**Annual Dinner set for Oct. 12**

**Event will feature the music of Dan Berggren**

Mark your calendars! Please join your fellow ADKers on **Friday, October 12**, for our annual Chapter Dinner. We’re back at our new digs — the **Queensbury Hotel in Glens Falls** — with plenty of room, great food and friendly hometown service.

Once again we have a fantastic program. We are honored to welcome one of the all-time greats of Adirondack music: Musician and Glens Falls-Saratoga ADKer **Dan Berggren**. With his warm, multi-faceted vocals, great guitar work and grand original songs, Dan is recognized as one of today’s finest real-deal folk music artists.

**Dan Berggren’s** roots are firmly in the Adirondack Mountains of northern New York where he was raised but his music has branched out across many borders. The award-winning educator and musician has entertained audiences in concert halls, coffee houses, libraries, schools and museums from Kentucky to Michigan, Belgium to Bulgaria, and Zimbabwe to Transylvania.

Dan is a long-time member of the Adirondack Mountain Club, a recipient of its Education Award, and Artist-in-Residence for the Association for the Protection of the Adirondacks. **Please visit Dan on the web at: www.berggrenfolk.com**

**Watch for the Annual Dinner invitation on the cover of the next newsletter and reserve your place early!** New members — don’t miss this chance to meet and socialize with your fellow ADKers who “clean up real good.” Until then, Happy Trails!

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**Hike & Learn Series offers students great opportunities**

<table>
<thead>
<tr>
<th>Hike &amp; Learn Series: Survivor: Adirondacks I</th>
<th>Hike &amp; Learn Series: Gadgets &amp; Gizmos: Beginning Geocaching</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong> Thomas Mountain (Lake George Conservancy Preserve)</td>
<td><strong>Location:</strong> Moreau State Park</td>
</tr>
<tr>
<td><strong>Limit:</strong> 12 student participants (aged 9-13)</td>
<td><strong>Date:</strong> August 4, 2007</td>
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<tr>
<td>1 parent/grandparent /guardian per family</td>
<td><strong>Limit:</strong> 12 student participants (aged 9-13 with/parent and/or guardian)</td>
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<tr>
<td><strong>Date:</strong> July 21, 2007</td>
<td><strong>Time:</strong> 9:00 a.m. Moreau State Park</td>
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<tr>
<td><strong>Leaders:</strong> B. Buckley, N. Buckley, L. Ranado</td>
<td><strong>Leader:</strong> Adam Sears</td>
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<td><strong>Description:</strong> This summer the Education Committee is continuing its “Hike &amp; Learn” series. Part I of our series is geared towards the 9-13 age group. As they hike up Thomas Mountain (2 miles off Exit 24 of the Northway), they will learn about some basic, but essential, items to take on every hike to keep them safe, especially in case of an emergency. All participants should have a backpack, lunch, plenty of water, and footwear with good tread (no sandals please!). Parents/guardians are expected to participate as well, and, while hiking with a separate group leader, will discuss and share in the experience of what their children are learning. We will meet at the Hadley trailhead parking lot at 8:30 a.m... If needed, directions will be given when you make your reservation. Please sign up by Thursday, July 19. <strong>Contact:</strong> Linda Ranado (lrana <a href="mailto:do@hotmail.com">do@hotmail.com</a> or 696-7265)</td>
<td></td>
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<table>
<thead>
<tr>
<th>Hike &amp; Learn Series: Gadgets &amp; Gizmos: Beginning Map &amp; Compass</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong> Dacey Clearing and Bumps Pond area</td>
</tr>
<tr>
<td><strong>Date:</strong> August 11</td>
</tr>
<tr>
<td><strong>Leader:</strong> Barb Bave</td>
</tr>
<tr>
<td><strong>Contact:</strong> Linda Ranado 696-7265</td>
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</tbody>
</table>
Summer: Time to hit the trails

BY JIM SCHNEIDER

At this writing our chapter plans for the summer are all set. We have all of our sponsored kids ready for the New York State Department of Environmental Conservation environmental camps. We are also sending several kids off to the Adirondack Mountain Club’s teen trails projects. Our chapter trail crew has cleared the Long Lake to Shattuck Clearing section of the Northville-Placid Trail as well as the Tongue Mountain trails in the Lake George Wild Forest.

We have another summer of varied and interesting outings put together for you by Patti Schwankert and her outings leaders. We have hikes of all ratings and many destinations as well as some great paddle trips.

Find a trip that interests you and call the leader. Our leaders really want you to call them and they want you to join their trips. Our volunteer leaders do this for you; give an outings leader a call and join their outing.

If you happen to be in the Pharaoh Wilderness Area this summer, please keep your eyes open for any damage or vandalism to signs or lean-tos. This popular and heavily used area is our chapter’s adopted wilderness area and unfortunately it has suffered senseless destruction along with illegal ATV incursions. We are attempting to document such actions as we appeal for increased ranger presence. Do not under any circumstances compromise your safety by confronting individuals engaged in illegal activity. Report any of the above circumstances to Jim Schneider 518-581-9367. If you are witness to any serious violations, immediately call New York Department of Environmental Conservation Region 5: 518-897-1200 or 800-847-7332.

Finally, be certain that you check with your outing leader on the trip’s meeting place. With the closing of Bruegger’s Bagel Bakery in Queensbury, meeting places have changed.

