



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

# Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

## THE BIG MESS: CLIMATE AND SOME SLIGHTLY LESSER CHALLENGES

January 19, 2022

7 pm, Saratoga Springs Public Library



For decades scientists have been raising the alarm about climate change but, thanks to the ceaseless actions of the carbon industry, we have done almost nothing. The days of easy, painless, solutions are behind us. Our window of opportunity to save this world as we know it is rapidly closing, and we cannot depend on the better angels of our elected officials to counter this tide, and prevent a collapse. Whatever good that comes out of the next few years will determine the future of this planet. That current state of bat populations devastated by the white-nose syndrome, one of his good will depend on you. Join Al Hicks, a retired New York State Department of Environmental Conservation biologist, for an update on the impact of climate change in our area and beyond, and a discussion of ways forward to address climate change. In addition, Hicks will discuss the current state of bat populations devastated by the white-nose syndrome, on his areas of expertise.

Seating is limited and registration is required. Registration is through the Saratoga Springs Public Library website: <https://sspl.libcal.com/calendar/>

## TAKE A WALK ON THE WILD SIDE

March 16, 2022

7 pm, Saratoga Springs Public Library



Learn more about the wild flowers and native plants you observe in diverse habitats on your hikes and walks in nature. Suzanne Rancourt, a naturalist, herbal educator and member of the Adirondack Mountain Club, will guide us in identifying native plants and learning about their traditional uses as food or medicine. Suzanne will discuss eco-conscious use and Native American perspectives of stewardship. Join Suzanne as she offers basic rules for plant identification and use, including do's and don'ts and the three rules of identification.

Suzanne was born and raised in the rural mountains of West Central Maine and now lives in the Adirondacks. She is a tribally affiliated Native American, and her ancestors worked and lived close to the land. Her father and grandfather worked in the woods and instilled in her at an early age the way of balance that humans must live by to ensure food and natural resources for future living. In addition to being a talented poet, singer/songwriter and multimodal artist, Suzanne is an Expressive Arts Therapist and Alcohol and Substance Abuse Counselor. Seating is limited and registration is required. Registration is through the Saratoga Springs Public Library website: <https://sspl.libcal.com/calendar/>



The Glens Falls - Saratoga Chapter is thrilled to announce that we are hosting a **LIVE** showing of the Banff Centre Mountain Film Festival World Tour:

**Saturday, February 5 at 7 pm**

**Sunday, February 6 at 2 pm**

At the Charles Wood Theater in downtown Glens Falls

For more information and the trailer visit [www.adk-gfs.org](http://www.adk-gfs.org)

If you are not comfortable attending the live show but still want to experience a different collection of films, there are also virtual options available. See page 10 for more information.

# Chapter Chair Report ~ Brian Coville



The Cold River Chapter is hosting the **ADK Centennial Celebration & Fall Outing** on September 23 - 25, 2022 at the Silver Bay YMCA Conference & Family Retreat Center in Silver Bay, NY (near Hague). If you haven't been to any other Fall Outing, this is the one you shouldn't miss. The YMCA is on Lake George with spectacular views of the lake and mountains, and has boats, tennis courts, hiking trails and a gym. If you don't want to stay at the hotel, you can come on Saturday just for the day and join us for a barbecue dinner. There will be numerous outings on all three days, musical entertainment on Friday night by Dan Berggren and Jamcrackers, and a special guest speaker on Saturday night — noted environmentalist and Johnsbury resident, Bill McKibben. More details will be available in the coming months.

