



chepontuc — “Hard place to cross,” Iroquois reference to Glens Falls

# Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

## “Geology of the Adirondacks, Saratoga County and Beyond” Wednesday, November 15th 7pm Saratoga Springs Public Library

Drake McDonough has a passion for rock, particularly our local rock! He will discuss the unique geology of the southeast Adirondacks, including the metamorphic history of the Adirondack bedrock, the Saratoga-McGregor fault and how it shaped the topography of the Palmertown Ridge. He will also discuss the deglacial history of the Hudson River and how it came to occupy the gorge through Moreau State Park. You may discover the Adirondack bedrock extends much farther south than the official boundaries let on.

Drake McDonough has long been fascinated by the unique geology of the southeast



Adirondacks and Saratoga Springs. Growing up in Ballston Spa and graduating with a degree in geology from Union College, this area shaped much of Drake’s formative lessons in natural history. Drake became focused on researching the Palmertown Range for Saratoga PLAN in 2022, creating interpretive materials to support their conservation goals in the area. Much of his research details the impressive natural history alongside the history of how people came to understand and use the mineral wealth for industry and science. Drake is now a Stewardship Assistant at the Agricultural Stewardship Association, where he works to ensure the ongoing conservation of working lands in Washington and Rensselaer counties.

**BANFF** CENTRE  
MOUNTAIN  
FILM FESTIVAL  
WORLD TOUR

**SAVE THE DATES**

**February 2-4, 2024 7pm  
(6:30 for early bird door prizes)  
The Wood Theater, Glens Falls  
Different Show each evening**

\$23 Tickets on sale to Chapter members on **DECEMBER 13th** - watch for email with PreSale code

or contact Mo (See Pg 2) on December 11th to get it. The GF show is presented by our Chapter with great local sponsors.

**Welcome new ADK –GFS Chapter members!**

Philip & Suzanne Bernier, Ballston Spa  
Avram Durling, Saratoga Springs  
Kathleen Gregg, Northville  
Keith & Katy Lamoutte, Ballston Lake  
Brianna Steele, Hudson Falls  
Brett Wagner, Ballston Spa

## Chapter Chair Report ~ Brian Coville



Many thanks to Anne Paolano for organizing the 2023 Annual Dinner. It is always a huge effort, and this year was no exception. The Annual Dinner certainly would not have happened without Anne, and I am incredibly grateful for all her efforts. I hope that everyone who attended the dinner had a great time.

Thank you to the new and returning Executive Committee members. We have an excellent group of volunteers this year and I am looking forward to Jessica Krause and Laura Fiske joining us in 2024. The chapter is in good hands next year.

We are also hoping to find new volunteers for a few of the Committee Chair positions: Website, Membership, Young Members, and Newsletter. Please contact me or any of the other Executive Committee members if you might be interested in volunteering for one of those positions. The December Executive Committee meeting and annual potluck is also a good opportunity to learn more about the chapter and the volunteering positions, the food is always a nice benefit too. I first became involved with the Chapter after attending the 2017 December meeting to learn about the Chapter and the vacant Young Member Committee Chair position. As is still true, everyone at the meeting was very enthusiastic, helpful and welcoming so the experience convinced me to volunteer for the vacant position.

This will be my last Chapter Chair Report, at least until the 2050's when I'm retired. I want to thank the Executive Committee members for all their help over the last few years that I was the Chapter Chair. I will sign off with a special thanks to our Newsletter Editor, Jennifer Ferriss, and this edition's special guest Editor, Mo Coutant, for all their help and patience throughout my tenure as Chapter Chair.

### ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers	Committee Chairs	Committee Chairs
<b>Chapter Chair</b> 518-350-4117 chapterchair@adk-gfs.org Brian Coville	<b>Conservation</b> 401-529-5034 conservation@adk-gfs.org Co-Chair Aimee Viens Rutledge Paul Dietershagen	<b>Trails</b> 518-638-6139 trails@adk-gfs.org Co-Chair Tom Ellis Jim Schneider
<b>First Vice Chair</b> 908-304-8357 vicechair@adk-gfs.org Kim Brown	<b>Education</b> 908-305-8357 education@adk-gfs.org Kim Brown	<b>Web site</b> 518-832-7437 webmaster@adk-gfs.org George Sammons
<b>2nd Vice Chair</b> vicechair@adk-gfs.org Vacant	<b>Hospitality</b> 518-638-6139 hospitality@adk-gfs.org Gretchen Steen	<b>Young Members</b> ymg@adk-gfs.org Vacant
<b>Secretary</b> 518-798-0624 secretary@adk-gfs.org John Caffry	<b>Membership</b> membership@adk-gfs.org Vacant	<b>Fire Tower</b> 518-668-3046 firetower@adk-gfs.org Tim Noble
<b>Treasurer</b> 518-793-6484 treasurer@adk-gfs.org Steve Mackey	<b>Newsletter Editor</b> 518-290-0703 newsletter@adk-gfs.org Jennifer Ferriss	<b>Annual Dinner</b> 518-798-3055 annualdinner@adk-gfs.org Anne Paolano
<b>Past Chapter Chair</b> 518-668-3046 pastchair@adk-gfs.org Kathi Noble	<b>Outings</b> 518-893-7895 outings@adk-gfs.org Wayne Richter	<b>Publicity</b> publicity@adk-gfs.org Stephanie Gaudons
<b>Trustee</b> Thomas Khairallah Alternate Trustee: Maureen Coutant	<b>Programs</b> 518-798-3055 programs@adk-gfs.org Anne Paolano	<b>Banff Film Festival</b> 518-708-0096 banff@adk-gfs.org Mo Coutant
<b>Members at Large</b> Maureen Coutant Jeff Mans Kathi Noble	<b>Learn More:</b> <a href="http://adk-gfs.org">adk-gfs.org</a>	<b>Get social !</b> <b>Instagram:</b> @adkglensfallssaratoga <b>Facebook:</b> facebook.com/adkgsf or facebook.com/SaratogaYMG

# ADK Fire Tower Challenge by Kathi Noble



**Congratulations to the following hikers who completed the ADK Fire Tower Challenge:**

Jackson Morse	Niskayuna	Mel Pelcher	Syracuse
Elizabeth Muoio	Queensbury	Carl LaLone age 8	Syracuse
Susan Lubelski	Amherst	Derek LaBaff	Waterford
Russell DeGone	Syracuse	Chris Parker	Schenectady
Randy Palmer	Saratoga Springs	Teresa Currie	Norwich
Diane Gulbrandsen	Saratoga Springs	Andrew Duffek	Fort Plain
Matt LeFevre	Morrisonville	Hana Walton	White Plains
Ron Patterson	Seabrook, TX	James Walton	White Plains
John Polenz	Troy	Jason Conklin	Honeoye Falls
Danielle Lindblad	Troy	Russell Bergman	Loudonville
Jessica Allman	Syracuse	Matt LaChapelle	Saratoga Springs
Garrett Allman age 8	Syracuse	Olan Aldrich	Saratoga Springs
Justin Allman	Syracuse	Cindy Hart	Cuyler
David Chan	Sand Lake	Jeff Walker	Cuyler
Elise Chan	Sand Lake	James Sheehan	Morrisonville
Thomas McCormack	Richmondville	Traci Gizowski	Ilion
		Ann Brown	Ilion
		Brent Wood	Orchard Park
		Melissa Wood	Orchard Park
		Randy Unterborn	Rochester
		Sarah Reynolds	Rochester
		Nik Reynolds	Rochester

The Fire Tower Committee is excited to add **Buck Mountain In Long Lake to the list of towers in the challenge**. The tower opened on September 2nd and is a 1.2 mile one way hike to great views. More information can be found in the following article. <https://www.mylonglake.com/2023/09/02/buck-mountain-fire-tower-open-september-2-2023/>

