



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Jack Freeman (1937-2024)

CHEMIST, MOUNTAINEER, AUTHOR, AND SINGER

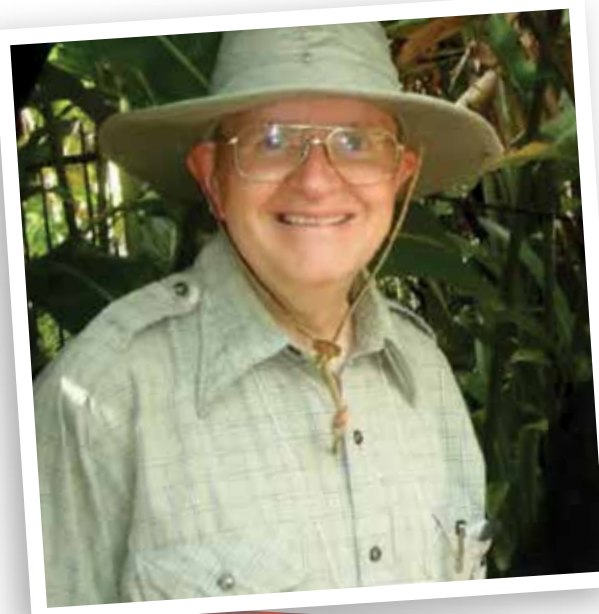
Many of us in our chapter know Jack from his work at ADK, primarily his involvement in the renaissance of fire towers on public land. The following will give you an idea of the rich fullness of his life.

At the age of seven, Jack was invited to sing in the Choir of Men and Boys at the Washington National Cathedral while attending the St. Albans School on the cathedral grounds. Later as a Boy Scout and achieving Eagle Scout he was introduced to caving, hiking, mountain climbing. Singing was always central to his life; baritone — music from liturgical to bluegrass.

Outdoor adventure found Jack everywhere he pursued academic achievement: Washington and Lee (BA) — hiking and backpacking the Blue Ridge Mountains, Masters in organic chemistry from the University of Washington — hiking in the Cascade and Olympic Mountains, PhD in chemistry at Ohio State University — exploring and mapping Kentucky caves.

As a research chemist at Eastman Kodak in Rochester, Jack was introduced to the Adirondacks. Not just a Winter 46er, he went on to become the 31st person to summit the high points of all 50 states in 1994.

It's been a pleasure and an honor to have known Jack and to have collaborated on fire tower projects with him. Jack's unique skill of bringing people together and getting things done led to the restoration of forest preserve fire towers starting with Blue Mountain, Azure, and Hadley. Fire towers captured the imagination of the hiking public. Once those first few fire



towers were rehabbed for public access due to Jack's effective advocacy, lobbying prevailed to save those slated for removal, friends groups brought love to the structures via work projects, and most importantly: The Adirondack Mountain Club Fire Tower Challenge. Jack was an original challenge project designer introducing thousands of hikers of all abilities to the wonder of a fire tower hike. Jack's 2001 book *Views From On High*, now in its second revised edition helps hikers prepare for and enjoy their fire tower hikes. It all started with Jack.

At the age of 70, Jack married Tillie, his long-ago high school prom date and classical oboist, and together they rounded up their 1950s Boy and Girl Scout friends into a group they called Ancient Scouts of North Atlanta. The

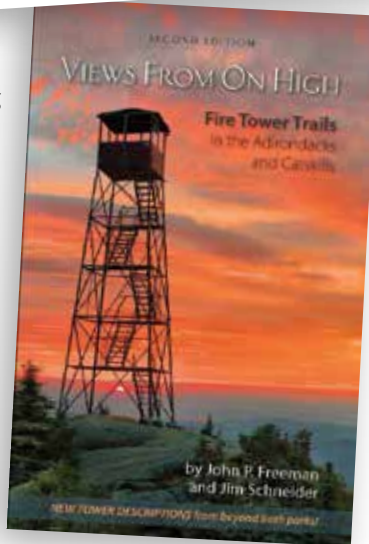
Ancient Scouts continued to meet annually, reinforcing old friendships and enjoying new adventures.

Jack died Saturday evening, March 9, 2024, in Ogdensburg, New York, while in the diligent and loving care of Tillie and the staff of the nonprofit St. Joseph's Home.

