chapter will no longer elect three members of the Club's Board of Directors, and will instead elect a single "Trustee" to represent the Chapter on the Club's Advisory Committee. The attached proposal would replace those slots on the Chapter Executive Committee with "At-Large" members.

The proposal would also clarify the procedures for virtual meetings and special meetings, elections, appointment of committee chairs, and expenditures by committee chairs; confirm that notices may be sent to the members by e-mail; and make some editorial updates. The Wilderness Committee will be merged into the Trails Committee. A link to the current Constitution & Bylaws may be found on the Chapter's website: <https://www.adk-gfs.org/Documents/bylaws.2019.pdf>. If you would like to see a "track changes" version of the revisions, with all of the edits, please contact John Caffry, Secretary, at secretary@adk-gfs.org, or Brian Coville, Acting Chapter Chair, at nominating@adk-gfs.org.

**GLENS FALLS - SARATOGA CHAPTER
ADIRONDACK MOUNTAIN CLUB, INC.
CONSTITUTION AND BY-LAWS**

CONSTITUTION

ARTICLE I - NAME

This organization shall be known as the Glens Falls - Saratoga Chapter of Adirondack Mountain Club, Inc. (the "Chapter").

ARTICLE II - PURPOSES

The purposes of the Chapter shall be:

1. To support the work of Adirondack Mountain Club, Inc. (the "Club") in achieving its goals and purposes.
2. To support the efforts of the State of New York to carry out the constitutional will of the people that Forest Preserve lands and waters shall be kept forever wild and to regulate the use of private lands within the Adirondack Park, and to protect and conserve the unique character of Adirondack Park from despoliation by the works of humans.
3. To advocate and to broaden popular support of that part of Article 14, Section 1, of the New York State Constitution, which provides that the lands of the State constituting the Forest Preserve, shall be forever kept as wild forest lands.

4. To advocate, and to create and encourage public interest, through education in the principles of outdoor recreation and the conservation of natural resources, especially in the Adirondacks.
5. To urge the acquisition of additional public lands for recreation, the protection of natural resources, and the preservation of open space and wild lands.
6. To sponsor and encourage outdoor recreation in the Adirondack Mountains and elsewhere in a manner consistent with the conservation objectives of the Chapter and Club, including to organize and conduct outings.
7. To assist the New York State Department of Environmental Conservation and the Adirondack Mountain Club, Inc. in the marking and maintenance of trails and other appropriate recreational facilities such as lean-tos.
8. To do all things necessary and proper to achieve these purposes which are consistent with the Club's certificate of incorporation, by-laws, and Board-approved policies and procedures.

ARTICLE III - MEMBERSHIP

Classes of membership and dues shall be as established by the Club.

Any voting member of the Club who registers with the Club as a Glens Falls - Saratoga Chapter member shall be a Chapter member and be entitled to vote. For family memberships, two adults per household will be entitled to vote.

Any member of the Club may also become an affiliate member of the Chapter upon payment of affiliate dues. Affiliate members of the Chapter shall pay the dues of their respective classes to the Club and shall also pay to the Glens Falls - Saratoga Chapter such annual sum as may be fixed by the Chapter for the sole use of the Chapter. Affiliate memberships shall be nonvoting memberships.

ARTICLE IV - ADMINISTRATION

The administration of the Chapter shall be vested in an Executive Committee consisting of the officers, Members-At-Large, Trustee, the immediate past Chapter Chair, and the chairs and co-chairs of the standing committees. All members of the Executive Committee must be Chapter voting members.

ARTICLE V - OFFICERS

The officers of the Chapter shall be: Chair, First Vice-Chair, Second Vice-Chair, Secretary, and Treasurer. The officers shall be elected at the annual meeting, to serve for a one-year term, commencing on the following January 1st. With the exception of the Treasurer and Secretary, no person shall serve for more than three successive one-year terms in any office. Club officers and full time Club employees may not be Chapter officers.

ARTICLE VI - MEMBERS-AT-LARGE

There shall be three persons elected by the Chapter to serve as Members-At-Large of the Executive Committee. They shall be elected at the annual meeting, to serve for a one-year term, commencing on the following January 1st. Club officers and full time Club employees may not be Members-At-Large.

ARTICLE VII - CHAPTER TRUSTEE

The Chapter shall elect at the annual meeting a Trustee to be a member of the Club's Advisory Council for such term or terms as required by the Club's by-laws, commencing on the following January 1st. The Trustee shall also be a member of the Chapter Executive Committee.

The Executive Committee shall annually appoint an Alternate Trustee who shall perform the work of the Trustee in their absence. The term of the Alternate Trustee shall be the Chapter year. This shall be not be a voting position on the Executive Committee.

ARTICLE VIII - AMENDMENTS

This Constitution and the By-laws shall be amended in the following manner: Any proposed amendment shall first be approved at a regular or a special meeting of the Executive Committee after each member of the Executive Committee has been given a minimum of two weeks prior notice thereof, by two-thirds vote of the Executive Committee members present at such meeting.

Notice of any amendment so proposed shall be submitted in writing, by mail or e-mail, to all voting members of the Chapter. A majority vote of the members voting at a meeting of the members shall be required to approve any amendment.

BY-LAWS

ARTICLE I – ELECTION OF EXECUTIVE COMMITTEE MEMBERS

The election of officers, Members-At-Large, and the Trustee shall take place at the annual meeting of the members. The persons elected shall take office on the following January first.

A Nominating Committee Chair shall be appointed by the Chapter Chair, subject to the approval of the Executive Committee, no less than five months prior to the annual meeting. The Nominating Committee Chair shall, in turn, appoint up to four committee members, subject to approval of the Executive Committee. Not more than three members of the Executive Committee may serve on the Nominating Committee. The Nominating Committee shall recommend persons for the positions of Chapter officers, Trustee, and Members-At-Large when required.

Written notice of the nominees recommended by the Committee shall be sent to all voting members not less than five weeks prior to the annual meeting. Additional nominations, in writing, may be submitted by any member entitled to vote to the Nominating Committee Chair not later than two weeks prior to the annual meeting. Such nominations must be signed by no fewer than twelve voting members.