**Also please be aware of the following tower trail closures during hunting season:**

- **Swede Mountain is closed from Sept 11 to Dec 15**
- **Stillwater is closed from Oct 10 to Dec 21**
- **Spruce is closed from October 21 to December 3**
- **Gore Mountain Tower Trail will be closed once they have begun snowmaking.**

Please check the website for those dates and all information on the Fire tower Challenge. <https://www.adk-gfs.org/>

## Education Committee by Kim Brown

### Summer Camp 2024 - Application deadline Jan 31, 2024

#### Adventure, Education, & Fun!

Lessons at camp cover a range of topics led by counselors with backgrounds in science, education, or recreation and include examining insects and flowers in a field, using nets along the lake shore to study macroinvertebrates, or venturing in the forest to learn about biodiversity and forestry. Throughout the week campers engage in activities that emphasize basic ecological concepts about habitats, species identification, and how organisms and habitats adapt to changes. Campers also consider environmental solutions through activities and scenarios that encourage them to make decisions to mitigate their impacts on the environment. (From dec.ny.gov/education...search DEC camps for more information)

**The Glens Falls-Saratoga Chapter of the Adirondack Mountain Club pays the \$350 fee for the selected youths (ages 11 to 17) to spend a week at either of the DEC's environmental camps, Camp Colby near Saranac Lake or Pack Forest just above Warrensburg.**

For those in the older range who prefer a more rugged experience, which includes five days out in the woods with hands-on experience learning the ins and outs of trail maintenance, ADK offers its own **ADK Teen Trail program**. The chapter pays the \$350 fee for the Teen Trails program. Applicants of Teen Trails will have a choice of several possible locations, which in the past included the High Peaks area, portions of the Northville-Placid Trail and others. See our website for the camp applications (adk-gfs.org) under menu\Chapter Info links\Education.

Send completed applications to Kim Brown, 18 Lochlea Lane, Lake George, NY 12845.

Kim may be reached at: 908-305-8357 or Email: [education@adk-gfs.org](mailto:education@adk-gfs.org) if you have any questions.

**Do you know a child, grandchild, neighbor or friend that might be interested? Let them know! Can you imagine being able to go to camp in the Adirondacks for free? What a great opportunity!**

# Outings and Programs Calendar - November 2023

Check Calendar on [adk-gfs.org](http://adk-gfs.org) for latest content

Date	Day	Type	Destination	Leader(s)	Rating
<b>* November 2023</b>					
1	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
4	Sat	Bushwack	Peaked Hills Bushwhack in Hoffman Notch Wilderness	Jeff Mans	A+
4	Sat	Hike	Hike TBD	Kim Brown	B
11	Sat	Camp/Hike	Fishbrook pond hike and camp Saturday through Monday	Anthony Szmul	A+
15	Wed	Program	Geography of Adirondacks, Saratoga & Beyond	Anne Paolano	NA
18	Sat	Walk/Hike	Great camp Santanoni	Anthony Szmul	B
23	Thu	Hike	Turkey Trot # 25, Saratoga Battlefield	Rich Crammond	C+
25	Sat	Hike	Hike TBD	Kim Brown	B
<b>* December 2023</b>					
9	Sat	Hike/ Snowshoe	Wilton Wildlife Park	Rich Crammond	C+
9	Sat	Hike/ Snowshoe	What's Up Saturday? Southern Adirondacks	Kim Brown	B
13	Wed	Banff Presale	Get your Banff Ctr Mtn Film Festival tickets during the Presale for Chapter members and Past attendees.	Mo Coutant	NA
21	Thu	Hike/ Snowshoe	First Day of Winter Hike: Seward	Jen Ferriss, Jeff Mans	A+
<b>* January 2024</b>					
6	Sat	Hike/ Snowshoe	What's Up Saturday? Southern Adirondacks	Kim Brown	B
13	Sat	Hike/ Snowshoe	Cat and Thomas	Andrew Meunier	B+
27	Sat	Hike/ Snowshoe	Jay mountain	Anthony Szmul	A-

The Banff Centre Mountain Film Festival World Tour returns to Glens Falls on **Friday Feb 2—Sunday Feb 4**. Different shows each evening at 7pm (get there by 6:30 for early bird door prizes and to see the Mountain Art Show.)

