



chepontuc — “Hard place to cross,” Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

CIRCLING THE FOUR CORNERS AREA OF THE U.S. Wednesday March 15, 2023 7 PM, In-Person, Saratoga Springs Public Library

CIRCLING THE
FOUR CORNERS
AREA OF THE US



For ten days, Lenore and Jack Reber explored lesser known national monuments and State Parks in New Mexico, Utah and Colorado. Join them on a photogenic tour through lava fields, red rock country, volcanic ash formations, and a black canyon. Our armchair travel will visit ancient indigenous sites and the old mining towns of Durango and Silverton, Colorado.

Lenore and Jack are retired teachers who have hiked and paddled with several organizations and in many places in the USA and Europe. They live in Saratoga Springs and Indian Lake, NY.

Co-sponsored by the Saratoga Springs Public Library. No registration required

GRAND WESTERN EXCURSION Wednesday April 19, 2023 7 pm, In-Person, Saratoga Springs Public Library



Come join John Schneider on a photo tour of an extraordinary western adventure. From August 21 to November 30, 2021, he and his wife Eileen towed a 36-foot fifth wheel RV on a 100-day, 14,000-mile tour of many of our western states. In addition to nine national parks - Badlands, Glacier, Redwood, Yosemite, Death Valley, Saguaro, White Sands, Carlsbad Caverns, and Guadalupe - they also explored a national seashore, national wildlife refuges, national historical parks, cliff dwellings, ghost towns, a western movie museum, an ancient bristle cone pine forest, and other interesting places.

John has been retired 25 years and has traveled extensively around the USA and the world. He still marvels at how beautiful America is. As he has said in many of his previous programs, “I have been on many trips of a lifetime.”

Co-sponsored by the Saratoga Springs Public Library. No registration required.

SAVE THE DATE: May 17, 2022, 7 pm, Saratoga Springs Public Library Local Conservation Efforts by Saratoga PLAN



As a well-respected, trusted, and influential leader in Saratoga County, Saratoga PLAN [Preserving Land and Nature] has facilitated the conservation of more than 7,000 acres of land and over 200 miles of trails. In 2023, as they embark on their 20th year, PLAN has big plans to increase the pace of conservation and make a more significant impact within our community. *Anna Gomez Domenech, Communications Manager at PLAN* will share information about PLAN and their efforts.

Chapter Chair Report ~ Brian Coville



The Banff Mountain Film Festival World Tour was held in the beginning of February. I would like to thank the Banff committee for their hard work and dedication to making this event happen. Coordinating the Banff Film Festival always requires a lot of work; this year was no exception.

Back in 2019, the chapter Executive Committee allocated funds to reimburse active outings leaders for a portion of the cost of relevant training courses, including but not limited to wilderness first aid, leave no trace, or outdoor education. We still have some funds available for the reimbursement program. To qualify for this funding, a person must have led or co-led at least two trips in the 12 months preceding the class. Please email me (chapterchair@adk-gfs.org) or the Outings Committee Chair (outings@adk-gfs.org) if you would like additional information about the reimbursement program.

Tammara Van Ryan, former chapter Director, is leading a field trip for Hemlock Woolly Adelgid (HWA) Forest Pest Hunters on March 11, at Hearthstone Point Campground, Lake George from 10:00am – 12:00pm. I enjoyed Tammara's HWA training as part of the Trailhead Steward training last year, and would recommend volunteering to participate in the fieldtrip. You can register online [<https://www.adkinvasives.com/Events/Detail/1164>]. Since it will still be winter, please keep in mind that snowshoes or microspikes may be required depending, on the conditions.

We are beginning the process of assembling the Nominating Committee to prepare the slate of candidates for 2024 Chapter offices. I want to encourage anyone involved in Chapter outings, events, committees, and Chapter members in general to volunteer to be a part of the Nominating Committee. Participating on the Nominating Committee does not involve much time commitment. Contributing suggestions for potential candidates or the criteria for selecting those candidates is the most valuable part and an important way for members to inform the direction of the Chapter.