It is fascinating to read tributes to Jack from all the corners of his life. So many people have been touched by him in so many ways. It's an enduring pleasure to have known Jack and to have sampled Tillie's latest vegan creations from the kitchen while Jack and I worked on his book's second edition.

Here's to Jack and a life well lived.

— Jim Schneider



Consider becoming a trail steward

Now in our third year, your Glens Falls-Saratoga ADK Chapter's Buck Mountain-Pilot Knob Trailhead Steward Program is looking for volunteers.

Q: What's a Buck Mountain-Pilot Knob trailhead steward?

A: We can be found at the Buck Mountain-Pilot Knob trailhead parking lot on summer weekends engaging hikers in safety (10 hiking essentials for every backpack/every hike) and stewardship (Leave No Trace Principles) conversation.

Q: I've never done this before. Is there training?

A: Yes! There will be a virtual training event led by ADK's Stewardship team and our NYS Dept. of Environmental Conservation partners including the Region 5 Forest Ranger and Forester. New trailhead stewards will be partnered with experienced stewards.

Q: My time is limited. What's the schedule?

A: Scheduling is very steward-friendly. Any amount of time you can give us we greatly appreciate it. We are targeting July and August weekends from 8:30am to 12:30pm. Stewards can select any and all shifts that fit their schedules, even if it's just one or two shifts. If we get a strong enough volunteer response, we would like to add some June, September, and early-October dates as well. Anything you can give us is terrific.

Q: Okay, I'm interested. How can I get more information or sign up?

A: For more information, send us an email: trails@adk-gfs.org. To apply, go to: bit.ly/buckmt2024.

Research informs us that hiker education at trailheads and summits is the most impactful tool we have to protect backcountry resources and to grow a stewardship mindset among public land recreators. We hope you will consider joining us on this vital mission.



CAPTION

A BIG thank you to our volunteers!

I want to thank our new membership chair, Ray Rasa, and all of our chapter volunteers for helping out at our exhibit table for the March Saratoga Expo. It was a lot of fun, catching up with old friends and meeting new members.



While at the expo everyone was talking about the lack of snow and the early spring. Lo and behold, a week later we get the big one! Eight to 20+ inches! The snow will not last long and DEC has advised of an early mud season. So keep the lower-level mountains in mind as you plan your outings!

We are continuing the Buck Mountain Trailhead Steward Program now in its third season. Thank you to Jim Schneider and all the other volunteers for their worthwhile efforts last summer and for their continued efforts this year. If you are interested in working one or two days this summer please email us. See accompanying Q&A at left.

Exciting changes are coming to ADK. On March 20, the Club launched a new database program called iMIS. This will help streamline operations and better serve supporters like you. One of the most exciting features of iMIS is the ability for members to access and manage

their ADK profiles directly. You should have received an email notice and we invite you to check it out. For now, our GFS chapter website will remain as-is. Contact support@adk.org if you have any issues.

There are plenty of ways to volunteer and meet new people with similar interests through the Chapter so please feel free to attend one of the monthly Chapter meetings to learn more. The meetings are the first Wednesday of each month (except July and August) at 7pm and will be virtual meetings for most of this year.

— Kim Brown

Fire Tower Challenge 2.0

NOTES ON HOW THIS POPULAR CHALLENGE IS EVOLVING

As the Adirondack Mountain Club Fire Tower Challenge nears its 25-year anniversary, the ADK Glens Falls-Saratoga Chapter's Fire Tower Committee asked the question: *How can the challenge help public wildland*

recrators develop a stewardship mindset and support ADK's mission? We see opportunity in the increase in outdoor recreation evidenced by the popularity of our challenge. The more users of public lands, the more potential advocates for trail infrastructure and stewardship investment. We envision the ADK FTC to be a model for outdoor recreation challenges — more than a checklist — an opportunity to learn, share learning with others and to give back.