Our Chapter, with great local sponsors, presents this event which usually sells out. Chapter members and past attendees get a chance to buy tickets 2 days early.

**Mark your calendar for Dec 13th and look for the email with the PreSale code!**

# Outings and Programs - November 2023 1 of 2

## EXECUTIVE COMMITTEE MEETING

Wed, Nov 1, 2023, 7:00 pm, Rating: NR  
Brian Coville - 518-350-4117, [Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)  
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email [chapterchair@adk-gfs.org](mailto:chapterchair@adk-gfs.org) for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

## PEAKED HILLS BUSHWHACK IN HOFFMAN NOTCH WILDERNESS

Sat, Nov 4, 2023, 7:30 am, Rating: A+  
Jeff Mans - 518-265-4135, [adkhighlander@aol.com](mailto:adkhighlander@aol.com)  
- We'll park at the Dirgylot Hill parking area on the left off of Route 9, a few miles north of Schroom Lake and Northway Exit 28. From there, we'll hike under the Northway culvert, following the old woods road to the first tee, turning right, and then following the woods road a short distance and continuing along a very light hunter's trail leading to the north with evidence of old hatchet marks on trees, eventually hitting the major unnamed drainage on the east side of Blue Ridge (17th Brook), where another old woods road parallels the brook. We may take a direct approach directly up East Peaked Hill that offers some nice views back to Pharaoh Mountain, or follow 17th Brook to the northern base of East Peaked Hill and climb to its summit to admire the views, and then continue to South Peaked Hill and perhaps continue over to West Peaked Hill nearest Hoffman Mountain for the Peaked Hills trifecta. Approximately 9 miles and a total elevation gain of about 2600 feet. Meet at the Schroom Lake Tops at 7:15 am, or at the Dirgylot Hill parking lot at 7:30 am.

## HIKE TBD

Sat, Nov 4, 2023, time TBD, Rating: B  
Kim Brown - 908-305-8357, [kim137@me.com](mailto:kim137@me.com)  
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

## FISHBROOK POND HIKE AND CAMP SATURDAY THROUGH MONDAY

Sat, Nov 11, 2023, time TBD, Rating: A+  
Anthony Szmul - 518-796-7921, [aszmul@roadrunner.com](mailto:aszmul@roadrunner.com)  
- I'd like to organize a camping trip in November when it's cooler and quieter. I was thinking we would meet at the Exit 18 park and ride by the EMS building at around noon on Saturday; that way we can hike 2.6 miles to one of the two lean-tos and set up camp. Bring a tent or shelter, if you'd prefer that over the lean-to, but depending on how many people go, I think both lean-tos can fit at least 6 people. On Sunday I thought we'd hike Sleeping Beauty Mountain, which is a little over 2 miles from the lean-to. Monday we can head out whenever! Those who wish to do a day hike on Saturday or Sunday are welcome to join, also. Those attending must have their own food and cooking equipment and some cold weather camping equipment, both for 2 nights.

## GREAT CAMP SANTANONI - [ Walk/Hike ]

Sat, Nov 18, 2023, 6:30 am, Rating: B  
Anthony Szmul - 518-796-7921, [aszmul@roadrunner.com](mailto:aszmul@roadrunner.com)  
- We will go on a 10 mile walk that's relatively flat and visit some historic buildings along the way to Newcomb Lake, where we'll also check out the Great Camp Santanoni of the

Come join us at the Saratoga Springs Public Library  
Wednesday, November 15 7pm

Learn about the Geology of the Adirondacks, Saratoga, and beyond.  
(See front page)  
Plus, enjoy Gretchen's refreshments!