Contact us any time: <https://www.adk-gfs.org/committee.members.php>

Thank you for coming to the live Banff show this year at The Wood Theater in Glens Falls. For the first time we showed 3 different nights of films and were amazed to sell out each evening! Our raffle table was filled a great variety of artwork and outdoor gear. Thanks to all who donated and bought tickets; we raised over \$1600 for ADK's Summit Steward Program. In addition, Sue Beadle and Lower Adirondack Regional Arts Council put together a beautiful "Mountain Art" show in The Wood during the event. Such amazing creativity complimented the festival. The artists donated 10% each to ADK and LARAC from their sales.



A big thank you to the Banff committee (and their spouses): **ADK-GFS** ~ Kim Brown, Mo Coutant, Kathi Noble, Anne Paolano, Lynne Silverberg with help from Licia and Steve Mackey; **Rocksport** ~ Sue Beadle; **Fountain Square Outfitters** ~ Nancy Fuller; and Jim Coutant who made over 1000 chocolate chip cookies for the shows.

Thank you to our raffle and door prize donors

ADK Glens Falls - Saratoga Chapter, Adirondack Extreme, Adirondack Mountain Club, Adirondack Theatre Festival, Sue Beadle, Common Roots Brewing Company, The Crossroads, Fountain Square Outfitters, Joy Woolworks, Morris Kopels, Legs by Liz, Steve Myhrberg, Ruth Ralston, Rick's Bike Shop, Shady Business, The Sports Page, Summit Yoga, Rocksport Indoor Climbing Gym, Rustic Birdhouses, & West Mountain Ski Center.

A huge thank you to our sponsors



ADK Fire Tower Challenge by Kathi Noble



Congratulations to the latest completers of the Adirondack Mountain Club Fire Tower Challenge:

Tim Fecura, Niskayuna
Andrew and Samuel Clarey, Clinton
Terri Ryan, Johnsville
Trevor Kalwara, New Hartford
Kendra Burris, Schodack Landing
Jake Pelton, Schodack Landing
Elke Hof-Kenyon, Queensbury
Kim Goppert, Webster
Alan Bushnell, Webster
Edward Farrell, Canastota

Sarah Pontello, Syracuse
Kenneth Piersall, Rome
Susan and Robert Hartman, Binghamton
Andrew Dunning, Schenectady
Catherine Carlson, Victor
Catherine Pateras, Baldwinsville
Chris Sedlack, Camillus
Kelly Nolan, Wynantskill
Patrick Orecki, Wynantskill
Courtney Jackson, Schenectady
Ali-K Jackson, Schenectady
Kara Johnston, Chattanooga, TN
Jennifer Juneau-Lederman, Plattsburgh



Vanderwhacker Fire tower
by Joe Babcock

Membership Update

November 2022

New Members

Carolyn Copenhaver, Ballston Spa
Susan Dornan, Fort Edward
Christine & Greg Efner, Mechanicville
Rosanne Ehlers, Brant Lake
Maura & Daryl Ludlow, Lake George
Ingrid Morgan, Hudson Falls
Allegra Mujica, Concord, Massachusetts
Ben Nathan, Saratoga Springs
Kathryn Williams, Ballston Lake

Rejoined Members

Bruce Anton, Fairview, NJ
Richard Beamish & Rachel Rice, Middlebury, VT
Denise Fuoco & Tom Guggisberg, Ballston Spa
Hania & Stanislaus Grajny, Diamond Point
Pamela & Roger King-Hall, Gansevoort
Travis LaPrairie & Brittany Trojanek, Glens Falls
Raymond O'Connor, Wilton
Kristine Schultz, Jeremy, Evan & Jacob Lebediker, Ballston Spa