New for Adirondack Mountain Club Fire Tower Challenge 2.0:

- **Online completion registration.** We use ADK's new engagement management system, iMIS, as the challenge hub. For the first time, challenge completers are able to submit their completion documents online, including hiking narratives, stewardship evidence, photos, and registration payment.
- **Fire tower hiker online discussion forum moderated by ADK authorities and experts.** Challenge managers will be able to disseminate accurate and authoritative information, answer questions, and offer advice.
- **Public land stewardship (LNT) evidence included in challenge completion requirements.** How many of the 7 Leave No Trace Principles have you engaged in your adventures? How and in what ways? Tell us a story. Send us a photo. Take the free 45-minute Leave No Trace 101 Course at lnt.org.
- **ADK Fire Tower Challenge Hiker Pledge.** "I pledge to: Protect the environment. Recognize the importance of fire towers. Prioritize the safety of myself and others. Promote respon-



sible recreation and stewardship". By taking this pledge at any point in your ADK Fire Tower Challenge journey you affirm your commitment to the principles of responsible outdoor recreation, fire tower

stewardship, and the protection of the Forest Preserve.

- **New completion certificate suitable for framing.** Proudly show this off to your friends and family.
- **Completion registration fee (\$15) supports fire tower stewardship projects.** Your registration fee supports not only the ADK Fire Tower Challenge, but fire tower stewardship projects in our Forest Preserves.
- **Opportunity to contribute money to fire tower stewardship projects.** Since the challenge began, we have met so many passionate, enthusiastic supporters of the challenge and fire towers themselves who desire to express appreciation for our work and do so with generous donations.
- **Opportunity to contribute to the Adirondack Mountain Club.** Donations help support the Adirondack Mountain Club mission.
- **Opportunity to volunteer for fire tower stewarding, maintenance, and repair projects.** Join a fire tower project sponsored by ADK or our partners at the New York Chapter of the Forest Fire Lookout Association. Volunteerism keeps fire towers publicly accessible. Fire tower projects always need workers. Put your love of fire towers into action. All are welcome.

Do you have a fire tower story you would like to share? The Adirondack Mountain Club's oral history project, ADK Voices (adkvoices.org), is preserving stories from the past and collecting stories from the present for the future. We want to hear your fire tower hiking stories. Learn more by going to: bit.ly/adkfiretowerchallenge

ADK Saratoga-Glens Falls Chapter Committee Officers and Chairs

EXECUTIVE COMMITTEE OFFICERS

Chapter Chair	Kim Brown 908-304-8357 chapterchair@adk-gfs.org
First Vice Chair	Laura Fiske vicechair@adk-gfs.org
2nd Vice Chair	Jess Krause vicechair@adk-gfs.org
Secretary	John Caffry 518-798-0624 secretary@adk-gfs.org
Treasurer	Steve Mackey 518-793-6484 treasurer@adk-gfs.org
Past Chapter Chair	Brian Coville 518-350-4117 pastchair@adk-gfs.org
Trustee	Maureen Coutant
Alternate Trustee:	Vacant
Members at Large	Thomas Khairallah Jeff Mans Kathi Noble

COMMITTEE CHAIRS

Conservation	Aimee Viens Rutledge 401-529-5034 conservation@adk-gfs.org
Co-Chair	Paul Dietershagen
Education	Vacant 908-305-8357 education@adk-gfs.org
Hospitality	Gretchen Steen 518-638-6139 hospitality@adk-gfs.org
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Young Members	Vacant ymsg@adk-gfs.org
Fire Tower	Tim Noble 518-668-3046 firetower@adk-gfs.org
Annual Dinner	Anne Paolano 518-798-3055 annualdinner@adk-gfs.org
Publicity	Stephanie Graudons publicity@adk-gfs.org
Banff Film Festival	Mo Coutant banff@adk-gfs.org
Get social	Instagram: @adkgfllsaratoga Facebook: facebook.com/adkgfs or facebook.com/SaratogaYMG
Learn more:	adk-gfs.org



ADK FIRE TOWER CHALLENGE

Congratulations to the following hikers who have recently completed the Fire Tower Challenge:

- Francois Lamolet, Quebec
- Amy Miller, Rome
- Allan Hoeft, Queensbury
- Vicki Hillis, Glenville
- Bob Hillis, Glenville
- Gaetan Desjardius, Quebec
- James Pedley, Monmouth Junction, NJ
- Elizabeth Grove, East Greenbush
- Steven Vautrin, Cohoes
- Kasie Burrello, Mechanicville
- Patrick LaRouche, Quebec

Congratulations to the following hikers who have completed the Winter Fire Tower Challenge:

- Scott Weber, Getzville
- Andrew Converse, Dryden
- Todd France, Utica
- Katryn Williams, Ballston Lake
- Gregg Marsh, Liverpool

PROGRAM

“Nature’s Spirit, Artist’s Hand”: A Bio-Regional-Visual Perspective

7PM, WEDNESDAY, MAY 15, SARATOGA SPRINGS PUBLIC LIBRARY

Join us for a fascinating PowerPoint presentation describing the topics of Bioregionalism and Environmental Connectedness Theory. Tom will add to his presentation with environmental quotations and by bringing his traditional handcrafted items many of which are in exhibits and headed to permanent collections.