In the event that there is more than one candidate for any position, the Secretary shall prepare a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each position. This ballot shall be the exclusive means of voting.

The successful candidate for each position shall be determined by a simple majority of the votes cast. The Chapter Secretary shall be the designated teller.

Any vacancy in an elective position, occurring before the expiration of the term thereof, will be filled by a vote of the Executive Committee, but the terms of office of anyone so appointed shall expire at the close of

the Chapter year. An appointed term of office will not count toward term limits; provided that for the position of Trustee, term limits shall be governed by the Club by-laws.

ARTICLE II - DUTIES OF EXECUTIVE COMMITTEE MEMBERS

The Chapter Chair shall preside at all meetings of the Chapter and of the Executive Committee, shall appoint, after consultation with the Executive Committee, all chairs of standing and special committees, and shall perform all other duties ordinarily associated with the office of Chair.

The First Vice-Chair shall perform the duties of the Chair in the absence of the Chair and be responsible for overseeing the work of any committees so designated by the Chair.

The Second Vice-Chair shall perform the duties of the Chair and First Vice-Chair in their absence and shall oversee the work of any committees so designated by the Chair.

The Secretary shall record minutes of the meetings of the Executive Committee and of the Chapter, and shall perform all other duties ordinarily associated with the office of Secretary.

The Treasurer shall pay authorized expenditures, shall invest funds, shall keep the financial records of the Chapter, and shall provide a financial report at each Executive Committee meeting and the annual meeting of the members, and shall perform all other duties ordinarily associated with the office of Treasurer. The Treasurer shall provide to the Club such financial reports as it shall require.

All officers, Members-At-Large, and the Trustee are expected to attend Executive Committee meetings and Chapter programs regularly.

The officers, Members-At-Large, and the Trustee shall have such additional duties as shall be determined by the Executive Committee.

All members of the Executive Committee should perform their duties consistent with the job description for that position that has been approved by the Executive Committee. Each person should ensure that the job description for their position is kept current by the Executive Committee. The job descriptions are not part of the By-laws, and in the event of a conflict between the Constitution and By-laws and the job descriptions, the Constitution and By-laws shall control.

ARTICLE III – MEETINGS OF THE MEMBERS

The annual meeting of the members shall be held during October or November of each year.

Written notice of the annual meeting of the members shall be sent not less than five weeks prior to the meeting. Such notice shall include the slate proposed by the Nominating Committee and any By-laws amendments recommended for approval by the Executive Committee. The Executive Committee may decide to include in the meeting notice a mail-in ballot for voting at any such meeting.

Special meetings of the members may be held at the direction of the Executive Committee upon five weeks advance written notice. The Executive Committee may decide to include in the meeting notice a mail-in ballot for voting at any such meeting.

Written notice of any meeting of the members may be sent by mail or by e-mail, including in the Chapter's newsletter. If a member's e-mail address is not known, they must be sent notice by mail.

The Executive Committee may decide that any meeting of the members may be conducted by conference call or other electronic means that allow all of the participants to hear and speak to each other at the same time.

If the notice of a meeting does not include a mail-in ballot, any member may request an absentee ballot, which shall be provided by the Secretary.

ARTICLE IV – MEETINGS OF THE EXECUTIVE COMMITTEE

The Executive Committee shall meet monthly, September through June. The Chapter Chair shall also call special meetings of the Executive Committee at the request of three members of the Executive Committee. Special meetings may also be called by the Chair as deemed necessary by the Chair. Reasonable notice of all meetings shall be given.

Meetings of the Executive Committee may be conducted by conference call or other electronic means which allow all of the participants to hear and speak to each other at the same time.

ARTICLE V – QUORUM AND VOTING

A quorum at a meeting of the members shall be 50 voting members, voting in person and by mailed ballot. Action shall be taken by the affirmative vote of a majority of those members voting.

A quorum at an Executive Committee meeting shall be fifty percent of the then-current number of members of the committee, with a minimum of two officers present. Vacant positions shall not be counted in determining the necessary number of persons required to be present for a quorum.

Action shall be taken by the affirmative vote of a majority of those Executive Committee members present, unless the Chapter Constitution and By-laws provide otherwise for a specific action. Where a standing committee has co-chairs, they shall both be voting members of the Executive Committee. Any person holding more than one position on the Executive Committee shall have only one vote.

The Executive Committee may also take action on urgent matters, which in the judgment of the Chapter Chair should be acted on before the next meeting, by a vote conducted by e-mail or other such electronic means. The Chapter Chair shall initiate such a vote by sending to all members of the Executive Committee an e-mail or other such electronic message which contains the proposed resolution. The resolution will be deemed approved if two-thirds of all of the members of the Executive Committee respond affirmatively within the time designated by the Chapter Chair. The results of the vote shall be set forth in the minutes of the next Executive Committee meeting.

ARTICLE VI - COMMITTEES

The following shall be the standing committees of the Chapter:

Conservation	Membership
Hospitality	Trails
Outings	Program
Publicity	Website
Education	Newsletter
Fire Tower Challenge	Young Members Group

The chairs or co-chairs of the standing committees shall be appointed by the Chapter Chair, after consultation with the Executive Committee. Committee chairs shall serve for the remainder of the Chapter year, and shall continue in that position unless replaced by the Chapter Chair, after consultation with the Executive Committee, at the start of a new year. The committee chairs and co-chairs shall serve as members of the Executive Committee.

Special committees may be created and terminated by the Chapter Chair with the approval of the Executive Committee.

Members of committees shall be appointed by the appropriate committee chair(s). It is strongly recommended that committee chairs and/or selected representatives attend corresponding Club-level committee meetings whenever possible, if such a Club committee exists.

ARTICLE VI - CHAPTER YEAR

The Chapter year and its fiscal year shall be the calendar year.

ARTICLE VII – REMOVAL OF EXECUTIVE COMMITTEE MEMBERS

An officer, Trustee, Members-At-Large, or committee chair may be removed for cause, after notice and an opportunity to be heard, by the affirmative vote of the majority of the members of the entire Executive Committee.

