



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLEN FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

ANNUAL DINNER AND BUSINESS MEETING Friday, October 20, 2023– 6 pm Embassy Suites, Saratoga Springs



Join us for our annual meeting on October 20th and listen to our featured speakers, Steve and Licia Mackey, as they share their three week vacation to the Falklands, South Georgia, and Antarctica this past January.

Expect a little history lesson on the Antarctic explorer Shackleton and the whaling industry, when the ships were made of wood and the men were made of steel. Experience the present times visiting these remote, pristine, and beautiful places through photos and videos.

The registration form is on page 11; space is limited so please register early. We look forward to seeing you!

Vote for Chapter Officers at the 2023 Annual Meeting

At the annual meeting, chapter members will be invited to vote for the new officers.

<u>Chapter Chair:</u>	Kim Brown
<u>1st Vice Chair:</u>	Laura Fiske
<u>2nd Vice Chair:</u>	Jess Krause
<u>Treasurer:</u>	Steve Mackey
<u>Secretary:</u>	John Caffry
<u>Members-at-large:</u>	Thomas Khairallah Jeff Mans Kathi Noble
<u>Trustee</u>	Maureen Coutant

Additional nominations, in writing, may be submitted by any member entitled to vote to Pat Desbiens, chair of the Nominating Committee, by close of business, **October 1, 2023**. Such nominations must be signed by no fewer than twelve voting members.

Send nominations to:
nominating@adk-gfs.org or to the Chapter PO Box

In the event that there is more than one candidate for any given office, at the annual meeting the Secretary shall furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot shall be the exclusive means of voting for officers and members-at-large. The successful candidate for each position shall be determined by a simple majority of the votes cast.

Please see pages 2-3 for the biographies of these nominees.

Biographies

Kim Brown I have been a member of the ADK Glens Falls - Saratoga Chapter since 2012. Over the years I've been fortunate to make new friends and learn from many who have taken the time to share their outdoor experiences with me. Looking to give back, I became more actively involved with our Chapter upon my retirement in 2018. Currently I serve as both Education Chair and First Vice Chair. I enjoy volunteering as a hike leader, trail and summit steward so that others can enjoy the outdoors safely and with care for the environment.

Laura Fiske I have been a member of the Adirondack Mountain Club since the early 2000's and began my leadership career with the Glens Falls - Saratoga Chapter. For the past several years I have been on the ADK Executive Committee and the Board of Directors. My current term expires at the end of calendar year 2023 and I am seeking to return to the Chapter as your first vice chair. My years of experience with the leadership of the ADK will enable me to provide background and context for many of the changes implemented or being implemented by the ADK. Professionally, my background is in finance/budgeting and management. These skills and my prior chapter and ADK experience will enable me to be an effective first vice chair. In my leisure time I enjoy hiking, cycling and recently purchased a pack canoe so paddling is my next adventure.

Jess Krause I live in Saratoga Springs with my fiancé, Will DeMuth. I'm originally from a small town in Western New York and spent most of my 20's in New York City. Once able to work remotely, we chose to live closer to the Adirondacks and haven't looked back! Professionally, I am part of the business strategy team for a health technology company called League and hold a B.S. in Economics from Cornell. We spend every weekend that we can hiking the 3-6-9ers, 12sters, 46ers or simply backpacking out to enjoy a quiet lake. I'm excited to volunteer for the 2nd vice chair position to learn from those around me, share my time and experience, and set the foundation to become more actively involved in the future.

Steve Mackey I have been an active member with the ADK Glens Falls - Saratoga Chapter since the early 80s and I've already served as the Chapter Treasurer for 8 years. I also have participated in the Adopt- a- Lean-To program, with Jim "Jungle" Mosher, taking care of Ward Brook Lean-to, for over 30 years. We have always maintained the trail into Ward Brook Lean-to, so a couple of years ago, I made it official and adopted the 5 miles of trail. I've been busy improving the trail up Potash Mountain in Lake Luzerne the past few summers, as well as the new trail up Swede Mountain. If you have never been up either, make it a point to put them on your hiking schedule. I lead hikes regularly and do a lot of trail work with the 46'ers trail crew. I am retired now, but I spent my career as the owner/operator of the Lu-

zerne Market which has been operating for 43 years.

John Caffry I have been an ADK member since 1985 and have served the Club in many capacities, such as member of the Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary from 2006 to 2015, and starting again in 2018; Chapter Chair from 2016 to 2017; former member of ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; and former chair of the ADK Conservation Committee; and participated in the Adopt-a-Lean-to program for 10 years. Occasionally, I find time for hiking, paddling, and all varieties of skiing.