Adirondacks! It's a nice big building on a peaceful and calm lake. You may need to pack microspikes and/or snow shoes if we get a snowstorm in November. We will meet at the Exit 18 park and ride by the EMS building on the north end of Media Drive. Contact me if you have any questions about where that park and ride is!

## TURKEY TROT # 25, SARATOGA BATTLEFIELD - [ Hike ]

Thu, Nov 23, 2023, 8:00 am, Rating: C+  
Rich Crammond - 518-584-2380  
- Around four miles of holiday hiking. Little elevation change. Meet at the visitors parking lot off Route 32, Stillwater. Dress for cold weather. Happy Thanksgiving from Rich.

## HIKE TBD

Sat, Nov 25, 2023, time TBD, Rating: B  
Kim Brown - 908-305-8357, [kim137@me.com](mailto:kim137@me.com)  
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

## WILTON WILDLIFE PARK - [ Hike/Snowshoe ]

Sat, Dec 9, 2023, 9:00 am, Rating: C+  
Rich Crammond - 518-584-2380  
- Meet at the main parking lot across the road from the flag pole, off Scout Road. Dress for cold weather. Around three miles of hiking with little elevation change. Bring microspikes also, for a chance of ice on the trail. Merry Christmas to all from Rich.

## WHAT'S UP SATURDAY? SOUTHERN ADIRONDACKS - [ Hike/Snowshoe ]

Sat, Dec 9, 2023, time TBD, Rating: B  
Kim Brown - 908-305-8357, [kim137@me.com](mailto:kim137@me.com)  
- Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet the Monday or Tuesday of that week.

## FIRST DAY OF WINTER HIKE: SEWARD

Thu, Dec 21, 2023, time TBD, Rating: A+  
Jen Ferriss - [ferrissj@gmail.com](mailto:ferrissj@gmail.com)  
Colead: Jeff Mans - [adkhighlander@aol.com](mailto:adkhighlander@aol.com)  
- I'm still on my quest to finish my Winter 46 and this year may be the one! Let's kick off the winter season hiking Seward. We will walk to Blueberry Lean-to and then head up. Hopefully the gate is open and we can drive in - if not we will be creative. Positive attitude, proper winter gear and recent hiking experience required. We will meet at Tops in

## SAVE THE DATES

February 2-4,  
2024

Tickets on sale to  
Chapter members  
on **DECEMBER  
13th**

Shows sell out...so set a reminder to get your tickets!  
Tickets make great gifts!

**BANFF** CENTRE  
MOUNTAIN  
FILM FESTIVAL  
WORLD TOUR

Schroon Lake with the potential to carpool from the Saratoga/Glens Falls area. Expect this to be an all day hike, potentially starting and ending in headlamps. Please email to see if there is room on this trip.

### WHAT'S UP SATURDAY? SOUTHERN ADIRONDACKS - [ Hike/Snowshoe ]

Sat, Jan 6, 2024, time TBD, Rating: B

Kim Brown - 908-305-8357, [kim137@me.com](mailto:kim137@me.com)

- Geared for those new to hiking/snowshoeing and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet the Monday or Tuesday of that week.

### CAT AND THOMAS - [ Hike/Snowshoe ]

Sat, Jan 13, 2024, time TBD, Rating: B+

Andrew Meunier - 518-376-2470,

[andrew.m.meunier@gmail.com](mailto:andrew.m.meunier@gmail.com)

- This hike has nice views from both peaks. Distance is 6.5 miles with about 1100 feet of elevation gain. This is a good hike for those who would like to ease themselves into the winter hiking season with a moderate, local trip (or for those who are relatively new to winter hiking). Proper winter gear is required, including snowshoes and microspikes.