December 2022

New Members

Benjamin Baker, Glens Falls
Amber Beckley & Jeremie Largeaud, Montreal, QC

Rebecca Bramer, Queensbury

Salma Cook & Michael Hitchcock, Oswego

Tessa Crosby, Champaign, IL

Ed & Jennifer Facticeau, Ticonderoga

Robert & Brie Livingston, Lake George

Josh Nixon & Pam Marshall, Saratoga Springs

Michael & Heather O'Connor, Queensbury

John Reed & Eileen Goralski, Glens Falls

Mark & Cynthia Rybaltowski, Ballston Lake

Jill Vigar-Bechard, Ballston Lake

Kelsey Virden, Charlton

Rejoined Members

John & Kimberly Alessi, Glens Falls

Nancy Crosby, Greenwich

Paul Dausacker, Saratoga Springs

Rhea Dunkelbarger, Ballston Spa

Chris & Barbara Frielinghaus, Queensbury

Donald & Kim Gimbel, Queensbury

Eric Kimmelman, Ballston Spa

Michael & Grace Metzger, Saratoga Springs

Sally Stern, Bolton Landing

Jan Wolski, Cambridge



The Adirondack Mountain Club is nothing if not for the stories of ADKers.

Visit us: adkvoices.org

Do you have a story to tell? Would you like to know more about this project? Would you like to get involved and help us collect stories? Email us: adkvoices1@gmail.com

Outings and Programs Calendar

Date	Day	Type	Destination	Leader(s)	Rating
* March 2023					
1	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
4	Sat	Hike/Snowshoe	Dix Mountain	Andrew Meunier, Jen Ferriss	A+
11	Sat	Other	Hemlock Woolly Adelgid Forest Pest Hunters - Field Trip	Tammara Van Ryn, Maureen Coutant	NR
12	Sun	Hike/Snowshoe	Cliff/Redfield	Doug Fish	A+
15	Wed	Program	Circling the Four Corners Area of the US.	Anne Paolano	NR
25	Sat	Hike/Snowshoe	What's Up Saturday?	Kim Brown	B
27	Mon	Hike/Snowshoe	Cat and Thomas Mountain	Anthony Szmul	B-
* April 2023					
5	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
8	Sat	Hike	Hudson Crossing Springtime Outing	Rich Crammond	C
15	Sat	Hike/Snowshoe	Black Mountain Point Loop	Anthony Szmul	B
19	Wed	Program	Grand Western Excursion Photo Tour	Anne Paolano	NR
29	Sat	Hike	Boreas Mountain from The Branch	Jeff Mans	A
* May 2023					
3	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
6	Sat	Bushwack	Washburn Ridge in Hoffman Notch Wilderness	Jeff Mans	A+
6	Sat	Hike	Saratoga Battlefield / Devils Hollow	Rich Crammond	C+
11	Thu	Bike	Thursday Evening Ride	Jen Ferriss	NR
20	Sat	Hike	Crane Mountain	Anthony Szmul	B
27	Sat	Bike	Brant Lakes Bike Loop	Andrew Meunier	C

Check the Calendar on adk-gfs.org for the latest content

ADK Glens Falls-Saratoga Chapter members worked together to achieve ADK's stewardship mission and goals by creating a **Buck Mountain Trail-head Stewardship Program** at the Pilot Knob Trailhead.

ADK volunteers will be at trailhead again this summer. Members will be there to help hikers have a safe and enjoyable outing while discussing Leave No Trace Principles and the basic essentials to take along for a successful 6.6 -mile round trip, 2,000' ascent to the Buck Mountain summit.

This program is supported through training and material provided by Kayla White - ADK Stewardship Manager, Rebecca Terry - NYSDEC Forester, Brandon Poulton - NYSDEC Forest Ranger and Tammara Van Ryn - Adirondack Park Invasive Plant Program Manager. We are grateful for the logistical support of the Pilot Knob Volunteer Firefighters Association.

If you are interested in learning more about this program, please send an email to: trails@adk-gfs.org.



Outings and Programs

EXECUTIVE COMMITTEE MEETING

Wed, Mar 1, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117, Brian_Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

DIX MOUNTAIN - [Hike/Snowshoe]

Sat, Mar 4, 2023, time TBD, Rating: A+
Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com Colead: Jen Ferriss
- We'll use the Route 73 trailhead. This approach is almost 14 miles in length with about 3,200' of elevation gain. If the mountains smile upon us this season, we may even have a W46er or two to celebrate.