Bioregionalism is a philosophy that suggests political, cultural and economic systems are more sustainable if they are organized around naturally defined areas. These are large, geographically distinct areas of land with common charac-



teristics such as geology, soils, landform patterns, watersheds, regional climatic features, and native animal and plant species. Living within the limits and gifts provided by a place, creating a way of life that can be passed on to future generations, increasing autonomy and independence within communities will strengthen sustainability.

The Theory of Environmental Connectedness suggests that if humans feel a part of nature and are more connected to the natural world, they will feel a responsibility to care for nature and protect it.

ABOUT THOMAS MOWATT

Professor Thomas Mowatt is retired from teaching science at SUNY ADK and has dedicated his life’s journey to connecting people and nature through education.

He has worked as a forest fire investigator, K9 dog handler, grant writer,

environmental educator and Adirondack Guide to name just a few. He has a special interest in historic preservation and is currently restoring a 1910 log cabin in Clemons, NY.

He is a frequent speaker in our area on many scientific topics.

OUTINGS & PROGRAM CALENDAR

Date	Day	Type	Destination	Leader(s)	Rating
MAY 2024					
1	Wed	Meeting	Executive Committee	Kim Brown	NR
11	Sat	Hike	Lost Pond 5 Beaver Dam Hike	Rich Crammond	C+
11	Sat	Hike	What’s Up Saturday? Southern Adirondacks	Kim Brown	B
15	Wed	Program	“Nature’s Spirit, Artist’s Hand: Bio-Regional-Visual Perspective. Presented by Thomas Mowatt	Anne Paolano	NR
15	Wed	Walk/Hike	Workout Wednesday	Chandra Geremick	C
18	Sat	Bushwack	Texas Ridge Peak in the Hoffman Notch Wilderness	Jeff Mans	A+
25	Sat	Bike	Schroon River Ride	Andrew Meunier	B-
JUNE 2024					
5	Wed	Meeting	Executive Committee	Kim Brown	NR
11	Tue	Paddle	Spier Falls	Steve Mackey	C
12	Wed	Walk/Hike	Workout Wednesday+ Evening Paddle	Chandra Geremick	C
18	Tue	Bike	Evening Cycle	Jen Ferriss	B-
JULY 2024					
16	Tue	Bike	Evening Ride	Jen Ferriss	B-
17	Wed	Walk/Hike	Workout Wednesday + Paddle	Chandra Geremick	C
24	Wed	Bike	Fort Edward/Schuylerville loop	Steve Mackey	C

LOST POND 5 BEAVER DAM Hike

Saturday, May 11, 2024, 9am, Rating: C+
Rich Crammond: 518-584-2380

Just a nice spot where we can count 5 dams in all from the snowmobile bridge. A neat little Adirondack bog to view, also. Marked trail with a little elevation change; dress for cool spring weather and rain. Bring head nets, too, if the black flies are out. Eeks! Meet at Stony Pond trailhead off Route 28N, Minerva area. Approximately 2 miles round trip hike. See you there, hiking buds. Happy Spring!

WHAT'S UP SATURDAY?

SOUTHERN ADIRONDACKS Hike

Saturday, May 11, 2024, time TBD, Rating: B
Kim Brown: 908-305-8357, kim137@me.com

Geared for those new to hiking/snowshoeing and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/Southern Adirondack region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet the Monday or Tuesday of that week.

"NATURE'S SPIRIT, ARTIST'S HAND: BIO-REGIONAL-VISUAL PERSPECTIVE PRESENTED BY THOMAS MOWATT

Program

Wednesday, May 15, 2024, 7pm

Anne Paolano: 518-744-6359,

annepaolano@yahoo.com

Please see writeup on previous page.