Maureen Coutant I've been an active member of ADK Glens Falls - Saratoga Chapter since the early 1990s. I've led hikes, chaired the nominating committee, served in the Vice Chair positions, Member at Large and as the Chapter Chair twice. Currently I help out the Banff Film Festival Committee to bring the festival to the Glens Falls area every February. I've helped with other non-profits and know that it's hard to find volunteers, so I'm always willing to help when I can.

Jeff Mans My first Adirondack adventure was a canoe and camping trip from Old Forge to Blue Mountain Lake along the Fulton Chain of Lakes in my teens, and I was smitten by the beauty of the Adirondacks. After graduating from Albany Law School, I settled in the Albany area and began my long term relationship with the Adirondacks, becoming a 46er in 2006, and more recently a winter 46er. During this time I had the good fortune of meeting and joining members of the ADK Glens Falls - Saratoga Chapter on outings that introduced me to a variety of activities and like-minded individuals. I have been an ADK member for a number of years, and became an Outings Leader in 2019, and since that time have continued to regularly lead outings to explore, camp and hike the Adirondacks year-round. My initial sense of wonder, enthusiasm, and inspiration are still present today each time I enter the Adirondacks to experience the land I love best.

Kathi Noble I have been a member of the ADK for many years, becoming involved with the Glens Falls - Saratoga Chapter in 2011 when my husband and I took over as the ADK Fire Tower Challenge Correspondents. I have served in the past as the chapter's chairperson and secretary. I retired in 2014 after 34 years of teaching special education. I fill my days hiking, biking, skiing, paddling and many other outdoor activities. I also volunteer as a ski instructor at the Double H Winter Adaptive Ski Program and as a trailhead steward at HPIC.

Thomas Khairallah During the pandemic, my wife Kellie and I moved to the Saratoga area where Kellie's roots are and where I fell in love with the nature in the area and the mountains north of it. I currently work

Biographies cont.

remotely in Tech for a sports service and hospitality company called Levy Restaurants. I have always enjoyed volunteering for local clubs and causes and it all started in Lebanon where I was constantly volunteering with various charitable organizations, blood drive organizations, and others. I have become very attached to the Adirondacks even before settling in the Saratoga region as I'd visit with friends and family. The nature and the mountains remind me so much of my home country where I was constantly hiking, climbing, skiing and have always found myself attracted to the mountains.

Chapter Chair Report ~ Brian Coville



Thank you to Pat Desbiens, Nominating Committee Chair, and the Nominating Committee members (Margie Litwin, Mo Coutant, and Laura Fiske) for proposing a great slate of Executive Committee candidates. Thank you to all the candidates for volunteering to serve on the Executive Committee next year. If elected by members at the Annual Meeting, Jessica Krause will be new to the Executive Committee and Laura Fiske will be rejoining the Executive Committee; I am confident that they will be great additions. I am looking forward to volunteering with both of them, though I will be enjoying the less formal role of Past Chapter Chair next year.

Absentee Ballot

The Chapter will be holding its Annual Dinner and Annual Membership Meeting on October 20th at the Embassy Suites in Saratoga Springs. We hope that you will be able to attend it. If you cannot attend the meeting, please consider completing an absentee ballot online. We value our members' participation, and we need to be sure that a quorum of the members votes on the officers and trustee for 2024. You can complete the ballot by completing and submitting the [Glens Falls-Saratoga Chapter of ADK Absentee Ballot \(2023\)](https://forms.gle/VPG1F6B4zMaPqBwg7) [https://forms.gle/VPG1F6B4zMaPqBwg7] GoogleForm.

Please contact Brian Coville at 518-350-4117 or chapterchair@adk-gfs.org if you have any questions about the absentee ballot.

Executive Committee Officers		Committee Chairs		Committee Chairs	
Chapter Chair 518-350-4117 chapterchair@adk-gfs.org	Brian Coville	Conservation 401-529-5034 conservation@adk-gfs.org Co-Chair	Aimee Viens Rutledge Paul Dietershagen	Trails 518-638-6139 trails@adk-gfs.org Co-Chair	Tom Ellis Jim Schneider
First Vice Chair 908-304-8357 vicechair@adk-gfs.org	Kim Brown	Education 908-305-8357 education@adk-gfs.org	Kim Brown	Web site 518-832-7437 webmaster@adk-gfs.org	George Sammons
2nd Vice Chair vicechair@adk-gfs.org	Vacant	Hospitality 518-638-6139 hospitality@adk-gfs.org	Gretchen Steen	Young Members ymg@adk-gfs.org	Vacant
Secretary 518-798-0624 secretary@adk-gfs.org	John Caffry	Membership membership@adk-gfs.org	Vacant	Fire Tower 518-668-3046 firetower@adk-gfs.org	Tim Noble
Treasurer 518-793-6484 treasurer@adk-gfs.org	Steve Mackey	Newsletter Editor 518-290-0703 newsletter@adk-gfs.org	Jennifer Ferriss	Annual Dinner 518-798-3055 annualdinner@adk-gfs.org	Anne Paolano
Past Chapter Chair 518-668-3046 pastchair@adk-gfs.org	Kathi Nobel	Outings 518-893-7895 outings@adk-gfs.org	Wayne Richter	Publicity publicity@adk-gfs.org	Stephanie Gaudons
Trustee Alternate Trustee:	Thomas Khairallah Maureen Coutant	Programs 518-798-3055 programs@adk-gfs.org	Anne Paolano	Banff Film Festival Mo Coutant banff@adk-gfs.org	
Members at Large	Maureen Coutant Jeff Mans Kathi Noble	Learn More: adk-gfs.org		Get social Instagram: @adkglensfallssaratoga Facebook: facebook.com/adkgsf or facebook.com/SaratogaYMG	