Before an outing, be certain that you check with your outing leader on the trip’s meeting place.

With the closing of Bruegger’s Bagel Bakery in Queensbury, meeting places have changed.

CHAPTER CHAIR

Report

EXECUTIVE COMMITTEE

Officers:
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Third Vice Chair Jean Holcomb
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Phone: 747-0700 • E-mail: ddroadwarrior@adelphia.net

Young Members Group Jonathan Lane
15 Adirondack Circle Apt D, Gansevoort, NY 12831
Phone: 744-4594 • E-mail: saratogahiker@infogorp.com
As summer approaches, the Education Committee is pleased to finalize our DEC camp and Teen Trails sponsorships, sending Rachel Morris to Camp Colby, Jonathan Murray to Pack Forest and Jessy Holcomb, Ralph Farrell and Sarah Larsen off to learn about trail maintenance while working on designated projects with the Adirondack Mountain Club’s Teen Trails Program.

We are equally pleased to announce a continuation of the Hike & Learn series which will repeat last year’s “Survivor: Adirondacks I” and “Gadgets & Gizmos: Map & Compass” Outings as well as the addition of “Gadgets & Gizmos: Beginning Geocaching.” Hope to see you there.

As part of our outreach program, we held a workshop for the faculty of the Greater Amsterdam School District as part of a wellness conference this past fall, and, by this printing, will have participated in the Annual Third Grade Adirondack Environment Day at Queensbury Elementary School. If your class or organization is interested in our services, please feel free to contact us. (lranado@hotmail.com or Linda at 696-7265)

Chapter rents bear-proof food storage containers

Have everything packed and ready before you leave home!

**Backpackers’ Cache**
8.8” dia. X 12” long, weight 2.7 lbs.

Designed to slip into your backpack.

These bear-proof canisters are required in the Eastern High Peaks Zone and are important to use on any backcountry overnight adventure to any backpacking or canoe camping destination.

**Rental Rates:**
1-3 days $5.00
4-7 days $10.00

Call Jim Schneider 518-581-9367 to reserve your canister rental. Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

New members

**GF-S CHAPTER**

New members to the GF-S Chapter:

MARCH
- Heidi, Brian, Meredith, Paige and Evan Cavret, Clifton Park
- Matthew and Ariel Epstein-Dickson, Victory Mills
- Ken Fiebke, Fort Ann
- Joseph, Rosalia and Kerienne Fitzgerald, Glens Falls
- Jackie Jackson, Greenfield
- Jay, Lisa and Brandon Kapoor, Saratoga Springs
- Timothy Kemp, Greenfield
- Bruce and Evan Madlack and Suzanne Lynch, Saratoga Springs
- Jim, Shelby and Derek Osborn, Ballston Spa
- Adin, Melissa and Alexis Potter, South Glens Falls
- Michael Roberts, Ballston Lake
- R.L., R.D. Bowen-Smith and Z.D. Smith, Gansevoort
- Marcia Stout-Roce, Kattskill Bay

APRIL
- John and Sue Mangan, Little Meadows, Pennsylvania
- Lynne and Robert Bramski, Waterford
- Ben Brooke and Rebecca Stoner-LaFountain, Lake George
- Francis Carney, Clifton Park
- James Carpenter, Corinth
- Rosanne Day, Schuyerville
- Robert and Regina Epp, Waterford
- Bob Faulkner, Clifton Park
- George Golden, Clifton Park
- Herm Greenfield, Saratoga Springs
- Steven, Lauren, Ryan and Jenna Komp, Clifton Park
- Mary Lefebvre, Waterford
- Joseph Lemnah, Saratoga Springs
- Michael and Christine Levy, Saratoga Springs
- Bob Marcellus, Queensbury
- Bethany Milazzo, Queensbury
- Melissa Murphy, Saratoga Springs
- Sharon and Francis Neeley and Liam and Connor Ferris, Saratoga Springs
- Stephen Obermayer, Ballston Spa
- Fran, John, Mary Clar, Joshua and Natalie Pikus, Saratoga Springs
- Don Potter, Stillwater
- Joan Reid and Michael Potter, Queensbury
- Grant Rineheimer, Amsterdam
- JoAnn, Greg, Jordan and Justin Stevens, Gansevoort
Chapter Winter Weekend at Heart Lake

The Chapter’s 2008 Winter Weekend at the Wiezel Trails Cabin at Heart Lake will be held during the Martin Luther King Weekend from Friday, January 18 to Monday, January 21, 2008.

From the Cabin we will be able to cross-country ski and snowshoe into many areas of the High Peaks. This is a good opportunity to for those of you who may be working toward your Winter 46. Algonquin, Iroquois, Wright, Phelps, Tabletop, Marcy and many more High Peaks await the snowshoe. A ski or snowshoe trip into Avalanche Lake and Lake Colden could also beckon. Indian Pass would be a nice trip. Perhaps sunrise or sunset from Mount Jo might be all you want to do. The Loj property also has excellent ski trails. We never rule out possible shopping in Lake Placid.

Breakfast and dinners are included in the price. The Wiezel Trails cabin, with electricity, a kitchen, and showers, sleeps 16 persons in four-person bunk rooms.

The rate for the weekend should be no more than $100 per person, if all 16 spaces are filled.