HEMLOCK WOOLLY ADELGID FOREST PEST

HUNTERS - FIELD TRIP - [Other]

Sat, Mar 11, 2023, 10:00 am, Rating: NR
Tammara Van Ryn - 518-576-2082, tammara.vanryn@TNC.ORG
Colead: Maureen Coutant - 518-708-0096, mojim@roadrunner.com
- Registration: <https://www.adkinvasives.com/Events/Detail/1164> Location: Hearthstone Point Campground, 3298 Lake Shore Dr, Lake George, NY Description: Hemlock Woolly Adelgid Field Training: Option 3. Join the Lake George Land Conservancy, Adirondack Mountain Club, and Adirondack Park Invasive Plant Program for a hemlock woolly adelgid field survey training. Refresh your winter outing safety skills while learning to identify hemlock trees, survey for hemlock woolly adelgid, and report your findings using iMapInvasives. This in-person training is designed to gain field experience after participating in an online training webinar hosted by APIPP, which will take place on January 24. Participation in the webinar is not required to attend this event. Winter hiking gear (snowshoes and/or microspikes) may be required for this event depending on conditions.

CLIFF/REDFIELD - [Hike/Snowshoe]

Sun, Mar 12, 2023, 5:30 am, Rating: A+
Doug Fish - 518-688-7759, dtfish15@yahoo.com
- We'll be starting at the ADK HPIC at approximately 5:30am for this 17.9 mile, 4603 foot elevation gain hike. Alternate dates, if inclement weather, will be March 11th or 13th. Carpooling plans and final logistics will be finalized a few days before the hike. Because of the length of this hike, we will be moving at a strong and steady pace.

CIRCLING THE FOUR CORNERS AREA OF THE US. - [Program]

Wed, Mar 15, 2023, 7:00 pm, Rating: NR
Anne Paolano - 518-744-6359, paolano@roadrunner.com
- Circling the Four Corners Area of the US. Presented by Jack and Lenor Reber. In person photo presentation. No need to register. Just show up. Dutcher Room Saratoga Springs Public Library. For ten days, Lenore and Jack Reber explored less known national monuments and state parks in New Mexico, Utah and Colorado. After landing in Albuquerque, NM, they hiked lava fields, red rock country, volcanic ash formations, and a black canyon. They also visited ancient indigenous sites and the old mining towns of Durango and Silverton, Colorado. Join us as they share their insights and wonderful photographs. Lenore and Jack are retired teachers who have hiked and paddled with several organizations and in many places in the USA and Europe. They live in Saratoga Springs and Indian Lake, NY.

WHAT'S UP SATURDAY? - [Hike/Snowshoe]

Sat, Mar 25, 2023, time TBD, Rating: B
Kim Brown - 908-305-8357, kim137@me.com
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

CAT AND THOMAS MOUNTAIN - [Hike/Snowshoe]

Mon, Mar 27, 2023, 8:30 am, Rating: B-
Anthony Szmul - 518-796-7921, aszmul@roadrunner.com
- The Cat and Thomas loop from Valley Woods Road is a fun loop to do at the end of winter! It's approximately 7.3 miles and I'm thinking we'll go counterclockwise over to Cat, hog some views of Lake George, and then head over to Thomas Mountain for some more views. They are both gorgeous views, and we will go at a steady, comfortable pace. We will meet at the Exit 18 park and ride at 8:30 am by the firehouse in Glens Falls. Even if we don't need snowshoes, we will definitely need our micro-spikes because winter won't be over yet, so pack both to be on the safe side!

EXECUTIVE COMMITTEE MEETING

Wed, Apr 5, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117, Brian_Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

HUDSON CROSSING SPRINGTIME OUTING -

[Hike]
Sat, Apr 8, 2023, 9:00 am, Rating: C
Rich Crammond - 518-584-2380
- A neat little outing by the Hudson River with around two miles of hiking. Let's look for some eagles along the way; "bring your eagle eyes." Meeting place: Hudson Crossing dead end, and parking lot north of Lock 5, Schuylerville. Drive across locks to the parking lot. See you there hiker buds.