Wishing everyone a safe, happy and healthy New Year! -Brian

## ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

| Executive Committee Officers   |                             | Committee Chairs   | Committee Chairs   |
|--|-----------------------------|--|--|
| <b>Chapter Chair</b><br>chapterchair@adk-gfs.org                               | Brian Coville               | <b>Conservation</b> Aimee Viens Rutledge<br>401-529-5034<br>conservation@adk-gfs.org<br>Co-Chair Paul Dietershagen | <b>Trails</b> Tom Ellis<br>518-638-6139<br>trails@adk-gfs.org<br>Co-Chair Jim Schneider  |
| <b>First Vice Chair</b><br>518-396-8108<br>vicechair@adk-gfs.org               | Vacant                      | <b>Education</b> Kim Brown<br>908-305-8357<br>education@adk-gfs.org  | <b>Web site</b> George Sammons<br>518-743-9692<br>webmaster@adk-gfs.org  |
| <b>2nd Vice Chair</b><br>vicechair@adk-gfs.org                                 | Kim Brown                   | <b>Hospitality</b> Gretchen Steen<br>518-638-6139<br>hospitality@adk-gfs.org                                       | <b>Young Members</b> Megan McLaughlin<br>ymg@adk-gfs.org   |
| <b>Secretary</b><br>518-798-0624<br>secretary@adk-gfs.org                      | John Caffry                 | <b>Membership</b> Bobbi Fitzgerald<br>membership@adk-gfs.org   | <b>Fire Tower</b> Tim Noble<br>518-668-3046<br>firetower@adk-gfs.org   |
| <b>Treasurer</b><br>518-793-6484<br>treasurer@adk-gfs.org                      | Steve Mackey                | <b>Newsletter Editor</b> Jennifer Ferriss<br>518-290-0703<br>newsletter@adk-gfs.org                                | <b>Annual Dinner</b> Anne Paolano<br>518-798-3055<br>annualdinner@adk-gfs.org  |
| <b>Past Chapter Chair</b><br>518-668-3046<br>pastchair@adk-gfs.org             | Vacant                      | <b>Outings</b> Wayne Richter<br>518-893-7895<br>outings@adk-gfs.org<br>Co-Chair Jen Shepherd                       | <b>Publicity</b> Stephanie Graudons<br>publicity@adk-gfs.org   |
| <b>Trustee</b><br>518-421-4975<br>wilderness@adk-gfs.org<br>Alternate Trustee: | Jim Schneider<br><br>Vacant | <b>Programs</b> Anne Paolano<br>518-798-3055<br>programs@adk-gfs.org   | <b>Banff</b> Mo Coutant<br>banff@adk-gfs.org   |
| <b>Members at Large</b><br>Maureen Coutant<br>Kathi Noble<br>Vacant            |                             | <b>Learn More:</b> <a href="http://adk-gfs.org">adk-gfs.org</a>  | <b>Get social</b><br><b>Instagram:</b> @adkglensfallssaratoga<br><b>Facebook:</b> facebook.com/adkgfs or<br>facebook.com/SaratogaYMG |

# Adirondack Mountain Club Advisory Council

## A Year in Review

The Council's established purpose is threefold:

1. To facilitate communication between Chapters to allow the sharing of ideas, resources, and create best practices.
2. To facilitate communication from Chapters to ADK's Member Service and the Board of Directors.
3. To become a channel of communication from ADK's Member Services and the Board back to Chapters.

The first 6 months have been extremely productive!

## Highlights:

- Applied for and was approved for the free Google Nonprofit Workspace; this will be the home for AC emails, collaborative documents, spreadsheets, surveys, and will seamlessly interface into Slack. (Technology Committee)
- A workgroup was established to research a project to capture ADK history, called the ADK Oral History Project. (Technology Committee)
- Created a standardized by-laws template that can be adopted by Chapters as-is or can be modified to fit their specific situations. (Chapter Development Committee)
- Created a Chapter Gift Giving Policy. (Chapter Development Committee)
- Collected existing Outings and Trip Leader Guidelines from 9 chapters, ADK member services and AMC. (Outings and Meetings Committee)
- Working on Outings and Leader Training Guidelines—including sexual harassment policy and code of conduct. (Outings and Meetings Committee)
- Created a "Methods to Increase Membership" document that details proven methods and new ideas that a Chapter can utilize to organically grow membership. This document is part of the Membership Tool Box. (Membership Development Committee)
- Created and initiated a Chapter survey to evaluate all levels of Chapters communication capabilities strengths/weaknesses (Communication Committee)



## Youth Camps Update

At this time, DEC is planning to celebrate the Summer Camps' 75th Anniversary this summer with an in-person program. DEC will continue to work with the NYS Dept of Health, CDC and other experts to evaluate the guidelines in place to protect the health and safety of campers and staff for the 2022 season, and to maintain the DEC Camp Program's exploration and learning opportunities.

If 2022 summer camp is held, the families who were awarded camp sponsorships for 2020 will take priority, but need to re-apply. Please check our ADK Chapter website for the most current information - applications must be in by January 20th.

The Glens Falls - Saratoga Chapter of the Adirondack Mountain Club pays the \$350 fee for the selected youths (ages 11 to 17) to spend a week at either of the DEC's environmental camps, Camp Colby near Saranac Lake or Pack Forest just above Warrensburg.