ARTICLE VIII - FINANCES

No later than January of each fiscal year the Executive Committee shall adopt an annual budget for the Chapter. The Treasurer shall present a proposed budget at least one month in advance of its adoption.

Committee chairs may expend budgeted funds for regular annually recurring items up to the amount budgeted for their committee, but may not otherwise expend more than \$500 of budgeted funds at one time without the prior approval of the Executive Committee. Budgeted donations to the Club and to outside organizations must be specifically approved by the Executive Committee before being paid by the Treasurer.

Vote for Chapter Officers at the 2021 Annual Meeting

At the annual meeting, chapter members will be invited to vote for the new officers. The nominating committee presents the following candidates for 2022.

<u>Chapter Chair:</u>	Brian Coville
<u>1st Vice Chair:</u>	[vacant]
<u>2nd Vice Chair:</u>	Kim Brown
<u>Treasurer:</u>	Steve Mackey
<u>Secretary:</u>	John Caffry
<u>Members-at-large:</u>	Maureen Coutant
<u>If by-laws approved</u>	Vacant
	Vacant
<u>Trustee</u>	Jim Schneider

Additional nominations, in writing, may be submitted by any member entitled to vote to Brian Coville, chair of the Nominating Committee, by close of business, **October 1, 2021**. Such nominations must be signed by no fewer than twelve voting members.

Send nominations to: nominating@adk-gfs.org or to the Chapter PO Box.

In the event that there is more than one candidate for any given office, at the annual meeting the Secretary shall furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot shall be the exclusive means of voting for officers and members-at-large. The successful candidate for each position shall be determined by a simple majority of the votes cast. Please see below for the biographies of these nominees.

Brian Coville I grew up on Long Island and developed an interest in hiking while exploring Bear Mountain State Forest with my friends. After relocating to the Capital Region in 2015, I began working as an internal auditor at Pioneer Bank and then recently became Audit Manager at Glens Falls National Bank. I volunteer with the Adirondack Mountain Club as a Director and a member of the Audit Committee. I am currently the 2nd Vice-Chair and the Nominating Committee Chair of the Glens Falls-Saratoga Chapter.

Kim Brown I have been an active member of ADK's Glens Falls - Saratoga Chapter for several years and currently serve as Education Chair. I am a late bloomer, so to speak, and only started enjoying hiking and snow shoeing in my 50s. While spending time in the outdoors I've been fortunate to learn so much from fellow hikers who have shared their time and experiences with me. This year I am happy to be able to give back so that others too can learn to enjoy the outdoors safely and with care for the environment by volunteering as a steward for both trailhead and fire tower summit program. It is lots of fun, very worthwhile and rewarding!

Steve Mackey I have been an active member with the ADK's Glens Falls - Saratoga Chapter since the early 80s and I've already served as the Chapter Treasurer for 6

years. I also have participated in the Adopt-a-Lean-To program, with Jim "Jungle" Mosher, taking care of Ward Brook Lean-to, for over 30 years. We have always maintained the trail into Ward Brook Lean-to, so last year I made it official and adopted the 5 miles of trail. I've been busy improving the trail up Potash Mountain in Lake Luzerne the past few summers. If you have never been up it, make it a point to put it on your hiking schedule. I lead hikes regularly and am the "Winter Weekend Coordinator". I am retired now, but I spent my career as the owner/operator of the Luzerne Market which has been operating for 41 years.

John Caffry I have been an ADK member since 1985 and have served the Club in many capacities, such as member of the Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary from 2006 to 2015, and starting again in 2018; Chapter Chair from 2016 to 2017; former member of ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; and former chair of the ADK Conservation Committee; and participated in the Adopt-a-Lean-to program for 10 years. This year Protect the Adirondacks! Inc. gave me its Howard Zahniser Adirondack Award for successfully representing that group, pro bono, in an eight year lawsuit that the Cuomo Administration's snowmobile trail plans for the Adirondack Forest Preserve were unconstitutional under the Forever Wild clause of the State Constitution. I am a native of Glens Falls, currently living there with my wife, Ellen. I am a member of the Caffry & Flower law firm in Glens Falls. Occasionally, I find time for hiking, paddling, and all varieties of skiing.

Maureen Coutant I've been an active member of ADK Glens Falls - Saratoga Chapter since the early 1990s. I've led hikes, chaired the nominating committee, served in the Vice Chair positions, and as the Chapter Chair twice. For the Club, I chair the Lake George Property Committee and organize workdays. I've helped with other non-profits and know that it's hard to find volunteers, so I'm always willing to help when I can.

Jim Schneider I love books and mountains, the perfect combination. A librarian by trade and a hiker, biker, skier, and paddler by choice. I am an active ADK volunteer with 35 years experience with ADK, a winter 46er, NE 115er, High Peaks Summit Steward, lean-to adopter, trail steward, co-creator of the ADK Fire Tower Challenge and author of Views From On High, 2nd ed. My current ADK project is reorganizing the ADK historical archives as ADK prepares for its second century. It's time for ADK to get moving and fulfill its potential as the leader in outdoor recreation education and resource protection.

Acting Chapter Chair Report ~ Brian Coville



Hello, I am Brian Coville, the new Chapter Chair. I would like to begin by thanking the most recent Chairs, Jen Shepherd and Kathi Noble for doing a great job and for all of their efforts. Similarly, I want to thank the rest of the Executive Committee and the Special Committee Chairs for their work.

On behalf of the Chapter, I would like to thank Pat Desbien, our Membership Committee Chair since 2003 who recently stepped down from the position. We really appreciate her efforts to help our Chapter and she will be missed. For the past few months, Pat has mentored her successor, Bobbi Fitzgerald. She shared everything Bobbi needed to be the next Membership Chair. Please do not hesitate to contact Bobbi with questions and to give her a warm welcome.

I have been consistently impressed by everyone's knowledge and diligence since I began volunteering with the Glens Falls - Saratoga Chapter a few years ago.