ADK Fire Tower Challenge
by Kathi Noble



Congratulations to the following people who have recently completed the Adirondack Mountain Club Fire Tower Challenge

Jennifer Theriot, South Glens Falls
Sarmarie Hoffman, Chittenango
Pete Mason, Scotia
Stephanie and Bonnie Dunn, Ticonderoga
Joe Rivers, Harrisville
Jordan Dunning, Central Square
Ally Garofalo, Cicero
Carrie Swearingen, Sauquoit
Chris & Dominick (age 10) Avolio, Sauquoit
Pauls DiSanto, Liverpool
Bill Houmiel, Liverpool
Stephanie Mahoney, Liverpool
Shawn Raymond, Selkirk
Connor and Megan Morse Niskayuna
Gregg Marsh, Liverpool
Mark, Amy, Mark Jr, Madelynne, Griffin (age 8)
Solan, Schuylerville
Randy Gardinier, Amsterdam
John French, Warrensburg
Bethany Serafin, Palmyra
Craig Smith, Ontario, Canada
Donna Gravely, Ontario, Canada
Diane Height, Ontario, Canada
Mary Jo and John Donaldson, Oneida
Kyle Syck, Abion
Colleen Guy, Troy
Brent Pierce, Schenectady



Swede Fire Tower, photo by Jen Ferriss

Membership Update
by Pat Desbien

NEW MEMBERS - FEBRUARY 2023

Benjamin Akin, Greenfield Center
Lee Andrews, Jr., Gilford, Connecticut
Deborah Bedard, Glens Falls
Tyler Bellamy & Tammie Benjamin, Cropseyville, New York
Thomas Clary, Salem
Alivia Delane, Hackettstown, New Jersey
Barbara Joudry, Queensbury
Joseph Lea, Carthage, New York
John Leach, Sommerville, Massachusetts
Amanda Matrazzo, Gansevoort
Stacy Moller & Bryan Kiernan, Lake George
Keith Murray, Stillwater
Kyle & Heather Neahr, Galway
Keir & Abigail Neighmond, Ballston Spa
William O'Brien, Argyle
Carol Phillips, Schenectady
Monica Rozell, Queensbury
Margaret Sharkey & Lewis Scialdone, Saratoga Springs
Tawny Wagner, Burnt Hills

REJOINED MEMBERS - FEBRUARY 2023

Steven & Cheryl Bianconi, Ballston Lake
Agnieszka Flor, Fairport, New York
Clay & Kathleen Johnson, Rochester, New York
Nicholas & Emily Kelly, Queensbury
Elizabeth & Daniel Moretz, Lake Luzerne

NEW MEMBERS - MARCH 2023

Anthony & Kathleen Basirico, Ballston Lake
Shane, Kiley, Liam & Livia Crooks, Corinth
Ryan Durkee & Saara Johanson, Schuylerville
Deb & Stuart Johnson, Queensbury
Kurt Kimmel & Kimberly Danforth, Saratoga Springs
Mark Marshall & Donna Griffith, Lake George

NEW MEMBERS - APRIL 2023

Deb Balliet & Eve Wenger, Stony Creek
Marilyn & Robert Bellafiore, Saratoga Springs
Maureen Bryant, Clifton Park
Alan Cohen, Ballston Spa
Joshua Christopher, Saratoga Springs
Joseph Davey, Saratoga Springs
Janet Gallant, Queensbury
Trevor Glenn, Caroga Lake
Hannah Joy, Brant Lake
Peter Lindsey, Hudson Falls
Charlotte Localio, Saratoga Springs
Keely Monroe & Nick Wenner, Saratoga Springs
Ganesh Nadarajan, Saratoga Springs

Membership cont.