If we do not get an appropriate number of attendees, we will need to cancel our reservation at least 60 days (October 18) before our arrival date. Do not wait until the last minute to make your reservations.

To reserve your spot, send your deposit of $100 per person as soon as possible to John Schneider, 6 Nonchalant Drive, Saratoga Springs, NY 12866. Call 518-584-8527 for more details. Reservations are on a waiting list. More details. Reservations are on a waiting list. Nonchalant Drive, Saratoga Springs, NY 12866. Call 518-584-8527 for more details. Reservations are on a waiting list.

Linda Ranado:
A number of years ago I decided it was payback time. I had long reaped the benefits of the Adirondack Mountain Club’s guidebooks, trail maintenance and environmental advocacy and protective actions and it was time to give back. Thus, I joined the Glens Falls-Saratoga Chapter of ADK, began to participate in its outings and became a member of the Education Committee, of which I presently chair ... an appropriate position, I suppose, for a, now-retired, 32-year veteran teacher of secondary English.

My love of hiking was re-energized at Amsterdam High School when some of my colleagues and I formed the “Hikettes,” beginning with short after-school hikes and leading to, with the encouragement of our fellow colleague, 46’er historian Tony Solomon, six of us being introduced to the High Peaks. Interspersed with a multitude of hikes throughout the Adirondacks and Catskills, three of us — Barb Bilins, Nancy Buckley and myself — completed the 46 in July of 2005. It was this camaraderie that arose from our mutual love of being out on the trail that led to our decision to tramp about New Zealand for more than six weeks upon my retirement. (Barb and Nancy did Australia upon their retirement a few years prior which was added incentive.)

Our time in New Zealand was amazing! South Island highlights began with excursions on and off the Banks and Otago Peninsulas observing dolphins, seals, albatross and penguins. Ensuing travels found us tramping through the 33 ½ miles of rainforest and alpine of the Milford Track. Highlights of the North Island found us walking through Kauri forests, sailing in the Bay of Islands, and side-tripping to the sparsely populated Great Barrier Island and its natural hot springs, extensive beaches, and forests. All culminated to a return to the mainland and a trek through the volcanic/desert regions of the Tongariro Northern Circuit with side trips into the depths of the Red Crater and over to Mt. Ruapehu and its Crater Lake whose lahar break had cut off traffic a mere three days before.

The land, the people, the flowers, the birds ... all made for a most memorable “kiwi” experience.

Exploring New Zealand on foot and by kayak

Our first program of the new season will be at 7 p.m., September 20 at the Saratoga Springs Public Library Community Room. We are privileged to have our chapter’s Education Chair, Linda Ranado share her fantastic six-week trek through New Zealand.

Program

‘NEW ZEALAND: ON FOOT AND BY KAYAK’
WHEN: 7 P.M. SEPTEMBER 20
WHAT: TALK WITH LINDA RANADO
WHERE: SARATOGA SPRINGS PUBLIC LIBRARY COMMUNITY ROOM

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New Outings Meeting Location

Unless otherwise noted, effective immediately the meeting location for Chapter Outings is as follows. (The former location, Brueggers has closed.)

PANERA BREAD
Northway Plaza, 820 Route 9,
Queensbury NY 761-6957/3
Hours: Mon-Thurs: 6:30 a.m.-9:00 p.m.; Fri-Sat 6:30 a.m.-10:00 p.m.; Sun: 7:30 a.m.-8:00 p.m.

* From NORTHWAY (I-87)
Take Exit 19 and go east on AVIATION/QUAKER ROAD, follow .5 miles to ROUTE 9/GLEN ST.
Turn North (left) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.
DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS are on inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION are found in the “Outings” section. Changes or additions made after publication can be seen on our web page: www.adk-gfs.org

Programs held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between the Glens Falls Presbyterian Church and the Saratoga Library. Future Programs: September 20

Executive Committee Meetings held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls Nat’l Bank Community Room and Saratoga Library. Future meetings: September 5

Outings Committee Meetings held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls Nat’l Bank Community Room and Saratoga Starbucks (Broadway). Future Meetings: September 26

<table>
<thead>
<tr>
<th>July</th>
<th>Outing Type</th>
<th>Destination</th>
<th>Contact</th>
<th>Rating</th>
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<td>SUN</td>
<td>Hike</td>
<td>Thomas Mountain</td>
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<td>4</td>
<td>WED</td>
<td><em>Independence Day</em></td>
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<td>7-8</td>
<td>SAT-SUN</td>
<td>Canoe/Camp</td>
<td>Osgood Pond — Canoe Camp</td>
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<td>8</td>
<td>SUN</td>
<td>Hike</td>
<td>Wallace</td>
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<td>Canoe/Kayak</td>
<td>Evening Paddle — Warren/Saratoga Counties</td>
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<td><em>Family Trip</em> — Baxter Mountain</td>
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<td>Whiteface Paddle/Hike/Slide Climb</td>
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<td>21-22</td>
<td>SUN</td>
<td>Canoe/Camping</td>
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<td>22</td>
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<td>Hike</td>
<td><em>YM-G/Fire Tower</em> — Pillsbury Mountain</td>
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<td><em>Full Mooner Hike</em> — Saratoga Battlefield</td>
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<td>Seymour</td>
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<td>29</td>
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August

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<td>Oxsho, Crab, and Horseshoe Ponds</td>
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<td>Buck Mountain from Pilot Knob</td>
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September

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<td>Walk</td>
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<td><em>Fire Tower Challenge</em> — Black Mountain (Lake George)</td>
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PLEASE NOTE: Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.