BLACK MOUNTAIN POINT LOOP - [Hike/Snowshoe]

Sat, Apr 15, 2023, 6:00 am, Rating: B
Anthony Szmul - 518-796-7921, aszmul@roadrunner.com
- I thought I'd organize a beautiful spring hike up Black Mountain. After reaching the summit, we'll head over to Black Mountain Point to enjoy Lake George! We will also take the trail to Lapland Pond back to Pikes Brook trailhead. The trip is approximately 9 miles round trip. Pack microspikes and possibly snowshoes, depending on the weather. We may not need snowshoes, but there will definitely still be ice by then. Bad weather will postpone to Sunday, April 16, and we will move at a steady comfortable pace. Let's meet at the Exit 18 park and ride at 6:00am by the firehouse.

GRAND WESTERN EXCURSION PHOTO TOUR [Program]

Wed, Apr 19, 2023, 7:00 pm, Rating: NR
Anne Paolano - 518-744-6359, programs@adk-gfs.org
- Grand Western Excursion Photo Tour presented by John Schneider. Come join John on a photo tour of an extraordinary western adventure. From August 21 to November 30, 2021, he and his wife Eileen towed a 36-foot fifth wheel RV on a 100-day, 14,000-mile tour of many of our western states. In addition to nine national parks - Badlands, Glacier, Redwood, Yosemite, Death Valley, Saguaro, White Sands, Carlsbad Caverns, and Guadalupe - they also explored a national seashore, national wildlife refuges, national historical parks, cliff dwellings, ghost towns, a western movie muse-

Outings and Programs

um, an ancient bristle cone pine forest, and other interesting places. John has been retired 25 years and has traveled extensively around the USA and the world. He still marvels at how beautiful America is. As he has said in many of his previous programs, "I have been on many trips of a lifetime." Program to be held at Saratoga Public Library, no need to register, just show up.

BOREAS MOUNTAIN FROM THE BRANCH - [Hike]

Sat, Apr 29, 2023, 7:30 am, Rating: A
Jeff Mans - 518-265-4135, adkhighlander@aol.com
- We'll hike to Boreas Mountain to celebrate the true arrival of spring and fair weather in the Adirondacks, and delight in the fine views of the high peaks from this venerable summit and former firetower site. The hike starts from the Branch Road/Hoffman Notch parking area just off Blue Ridge Road, and follows the Branch Road/trail north along The Branch River to the existing Boreas Trail (road) and former firetower cabin site, with the last mile or so on a traditional trail steeply climbing to the summit of Boreas Mountain along the 2012 Elk Lake Public Recreational Easement. The Easement specifically provides that the existing Boreas Trail shall be available for Public Recreational Uses permitted by the Conservation Easement at all times during the calendar year and located along the existing woods road and trail to Boreas Mountain. Total round trip is a little over 12 miles. Very easy going along the existing roads. Although not a High Peak, at 3776 feet it is the 64th highest Adirondack peak, and offers spectacular views of the High Peaks. Meetup at the Schroon Lake Tops parking lot at 7:30 am, or the Branch Parking Area at 8:00 am.

EXECUTIVE COMMITTEE MEETING

Wed, May 3, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117, Brian.Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapterchair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

WASHBURN RIDGE IN HOFFMAN NOTCH WILDERNESS - [Bushwhack]

Sat, May 6, 2023, 8:00 am, Rating: A+
Jeff Mans - 518-265-4135, adkhighlander@aol.com
- We'll start at the southern end of the Hoffman Notch Trail parking lot at the end of Loch Muller Road in Schroon, and hike about a mile before we turn west into the woods to climb the southern end of the Washburn Ridge. We'll follow it north to its highest peak at about 3100' and then head east and back to the northern end of the Hoffman Notch Trail and come out at Blue Ridge Road on the northern end of the trail to a spotted car to make this a through hike of about 9 miles with an elevation gain of about 1500' times 2, given the multiple peaks along the ridge. It may be thick in sections, so bring eye protection for the bushwhack. Meet at the Loch Muller trailhead parking lot at 8 am.

SARATOGA BATTLEFIELD / DEVILS HOLLOW -

[Hike]
Sat, May 6, 2023, 9:00 am, Rating: C+
Rich Crammond - 518-584-2380
- This will be an interior outing through open hardwood, brush (Eeks!), open fields, and the tour road—mud, too, almost forgot! Around two to three miles of hiking. Meeting place: South end parking lot, across from Route 32 and General Gates Headquarters Monument, Bemis Heights area (not the visitors center parking area). Some ups and downs along the way, hiker buds.