### JAY MOUNTAIN - [ Hike/Snowshoe ]

Sat, Jan 27, 2024, 5:30 am, Rating: A-

Anthony Szmul - 518-796-7921, [aszmul@roadrunner.com](mailto:aszmul@roadrunner.com)

- Let's enjoy an 8.7 mile hike, round trip along Jay Mountain with some spectacular winter views if we're lucky! You may want to consider crampons on some sections that could be very icy, but the main things to pack are snowshoes and microspikes. If I see that the weather is bad I will postpone the hike to Sunday, January 28. We will meet at Exit 18 park and ride. by the EMS building at 5:30am or approximately 7:15am at the trailhead. Any questions just call, text or email me!

## REVIEWS:

### **The Saddles in Whitehall Sat, Aug 12, 2023, Kim Brown**

- Our hike was at The Saddles in Whitehall, NY, where we went to a couple of The Overlooks. Most of our group had not hiked this before. After the steep car ride up the road to the trailhead, we started our hike. Most donned bug nets and bug net shirts, which made for a more enjoyable outing since mosquitoes were out in full force. Because this trail is relatively new, it is not eroded and mostly has cushy pine needles underfoot, always an enjoyable experience. Tall evergreens kept us shaded most of the hike. We took the Blue

trail to the Red trail and up and down for the 2.3 miles up to the second lookout where you can see South Bay and the back side of the eastern Lake George peaks. Then we ate a quick lunch and headed over to the North View Spur where we could see the Ticonderoga / Whitehall bridge. PS: The road in from Route 4 is excellent since it was built recently, but do not take a lower bottom vehicle like a Prius since you will have trouble getting over the water bars. We were back down to the cars around 12:45 after we completed the 4.6 mile round trip with 1,400 feet of elevation gain. A short hike, quick workout, and a fun summer morning. Participants included hike leader Kim Brown, J. Maher, S. Anderson, A. Cohen, G. Stauble, E. Mijuta, M. Golebiewski, D. Colomb.

### **Evening Ride Tue, Aug 22, 2023, Jen Ferriss**

- This was the last evening ride of the season. I scheduled this ride hoping to use different muscles post marathon, but I was still too tired to keep up, let alone lead. I let the riders go ahead and I took up the rear. Somehow I managed to ride faster than I did all season - but as I progressed in speed, so did the others. Wow, did our pace get faster. Thank you to everyone who went for a spin or 2 around the park this season. See you next year after we spring ahead! Riders: Jen F, Beth P, Chris K.



## Trip Reviews continued- for Aug– Sept 2023

### Hadley Mtn Sat, Aug 26, 2023, Kim Brown

- I hadn't been to Hadley in so long, I almost missed two turns driving to the trailhead - not a good thing for the hike leader! We started out at 9am and got lucky again and no rain, just cloudy for our hike. The trail was wet, but not too bad thanks to the trail water bar work done in May by Steve, Licia and Vicki. We kept a moderate pace up to the top, then enjoyed a quick lunch while Anthony took some pictures. Then we brought two folks in our group that were Hadley first timers over to see the caretakers cabin on the way down. Back to the cars by noon and we had the rest of the day to enjoy. Participants including hike leader (Kim Brown), Laura F, Marcia H, Anthony B, Linda F, Sue A, Cindy P, Scott A. Approximate distance 3.8 miles with 1,458 feet of elevation gain.

### Black Mountain Fire Tower Hike Sat, Sep 9, 2023,



### Kim Brown

- Black Mountain Fire Tower Hike: Approximately 5.6 miles with 1,250 feet of elevation gain. It had finally cooled down with very little humidity. It was cloudy with rain expected only in the early afternoon, which held true. We did an in and out from the trailhead starting at 9am. Several folks were new to the hiking group or had never hiked Black, so it was a lot of fun introducing new people to the trail. The trail was the muddiest and wettest I had ever seen, almost like a high peaks trail with a river of water running down the middle of the trail for most of the trip. Our group really en-

joyed the day, nonetheless, and we were rewarded at the top with a small break in the clouds that was enough to see the narrows and some islands. Hike Leader Kim Brown with co-lead Chandra Geremick. Participants included: Sophia F, Jamie S, Marcia H, Jim M, Scott A, Linda F and Elaine Y. Really looking forward to another one! We were back at the cars by 1:20 with the rest of the day to enjoy.