THOMAS MOUNTAIN
Sunday, July 1
Time: 1:00 p.m.
Rating: C+
Jack Whitney 793-9210 jack1758@adelphia.net
Reg Prouty 747-9736
Mow your lawn in the morning and hike this mountain in the afternoon. We will hike the new trail to Thomas. Great views of Lake George from this summit! Round trip distance is about four to five miles.

OSGOOD POND CANOE AND CAMP
Saturday, July 7-8
Time: 2:00 p.m.
Rating: A
Jayne Bouder 793-3770
Two little ponds with two narrow channels, two outstanding examples of natural communities, two outlets (Osgood AND Jones Ponds), two great camps (or maybe just one, if it rains Saturday night ...), and an early start could make this an awesome trip! About 12 miles, at a moderate to leisurely pace, with time to stop. It's near Paul Smiths. Anyone not wanting to camp may join us early on Sunday. Call leader for directions.

WALLFACE
Sunday, July 8
Time: 6:00 a.m.
Rating: A+
Neal Andrews 899-5500, Wantlocks@aol.com
The route up this mountain is described in the February 1985 Adirondac. Will involve bushwhacking around the side of the cliffs to the top. Fourteen miles from Adk Loj with bushwhacking and boulder hopping. Excellent views of Algonquin, etc.

WARREN/SARATOGA COUNTY PADDLES
Tuesday evenings, July 10
Time: TBD ~ 4:00 p.m.
Rating: Easy
Maureen 745-7834, mojim@adelphia.net
I have a Precision “Swifty” kayak — slow and stable and that’s the clue to the type of trip I’ll be doing. We’ll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

BLACK MOUNTAIN LOOP
Wednesday, July 11
Time: 9:00 a.m., Dunkin Donuts, Whitehall
Rating: B
Neal Van Dorsten 644-9453 or Nealvan@aol.com
Reg Prouty 747-9736
We will climb the highest mountain on the shores of Lake George, and will be rewarded with spectacular views. Then we will loop past the beautiful Black Mountain Ponds and have lunch at the lean-to. This is fairly easy climbing at a leisurely pace, with an elevation change of 1,000 feet. Allow about 4 hours.

*FAMILY OUTING* — BAXTER MOUNTAIN
Friday, July 13
Time: 9:30 a.m.
Maureen 745-7834 or mojim@adelphia.net
Come join us for a leisurely hike up Baxter Mountain in Keene. We’ll look for blueberries and enjoy the adventure and afterward cool off in a nearby stream. Probably stop for ice cream or pie also! 2.2 mile round trip, 770 feet ascent

SANTANONI RANGE
Saturday, July 14
Time: 4:45 a.m
Rating: A +
Jack Whitney 793-9210, jack1758@adelphia.net
If you are working on your 46 or if you just want to spend the day in this classic mountain range ... join us for some of the best views in the Adirondacks! We will try to hike all three mountains in this range. Starting with Couchsachraga and on to Santanoni and, if time permits, hopefully we will end the day on Panther.

HUNTER MOUNTAIN
Saturday, July 14
Time: 8:00 a.m. (Bruegger’s Bagel Bakery, Stuyvesant Plaza, Albany)
Rating: B
Jessica Gottung 725-3859
Call leader for details. Rain date is Sunday July 15.

PYRAMID, GOTHICS AND ARMSTRONG
Sunday, July 15
Time: 6:30 a.m., Panera Bread, Queensbury
Rating: A
Bob Aspholm 798-8599 or Reg Prouty 747-9736
We will make an approximately 14-mile clockwise loop to visit all three peaks, 2 of which are High Peaks in the Great Range near the Ausable Club. Total ascent is 3,472 feet at a relaxed to moderate pace. This will be a full-day hike.
**BLUE LEDGES STROLL**  
Wednesday, July 18  
Time: 9:00 a.m., Mohawk Campgrounds, Lake George Village  
Rating: C  
Neal Van Dorsten 644-9453 or Nealvan@aol.com  
Reg Prouty 747-9736  
An easy stroll along the banks of the Upper Hudson, with a chance to walk over two-billion-year-old Precambrian Rock. Bathing suits optional. Total time roughly 2 hours. Mohawk Campgrounds directions: Northway/I-87 Exit 22, Route 9N North, approximately 1 mile on the right.

**WHITEFACE PADDLE HIKE SLIDE CLimb**  
Saturday, July 21  
Time: 7:00 a.m., Lake Placid Boat Launch  
Rating: A  
Mike McLean 315-262-2564, mpmclean@twcny.rr.com  
A four-mile paddle and seven-mile hike. We’ll leave the Lake Placid Boat Launch around 7:00 a.m. and paddle over to Whiteface Landing (canoe/kayak). From there we’ll head up the trail to the lean-to. If conditions are dry, we’ll scoot over to a stream just above the lean-to and climb the slide that leads us almost to the summit. Bring money for snacks and cold drinks. Return down the trail, across the lake, and then into a nice Lake Placid restaurant to end the trip.