WORKOUT WEDNESDAY Walk/Hike

Wednesday, May 15, 2024, 5pm, Rating: C

Chandra Geremick: cgeremick@gmail.com

Please email me by 5/13/24 if you would like to join this trip. We will discuss location and gear needed in the email.

TEXAS RIDGE PEAK IN THE HOFFMAN NOTCH WILDERNESS Bushwhack

Saturday, May 18, 2024, 7:30am, Rating: A+
Jeff Mans: 518-265-4135,

adkhighlander@aol.com

A challenging bushwhack in the Hoffman Notch Wilderness will start from the southern end of the Hoffman Notch trail in Loch Muller and then jump off trail as we approach to the southern toe of the Texas Ridge. Open woods will soon be met by dense spruce as we climb our way towards the summit. Not much of a view expected but what fun we'll have exploring the fabled Texas Ridge and Notch. We'll return by dropping west to the Hoffman Notch trail and back out. Approximately 9 miles with 2100 feet of elevation gain. Meet at 7:30 am at the DEC parking lot for the southern entrance of the Hoffman Notch Trail at the very end of Loch Muller Road in Schroon.

All are welcome!

UPCOMING EXECUTIVE COMMITTEE MEETINGS

- Wednesday, May 1, 2024, 7pm
- Wednesday, June 5, 2024, 7pm
Kim Brown: 908-305-8357,
kim137@me.com

These meeting will be virtual, via Zoom. All chapter members are welcome. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend. The Zoom link will also be provided to the Executive Committee in the meeting agenda.

SCHROON RIVER RIDE Bike

Saturday, May 25, 2024, 8am, Rating: B-
Andrew Meunier: 518-376-2470,
andrew.m.meunier@gmail.com

This 21-mile ride will start in Veteran's Park in Warrensburg. We'll spend almost all of the ride pedaling alongside the beautiful Schroon River. The entire ride is on paved surfaces and there are some minor climbs sprinkled throughout (885 feet of total elevation gain). All bike types are welcome- including e-bikes! To allow for a more cohesive and safe group, riders will need to be able to maintain a minimum 12-15 mph pace over rolling terrain. A well-maintained bike and helmet are required.

SPIER FALLS Paddle

Tuesday, June 11, 2024, 5:30pm, Rating: C
Steve Mackey: 518-338-8173,
smackey33@verizon.net

When Mo used to do her Tuesday trips, we used to schedule this trip all the time. We will meet at the parking area at the bottom of the hill, on Spier Falls Road. If you're not familiar with it, I can email you a map. It's a pristine part of the Hudson, with some interesting bays. Since it's dinner time, you are welcome to bring some food, and we will take a break on one of the big rocks, and have a little picnic. This is all flat water, so there is nothing tricky. Any kind of canoe or kayak is perfect.

WORKOUT WEDNESDAY + EVENING PADDLE Walk/Hike

Wednesday, June 12, 2024, 5pm, Rating: C
Chandra Geremick: cgeremick@gmail.com

This will be the first Workout Wednesday to offer a kayak paddle. We will walk for an hour. Those who have kayaks can do a lovely paddle at sunset after our walk. If you do not have a kayak, there may be the option to rent. Email me early if you need to rent. Location and all gear to be discussed in the email. Please send me your email by 6/10/24.

EVENING CYCLE Bike

Tuesday, June 18, 2024, 5:30pm, Rating: B-
Jen Ferriss: ferrissj@gmail.com

Join me for an evening ride somewhere in Saratoga County or southern Warren County. Riders should be able to maintain a 12-15 mph pace and expect some elevation. Email for more information.

EVENING RIDE Bike

Tuesday, July 16, 2024, 5:30pm, Rating: B-
Jen Ferriss: ferrissj@gmail.com

Join me for an evening ride somewhere in Saratoga County or southern Warren County. Riders should be able to maintain a 12-15 mph pace and expect some elevation. Email for more information.

WORKOUT WEDNESDAY + PADDLE Walk/Hike

Wednesday, July 17, 2024, 5pm, Rating: C
Chandra Geremick: cgeremick@gmail.com

We will walk for an hour. Those who have kayaks can do a lovely paddle at sunset after our walk. If you do not have a kayak, there may be the option to rent. Email me early if you need to rent. Location and all gear to be discussed in the email. Please send me your email by 7/15/24.