Scott Nelson, Cohoes
 Richard Reno, Burnt Hills
 Dennis Riley, Queensbury

MAY 2023**New Members**

Becky Catlin, Greenwich
 Wyatt deLalla, Charlton
 Susan Diep, Corinth
 Sue Kelley, Saratoga Springs
 Christopher Sweet, North Attleboro, Massachusetts

JUNE 2023**New Members**

Ashley Carter-Zilber & Kenneth Zilber; Sarah Zilber, Aneliesa Aponte, Emmaleigh Mauer

& Kenneth Zilber, Shohola, Pennsylvania
 Daniel & Kelly Jones & Brayden Saunders-Jones, South Glens Falls
 Madison Manning, Lombard, Illinois
 Justin & Danielle Parker, Athol
 Bill Rowe, Scotia

JULY 2023**New Members**

Zachary Bourn, Glens Falls
 Donna Brothers, Louisville, Kentucky
 Sophia Ferraro-Daubitz, Saratoga
 Paul Guillet, Glens Falls
 Hunter Jenison, Galway
 Kyle Palmeto, Jefferson
 Paul Perez, Saratoga
 Eric Sterling, Saratoga

Outings and Programs Calendar

Date	Day	Type	Destination	Leader(s)	Rating
* September 2023					
9	Sat	Hike	Hike TBD	Kim Brown	B
13	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
14	Thu	Walk	Gerald B.H. Solomon Saratoga National Cemetery	Rich Crammond	C
20	Wed	Program	Program: Cycling in the French Alps presented by Don Berens	Anne Paolano	NR
23	Sat	Hike	Hadley and Spruce Mountain	Anthony Szmul	B+
23	Sat	Hike	Boreas Mountain from The Branch	Jeff Mans	A
30	Sat	Hike	Stony and Center Ponds Fall Color Hike	Rich Crammond	B-
30	Sat	Hike	Hike TBD	Kim Brown	B
* October 2023					
1	Sun	Hike	Upper Hudson Ski Loop	Bill Schwarz	B
4	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
14	Sat	Bushwack	Texas Ridge in Hoffman Notch Wilderness	Jeff Mans	A+
20	Fri	Program	Annual Dinner Meeting and Social. Photographic Presentation on the Falklands, South Georgia and Antarctica	Anne Paolano	NR
* November 2023					
1	Wed	Meeting	Executive Committee Meeting	Brian Coville	NR
4	Sat	Bushwack	Peaked Hills in Hoffman Notch Wilderness	Jeff Mans	A+
4	Sat	Hike	Hike TBD	Kim Brown	B
11	Sat	Camp/ Hike	Fishbrook pond hike and camp Saturday through Monday	Anthony Szmul	A+
25	Sat	Hike	Hike TBD	Kim Brown	B

Outings and Programs

HIKE TBD

Sat, Sep 9, 2023, time TBD, Rating: B
Kim Brown - 908-305-8357, kim137@me.com
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

EXECUTIVE COMMITTEE MEETING

Wed, Sep 13, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117,
Brian_Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapterchair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

GERALD B.H. SOLOMON SARATOGA NATIONAL CEMETERY - [Walk]

Thu, Sep 14, 2023, 9:00 am, Rating: C
Rich Crammond - 518-584-2380
- This will be a walk of around 1 mile through a well-kept landscape. The trip leader will point out some interesting things about this beautiful final resting place for our veterans and their dependents. See you there hiker buds.

PROGRAM: CYCLING IN THE FRENCH ALPS PRESENTED BY DON BERENS

Wed, Sep 20, 2023, 7:00 pm, Rating: NR
Anne Paolano - 518-744-6359, annepaolano@yahoo.com
- Dutcher Community Room Saratoga Springs Public Library A three-week bike race, over 2,200 miles, seen in person by a million fans, and televised to 3.5 billion more in over 180 countries. Athletes generating 500 watts of power hour after hour, day after day, elbowing each other while sprinting, climbing 15,000 feet in a day at grades sometimes over 12%, and racing downhill at 60 mph. This is the Tour de France. In 2012, amateur cyclist Don Berens rode some of the classic French Alpine climbs of the Tour, and from the roadside watched the pros ride two mountain stages. He'll show slides of his trip, share some of the history of the Tour de France, and celebrate the excitement and color of one of the world's great cultural and athletic events. No registration required.

HADLEY AND SPRUCE MOUNTAIN -

[Hike]

Sat, Sep 23, 2023, 5:30 am, Rating: B+
Anthony Szmul - 518-796-7921,
aszmul@roadrunner.com
- Come join me, if you like, on a couple of fire towers in the southern Adirondacks! We will carpool from Exit 18 by the emergency medical, and big brick, building, to Hadley Mountain first. Hadley Mountain is 3.6 miles round trip, with a gorgeous view of the Great Sacandaga Lake on the fire tower. After Hadley Mountain, if anyone is interested we will head over to the Spruce Mountain trailhead. Spruce Mountain is another quiet place to hike that is 2.4 miles round trip, and gorgeous in the fall. People have the option to only hike Hadley Mountain with me if they want to, as well. The trip total with Spruce Mountain would be approximately 6 miles. We shouldn't need microspikes that early in late September but you will need to dress warmer.