**BOtherATION POND, ELIZABETH POINT**  
Saturday, July 21  
Time: 8:30 a.m.  
Meeting Place: Grand Union, North Creek Village  
Rating: B  
Rich Crammond 584-2380  
This hike will be an approximate 7.6-mile round trip. About 200’ elevation change with some bushwhacking and a stream crossing. We’ll have a little compass and map reading too!

**EAST DIX, SOUTH DIX AND MACOMB**  
Saturday, July 21  
Time: 6:00 a.m.  
Rating: A  
Neal Andrews 899-5500, wantlocks@aol.com  
The route for this trip is yet to be determined. With enough interest, we could head out from Elk Lake, up and over Macomb, and return to Elk Lake. Another option is to follow the South Fork of the Bouquet River. Call leader for additional details.

**Saranac Lakes Canoe and Camp**  
Saturday-Sunday, July 21-22  
Time: 1:00 p.m.  
Rating: A  
Jayne Boudre 793-3770  
We’ll set up camp at Weller Pond, maybe with a little time to spare on Saturday. Then we’ve got all day Sunday! Put in on Middle Saranac Lake; take our at First Pond Campground Headquarters. This trip includes a small hand-operated lock, an excellent lunch spot, and lots of islands to explore. Thirteen miles, moderate to leisurely pace, and lots of stops. Anyone not wanting to camp may join us (early) on Sunday. Call for details.

***YMG* — *Fire Tower* — Pillsbury Mountain**  
Sunday, July 22  
Time: 7:00 a.m.  
Rating: B+  
Jonathan Lane 744-4594 or saratogahiker@infogorp.com  
This hike is geared toward hikers in their 20s and 30s, but is open to anyone who is young at heart. The trail up Pillsbury is a short, yet strenuous climb. Distance is about 3.2 miles round trip with an elevation gain of 1,337 ft.

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**Chapter Officers announced for 2008**

The chapter nominating committee has presented the slate of officers for 2008:

**Chairperson**  
Jean Holcomb

**1st Vice Chair**  
Heidi Karkoski

**2nd Vice Chair**  
Maureen Coutant

**Secretary**  
John Caffry

**Treasurer**  
John Schneider

**Directors** (continuing — no terms expired in 2007):

Barb Bave, Laura Fiske, John Schneider

Candidate biographies will appear in the next chapter newsletter as well as on our chapter website at www.adkgfs.org

Chapter members will be asked to vote at our annual meeting / dinner Friday, October 12, 2007 at the Queensbury Hotel.
ALGONQUIN AND IROQUOIS
Sunday, July 22
Time: 6:30 a.m.
Rating: A
Lorraine MacKenzie: 656-3645 or loorrainem@safaritelecom.com
In the middle of the McIntyre Range, Algonquin stands 5,114 feet tall as the second highest peak in the Adirondaks. We will start from Heart Lake and trek the 4.3 miles to the summit, catch our breath after it is taken away from the fantastic views of Colden and hike 1.1 miles farther over Boundary to Iroquois. Bring plenty of water. Rain cancels. Call or e-mail leader for details and to sign up.

SEYMOUR
Sunday, July 29
Time: 6:00 a.m.
Rating: A
Pat McCullough 798-3186, pmccul@gmail.com
As trail-less peaks go, I feel that Seymour is fairly easy. It is about fourteen miles total. The first 5 1/2 miles are gentle ups and downs that gets you to the base of the mountain. Then it is a mile and a half up to the summit with about 2,000 feet of vertical. Reverse the walk and you are back to the parking lot off Coreys Road.

WARREN/SARATOGA COUNTY PADDLES
Tuesday evenings, July 24
Time: TBD ~ 4:00 p.m.
Rating: Easy
Maureen 745-7834, mojim@adelphia.net
I have a Precision “Swifty” kayak — slow and stable and that’s the clue to the type of trip I’ll be doing. We’ll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

DIAL AND NIPPLETOP MOUNTAINS
Saturday, July 28
Time: 7:00 a.m.
Rating: A
Jean Holcomb 583-0658, jchhiker@localnet.com
I like to lead outings from the Ausable Club because once on the trails, they tend to be less crowded than any other trailhead in the High Peaks and the distance from Glens Falls is relatively short. This is about a 13-mile round trip with at least 4,000 feet of elevation gain along the way. It is done as a loop over Bear Den and then down via Elk Pass. A great hike whether or not you are a peak bagger! Restricted to 12 hikers.

PHAROAH MOUNTAIN FROM CRANE POND
Sunday, July 29
Time: 8:00 a.m. (Nice and Easy Mobil; Northway Exit 26)
Rating: B+
Reg Prouty 747-9736 or Pat Desbiens 899-9688
This is a beautiful mountain with 3 summits that afford a 360-degree vista from the High Peaks to the mountains of Vermont. Round trip is about 8 miles with about 1,500 feet of ascent at a moderate pace. Elevation of the summit is 1,390 feet.

* FAMILY OUTING* — DEER LEAP
Wednesday, August 1
Time: 9:30 a.m., Panera Bread, Queensbury
Rating: C — slow
Maureen Coutant 745-7834 or mojim@adelphia.net
This is a short hike to an overlook of Lake George. Come see a section of trail maintained by volunteers from our Chapter every spring. Swimming and ice cream will probably follow the hike! 3 4 miles round trip.