### LG Rec Area to Prospect Wed, Sep 27, 2023, Chandra Geremick

- We met at the Lake George Recreational Center Parking lot and followed the trail to the Veterans Memorial Highway paved road up Prospect. We had a new member who did great! We walked around 4 miles and the elevation gave us a great workout. The views were lovely with some autumn colors peeping out. Participants: Joe B., Kathy G., Jerrod F., and Chandra G.

### Stony and Center Ponds Fall Color Hike Sat, Sep 30, 2023, Rich Crammond

- What a great day for a fall hike in the 'dacks. I got to hike with long-time outings leaders Reg and Bob, and also with good hiking buds Ray and Peter. We hiked to Stony for a snack at the lean-to, then across the outlet and to the center pond, then back to the lean-to for lunch. Then back out. "Great fall colors," cool breeze, and blue sky most of the day. Cherished memories never fade. Just didn't get no better. Participants: Peter Bishop, Reg Prouty, Bob Aspholm, Ray Boucher, Rich Crammond.

### Thomas Mtn Sat, Sep 30, 2023, Kim Brown

- We did a short hike up Thomas Mountain in Bolton Landing from Valley Woods Road Trailhead for an in and out on the same trail, approximately 3 miles and 780 feet of elevation gain. The day was cloudy and on the cooler side - low 60's. We made it up to the summit, enjoyed our snacks, took pictures, then headed back to the cars. All in all, it was a nice day for those who wanted to spend a quick morning out on the trail. A couple of new people to the club and also first timers for Thomas Mountain. Hike leader Kim Brown and 10 participants: Kathy G, Beth P, Laura F, Sue A, Tony D, Anthony B, Dave C, Jim M, Chandra G, and last but not least our sweep Virginia Touhey and a well behaved 4 legged friend Jake.

**Help!!!** George, our webmaster wants to retire!! (ok, a second time!) He's been our webmaster for so many years and done an amazing job. We don't want to let him go, but we really can't tie him to his computer forever. George believes in efficiency and has set up a system for trip leaders to enter their information that feeds the calendar and the outings and review section of this newsletter. He makes changes to the website, sends out the emails to the Chapter and keeps the membership information up to date. There are instructions for how to do all these things and George is willing to show you the ropes. We're not sure any one person can fill his shoes!

**If you have the skills to handle any of these tasks, let us know.** Maybe we could split the job up and make it easier for whoever can lend a hand. **Please help us let George retire.** Contact [chapterchair@adk-gfs.org](mailto:chapterchair@adk-gfs.org)

### Highlights:

\*Code and test web pages on a local PC using PHP, Javascript, HTML, images  
\*Maintain a Trip Leader Application for submitting trips to the calendar  
\*Maintain membership information on the MAILCHIMP email server

\*Upload tested files to the FATCOW Internet Svc Provider  
\*Supply trip info to Newsletter Chair for the newsletter  
\*Send out emails/Newsletter periodically to members



# Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club  
P.O. Box 2314  
Glens Falls, New York 12801

NON-PROFIT ORG.  
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Website: [ADK-GFS.ORG](http://ADK-GFS.ORG)

### ***Are you moving?***

*If you are moving, You may call  
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing  
labels and membership lists from the  
Club.*

*Therefore, any change of address  
need NOT be sent to the Chapter .  
One call to the Club is all you need!*



***Reminder: Please include your  
e-mail address when renewing  
membership!***