For those in the older range who prefer a more rugged experience, which includes five days out in the woods with hands-on experience learning the ins and outs of trail maintenance, ADK's headquarters offers its own Teen Trail program. The chapter pays the \$325 fee for the Teen Trails program. Applicants of Teen Trails will have a choice of several possible locations, which in the past included the High Peaks area, portions of the Northville-Placid Trail and others.

Send completed applications to Kim Brown, 18 Lochlea Lane, Lake George, NY 12845. Kim can be reached at 908-305-8357 or [education@adk-gfs.org](mailto:education@adk-gfs.org)



## ADK Fire Tower Challenge

by Kathi Noble



### **Congratulations to the following hikers who have recently completed the Adirondack Mountain Club Fire Tower Challenge:**

Miranda DuBray, Gloversville, age 15  
Alison DuBray, Gloversville  
Paula Brehm, Saratoga Springs  
Martin Santoire, Saratoga Springs  
Michael May, Rochester  
Carla Izzo, Caroga Lake  
Alicia Devero, New Paltz  
Lexleigh Shaw, Greenwich, age 15  
Isla Shaw, Greenwich, age 12  
Hollie Shaw, Greenwich  
Bradford Shaw, Greenwich  
Tom Helser, Lowville  
Linda Helser, Lowville  
Terry Hynes, Saratoga Springs  
Melissa Cohen, Honeoye  
Teri Schneider, Wayland  
Kathryn Hogan, Albany  
John Colen, Washington, DC  
Chad Bowman, Niskayuna  
Greta Bowman, Niskayuna  
Rebecca Flanagan, Cicero  
Laurel Flanagan, Cicero  
Kevin Douglass, Cortland  
Courtney Picente, Utica  
Adrienne Kallner, Guilderland  
Richard Murray, Guilderland  
Bruce Goodale, Saratoga Springs  
Marie Grimmke, Greenwich  
Richard Goldy, Fort Edward  
Brian Mitchell, Clifton Park  
Paula Piacenti, Adams, MA  
Edward Gillen, Altamont  
Roxanne Gillen, Altamont  
Luke Ely, Queensbury  
Christopher Goergen, Ballston Spa  
Jill Rubinstein, Ballston Spa  
Jamie McGraw, North Lawrence  
Brandi Collyer, Plattsburgh  
Donna Wilbur, Centerville, VA  
Christina Spaulding, Rensselaer  
Lori Bennett, Blue Mountain Lake

### **Need Snowshoes?**



#### **Pick up Location: Luzerne Market**

12 Main St in Lake  
Luzerne  
8:30 AM - 8:30 PM

2 pairs of Men's,  
Women's and  
Children's

**\$10/day**

Call the store to confirm availability and hours  
518-696-4234



### **Sign up for Winter Camp 2022—February 11-13**

The three night stay cost is \$110 per person and includes the cabin rental and group dinners for Saturday and Sunday nights. (If costs come in below this estimate, we will distribute refunds accordingly.) The cabin is located near Adirondack LOJ, with the High Peaks at our doorstep. The cabin has heat, lights, and running water, including a full kitchen and two bathrooms. It sleeps 16 and I will begin accepting reservations with payment from members ASAP. A waiting list will be maintained. We almost always take a few people off the waiting list.

We are happy to see new faces.

Please send checks made payable to Steve Mackey to:  
Steve Mackey, 21 MacArthur Dr., Glens Falls, NY 12801-2317.  
Email any questions to: [smackey33@verizon.net](mailto:smackey33@verizon.net)

## Membership Update by Bobbi Fitzgerald

**Welcome new members and thank you to everyone who rejoined.**

### September 2021 New Members

Joseph Seck  
Jeannine Savard  
Susan Prescott Buck  
Maevia Walsh & Sylvan Walsh  
Mark & Linda McDonald  
Michele Hight  
Sue Gaulin  
Thomas & Sarah Austin  
Deanna Lebel  
Margie & Robert Van Meter  
Christine & Gregg Matthius  
Robert Gondella  
Jerry Cannon  
Meredith Passaro & Tadas Ruginish  
Tracy & Harold Snell  
Leslie Appling  
William Mackesey  
Mallory Koval & Will Morgan  
Eric Wright  
Annie Lebowitz & Jack Lebowitz  
Alan Wrigley & Christine Kopec  
Jim & Kathleen Mitchell  
Phyllis Tracy  
James Greenwood  
Linda Breen  
Leonard Sanz  
Patricia Tschannen  
Stephen & Colleen Mager  
Kariann Morris  
Taylor & Jonathan Martel; baby  
Laura Brewer  
Charles & Janis Barthel;  
Hailey, Jenna, Chase, Luke