I recently attended the Young Members Weekend and then volunteered as a Trailhead Steward at Heart Lake; both were great experiences. Previously I had only spent brief amounts of time at Heart Lake, usually on my way to the trails. It was helpful spending time seeing all Heart Lake has to offer. All the staff and other volunteers were helpful and enthusiastic. The food was especially enjoyable so my compliments to the chefs.

ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers		Committee Chairs		Committee Chairs	
Chapter Chair chapterchair@adk-gfs.org	Vacant	Conservation 401-529-5034 518-396-9579 conservation@adk-gfs.org	Aimee Viens Rutledge Paul Dietershagen	Trails 518-638-6139 trails@adk-gfs.org	Tom Ellis
First Vice Chair 518-396-8108 vicechair@adk-gfs.org	Laurie Williams	Education 908-305-8357 education@adk-gfs.org	Kim Brown	Web site 518-743-9692 webmaster@adk-gfs.org	George Sammons
2nd Vice Chair vicechair@adk-gfs.org	Brian Coville	Hospitality 518-638-6139 hospitality@adk-gfs.org	Gretchen Steen	Wilderness 518-421-4975 wilderness@adk-gfs.org	Jim Schneider
Secretary 518-798-0624 secretary@adk-gfs.org	John Caffry	Membership 518-813-7946 membership@adk-gfs.org	Bobbi Fitzgerald	Young Members ymg@adk-gfs.org	Megan McLaughlin
Treasurer 518-793-6484 treasurer@adk-gfs.org	Steve Mackey	Newsletter Editor 518-290-0703 newsletter@adk-gfs.org	Jennifer Ferriss	Fire Tower 518-668-3046 firetower@adk-gfs.org	Tim Noble
Directors director@adk-gfs.org	Bill Wasilauski Brian Coville Emily Kane	Outings 518-893-7895 outings@adk-gfs.org	Wayne Richter	Annual Dinner 518-798-3055 annualdinner@adk-gfs.org	Anne Paolano
Past Chapter Chair 518-668-3046 pastchair@adk-gfs.org	Kathi Noble	Programs 518-798-3055 programs@adk-gfs.org	Anne Paolano	Publicity publicity@adk-gfs.org	Stephanie Graudons
Trustee 518-421-4975 wilderness@adk-gfs.org	Jim Schneider	Learn More: adk-gfs.org		Get social Instagram: @adkglensfallssaratoga Facebook: facebook.com/adkgfs or facebook.com/SaratogaYMG	



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge.

Alayna Hester, Gloversville
Isaiah Engel, Queensbury
Kelle Engel, Queensbury
William Engel, Queensbury
Marya Furnia, Canton
Deb Cantales, Utica
Joe Cantales, Utica
Richard Hillis, Jr., Cropseyville
Sharon Hillis, Cropseyville
David Krouse, Herkimer
Shannon Phillips, Herkimer
Anne Vaeth, Menands
Kenneth Rowell, East Syracuse
Julia Bouchard, Schroon Lake
Reginald Durden, Jr., Clifton Park
Corrine Haynes, Lafayette
Jeremy Lince, Fort Plain
Thomas Antonini, Syracuse
Mark Smorol, Syracuse
Steven Cahoon, Williamsville
Serena Lafayette, Glens Falls
William Brizzell, Jr., Loudonville
Kathleen Freese, Ballston Spa
Joe Yanazzo, Malta
Jenny Yanazzo, Malta
Grace Sauter, Wanakena
Tom Sauter, Wanakena
Jason Munn, Gloversville
Andrea Robinson, Glenmont
Samantha Brown, Rotterdam
Lisa Bailey, Delmar
Jolee Helf, Delmar
James Simpson, Little Falls
Jen Black, Williston
Michael Maute, Camillus
Wally Plock, Ilion

Congratulations to Tom Markel of Arkport who completed both the regular and winter challenge!

NEW MEMBERS—MAY 2021

Stephanie Lein, Corinth
Rhea Walkenburg, Ballston Spa
Tara Winter, Clifton Park
Herbert Wassey, Queensbury
Chris Ristau, Ballston Lake
Lindsey Rowley, Glens Falls
Michael Ruhm, Middle Grove
Sarah Buckowski, Ballston Spa
Layne Calabro, Ballston Spa
Brian Mitchell, Clifton Park
Colby Burch, Fort Edward
William Henderson, Saratoga Springs
Dawn Pacholski, Yardley PA
Charlie Crouchman, Ballston Spa

REJOINED MEMBERS

Darryl and Mona Caron, Clifton Park

NEW MEMBERS—JUNE 2021

Katherine York, Ballston Spa
Caron Schermerhorn, Lake George
Maura and Kevin Kane, Saratoga Springs
Timothy Williams, Clifton Park
Nancy Laporta, Schenectady
Lily Hough and Quincy Devlin, Lake George
Robert and Carol Cook, Hartford
Thomas Khairallah, Ballston Spa
Victoria Fenichel and Seth Merrill, Queensbury
Joseph Wood, Greenfield Center
Malissa Kramer, Halfmoon
Holley Hodgins, Saratoga Springs
Tanya Love-Forrest, Whitehall
Regina Reals, Saratoga Springs

REJOINED MEMBERS

Mary-Joan Bluemich, Roegen-Rott, Germany
Robert Ireton, Queensbury
Marilyn Keis-Hertunian, Ballston Spa
Kerri Ketcham, Gansevoort
Kimberly Labrecque, Rexford
James and Pat Gray Mechanicville
Jean Lavin and Ian Morgan, Brooklyn
Denise Lucaroni, Saratoga Springs
Michael O'Connor, Watervliet
Jeff Olson, Saratoga Springs
William Lori Pizer, Mechanicville
Tracy Pontin, Clifton Park
Mara Staffield, Ballston Lake
Michael and Janet Taetzsch, Saratoga Springs