BOREAS MOUNTAIN FROM THE BRANCH - [Hike]

Sat, Sep 23, 2023, 8:45 am, Rating: A
Jeff Mans - 518-265-4135,
adkhighlander@aol.com
- We'll visit Boreas Mountain to celebrate the first day of Autumn and harbinger of fall colors in the Adirondacks. This hike starts from the Branch Road/Hoffman Notch parking area just off Blue Ridge Road, and follows the Branch Road/trail north along The Branch River to the existing Boreas Trail (road) and former firetower cabin site, with the last mile or so on a traditional trail steeply climbing to the summit of Boreas Mountain along the 2012 Elk Lake Public Recreational Easement. The Easement specifically provides that the existing Boreas Trail shall be available for Public Recreational Uses permitted by the Conservation Easement at all times during the calendar year and located along the existing woods road and trail to Boreas Mountain. Total round trip is a little over 12 miles. Very easy going along the existing roads. Although not a High Peak, at 3776 feet it is the 64th highest Adirondack peak, and offers spectacular views of the High Peaks. Meetup at the Schroon Lake Tops parking lot at 8:30 am, or the Branch Parking Area at 8:45 am.

Outings and Programs

STONY AND CENTER PONDS FALL COLOR HIKE

Sat, Sep 30, 2023, 9:00 am, Rating: B-
Rich Crammond - 518-584-2380
- This will be an approximately 6.4 mile round trip hike with some ups and downs along the way, but not steep. Please dress for cool or cold weather and rain. We will try to hike to Center Pond, also, if the trail is good. Trailhead: Access off NY 28N, 3.9 miles north of the Olmsteadville Road - NY 28N intersection in Minerva and 2.8 miles south of Hewitt Road in Aiden Lair. Look for the trailhead signs. See you there hiker buds.

HIKE TBD

Sat, Sep 30, 2023, time TBD, Rating: B
Kim Brown - 908-305-8357, kim137@me.com
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

UPPER HUDSON SKI LOOP - [Hike]

Sun, Oct 1, 2023, 8:00 am, Rating: B
Bill Schwarz - 518-307-6091,
bschwarz@nycap.rr.com
- We won't expect snow this early, but this is a fine 5-mile circular near Goodnow Flow in the Essex Lakes Chain. Some of the route seems like a challenge for skiers, but we'll be walking this time. The trail takes us along the Hudson River before returning to the flow. Precip cancels.

EXECUTIVE COMMITTEE MEETING

Wed, Oct 4, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117,
Brian_Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapterchair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

TEXAS RIDGE IN HOFFMAN NOTCH WILDERNESS - [Bushwack]

Sat, Oct 14, 2023, 7:30 am, Rating: A+
Jeff Mans - 518-265-4135,
adkhighlander@aol.com
- A challenging bushwack in the Hoffman Notch Wilderness will start from the southern end of the

Hoffman Notch trail and then jump off trail as we approach to the southern toe of the Texas Ridge. Open woods will soon be met by dense spruce as we climb our way towards the summit. Not much of a view expected but what fun we'll have exploring the fabled Texas Ridge and Notch. We'll return by dropping west to the Hoffman Notch trail and back out. Approximately 9 miles with 2100 feet of elevation gain. Meet at 7:30 am at the DEC parking lot for the southern entrance of the Hoffman Notch Trail at the very end of Loch Muller Road in Schroon.

ANNUAL DINNER MEETING AND SOCIAL. PHOTOGRAPHIC PRESENTATION ON THE FALKLANDS, SOUTH GEORGIA AND ANT-ARCTICA - [Program]

Fri, Oct 20, 2023, 6:00 pm, Rating: NR
Anne Paolano - 518-744-6359,
annepaolano@yahoo.com
- Glens Falls-Saratoga Chapter of ADK Annual Dinner 2023 Embassy Suites by Hilton, 86 Congress Street, Saratoga Springs, NY 12866 6pm cocktail hour, 7pm dinner and photos. \$40 per person buffet dinner.