Glens Falls  
Queensbury  
Argyle  
Greenfield Center  
Lake Luzerne  
Greenwich  
Hudson Falls  
Ballston Lake  
Queensbury  
Saratoga Springs  
Stony Creek  
Ballston Spa  
South Glens Falls  
Queensbury  
Schaghticoke  
Saratoga Springs  
Clifton Park  
Waterford  
Saratoga Springs  
Queensbury  
Cambridge  
Corinth  
Saratoga Springs  
South Glens Falls  
Bolton Landing  
Lake Luzerne  
Saratoga Springs  
Hudson Falls  
Glennville  
Lake George  
Saratoga Springs  
  
Park Ridge NJ

### September 2021 Rejoined Members

George R Cahill  
Helen Castle  
Elizabeth Demarsh  
Terry Fluri  
Franz & Magali Haas  
Beverly & Neil McGaughan  
Christine Parkhurst &  
Stephen Moore  
Sandra Payne  
Dan Remington  
Scott Schoener  
Beth Wright

Ticonderoga  
Coxsackie  
Queensbury  
Indian Lake  
Corinth  
South Glens Falls  
  
Philadelphia, PA  
Stony Creek  
Broadalbin  
Blackwood, NJ  
Queensbury

### October 2021 New Members

Jennifer & Caleb Stratton; Grace  
Lance Spinks  
Karelyn Tischler & Daniel Levelle;  
Olivia  
Adriana Collins  
Beth & Otto Zamek

Highlands NJ  
Clifton Park  
  
Ballston Lake  
San Francisco CA  
Schenectady

### October 2021 Rejoined Members

Vicki Bachmann  
Brian Farenell

Wilton  
Queensbury

Ethan Green & Amber Bleau-Green  
William Richardson  
Kerry Shea  
Russell Cheney  
Paul Rulison  
Danielle Kelley

Ballston Lake  
Leander TX  
Burlington VT  
Athol  
Ballston Spa  
Clifton Park

### October 2021 New Affiliate

Margaret Inderhees  
Rachel Valerio

Delmar  
Glens Falls

### October 2021 Rejoined Affiliate

Susan & Ned Earley

Keene Valley

## Trip Reviews

### **Elk Lake-Marcy trail to Panther Gorge, Haystack, Marcy, Gray and Skylight - 3 days and 2 nights Fri, Oct 1, 2021, Jeff Mans and Jim Zwynenburg**

- A party of 7 started out on a beautiful Friday morning along the Elk Lake-Marcy trail towards Panther Gorge, crossing Stillwater Inlet and the East Branch of the Ausable River through Marcy Swamp on newly restored planking and bridges, and an excellent view back along the Pinnacle Ridge towards Blake Peak. Climbing towards Panther Gorge, we hiked through open woodlands and eventually followed along Marcy Brook to Panther Gorge to set up camp. Although no one was signed up at the trailhead for Panther Gorge, a group had come in from climbing along the Johns Brook Valley, and mostly occupied the lean-to. Given the rainy forecast that evening and the next day, some refuge was found in the lean-to, while others set up tents in the campsite. Dinner and good company found everyone in good spirits and enjoying the beauty of Panther Gorge, Haystack and Skylight, as the twilight shone its last golden rays of the day into night, when the stars shone through the forest trees and outlined the silhouetted mountain profiles, providing a transcendent experience that lingered into the night. The evening brought rain, and it continued throughout the day with increasing winds and gusts reaching at least 50 mph as we climbed steeply out of Panther Gorge to the summit of Haystack. The weather kept us focused on our climbing and footing against the wind, and the joy that comes from not being blown off the mountain. We found some refuge in the col before Little Haystack before we make the final effort to get off the barren stack of rock and down the steep descent before our climb up to Marcy where we huddled at the rock face which bears the memorial plaque commemorating the first ascent of Marcy before defying the raging tempest to step for a moment on the highest ground in New York and descending over Schofield Cobble to Four Corners and back to the respite of Panther Gorge for the evening. The next morning we packed and departed as the weather gradually improved, and went to Elk Lake to catch a glimpse of arguably one of the finest views in the Adirondacks, and on this point, Bob Marshall and I seem to agree. Participants: Jeff Mans and Jim Zwynenburg (co-leaders), Margaret Casagrande, Chris Lovett, Hon. Brian Kavanagh, Eden Forsythe and John Acacia.