Outings and Programs Calendar September 2021

Date	Day	Type	Destination	Leader(s)	Rating
* September 2021					
12	Sun	Bushwack	Peaked Hills Bushwhack in Hoffman Notch Wilderness	Jeff Mans	A-
15	Wed	Program	John Brown Lives Program on Zoom	Anne Paolano	NR
18	Sat	Hike	Hopkins Mountain via Mossy Cascade Brook	Jeff Mans	B+
* October 2021					
1	Fri	Camp/Hike	Elk Lake-Marcy trail to Panther Gorge, Haystack, Marcy, Gray and Skylight - 3 days and 2 nights	Jeff Mans, Jim Zwynenburg	A++
9	Sat	Hike	Schaefer Trail at Gore Mountain	Chandra Geremick	A
10	Sun	Hike	Walk around Putnam Pond	Bill Schwarz	B
15	Fri	Program	In Person Annual Dinner! Embassy Suites At Hilton, Saratoga Springs NY 12866.	Anne Paolano	NR
16	Sat	Hike	Rocky Peak Ridge to Giant Mountain Traverse from New Russia	Joe Babcock, Jennifer Ferriss	A+
16	Sat	Hike	Mount Colden Loop Hike through Avalanche Pass	Jeff Mans	A+
17	Sun	Hike	Upper Hudson Ski Loop	Bill Schwarz	B
* November 2021					
18	Thu	Program	What is Up at the Upper Works?	Anne Paolano	NR
20	Sat	Hike	Goodnow Mountain and Great Camp Santanoni Revival Hike	Joe Babcock, Jennifer Ferriss	B+
25	Thu	Hike	Turkey Trot # 22	Rich Crammond	C+

New Banff Mtn Film Festival Films Available Every Month

A New Monthly Film Series of past Award Winners will be available each month through October, so check the link each month.

You can rent a program for an evening of short films. These films are in addition to the original programs that are still available to rent through October 2021.



Go to the Chapter website for the link. Our Chapter receives a portion of the revenue if you use our link.



Fall Work Day October 23, 2021 ADK HQ

Come join fellow ADKers to help prep the ADK Headquarters building for the winter. We rake, put away the picnic table & parking lot timbers, clean up the garden, and take down the screens. Dress for a mess & bring a rake & gloves ~ if you can. No worries if you don't want to rake, we can find other jobs for you!

Coffee, muffins, donuts or scones, and lunch provided.

Call Maureen (518-745-7834) if you have special skills or equipment to offer.

Outings and Programs September 2021

INDIAN PASS FROM UPPER WORKS - [Hike]

Sun, Sep 5, 2021, 5:00 am, Rating: A+

Jen Ferriss, ferrissj@gmail.com

Colead: Joe Babcock, jababcock19@gmail.com

- This will be an out and back hike through Indian Pass from the Loj. We will warm up on Mount Jo and then end the first half of our hike at Summit Rock. If we are making good time we may visit Wallface Pond. Plan for all day hiking with up to 20+ miles to cover if the trail conditions are in our favor. Comfortable moderate pace so that we have time to enjoy the views. Meet up at Northway Exit 18 park and ride, 5 am. Space will be limited.

PEAKED HILLS BUSHWHACK IN HOFFMAN NOTCH WILDERNESS

Sun, Sep 12, 2021, 8:00 am, Rating: A-

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- We'll park at the Dirgylot Hill parking area on the left off of Route 9, a few miles north of Schroon Lake and Northway Exit 28. From there, we'll hike under the Northway culvert, following the old woods road to the first tee, turning right, and then following the woods road a short distance and continuing along a very light hunter's trail leading to the north with evidence of old hatchet marks on trees, eventually hitting the major unnamed drainage on the east side of Blue Ridge (17th Brook), where another old woods road parallels the brook. We'll follow 17th Brook past the eastern face of Peaked Hills and continue to West Peaked Hill nearest Hoffman Mountain, and then back to East Peaked Hill, and finally over to South Peaked Hill, time and conditions permitting. Waterfalls, rock slabs and open summits await. Approximately 9 miles and a total elevation gain of about 2600 feet. Bad weather cancels.

JOHN BROWN LIVES PROGRAM ON ZOOM

Wed, Sep 15, 2021, 7:00 pm, Rating: NR

Anne Paolano - programs@adk-gfs.org

- Over a century ago, the State of New York was gifted the Adirondack home of Abolitionists John and Mary Brown on the condition that it be used "for the purpose of a public park or reservation forever." Today, John Brown Lives! is both the official friends group of the 250-acre state historic site abutting the High Peaks Forest Preserve, and a freedom education and human rights project active in the North Country. Longtime ADK members Benita Law-Diao and Jeff Jones are also JBL! board members and human rights activists. Influenced by the Black Lives Matter movement, their presentation will focus on the group's programs and activities designed to bring awareness to the Farm's role in Adirondack, NY, and U.S. history. Registration is through the Saratoga Springs Public Library website using the link: <https://sspl.libcal.com/event/7199395>

HOPKINS MOUNTAIN VIA MOSSY CASCADE BROOK - [Hike]

Sat, Sep 18, 2021, 8:30 am, Rating: B+

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- Hopkins Mountain via Mossy Cascade Trail. Approximately 6.7 miles round trip along Route 73 near Keene Valley. About a 2,200 foot gain in elevation, and the most incredible view of the Ausable Valley and the surrounding High Peaks. A nice way to end the summer and get ready for autumn colors. Meet-up at the Tops parking lot in Schroon Lake at 8:30 am.

ELK LAKE-MARCY TRAIL TO PANTHER GORGE,

HAYSTACK, MARCY, GRAY AND SKYLIGHT - 3 DAYS AND 2 NIGHTS - [Camp/Hike]

Fri, Oct 1, 2021, 9:00 am, Rating: A++

Jeff Mans - 518-265-4135, adkhighlander@aol.com

Colead: Jim Zwynenburg - 518-683-2413

or testplastic@gmail.com

- Two night backpacking trip. Starting Friday morning, October 1st, from the Elk Lake parking area, we'll hike the Elk Lake-Marcy trail to Panther Gorge to set up camp for 2 nights, and return Sunday morning, October 3rd. Day 1: about 9 miles to Panther Gorge and set-up camp. Day 2: loop hike of about 9 miles to Haystack, Marcy, Gray and Skylight. Day 3: break camp and return to Elk Lake parking area and civilization. Day 2 will be the loop hike to Haystack, Marcy, Gray, Lake Tear of the Clouds and Skylight, and involves some very steep trails, open rock and ledges, and several thousand feet of climbing and descent. Depending on how the group feels, Gray will be optional with at least one co-leader taking it on, and one co-leader who may sit at Lake Tear if anyone else wants to take a pass and wait to climb Skylight. The trip requires appropriate tent, overnight equipment, meals and supplies, including a bear-resistant canister. Rocks for Skylight's summit not required. Panther and alien encounters highly unlikely and not to be believed in any event. A good book helps at night. Bad weather cancels.