EXECUTIVE COMMITTEE MEETING

Wed, Nov 1, 2023, 7:00 pm, Rating: NR
Brian Coville - 518-350-4117,
Brian_Coville@Outlook.com
- The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapterchair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

PEAKED HILLS BUSHWHACK IN HOFFMAN NOTCH WILDERNESS

Sat, Nov 4, 2023, 7:30 am, Rating: A+
Jeff Mans - 518-265-4135,
adkhighlander@aol.com
- We'll park at the Dirgylot Hill parking area on the left off of Route 9, a few miles north of Schroon Lake and Northway Exit 28. From there, we'll hike under the Northway culvert, following the old woods road to the first tee, turning right, and then following the woods road a short distance and continuing along a very light hunter's trail leading to the north with evidence of old hatchet marks on trees, eventually hitting the major unnamed drainage on the east side of Blue Ridge (17th Brook), where another old woods road parallels the brook. We may take a direct approach directly up East Peaked Hill that offers some nice views back to

Outings and Programs

Pharaoh Mountain, or follow 17th Brook to the northern base of East Peaked Hill and climb to its summit to admire the views, and then continue to South Peaked Hill and perhaps continue over to West Peaked Hill nearest Hoffman Mountain for the Peaked Hills trifecta. Approximately 9 miles and a total elevation gain of about 2600 feet. Meet at the Schroon Lake Tops at 7:15 am, or at the Dirgylot Hill parking lot at 7:30 am.

HIKE TBD

Sat, Nov 4, 2023, time TBD, Rating: B
Kim Brown - 908-305-8357, kim137@me.com
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

FISHBROOK POND HIKE AND CAMP SATURDAY THROUGH MONDAY

Sat, Nov 11, 2023, time TBD, Rating: A+
Anthony Szmul - 518-796-7921, aszmul@roadrunner.com
- I'd like to organize a camping trip in November when it's cooler and quieter. I was thinking we would meet at the Exit 18 park and ride by the EMS building at around noon on Saturday; that way we can hike 2.6 miles to one of the 2 lean-tos and set up camp. Bring a tent or shelter, if you'd prefer that over the lean-to, but depending on how many people go, I think both lean-tos can fit at least 6 people. On Sunday I thought we'd hike Sleeping Beauty Mountain, which is a little over 2 miles from the lean-to. Monday we can head out whenever! Those who wish to do a day hike on Saturday or Sunday are welcome to join, also. Those attending must have their own food and cooking equipment and some cold weather camping equipment, both for 2 nights.

HIKE TBD

Sat, Nov 25, 2023, time TBD, Rating: B
Kim Brown - 908-305-8357, kim137@me.com
- What's Up Saturday? Geared for those new to hiking/snowshoe and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.



Washburn Ridge Bushwack



Adirondack Ladder, photo Joe Babcock



Cycling @ The Battlefield

Trip Reviews

Southern Adirondacks/ LG Region Sat, Jun 10, 2023, Kim Brown

- Our hike was up Prospect Mountain via the Lake George Recreation Center - approximately 5.2 miles round trip with 1400 feet of elevation gain. We started out going down to the lean-to to cross the brook and up to the ski trails. We followed that for a bit until we left it for the foot bridge and unmarked but easy-to-follow trail up to Prospect. Everyone enjoyed the trail since we had the brook sounds for a good part of the hike. Once on top we had lunch, did some pictures, first aid kit comparisons for fun, map reading for identification of area ponds, and of course picked up some micro trash. We left when the darker clouds started to come in but made it back to the cars before the rain started! Seven participants in all: Braydon J, Cathy F, Laura F, Alan C, Anthony B, Adrienne Z and hike leader Kim Brown. A fun day on the trail.

Glens Falls Ice Cream Ride Sun, Jun 25, 2023, Andrew Meunier

- Forecasted rain led us to start this ride a few hours earlier than planned. We were glad we did, as the day dawned warm and humid (although the rain never materialized) and the sun was intense later in the morning. We enjoyed riding through some of the area's prettiest scenery and laboring up some fairly punchy hills. Since Sprinkles wasn't open when we finished, we rode to Stewart's instead for some post-ride frozen treats. With Susan Kohler, Joe Wagner, Bill Schwarz, Rashna Meunier, and Andrew Meunier.

Evening Ride Tue, Jul 11, 2023, Jen Ferriss

- This was the 3rd evening ride that I have hosted this year. Our pace has not been leisurely, nor an all out ride. We average between 12-13 mph. I make sure no one is left behind and wait at a few locations around the park without leaving as soon as the back of the pack catches up. These rides are a great way to be in a group without riding single file on a busy road. This trip around the park we had to worry about zooming bunnies. They were everywhere and could not make up their minds which way they wanted to exit the scene. Riders included Bill S., Sophia F., Beth P. and myself.

Bike Ride - Feeder Canal Trail and Empire State Trail Sat, Jul 15, 2023, Steve Mackey

- There has been a lot of rain around the past week, but our ride had nice weather. Since half our group had a commitment in the afternoon, we changed our

route a little and rode through Fort Edward and came back on Ft. Edward Road and did a loop. We ended up going by about four Stewart's, so we stopped at the one in Fort Edward and all had ice cream. We also stopped at the Underwood Park in Fort Edward. It is kind of a hidden gem, on the Hudson River just off Broadway. I think we did about 20 miles. We ended up having lunch at home after we got back. Nice bike trails, and then reasonable traffic when we were on roads. Participants: Mo and Jim Coutant, Steve and Licia Mackey.