FORT EDWARD/SCHUYLerville LOOP Bike

Wed., July 24, 2024, 1:30pm, Rating: C
Steve Mackey: 518-338-8173,
smackey33@verizon.net

This is basically following the Hudson River south on the east bank, and then crossing the river before Schuylerville, and biking north on the west bank. In general there isn't much traffic, though we will be on Route 4 for a while, but it has a really nice wide shoulder. It also is part of the new Empire State (bicycle) Trail. We will meet at the Rogers Island visitor center. There is lots of good parking there. The total distance is about 25 miles. There are a few hills, but nothing too bad. We won't actually go into Schuylerville, though we will be close. We'll probably stop at Stewarts in Fort Edward at the end of the ride if you want an ice cream.



VIEW FROM CASCADE MOUNTAIN. PHOTO BY JEFF MANS.

Winterfest Lake Lauderdale

Saturday, Feb. 3, 2024, Chandra Geremick

Well there wasn't much snow, but we had fun on the scavenger hunt. There was a drone demonstration of the different ways drones can be used, which was interesting, especially if there was a lost hiker. The warming hut was crammed full of folks enjoying hot cocoa and goodies. Part 2 included one steep 5.1-mile trek up Peaked Rock in the Batten Kill State Forest. This has been an interesting year, weather wise. We changed gear several times (a t-shirt in February!) to accommodate the work uphill, then getting hit with the windchill once we arrived at the top. It was a great way to round off the day.

Participants: Chandra G, Doug F, Jonathan H.

What's Up Saturday? Southern Adirondacks

Saturday, Feb. 10, 2024, Kim Brown

The plan was to hike or snowshoe two of the three peaks in the Northern Tongue Range (Brown and Huckleberry). The forecast was partly cloudy and a bit of rain for late afternoon, with light wind, and temperatures warm for February in the low 40s and getting close to 50 degrees by afternoon. We parked at the Deer Leap trailhead and made the call that microspikes would be enough (based on snow levels on other area peaks such as Cat, etc.) There was snow on trail, but it had been packed down by prior snowshoers and on most of the hike all was fine with no postholing. We made our way up Brown, took pictures, and continued on to the lean-to 1/4 mile before Huckleberry. Just before the ascent to the lean-to, the snow deepened and the temperatures had warmed up so much that there was lots of postholing and slippery-slide with mushy snow. The cloudy skies turned dark with threatening clouds, and of course the rain started early! We finished our quick snacks, made the decision not to continue on to Huckleberry because of the weather and lack of snowshoes. We still got a decent workout with about 6 miles and approximately 1,370 of the 1,500 feet of expected elevation gain under our belts. Lessons learned on carrying snowshoes, even though not required, and always bring our rain jackets! After all, we live in the unpredictable Adirondacks.

Participants: Kim Brown, Debbie V, Gabi M, Anthony B, Anne and Jim W, Matt G, Joyce R.

Phelps Leap Year

Thursday, Feb. 29, 2024, Jeff Mans

Leap Day bypassed all takers, but rather than wait another four years, I just waited a few days for some nice weather and scampered up Cascade for a short and sweet solo trip to an open summit to enjoy the waning days of the shortest winter season in memory and take some interesting photos from all around the summit area. I enjoyed a few conversations along the way with no one to prod me along and not a care in the world.

What's Up Saturday? Southern Adirondacks

Saturday, March 2, 2024, Kim Brown

This week was originally going to be Fifth Peak lean-to, but I rescheduled that due to weather. Instead we did a lower elevation and shorter hike. We did Prospect Mountain from the Lake George Recreation Center. The weather was cloudy and misty all day with temperatures in the high 30s. We needed spikes on about half of the trail.

Participants: Kim Brown, Paula T, and Rosanne E. Thanks all for getting me out!