**Trip reviews continue on page 8.**

# Outings and Programs Calendar January 2022

| Date            | Day | Type              | Destination                           | Leader(s)                | Rating |
|-----------------|-----|-------------------|---------------------------------------|--------------------------|--------|
| * January 2022  |     |                   |                                       |                          |        |
| 5               | Wed | Meeting           | Executive Committee - January Meeting | Brian Coville            | NR     |
| 19              | Wed | Program           | Program: The Big Mess                 | Anne Paolano             | NR     |
| 20              | Thu | Hike/Snowshoe     | Lower Wolf Jaw from Rooster Comb      | Jeff Mans                | A      |
| 23              | Sun | Walk/Ski/Snowshoe | Pyramid and Gothics                   | Steve Mackey             | A+     |
| 29              | Sat | Hike/Snowshoe     | Tabletop and Phelps                   | Jen Ferriss, Joe Babcock | A+     |
| 29              | Sat | Hike/Snowshoe     | Hudson Crossing / New Year Outing     | Rich Crammond            | C      |
| * February 2022 |     |                   |                                       |                          |        |
| 2               | Wed | Meeting           | February Executive Committee Meeting  | Brian I. Coville         | NR     |
| 26              | Sat | Hike/Snowshoe     | Basin and maybe Saddleback            | Jen Ferriss, Joe Babcock | A++    |
| * March 2022    |     |                   |                                       |                          |        |
| 2               | Wed | Meeting           | March Executive Committee Meeting     | Brian Coville            | NR     |
| 6               | Sun | Ski               | Boreas Ponds                          | Steve Mackey             | A      |
| 16              | Wed | Program           | Program: Take a Walk on the Wild Side | Anne Paolano             | NR     |

## Outings January 2022

### **EXECUTIVE COMMITTEE - JANUARY MEETING**

Wed, Jan 5, 2022, 7:00 pm, Rating: NR  
 Brian Coville - 518-350-4117, [Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)  
 - The meeting will be a hybrid with the option to participate via Zoom and an in-person at ADK HQ [814 Goggins Road, Lake George]. All chapter members are welcome at the meeting. Please let the organizer know if you plan to attend in-person. The Zoom meeting information is available at the following link: [https://1drv.ms/f/s!AoWpjNifugqghgtRaK1dkW\\_KiTNS89w](https://1drv.ms/f/s!AoWpjNifugqghgtRaK1dkW_KiTNS89w) Email chapter-chair@adk-gfs.org for the password. The Zoom link will also be provided in the meeting agenda.

### **LOWER WOLF JAW FROM ROOSTER COMB**

[ Hike/Snowshoe ]  
 Thu, Jan 20, 2022, 6:45 am, Rating: A  
 Jeff Mans - 518-265-4135, [adkhighlander@aol.com](mailto:adkhighlander@aol.com)  
 - About 10 miles round trip over varied terrain, starting from the Rooster Comb parking area in Keene Valley. We'll cross a long bridge over the beaver dam and sign in at the trail register. The hike will pass a small pond to the right and start a moderate climb. The climb will remain moderate to the junction with the trail to the summit of Roostercomb at 2.0 miles. Past this junction, the climbing is steeper to the summit of Hedgehog Mountain. A short descent will bring us to a junction with the W.A. White Trail at 3.5 miles, where we'll turn right to continue the climb up (very steeply at one pitch) to the summit of Lower Wolf Jaw, 30th highest peak with an elevation of 4175 feet and an ascent of about 3,100 feet. Snowshoes required and crampons highly recommended. Meet-up at the Schroon Lake Tops at 6:45 am or the Rooster Comb trailhead at 7:30 am.

### **PYRAMID AND GOTHICS**

[ Walk/Ski/Snowshoe ]  
 Sun, Jan 23, 2022, 6:00 am, Rating: A+  
 Steve Mackey - 518-793-6484, [smackey33@verizon.net](mailto:smackey33@verizon.net)  
 - I've been leading this trip for quite a few years, so it is definitely an annual event for me. I lead it because it is probably the best hike in the high peaks, especially in the winter. We will ski up the Ausable Road until we reach Upper Ausable Lake. We will switch to snowshoes, do the climb, come back out the same route, put our skis back on, and glide out. The distance is 6.6 miles one way, with roughly half of it being the ski part. The skiing part is almost all uphill on the way in, and obviously almost all downhill on the way out. The upper part of Pyramid is very steep, so be sure to pace yourself and save some energy for that section. That section is pretty much a butt slide on the way out, whether you want to or not.