SCHAEFER TRAIL AT GORE MOUNTAIN - [Hike]

Sat, Oct 9, 2021, 9:00 am, Rating: A

Chandra Geremick, cgeremick@gmail.com

- This is a gorgeous hike heading up the Schaefer Trail. The mountain should be prime for leaf peeping. It is a 9.4 mile hike and we will go at a steady pace. There are a few steep spots but it is fairly gradual. The meet up is at the Northway Exit 18 park and ride by the West Glens Falls Emergency Squad in Queensbury. This group will be small so sign up early!

WALK AROUND PUTNAM POND - [Hike]

Sun, Oct 10, 2021, 8:00 am, Rating: B

Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com

- This is an 8-mile tour around the sizable Putnam Pond and several smaller nearby water bodies. We pass several lean-tos and an old mine, with a few elevation changes. Should be peak of foliage. Bring lunch - there's a rocky outcrop where we can view the pond as we chow down. Rain cancels or postpones; check with leader.

IN PERSON ANNUAL DINNER! EMBASSY SUITES BY HILTON, SARATOGA SPRINGS NY 12866. - [Program]

Fri, Oct 15, 2021, 6:00 pm, Rating: NR

Anne Paolano - 518-744-6359, annepaolano@yahoo.com

- Glens Falls -Saratoga Chapter Adirondack Mountain Club Annual Dinner Meeting 2021 Friday October 15th Embassy Suites by Hilton 86 Congress Street Saratoga Springs NY 12866 Cash bar 6.00pm Dinner 7.00pm. Featured speaker: David Govatski : The Nature of our National Parks . David retired from the US Forest Service after a 33 year career as a Forester and Fire Management Officer. He worked on several national forests around the country. Since retirement, he has worked as an expedition ship naturalist in Alaska, British Columbia and Iceland. David authored "Forests for the People - The Story of the Eastern National Forests" and has

Outings and Programs September 2021

written numerous articles on forest conservation and history. David is also an avid trail volunteer and hiker. He and his wife Kathi live in the White Mountains of New Hampshire. This program looks at the nature and history of America's spectacular National park system and why they were protected. We will visit a dozen national park units across the country, including some lesser-know units, and learn about people, places, wildlife, and stories behind the scenery. There are 423 units in the national park system as of February 2021, including 63 designated National Parks. But there are many other types of areas including national monuments, preserves, historic sites, battlefields, parkways and sea-shores. Congress has approved several new areas that still need land acquisition, and we will briefly describe some of them. David Govatski has embarked on a lifelong quest to visit all 423 national park units and has visited 403 of them. He will share tips on the best times to visit, where to see wildlife and how to plan your visits. The National Parks are one of America's best Ideas and this program will show why they are so crucial to our health and happiness. Dinner menu and further invitation details to follow.

ROCKY PEAK RIDGE TO GIANT MOUNTAIN TRAVERSE FROM NEW RUSSIA - [Hike]

Sat, Oct 16, 2021, 5:00 am, Rating: A+

Joe Babcock, jababcock19@gmail.com

Colead: Jennifer Ferriss, ferrissj@gmail.com

- Hike from the trailhead for Rocky Peak Ridge in New Russia up to Rocky Peak Ridge and continuing to the summit of Giant Mountain. We will then continue down the northern trail that leads down past Giant Lean-to and Owl Head Look-out finishing at the trailhead at Route 9N near the Hurricane Mtn Trailhead. We did this hike a couple years ago and it was a perfect hike. Hope you can join us for a long, but fun hike in the park. We will meet to car pool at Exit 18 Park and Ride before heading up to the trailheads. Will spot a car at our destination before starting the hike to RPR.

MOUNT COLDEN LOOP HIKE THROUGH AVALANCHE PASS

Sat, Oct 16, 2021, 7:15 am, Rating: A+

Jeff Mans - 518-265-4135, adkhighlander@aol.com

- This route climbs through Avalanche Pass to Lake Colden and up the steep Lake Colden trail to the summit of Mt. Colden, and then descends through Lake Arnold, making this a nice 14.5 mile loop hike. We'll start from South Meadow and hike up the old Marcy Dam truck trail to Marcy Dam, and then take the Avalanche Pass Trail down to Avalanche Lake, between Mt. Colden and Avalanche Mountain, over the "Hitch-up Matildas" and on to Lake Colden. We'll then head steeply up to the summit of Mt. Colden, climbing up ladders to ascend cliffs, open rock face and boulders, with great views. From the summit there are awe-inspiring views of Marcy, Algonquin and surrounding high peaks, along with Flowed Lands, Avalanche Lake and Lake Colden down below. We'll descend over Colden's false North Summit and continue to Lake Arnold and back to Marcy Dam and out. At 4,714 feet, Colden is the 11th tallest high peak. Total round trip is about 14.5 miles and 3,300 feet elevation gain. Bad weather cancels. Can meet-up at the Schroon Lake Tops parking lot or TBD depending on participants.

UPPER HUDSON SKI LOOP - [Hike]

Sun, Oct 17, 2021, 8:00 am, Rating: B

Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
- 5-mile loop trail off Goodnow Flow Road near Newcomb. There are a few climbs that make me question if it should be listed as a ski trail; I'll have to come back in winter to check. Meanwhile, we walk along the Goodnow River and then go parallel to the Hudson for a while. Bring lunch. Rain cancels or postpones; check with leader.