Boreas Ponds Camp and Paddle (Sat-Sun) Sat, Jul 15, 2023, Jeff Mans

- Official trip cancelled due to forecasted rain and thunderstorms over the weekend, but an impromptu unofficial paddle was undertaken on Saturday morning during an unexpected opening in the weather. While I had taken a bicycle in the event that the upper parking lot was full and required a drop off and drive back to the Fly Creek parking area, to our surprise there was plenty of parking available, no doubt as a result of the forecast that had probably resulted in others canceling outdoor weekend plans. After a short carry we put in near the dam and explored all three of the Boreas Ponds with each unfolding magnificent panoramic views of the high peaks, Boreas Mountain, Cheney Cobble and Rist Mountains reflecting mirror images off the lake. Many loons and chicks to entertain us throughout the day. One of the finest spots around, but the overnight will have to wait until another time - rain and thunderstorms returned again later in the day. Participants: Jeff Mans and Doug Fish.

Montcalm Point Hike and Swim Sun, Jul 16, 2023, Neal Van Dorsten

- FUN WITH DICK AND JANE AND STEVE AND LICIA AND MO AND JIM AND NEAL So it was just the five of us. We were not going to cancel, we do not care about no stinking rain, or flooding of bridges being washed out, or trees across the trail! We got a guy with a portable saw and 16 batteries, we got granola bars and cherries and lots of beers. Well maybe no beers, but we got lots of stuff! We are not going to turn around, either, even if someone gets sick or snakebit. We have snake kits! We even saw a big snake, well, actually it was a small snake, and we could probably make someone better if we had to. We got phones that do not work and extra gear that we do not need. Nobody is going to stop us! I bet the other hikers would be impressed, if there there were other hikers. We even got a boat if

we make it to the end. And, we don't care about no 100 per cent humidity, we like to sweat, especially when we cross those raging brooks; and we swim with our boots on, too. We don't care about no stinking water, and we like mud, we like to wade in it up to our knees if we can! And bugs, we don't even feel them bitin' us; the're just little buggers anyway! And poison mushrooms, we eat 'em for lunch! WE DONT CARE IF IT'S HOT OR RAINY, OR FLOODED OR BUGGY, OR STEEP OR FLAT OR STORMY OR HARD OR EASY OR LONG OR SHORT, WE GO ANYWAY! HELL, NO ONE REALLY CARES EXCEPT US, AND WE DON'T CARE!

Southern Adirondacks/LG Region Sat, Aug 12, 2023, Kim Brown

- Our hike was at The Saddles in Whitehall, NY, where we went to a couple of The Overlooks. Most of our group had not hiked this before. After the steep car ride up the road to the trailhead, we started our hike. Most donned bug nets and bug net shirts, which made for a more enjoyable outing since mosquitoes were out in full force. Because this trail is relatively new, it is not eroded and mostly has cushy pine needles underfoot, always an enjoyable experience. Tall evergreens kept us shaded most of the hike. We took the Blue trail to the Red trail and up and down for the 2.3 miles up to the second lookout where you can see South Bay and the backside of the eastern Lake George peaks. Then we ate a quick lunch and headed over to the North View Spur where we could see the Ticonderoga /Whitehall bridge. PS: The road in from Route 4 is excellent since it was built recently, but do not take a lower bottom vehicle like a Prius since you will have trouble getting over the water bars. We were back down to the cars around 12:45 after we completed the 4.6 mile round trip with 1,400 feet of elevation gain. A short hike, quick workout, and a fun summer morning. Participants included hike leader Kim Brown, J. Maher, S. Anderson, A. Cohen, G. Stauble, E. Mijuta, M. Golebiewski, D. Colomb.

YOUR CHAPTER NEEDS YOU! IMMEDIATE OPENINGS FOR COMMITTEE VOLUNTEERS

Younger Members Group Chair: Strives to retain and increase active members who are in there 20s and 30s.

The committee schedules several outings each quarter that are geared towards younger adults, but are open to eve-ryone. Such outings may take on various challenges, such as the Fire Tower Challenge and the 46 High Peaks. **Time commitment:** Monthly ADK Chapter Meeting (meets virtually 10 times a year approx. 2 hours each meeting) or prepare a report. Hikes and socials (varies based on your capacity)

Membership Chair:

The Membership Chair works in conjunction with the ADK Headquarters Membership Department to encourage new memberships and promote the mission of the Adirondack Mountain Club in general.