EVENING RIDE - [Bike]

Thur, May 11, 2023, 5:30 pm, Rating: NR

Jen Ferriss - ferrissj@gmail.com
- Join me for a loop or two around the Saratoga National Park tour road. This is a hilly ride so expect some fast descents and some slow grinds up. Mileage is approximately 11 to 22 miles. All paces welcome. Meet in the main parking lot around 5:30, wheels in motion at 5:45. <https://www.nps.gov/thingstodo/bike-the-tour-road.htm>.

CRANE MOUNTAIN - [Hike]

Sat, May 20, 2023, 7:00 am, Rating: B
Anthony Szmul - 518-796-7921, aszmul@roadrunner.com
- I know I led this hike in December, but I figured I'd lead my favorite day hike in the spring up Crane Mountain and the pond again, this time with a view! We will hike the loop to the summit of Crane and then head to hog some views of the pond. It is 3.2 miles total. Depending on our winter, we may still need snowshoes or at least microspikes; we'll play that by ear. We will meet at the Exit 18 park and ride by the firehouse at 7:00am.

BRANT LAKES BIKE LOOP

Sat, May 27, 2023, time TBD, Rating: C
Andrew Meunier - 518-376-2470, andrew.m.meunier@gmail.com
- This 26-mile bike ride will be a fresh take on a classic route. It will take us past Brant Lake and Schroon Lake. We'll plan on a few breaks, including a snack stop at the Adirondack General Store in Adirondack. We may also check out a short section of well-maintained dirt road. All bike types are welcome (including e-bikes!). To allow for a more cohesive and safe group, riders will need to be able to maintain a minimum 12-15 mph pace over rolling terrain. A well-maintained bike and helmet are required.

Trip Reviews

Friday to Sunday Camp and Hike : Oxshoe Pond Fri, Dec 2, 2022, Jeff Mans and Jim Zwynenburg

- Camp and hike at Oxshoe Pond lean-to in the Pharaoh Lake Wilderness from the Crane Pond entrance off Alder Meadow Road: A great spot to camp overlooking Oxshoe Pond, where we made good use of the fireplace to warm up and tell tall tales. Our hike on day 2 took us past many ponds to Rock Pond, but the real surprise was finding a spectacular tiered waterfall that flows from Rock Pond towards Lilypad Pond along Rock Pond Stream that cascades about 60-70 feet. It was not marked or named on our maps, and was just magnificent! A return trip will follow. Participants: Jeff Mans (leader), Jim Z, the Wizard (co-lead), Dave "Ocho" White, Anthony Szmul, Joe Babcock, and John Acacia.

Wilton Wildlife Park Sat, Dec 10, 2022, Rich Crammond

- A cold start, but we were dressed for the weather. Easy hiking with no snow or ice. We missed the snowfall by one day. Just a real nice holiday-time outing. Highlights were: Warm sunshine, seeing seven white-tailed deer, not getting shot by the two hunters in the area, (EEKS!), and hiking along with Peter and Fred. Also learning some history about the Cornell Hill fire tower and my time there back in the early sixties in Luther Forest. Thanks to my hiker buds for sharing this sunny day in the park. Didn't get any better, honest! Participants: Peter Bishop, Fred Bishop, Rich Crammond.

What's Up Saturday? Sat, Dec 10, 2022, Kim Brown

- Our hike was up two of the three mountains that make up the Northern Tongue Range (Brown and Huckleberry). The trail is marked, but summits are not. The weather was brisk in the low 20s, partly cloudy and luckily no wind. We started at the Deer Leap trailhead and found the trail mostly dry with a bit of ice in only a couple of sections (so not enough for spikes). We kept a steady pace so everyone could get warmed up. As we made our way to higher elevation, we enjoyed seeing the open understory of the trees and occasional views of the lake through the fog layers. On the way, several in our group cleaned up a few limbs and branches (continuing in the Glens Falls-Saratoga Chapter tradition of trail maintenance on Tongue!). The Brown Lookout afforded nice views of Lake George and then we continued on to the lean-to that is right before Huckleberry. Much to our surprise, one of our group had built us a nice small campfire to keep us warm during our lunch break! What a treat - thanks Scott! After lunch and putting out the fire, the group continued to Huckleberry, then back down the trail to retrace our steps to the cars. The hike was 6.5 miles with ~1,500 feet of elevation gain. Participants included: Scott A, Dave C, Cathy F, Anthony B, Andrew C, Shelley N, Margie L, and Linda F. Hike Leader - Kim Brown.