WHAT IS UP AT THE UPPER WORKS? - [Program]

Thu, Nov 18, 2021, 7:00 pm, Rating: NR

Anne Paolano - 518-744-6359, annepaolano@yahoo.com

- What is Up at the Upper Works? Join SUNY-ESF's Newcomb Campus Associate Director and long-time Newcomb resident Paul B. Hai for a multi-faceted exploration of the rich history of the former Village of Adirondac, also known as the Upper Works, located at the head of the Hudson River. The village was created in 1829 to support what became the McIntyre Iron and Steel Company. It has been abandoned and reoccupied twice, and today is the southern entrance to the High Peaks Wilderness area, as well as a singular site of historic industrial engineering. The program will run 45 minutes with open Q & A following. This online program uses the Zoom livestreaming platform. It will require access to a computer or mobile device with the Zoom app installed, or a phone for audio-only access. Registration with an email is required in order to receive information on how to connect. The email will be sent three hours prior to the scheduled start time of the program. Please register by clicking on this link: <https://sspl.libcal.com/event/7985125>

GOODNOW MOUNTAIN AND GREAT CAMP SANTANONI REVIVAL HIKE

Sat, Nov 20, 2021, 5:30 am, Rating: B+

Joe Babcock, jababcock19@gmail.com

Colead: Jennifer Ferriss, ferrissj@gmail.com

- A great way to enjoy the Adirondacks during the late fall/mud season, I have led this hike a couple times in the past. We will start by hiking up to the Goodnow Mountain Fire tower (currently the tower is closed) to get a good warm-up for the hike in to Great Camp Santanoni. This is a nice long walk on a road with very little elevation. The scenery along the trail is worth the walk. It could be a snowy adventure if the area gets snow (I have experienced both dry and snowy conditions on past hikes). Please join us for a fun day of hiking. We will be celebrating a number of birthdays on this hike as well.

TURKEY TROT # 22 - [Hike]

Thu, Nov 25, 2021, 8:00 am, Rating: C+

Rich Crammond - 518-584-2380

- Four to five mile hike, little elevation change. Meet at visitor parking lot off Route 32, Stillwater. Dress for cold weather. Happy Thanksgiving to all.

Swede Fire Tower Trail Opens

The Fire Tower Committee has officially included Swede Mountain in the ADK FTC on August 13, 2021. The trail will be closed to the public between 9/10 and 12/16/21 during hunting season.

Trip Reviews September 2021

Pharoah Mountain Sat, Jun 5, 2021, Jeff Mans and Joe Babcock

- A fine day on hand, we drove back as far as we could towards Crane Pond, stopping at the last parking area before the real 4x4 ford across the final stretch of road to Crane Pond, to begin our annual trip to Pharoah Mountain and the Pink Lady Slippers in full bloom. A faux 4x4 vehicle had attempted to cross the last flooded section of Crane Pond Road and paid the price as it sat in the water, with the occupants nowhere in sight, and surely looking for a tow truck and hefty bill upon their return. The co-leaders broke into an advance group and a following group to meet certain time commitments that day, and we quickly made the summit and survey marker where the old fire tower once stood, and then off to the many rock look-out points to be rewarded by the panoramic views and dozens of wild orchids, the Pink Lady Slippers, in full bloom! After waiting until everyone had arrived at the summit, the leader had to depart to attend a celebration of life, and left the group under the able leadership of Joe B., who led the group on a further exploration of the summit area, and took a side tour on the return trip to Oxshoe Pond and lean-to. A nice and wild day, all pretty in pink. Looking forward to next year's trip. Great group. Participants: Jeff Mans and Joe Babcock, co-leaders, Anthony Szmul, Ingrid Wilke, Cathy Flemming and Christopher Lovett.

Cold River Valley through Hike and Camp from Long Lake to Upper Works: June 12-14, 2021 Sat, Jun 12, 2021, Jeff Mans and Jim Zwynenburg

- On a beautiful Saturday, we took a scenic boat cruise to the northern end of Long Lake with the Swards in view, and landed at Plumley Point. We quickly found the Northville Placid Trail towards Shattuck Clearing and the Cold River. After crossing two towering foot suspension bridges, we rested at Cold River lean-to #3 and went swimming. Refreshed, we continued on the NPT to the Seward lean-to and found the best swimming hole at Millers Falls for another wash, rinse and repeat, and then on to the Oluska lean-to for the night. On day 2 we decided to continue along the NPT to visit the Rondeau Hermitage, explore the remnants of old logging operations, and on to Duck Hole, the Preston Ponds, and the Henderson Lake lean-to, where we spent our second night, given the forecast for rain the next day. After dinner and a relaxing campfire, our slumber was broken by the clap of thunder at 2:30 am that continued to roll through the night for a few hours and light up the forest. Flashlights shone in tents, and not even Mr. Sleep himself could deny he didn't sleep through the night. After braving the storm and staying mostly dry, the clouds held up and we exited at Tahawus and new parking area at Upper Works, and then had breakfast at the Long Lake Diner. Great adventure and group, with a definite return trip to Millers Falls and the Seward lean-to. Participants: Jeff "Mouth" Mans and Jim "The Wizard" Z. (co-leaders), David "Ocho" White, and Anthony "Can Carry" Szmul.

Woodhull and Bald Mountain Fire Towers Sat, Jun 12, 2021, Joe Babcock and Jennifer Ferriss

- We assembled a part of our group at the chosen parking area at 5:30 and headed north to pick up Suzanne in Warrensburg. We continued on with a pleasant drive to the trailhead for Bald Mountain. We met up with Amy, Gemma, Ingrid, Cindy and Pixie, where we headed up the shorter hike of the day. The trail was in good shape, other than a steep wet

spot early in the hike. The views along the trail, as well as at the summit and in the tower, were great on this clear day. We spent some time on the summit visiting with fellow hikers before heading down and moving on to the next longer hike of the day. Other than foolishly trusting Google with a suggested shortcut, the trip to Woodhull was a happy adventure. We decided to park at the first parking area for Woodhull and hike the extra miles, a good choice since we were committed for a day of hiking and the trail was fairly flat for most of the trip. I was surprised by the easy climb up to the tower and noticed a lack of scrambling that comes with most of the fire tower hikes. We came across a man who was doing trail work, who had brought his tools in by bike. It looked like there was some maintenance on the last section of the trail that would keep him busy. The cabin was locked at the tower, but we did get some limited views from the stairs below. We enjoyed a quick lunch at the summit and then all headed back down. On our way out, Suzanne pointed out a mossy damp bog that had round leaf sundew growing. This is a carnivorous plant that gets some extra nutrition from insects that are trapped after being lured by the plant. Always great to learn more about the Adirondacks! Pixie did not have any trouble hiking these two trails as with the other participants: Jen Ferriss, Joe Babcock, Erin Roberts, Mary Dabulas, Kimberly Labrecque, Suzanne Rancourt, Ingrid Wilke, Amy Bate-man, Gemma Reinhard, Cindy and Pixie Cross.