* YMG* — WATERFALLS HIKE
Saturday, August 4
Time: 7:00 a.m.
Rating: B+
Jonathan Lane 744-4594 or saratogahiker@infogorp.com
This hike is geared toward hikers in their 20s and 30s, but is open to anyone interested in waterfalls. We will visit at least half a dozen falls, including beautiful Beaver Meadow Falls and Rainbow Falls. This hike will also take us up to Indian Head and Fish Hawk Cliffs. If you haven’t been there before, you’re in for a treat! Expect to hike about 10-12 miles, but without too much elevation. Rain will cancel; rain date will be on Sunday the 5th.

*FULL MOONER HIKE* — SARATOGA BATTLEFIELD
Saturday, July 28
Time: Contact leader for details
Rating: C
Aileen Genett: 482-9101, solice212@yahoo.com (no later than 9:00 p.m., Friday, July 27)
This is a multigroup outing, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through Saratoga Battlefield. We’ll walk 4-6 miles along Tour Road to the Nielsen Farmhouse + some trails. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc.
**SADDLEBACK AND BASIN**  
Saturday, August 4  
Time: 5:15 a.m.  
Rating: A+  
Jack Whitney 793-9210 or jack1758@adelphia.net  
The start will be from the Garden in Keene Valley. We will hike into John's Brook Lodge then onto Bushnell Falls to Slant Rock and up the Shorey Shortcut Trail up to the Range Trail, then on to Basin and then up to another bump called Saddleback returning to the John's Brook Valley via the Orebed Brook Trail. About 16.5 miles round trip with over 3000 ft. of elevation gain.

**VALCOUR ISLAND**  
Saturday, August 4; rain or wind date August 5  
Time: 8:00 a.m., Mohawk Campgrounds, Lake George Village  
Rating: C  
Neal Van Dorsten 644-9453 or Nealvan@aol.com  
If you never hiked Valcour this is your chance. It is a beautiful hike through diverse forests and fields, with small cliffs and spectacular overlooks of Lake Champlain. We will canoe to the island, then walk the easy 7.5-mile perimeter trail, with a lunch stop on one of the many picturesque coves. Bathing suits if you wish. Canoes needed, but we have some extras. A day's outing. Mohawk Campgrounds directions: Northway/I-87 exit 22, Route 9N North, approximately 1 mile on the right.

**OXSHOE, CRAB, AND HORSESHOE PONDS**  
Sunday, August 5  
Time: 7:00 a.m., Panera Bread, Queensbury  
Rating: B  
Bob Aspholm 798-8599 or Reg Prouty 747-9736  
This hike begins at Crane Pond and continues into the Pharaoh Lake Wilderness Area to three scenic little ponds along the western end of the short swing trail. Round trip distance is about 7 miles with only a few hundred feet of ascent due to rolling terrain.

**WARREN/SARATOGA COUNTY PADDLES**  
Tuesday evening, August 7  
Time: TBD ~ 4:00 p.m.  
Rating: Easy  
Maureen 745-7834 or mojim@adelphia.net  
I have a Precision “Swifty” kayak – slow and stable and that’s the clue to the type of trip I’ll be doing. We’ll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

**RAQUETTE LAKE CANOE AND CAMP**  
Saturday-Sunday, August 11-12  
Time: 1:00 p.m.  
Rating: A  
Reg Prouty 747-9736, reg46r473@yahoo.com  
Jayne Bouder 793-3770  
We could camp at Big Island or Tioga Point on Saturday, and explore the Marion River to the carry, or the Needles and Hens and Chickens Islands, or South Inlet to the falls (maybe even hike to the old Sagamore powerhouse) on Sunday. We’re open to suggestions. 10-12 miles, moderate to leisurely pace. Anyone who doesn’t like to camp may join us (early) on Sunday morning.

**HENDERSON LAKE CANOE/KAYAK/HIKE/OVERNIGHT CAMP**  
Saturday-Sunday, August 11-12  
Time: 7:30 a.m.  
Rating: B  
Jack Whitney 793-9210 or jack1758@adelphia.net  
Let’s explore this area around this newly acquired acquisition of land by New York State. We will paddle about 1 mile up Henderson Lake to a lean-to and make camp for the night. There are opportunities for hikes to Duck Hole or Summit Rock in Indian Pass from the lean-to or to just paddle around this lake. We will return to our cars on Sunday in the afternoon. Call leader for further details.

**FIRE TOWER* — VANDERWHACKER MOUNTAIN**  
Saturday, August 11  
Time: 8:30 a.m., Rich’s Camp, Ridge Road, 0.6 miles off 28N Minerva  
Rating: B  
Rich Crammond 584-2380  
This hike will be 5.4 miles round trip after we drive up the access road a few miles. Great views on a clear day. A few short steep sections. See you there!

**SLEEPING BEAUTY**  
Wednesday, August 15  
Time: 8:30 a.m. at Starbucks in Glens Falls or 9:30 a.m. at Dacys  
Clearing Rating: B  
Neal Van Dorsten 644-9453 or Nealvan@aol.com  
An appropriate name for this hike. The view from the top is wonderful and there is a return loop. The summit is 2,347 feet and it is a fairly easy hike.
SANTANONI'S  
Saturday, August 18  
Time: 5:30 a.m.  
Rating: A+  
Neal Andrews 899-5500, wantlocks@aol.com  
Bradley Pond, here we come! We’ll use the “standard route” for this trip. High mileage, plenty of ascent, and probably a bit of heat to top things off! Bring plenty of food and liquids. This will be a full day of “bonding” with Mother Nature. Call leader for additional details.