Crane mountain loop Sun, Dec 11, 2022, Anthony Szmul

- Well it was still a great adventure hiking in a flurry! When Kim, Joe and I got to the summit of Crane, there wasn't a view at the very top, but the snow and evergreens made it look pretty, kind of like being inside a snow globe! The real attraction of the trip was hiking around Crane Mountain Pond, which was frozen, but I find it gorgeous all year long! There are so many wild plants around the pond! We took the other trail down to our car from the pond.

First Day of Winter Hike: RPR from New Russia Wed, Dec 21, 2022, Jen Ferriss

- The Winter Solstice: A dawn to dusk hike. Broken out trails, pines laden with snow, pristine white powder, full sun, low wind and positive attitudes. I embraced the uncertainty of a headlamp start, snowshoe adjustments and seemingly disparate paces. We all settled in and found our way up the

Ridge Trail, meeting at the RPR junction. A graceful climb up and down the ice wall was not had by all, but we safely made it to and from RPR, ending the ascent with an easy jaunt to Giant. I want to thank Jennie M, Kimberly L, Jen T, Norm K, Doug F, Joe B, Mike F and special guests Ron L and Melody H, for joining me on my third and final attempt to climb RPR for my winter 46.

Phelps Wed, Dec 21, 2022, Jeff Mans

- We could not have had a nicer day to hike on the first day of winter in the High Peaks. Moderate temps, blue skies and views, and enough snow to light up the summits and woods! We took full advantage of our good fortune to stop and take in the views, share a few stories, and enjoy a leisurely lunch and winter mountain views on the summit. Great group. Participants: Jeff Mans (leader), the venerable Don Berens, Chris Lovett, Matt G., and Karen Costello.

Hike/Snowshoe Sat, Jan 7, 2023, Kim Brown

- Our starting location was the Bonita Lake trailhead in Moreau State Park for about 6.4 miles with 960 feet of elevation gain. Originally, this was going to be a loop hike, but after I checked out the conditions on the Waterfall Trail earlier in the week, I opted for an in and out in order to avail ourselves of a much drier trail with no dicey stream crossings. The hike started off at 8:30 and, as expected, the weather was cloudy and not too cold. Of course, as soon as we put our packs on at the cars, here come the wet snow flakes! Rain jackets on "just in case," and off we went down to Lake Bonita and headed toward the east/south shore to access the trail to Lake Ann. Once at the picnic table at the southeast shore of Lake Bonita, off came the rain jackets and the spikes. The clouds prevailed, but the sun was peaking its way through, and I'm happy to say that by the end of day it was mostly sunny in the low 40s. The trail to Lake Ann and the lean-to was nice, easy on the feet, and even a bit "cushy" as they say. Everyone did their part picking up small limbs and branches on the trail. Many thanks to Peter B. who had his small folding hand saw that he used to get rid of some of the downed limbs across the trail. We were thinking positively and wanted to have the trail in stellar shape once we finally get some snow! It was a really nice day and a great friendly group. We had some newer folks, as well as some folks re-connecting with others now that they are getting back into the outdoors for one reason or another. Eleven participants included: Kim Brown (leader), Shelly N, Margie L, Donald B, Peter B, Linda F, Bill S, Brenda A, Roseanne E, Cathy F, and Mary Beth W.

Whiteface/Esther Sun, Jan 15, 2023, Doug Fish

- Kimberly and Mark joined me on this trip. Weather conditions were ideal, the trail was hard packed snow with some icy spots, and the winds were whipping atop Whiteface. Car to car, it was just over a 6 hour trip, and we ran into maybe 4 to 5 small groups along the way.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT #76
SARATOGA SPRINGS, NY
12866

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.



Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



Reminder: Please include your e-mail address when renewing membership!