### **TABLETOP AND PHELPS**

[ Hike/Snowshoe ]  
 Sat, Jan 29, 2022, 5:00 am, Rating: A+  
 Jen Ferriss - [ferrissj@gmail.com](mailto:ferrissj@gmail.com)  
 Colead: Joe Babcock - [jababock19@gmail.com](mailto:jababock19@gmail.com)  
 - We will start at the Adirondack Loj and make our way to Tabletop Mountain first. If it is a clear day we may take a slight detour to Indian Falls before heading to Phelps. Approximately 12 miles and 3900 feet of elevation gain. Plan to meet at the Exit 18 park and ride at 5 am; other arrangements can be made if you contact the hike leaders. Space is limited. Inclement weather may postpone hike.

### **HUDSON CROSSING / NEW YEAR OUTING** - [ Hike/ Snowshoe ]

Sat, Jan 29, 2022, 9:00 am, Rating: C

Rich Crammond - 518-584-2380

- A neat little outing by the Hudson River with around two miles of hiking up to Eagle Point and back. Dress for snow, rain and cold. Bring spikes for ice, too. **EEKS!** Meeting place: Hudson Crossing dead end and parking lot north of Lock 5, Schuylerville. Drive across locks to parking lot. Happy New Year, safe hiking for 2022 from Rich.

### **FEBRUARY EXECUTIVE COMMITTEE MEETING**

Wed, Feb 2, 2022, 7:00 pm, Rating: NR

Brian I. Coville - 518-350-4117, [Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)

- The meeting will be a hybrid with the option to participate via Zoom and an in-person at a location to be determined. All chapter members are welcome at the meeting. Please let the organizer know if you plan to attend in-person. The Zoom meeting information is available at the following link: <https://1drv.ms/f/s!>

[AoWpiNifugghgtRaK1dkW](https://1drv.ms/f/s!) [KiTNS89w](https://1drv.ms/f/s!) Email [chapter-chair@adk-gfs.org](mailto:chapter-chair@adk-gfs.org) for the password.

### **BASIN AND MAYBE SADDLEBACK** - [ Hike/ Snowshoe ]

Sat, Feb 26, 2022, 5 am (latest), Rating: A++

Jen Ferriss - [ferrissj@gmail.com](mailto:ferrissj@gmail.com)

Colead: Joe Babcock - [jababcock19@gmail.com](mailto:jababcock19@gmail.com)

- We will start at the Garden Trailhead and warm up on our walk to the Johns Brook Lodge. We will take Shorey's shortcut up to Basin and determine if we will continue on to Saddleback. I know it is shorter to keep moving forward, but it is not necessarily faster. It will be a long challenging day in the mountains. Approximately 17.5 miles and 2800 feet of elevation gain. Plan to meet at the Exit 18 park and ride at 5 am, time may be earlier since parking is a concern; other arrangements can be made if you contact the hike leaders. Space is limited. This hike will cancel if conditions are not ideal.

### **MARCH EXECUTIVE COMMITTEE MEETING**

Wed, Mar 2, 2022, 7:00 pm, Rating: NR

Brian Coville - 518-350-4117, [Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)

- The meeting will be a hybrid with the option to participate via Zoom and an in-person at a location to be determined. All chapter members are welcome at the meeting. Please let the organizer know if you plan to attend in-person. The Zoom meeting information is available at the following link: <https://1drv.ms/f/s!>

[AoWpiNifugghgtRaK1dkW](https://1drv.ms/f/s!) [KiTNS89w](https://1drv.ms/f/s!) Email [chapter-chair@adk-gfs.org](mailto:chapter-chair@adk-gfs.org) for the password. The Zoom link will also be provided in the meeting agenda.

### **BOREAS PONDS** - [ Ski ]

Sun, Mar 6, 2022, 8:00 am, Rating: A

Steve Mackey - 518-793-6484, [smackey33@verizon.net](mailto:smackey33@verizon.net)

- I've done this trip the past several years. It's not real hard, but it's not real easy. It's around 13-14 miles round trip. It is on an old Finch Pruyn road, so it's gently rolling and fairly wide. There are a couple downhill that can be fast, depending on conditions. There is a nice new lean-to by the ponds that makes a great lunch spot. We'll ski around the ponds some, but it depends on the ice, how cold it is, and the wind. Let's hope for some sunshine.