*NEW MEMBER/FIRE TOWER* HADLEY MOUNTAIN  
Saturday, August 18  
Time: 9:00 a.m.  
Rating: B  
Pat Desbiens 899-9688 or pdesbien@nycap.rr.com  
Hadley Mountain offers some of the most spectacular views in the Southern Adirondacks. There is a restored fire tower on the summit with a caretaker’s cabin just below the summit. This is a short hike (3.6 miles round trip with 1,525 ft. of elevation gain) with a steady ascent and a level section in the middle. The pace will be relaxed and weather permitting lunch on the summit. Heavy rain or thunderstorms will cancel the hike. New members are encouraged to participate. Please call to sign up for the hike no later than 6 p.m., Friday, August 17.

*FULL MOONER HIKE* — SARATOGA BATTLEFIELD  
Saturday, August 25  
Time: Contact leader for details  
Rating: C  
Aileen Genett 482-9101 (no later than 9:00 p.m. Friday, August 24) or solice212@yahoo.com  
This is a multi-group outing, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through the Saratoga Battlefield. We’ll walk 4-6 miles along the Tour Road to the Nielsen Farmhouse and some trails. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc.

RAINBOW LAKE CANOE AND CAMP  
Saturday-Sunday, August 25 and 26  
Time: 12:00 p.m.  
Rating: A  
Jayne Boucher 793-3770  
Camping at Buck Pond State Campground, east of Paul Smiths. With an early start, we might have time to explore the North Branch (Saranac River), Rainbow’s namesake eskers, and The Flow, without having to rush. About 12 miles, moderate to leisurely pace, with time to stop. Anyone who doesn’t like to camp may join us at the campground (early) on Sunday.

WILCOX LAKE  
Sunday, August 26  
Time: 8:00 a.m., Burger King, Gloversville  
Rating: B-  
Jessica Gottung 725-3859  
Ten miles round trip, not much elevation to this secluded lake. We will rest at one of the lean-to’s for lunch. Feel free to bring your bathing suit and swim for a bit. A great trail which follows the East Stony Creek offers very beautiful views along the way. A little rain won’t deter us but a downpour will cancel. Don’t miss this hike!

BUCK MOUNTAIN FROM PILOT KNOB  
Wednesday, August 29  
Time: 8:00 a.m. at Mohawk Campgrounds, Lake George Village, or at 9:00 a.m. at the trailhead  
Rating: B  
Neal Van Dorsten 644-9453 or Nealvan@aol.com  
This popular trail has some steep spots but nothing real serious. It is a wonderful hike and offers fantastic views of the Lake at the summit, 2,334 feet. Allow about 4 hours or so.

OLUSKA PASS CAMPING  
Friday-Sunday, September 7-9  
Time: 7:00 a.m.  
Rating: A  
Rich Crammond 584-2380 or Jayne Boucher 793-3770  
This adventure is to look for a barringer brake and a plane crash site near Seward Mountain. We’ll camp at Ward Brook or up in the pass. 17+ miles (11 on a logging road, the rest unmarked or bushwhacking), 3,500+ ft. ascent, moderate pace.

*ADK 100 HIGHEST* — MORGAN MOUNTAIN AND WILMINGTON PEAK  
Sunday, September 9  
Time: 6:30 a.m.  
Rating: B  
Jack Whitney 793-9210 or jack1758@adelphia.net  
Just a little bit north of the North Pole, let’s go and see what these two mountains hold in store for us. Between the two mountains is Copper Kiln Pond — maybe a good stop for lunch at the shelter located there. This is a trail to Copper Kiln Pond, with short bushwhacks to Morgan Mountain and Wilmington Peak. Round trip distance about 6.5 to 7 miles.

WARREN/SARATOGA COUNTY PADDLES  
Date: Tuesday evenings, September 11  
Time: TBD ~ 4:00 p.m.  
Rating: Easy  
Maureen 745-7834 or mojim@adelphia.net  
I have a Precision “Swifty” kayak — slow and stable and that’s the clue to the type of trip I’ll be doing. We’ll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.
GLENS FALLS AREA WEDNESDAY MORNING WALK
Wednesday, September 12
Time: 9-Noon(ish)
Rating: B or C (depending on the trip)
Maureen 745-7834 or mojim@adelphia.net
Join me on a variety of walks or short hikes in Glens Falls or surrounding area. Possible trips include: Sections of the Feeder Canal, trails in Moreau State Park, Pilot Knob Preserve, Prospect, sections of the bike trail. Call or e-mail to find out where the trip will be that week and when to meet.

GLENS FALLS AREA WEDNESDAY MORNING WALK
Wednesday, September 19
Time: 9-Noon(ish)
Rating: B or C (depending on the trip)
Maureen 745-7834 or mojim@adelphia.net
Join me on a variety of walks or short hikes in Glens Falls or surrounding area. Possible trips include: Sections of the Feeder Canal, trails in Moreau State Park, Pilot Knob Preserve, Prospect, sections of the bike trail. Call or e-mail to find out where the trip will be that week and when to meet.