YM Sunset Hike: Sleeping Beauty Tue, Jun 29, 2021, Megan McLaughlin

- A successful sunset outing not ruined by rain! Beautiful day with a great group. Participants: Megan M, Rich R, Tom C, Tim H, Johanna G, David K, Alana G, Tanya L, Jeff N, Kelly S, Michelle M, Ben U, and Casey O.

Camel's Hump via the Long Trail Sat, Aug 7, 2021, Jennifer Ferriss

- I'm still looking forward to finishing my VT 4000 this summer. Two miles South of Vergennes, VT, my tire had a blow out. Luckily we were able to limp into a pull off and enjoy the high peaks during the sunrise while we tried to figure out how to pull off the lug nut covers. A neighbor and AAA came to the rescue; within the hour we pondered how long the doughnut tire could really last and if it would be ok on the dirt road leading to Camel's Hump. Rational thoughts prevailed and we headed back to NY and had a great morning hiking the Black Mountain loop. Hikers: Jen Ferriss, Joe Babcock, Pam Delsignore, Beth Post, Karen Provencher & Erin Roberts.



Views of the High Peaks from Vergennes, VT

Glens Falls – Saratoga Chapter ADK Annual Dinner 2021
Friday, October 15 @ Embassy Suites, Saratoga Springs
86 Congress St
Saratoga Springs, NY 12866
6:00 pm Cash Bar, 7:00 pm Dinner

- Garden Salad with Balsamic Vinaigrette
- Choice of Entree with Seasonable Vegetables
- Apple Crisp a la Mode
- Coffee and Tea

Entrees

- Tortellini a la Vodka Sauce w/ grilled zucchini and squash **(V)**
- Bread Chicken Piccata w/ lemon caper pan jus with linguini **(C)**
- Broiled Canadian Salmon w/ roasted shallot and wild mushroom sauce and wild rice **(F)**
- Grilled NY Strip Steak w/ blue cheese and scallion butter with mashed potato **(B)**

Reservation Instructions

1. All reservations must be PREPAID and RECEIVED BY **Friday October 8th**—price is \$30/pp
2. Sorry, phone reservations cannot be accepted — use mail-in form below.
3. Please make checks payable to: GLENS FALLS-SARATOGA CHAPTER ADK
4. Mail reservation form and check to:
Steve Mackey, 21 MacArthur Drive, Glens Falls, NY 12801
5. We do not mail confirmations back to you. For more info, contact: annualdinner@adk-gfs.org or call Anne Paolano 518-744-6359



<p>ANNUAL DINNER RESERVATION</p> <hr/> <p>Your Phone</p> <hr/> <p>Your Email</p> <hr/> <p>\$ _____ Total Amount (\$30/pp)</p> <p>Please make checks payable to: GLENS FALLS-SARATOGA CHAPTER ADK</p>	<p>NAME(s) (please print clearly for your name tag)</p> <p>1. _____ dinner choice (circle one) V, C, F, B</p> <p>2. _____ dinner choice (circle one) V, C, F, B</p> <p>3. _____ dinner choice (circle one) V, C, F, B</p> <p>4. _____ dinner choice (circle one) V, C, F, B</p>
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Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
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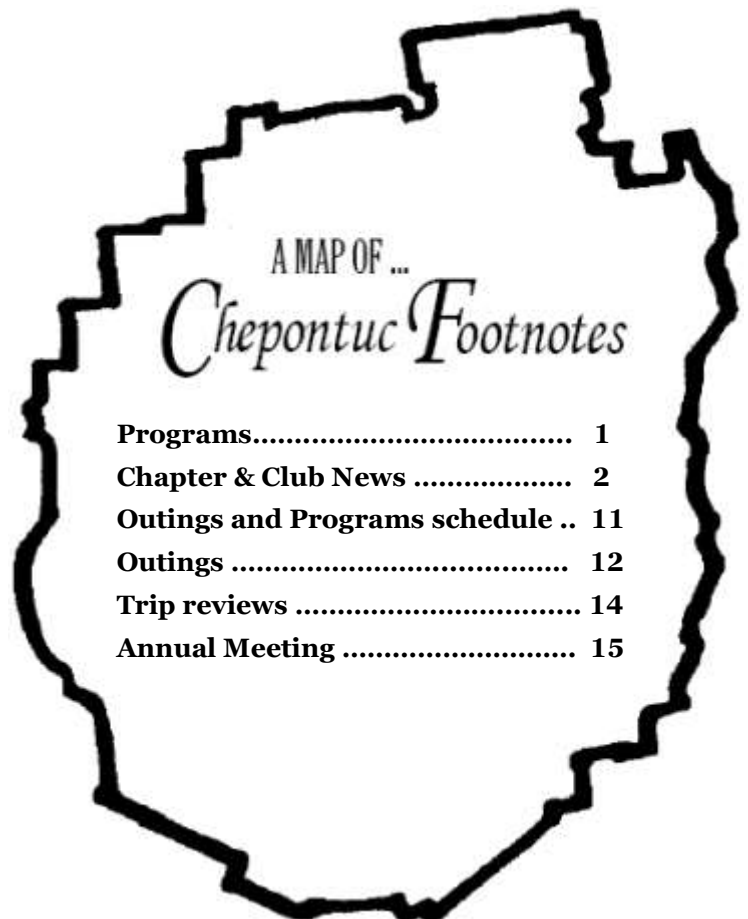
Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



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***Reminder: Please include your
e-mail address when renewing
membership!***