Lake George 12ster Series: Black Mountain

Sunday, March 3, 2024, Chandra Geremick

What a great hike! We lucked out with a 50+ degree day. It was cloudy, but so warm. Several of us met at 10am at the Warren County Municipal Center and carpooled to the Black Mountain trailhead. A few opted to meet there. We met at 11am and had a nice mix of seasoned winter hikers and those new to winter hiking. All were generous and shared extra gear for safety! That is the benefit of the mix we had. The trail was pretty wet and icy all the way up. A few of us poked our feet through the ice as it was thinning. On the way down, it was a bit more slippery with the warm weather further melting the ice. We were fortunate to enjoy a beautiful, injury-free day. We had a great conversation at the top and really enjoyed swapping stories and meeting new people. All had a great time and are excited for the rest of the 12ster series.

Participants: Chandra G., Helena N., Joe B., Laura F., Greg C., Prachi O., Donna B., Hassan C., Steven S.



GROUP PHOTO ON BROWN MOUNTAIN. PHOTO BY KIM BROWN.

What's Up Saturday? Southern Adirondacks

Saturday, March 9, 2024, Kim Brown

The hike was to Fifth Peak lean-to with weather expected to be cloudy all day and rain coming in about 5-6pm. We expected a gray day, but instead we got a bright cloudy day with a few spots of blue popping in now and again. Temperatures were in the high 30s. I had done this trail about 10 days prior and definitely needed spikes most of the way with thick ice covering the trail and snow on the terrain for about the top half of the mountain. On this day, we carried the spikes, expecting to put them on, but there was absolutely no ice on the trail and no snow on the mountain. The only ice was on the stone ledges. Everyone enjoyed the dry, mild weather and we did smaller tree limb clearing along the trail. This was not listed as a "waterfall hike" but we enjoyed the streams and multiple waterfalls along the way. We stopped at the lean-to for lunch and that's when the clouds came in with rain starting just as we got back to the cars. Everyone had a great day and we especially enjoyed the company of Duchess, our 4-legged companion.

Participants: Kim Brown, Scott A, Kaia A and pup Duchess, Alan C, Linda F, Rosanne E, Gabi M, and Laura F.

Lake George 12ster Series: Sleeping Beauty

Sunday, March 10, 2024, Chandra Geremick

We had a date change to avoid the weather conditions, which unfortunately lost a good portion of our group. We three met at the Warren County Municipal Center. The fourth participant could not get to the trailhead, since the road was so muddy and rutted. At 11am we hit the trail. It was an all-season hike, beginning with warm sunshine. We reached the top so quickly that we decided to get Erebus, also. It began to rain very lightly and turned cold, so it changed to sleet. There were some muddy spots, but it was surprisingly dry. The trail up Erebus was fine until we hit the last climb. There was a tricky spot with ice and nothing to hold on to. I underestimated how steep and skinny the trail was. We very carefully climbed up. When we reached the top the rain began a bit more. We were prepared with gear and spikes and headed back. Not sure how, but the road back to the car doubled, lol. The snow started, and it was very pretty covering the trees and road. It was a unique March to get two of the winter 12sters. We hiked 11.65 miles with 2,362 feet in elevation gain in 5 hours. Jesse C. earned his patch as Erebus was his last left.

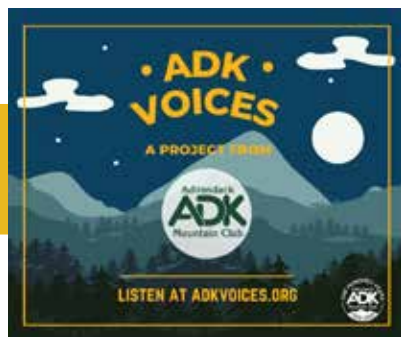
Participants: Chandra G., Jesse C., Mike S.

Wright Peak Ides of March

Friday, March 15, 2024, Jeff Mans

The Ides of March brought a mix of cold rain and snow not fit for a day in the mountains climbing Wright Peak and honoring our fallen angels, so the trip was reluctantly cancelled. *"Their remembrance be as lasting as the land they honored."* — Daniel Webster

Hear a story,
tell a story at
ADKVOICES.ORG





Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

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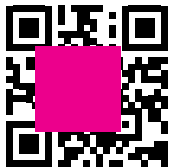
Are you moving?

If so, please call Headquarters at 518-668-4447 to provide your new address. They'll make sure you don't miss a single issue of *Chepontuc Footnotes*!

Renewing your membership?

Please include your email address when renewing!

Website: **ADK-GFS.ORG**



Hear a story, tell a story:
ADKVOICES.ORG



A MAP OF ...

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