Time commitment: Monthly ADK Chapter Meeting (meets virtually 10 times a year approx. 2 hours each meeting) Outreach opportunities (varies and based on Chair's capacity), Send membership report to Newsletter Chair bi-monthly (1 hours), send welcome letters, patch and other correspondence to new members (monthly, varies)

Newsletter Chair/Editor:

The Chair/Editor assembles and prepares information into the bi-monthly chapter newsletter, "Chepontuc Footnotes" using Microsoft Publisher. **Time commitment:** Monthly ADK Chapter Meeting (meets virtually 10 times a year approx. 2 hours each meeting) Compiles and formats the newsletter (approx. 8 hours per newsletter)

Education Chair: Coordinate Scholarships for Summer Camps- Volunteer needs to be available on the afternoon the NYS DEC opens on line enrollment for families. All other activities related to this can be accomplished on own time frame, schedule and time is minimal. Activities include: getting word out to prospective families through our newsletter, our social media coordinator that scholarships are available.

Please contact any member of the Executive Committee for more information.

Glens Falls – Saratoga Chapter ADK Annual Dinner 2023
Friday, October 20 @ Embassy Suites by Hilton
86 Congress Street
Saratoga Springs, NY 12866
6:00 pm Cash Bar, 7:00 pm Buffet-Style Dinner

- New England Clam Chowder
- Rolls and butter
- Salad
- Green Bean Almondine, Potato Gratin, Macaroni & Cheese
- Meatloaf, Baked Lemon Haddock, Crispy Honey Fried Chicken
- Warm Chocolate Cookie Sundaes
- Coffee, Tea, Soda and Bottled Water

Contact Anne Paolano for any dietary restrictions or questions:
annualdinner@adk-gfs.org or call 518-744-6359

Reservation Instructions

1. All reservations must be PREPAID and RECEIVED BY **Friday October 13th**—price is \$40/pp
2. Sorry, phone reservations cannot be accepted — use mail-in form below.
3. Please make checks payable to: GLENS FALLS-SARATOGA CHAPTER ADK
4. We accept Venmo @Steve-Mackey-19 (please note how many people are attending)
5. We do not mail confirmations back to you.



ANNUAL DINNER RESERVATION

Name(s) of Guest(s)

Primary Email

\$ _____
Total Amount (\$40/pp)

Please make checks payable to:
GLENS FALLS-SARATOGA CHAPTER ADK

Send to:
Steve Mackey, Chapter Treasurer
21 MacArthur Drive
Glens Falls, NY 12801



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

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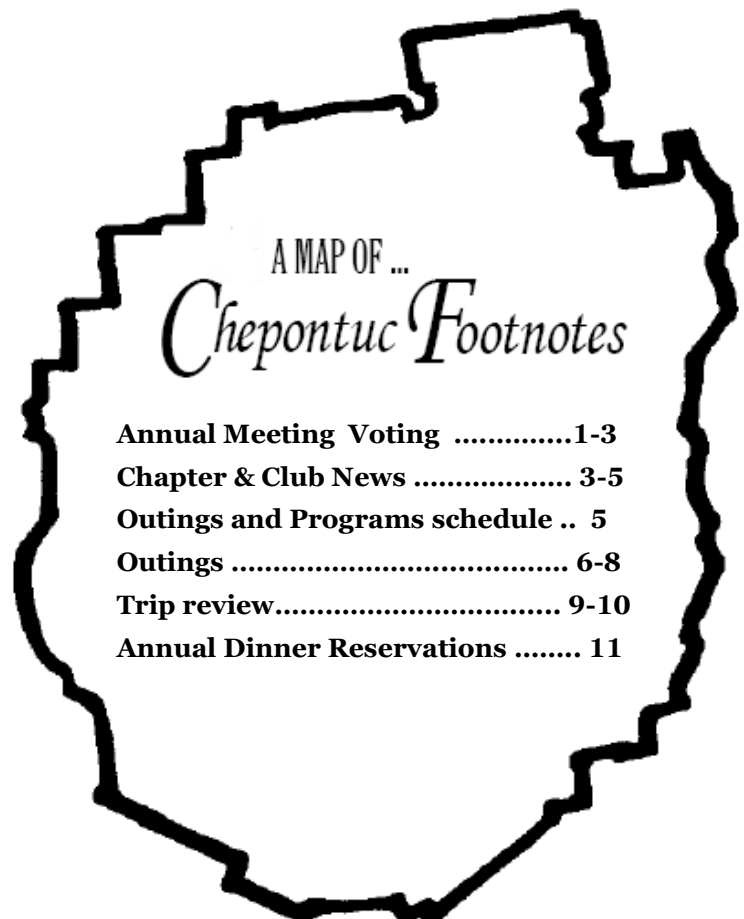
Website: ADK-GFS.ORG

Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



***Reminder: Please include your
e-mail address when renewing
membership!***