## Trip Reviews cont.

### **Northwest Bay Sat, Oct 30, 2021, Steve Mackey**

- It looked like rain, so everyone (which wasn't many) canceled. Since Sunday looked like rain too, I decided that I couldn't handle 2 days of being inside, so I went anyway. It didn't rain, until I was on my way out. I got a whole bunch of blowdowns cut, as well as dug a few trenches, and did a little side cutting. I probably only made it a couple of miles, so there is still a lot of work past my turn around. I got all the blowdown off the bridges, but didn't really fix them. On the first bridge, I put some of the cut logs, so that you can cross it without getting your feet wet. On the second, it needs a new log, and I spied a good one near by, but it is an all day project, and it would be proper to have DEC involved. All in all, a fun day, and a lot accomplished.

### **Moreau State Park hike Wed, Nov 3, 2021, Maureen Coutant**

- This was my first outing since before Covid. Between Covid and working more since then, it's been hard to get back into doing ADK outings, but I hope to lead a few trips here and there. I might post something last minute once I see what my schedule and the weather looks like for the upcoming week. So, check the website for additions. I won't be doing the trips weekly, though. Just sporadically! This trip was a 6 mile hike through Moreau State Park. They've done a lot of work in MSP and really improved the trail we walked along to get up to the overlook after walking around Mud Pond. When we were up at the overlook we could see dark clouds to the north and south, but bright sun where we were. That got us moving and as we left we saw the first snowflakes of the season. Luckily... only a couple! It was great to get out and see everyone again. Participants: Jim & Mo Coutant, Paul Dieter-shagen, Leland & Mary Loose, Licia & Steve Mackey, Karen Provencher, Jerry White.

### **Pharaoh Lake Wilderness Camp and Hike to Pharaoh and Treadway Mountains Sat, Nov 6, 2021, Jeff Mans and Jim Zwynenburg**

- A party of 5 started out on a chilly morning to Pharaoh Lake to witness the white frosty harbinger of winter's approach recede as the sun restored order to the brown grasses and fallen blanket of autumn leaves. Ever so carefully we walked the plank crossings over the wetlands to terra firma and further into the Pharaoh Wilderness. We anxiously approached our preferred destination for 2 nights at Watch Rock, a peninsula jutting out into Pharaoh Lake, and found the lean-to and campsite vacant. We quickly set up camp with 3 in the lean-to and 2 camping out, and then set off to climb Pharaoh Mountain. The approach from the lake offered a fine ascent with views back to the lake and Treadway as we approached open rock, traces of snow and ice, and the final scramble to the summit. A fine day on Pharaoh offered us several open viewpoints east towards the Lake Champlain Valley and Green Mountains, north and northwest towards Crane Pond and the High Peaks, west towards Schroon Lake and Hoffman Mountain and Wilderness, and southerly views of Pharaoh Lake and foothills. On our return we gathered dry wood for the evening fire, relaxed back at camp and fired up dinner. Well fed and content, we gathered around the evening fire to reminisce about the day, share stories, and tell tales, some old and new, tall and not-so-tall, in our own unique version of the traditional Adirondack philosopher's



## Trip Reviews cont.

camp. As our day's efforts came to a close, a few of us decided to gaze at the night sky from the point on Watch Rock before calling it a night. In an electrifying and celestial display that had to be seen to be fully appreciated, the stars, planets and Milky Way illuminated the night. Perhaps the most treasured sight to behold was the reflection of the Big Dipper, and a few other constellations, twinkling from the calm waters just off the shore of Watch Rock, as though the stars were illuminating from beneath the waters. Truly unforgettable. After a chilly night and frosty morning, the dense lake fog enveloped our camp and slowly waxed and waned as the sun began to shine through the mist and make its indomitable presence known. We packed up and retraced our steps back to the outlet and over to another lakeshore lean-to where we dropped our gear and hiked along the east shore, across the bridge over the inlet of Pharaoh Lake Falls, and out towards Grizzle Ocean, before abandoning the last segment after realizing our overambitious plan to include Treadway in this trip. We found Pharaoh Lake to be a destination unto itself, with more first rate lean-tos and campsites along the shoreline. Great group and lots of fun. Participants: Jeff Mans and Jim Zwynenburg (co-leaders), Joe Babcock, Chris Lovett and John Acacia.



**Camp fire,**  
photo by Jeff Mans

### **Goodnow Mountain and Great Camp Santanoni Revival Hike Sat, Nov 20, 2021, Joe Babcock and Jennifer Ferriss**

- What a day! We were welcomed to a dusting of snow, a bit of ice, and frozen mud on the hike up Goodnow. After enjoying 360 degree views from the top platform of the Fire Tower and the traditional guessing game of what mountain is that?, we made our way back down to our cars by 10. Next stop, the Great Camp Santanonni. While checking out the farm we were happy to see our friends Salem and Karen walk up the road to join us for the rest of the walk into the Camp. We ended the day at Overlook Park in Newcomb thinking about our next adventure on the snow covered High Peaks. Birthday co-leaders Jen F and Joe B were joined by Kimberly L, Anthony S and John A., with guest appearance by Salem and Karen P.



**Reflections,** photo by Jen Ferriss

### **Turkey Trot # 22 Thu, Nov 25, 2021, Rich Crammond**

- It was good to hike with people I haven't seen in a while. Good hiking in a park filled with history and wildlife. It just didn't get no better. Thanks to all for being there with this old hiker dude. Participants: Bill Schwarz, Jim Brown, Kim Wood, Laura Fiske, Steve Bederian, Molly Bederian, Matt Carpenter, Lin Carpenter, Olive Carpenter.



**Pharoah Lake,** photo by Jeff Mans

## The Banff Centre Mountain Film Festival World Tour **VIRTUAL** edition!

For info and the trailer: [www.adk-gfs.org](http://www.adk-gfs.org) or facebook.com/ADKGFS or email: [banff@adk-gfs.org](mailto:banff@adk-gfs.org)

**NOTE:** These will **NOT** be the same films that are shown during our LIVE screening on Feb 5 or 6.

The new **VIRTUAL** programs for the Banff Film Festival 2021-2022 Season (SAGE and PINE) are available to rent to view online now through October 2022. They can be rented individually or as a bundle.



\* Individual (SAGE **OR** PINE) programs: \$15 / (3-day rental period)

\* Bundle (SAGE & PINE) programs: \$28 / (14-day rental period)

In addition, 3 Encore-Classic Film Series of past Award Winners will be available on December 8, 2021 - October 2022. These 3 programs are award winners from prior years. Starting January 6th, there will be an Award Winners Monthly Series that will change every month.

\*Encore – Classic Series (3 program options): \$12 /(3-day rental period)

\*Award Winners Monthly Series: \$12 /(3-day rental period)

The rental period begins as soon as the customer hits play. Films can be rewatched if the customer is still within their rental period. Technical questions can be directed to: [filmfest.banffcentre.ca/help](http://filmfest.banffcentre.ca/help)

***Please go to our website*** and use the links there to rent the Virtual options. The Glens Falls - Saratoga Chapter of Adirondack Mountain Club (ADK) receives a portion of the rental fee if you do this, so always use our link to Banff. Thank you!

**Or click below to choose Films and Purchase tickets:**

- [Just Pine](#)
- [Just Sage](#)
- [Bundle: Pine and Sage](#)
- [Encore-Classic Series](#)
- [Award Winners Monthly Series](#) (Check monthly around 6th of each month)



The Banff Centre Mountain Film Festival World Tour screens the best mountain film showcased at the annual Film and Book Festival in Banff, Canada each October.

This year, it will be held at The Charles Wood Theater in downtown Glens Falls. This allows us to have them handle the ticketing and covid protocols, plus you'll be able to pick your seat.

This is the fifth year that the Glens Falls - Saratoga Chapter of ADK has presented the World Tour (last year only virtually). We couldn't do it without the **founding sponsors** of Rocksport, Fountain Square Outfitters and the law office of Meyer, Fuller & Stockwell, plus SUNY Adirondack Adventure Sports Club, The Queensbury Hotel, Local Motion PT, Nemer Auto Body, and HHHN. Thank you so much to all our sponsors! We can keep the ticket cost low with their support, so thank them if you stop by any of their locations.

See you in February!! Hope you get tickets!



*Take Pride in What You Drive!*

# THANK YOU TO OUR CURRENT SPONSORS!

If you would like to be a sponsor please contact Mo Coutant, [banff@adk-gfs.org](mailto:banff@adk-gfs.org)



## Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club  
P.O. Box 2314  
Glens Falls, New York 12801

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
PERMIT #76  
SARATOGA SPRINGS, NY  
12866

POSTMASTER: CONTAINS DATED MATERIAL.  
PLEASE DELIVER PROMPTLY. THANK YOU.

Website: ADK-GFS.ORG



### ***Are you moving?***

*If you are moving, You may call  
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing  
labels and membership lists from the  
Club.*

*Therefore, any change of address  
need NOT be sent to the Chapter .  
One call to the Club is all you need!*

***Reminder: Please include your  
e-mail address when renewing  
membership!***