SAWTEETH
Sunday, September 23
Time: 6:30 a.m.
Rating: A
Jean Holcomb 583-0658 or jchhiker@lochnet.com
Jayne Boucher 793-3770
We will do the loop going up the Scenic Trail and coming down via the Weld Trail. About 3,000 feet elevation gain and 13 miles, half on the Ausable Club road. This was a fantastic hike the last two years. The Scenic Trail is stunning in fall. Just hope for a beautiful day.
We will leave from Panera Bread parking lot, Northway Exit 19, Queensbury. 14 hiker limit.

WARREN/SARATOGA COUNTY PADDLES
Date: Tuesday evenings, September 25
Time: TBD ~ 4:00 p.m.
Rating: Easy
Maureen 745-7834 or mojim@adelphia.net
I have a Precision “Swiftly” kayak — slow and stable and that’s the clue to the type of trip I’ll be doing. We’ll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

Canoe/Kayak Rating System:

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<th>Rating</th>
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<th>Portages</th>
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<td>12+</td>
<td>Long (1/2 mile+)</td>
<td>II++; Whitewater</td>
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<td>B</td>
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<td>C</td>
<td>Under 6</td>
<td>None</td>
<td>Flat</td>
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* Paddling trips that include Camping Overnight are also rated “A”

Note: Due to the variability of the interaction of water, wind, and weather; local conditions may change a trip’s rating the day of an outing or even during the outing itself. As on all outings, leader’s discretion applies.

GLENS FALLS AREA WEDNESDAY MORNING WALK
Wednesday, September 26
Time: 9-Noon(ish)
Rating: B or C (depending on the trip)
Maureen 745-7834 or mojim@adelphia.net
Join me on a variety of walks or short hikes in Glens Falls or surrounding area. Possible trips include: Sections of the Feeder Canal, trails in Moreau State Park, Pilot Knob Preserve, Prospect, sections of the bike trail. Call or e-mail to find out where the trip will be that week and when to meet.

WYMAN MOUNTAIN BUSHWHACK
Sunday, September 30
Time: 6:00 a.m.
Rating: A
Jean Holcomb 583-0658
Jayne Boucher 793-3770
This unfamiliar 3,300 ft. peak has great views of the Dix Mountain Wilderness. 10-mile loop (5 miles are trailless), 2,500 ft. ascent, at a moderate pace.

*FIRE TOWER* — BLACK MOUNTAIN (LAKE GEORGE)
Sunday, September 30
Time: 7:30 a.m.
Rating: B
Pat Desbiens 899-9688 or pdesbien@nycap.rr.com
We will approach Black Mountain from the East. If the weather cooperates and it is a nice day we will make this a loop trip by ascending by the Pike Brook Trail to the summit, then descending via the trail coming up from Black Mountain Point to the Black Mountain Ponds Trail and finally to the Lapland Pond Trail back to the trailhead. Total distance will be about 6 miles with 1,046 ft. of elevation gain. Pace will be slow to moderate, allowing for time to enjoy the views of Lake George from the summit and the beautiful ponds on the way down.
Trip reviews

Avalanche Pass, February 4, Bob Aspholm, 4 participants
• The weather was cold, very cold, but four hardy hikers pushed all the way to Avalanche Pass; this was before the big snowstorms but there was about 12" of snow on the ground at the time and we had good snowshoeing. Approaching the head of the pass we faced a big wind which stopped us from going out on the ice very far. Views were pretty good but the cold prompted us for a pretty quick return. Participants: Bob Aspholm, Ray Bouchard, Jayne Boucher, Christine Savidge.

Thomas and Cat Mountains, March 18, Bob Aspholm, 7 participants
• There was a foot or better of snow on the ground but we had good weather that day for two mountains. We reached the cabin on Thomas and then set out for the top of Cat. We reached Cat in good time and the sun came out for us. The views from Cat are really great. Participants: Bob Aspholm, Ray Bouchard, Jayne Boucher, Bill Carpenter, Pat Desbiens, Laura Fiske, Jack Whitney.

Marcy, Gray and Skylight, March 31, Neal Andrews, 5 participants
• The late season snow still covered the trail from the start at ADK Loj; we bare-booted it all the way to above Indian Falls and then some put on crampons for the slippery rocks going up Marcy. We were able to walk on the hard-packed crust to the summit of Gray and probably should have used shoes for the bushwhack down to Lake Tear as the herd path was invisible. Skylight was windy but again was able to be bare-booted to the rocky summit. We were alone once we left Marcy all day. Excellent group for a fine first weekend of Spring. Participants: Peter Abreu, Neal Andrews, Ken Austin, Steve Mackey, Nicholas Siver.

Crane Mountain, April 1, Reg Prouty and Jack Whitney, 14 participants
• We had to park and hike a little extra as the road to the parking area was not plowed but it gave us an opportunity to warm up before the ascent. We chose to do the counterclockwise loop climbing the two ladders first before spending some time having lunch and enjoying the view at the summit. Winter conditions were in order as both snowshoes and crampons were needed at various parts of the hike. Weather cooperated though and an enjoyable late winter (early spring) outing was had by all 14 hikers. Participants: Reg Prouty, Jack Whitney, Pat Desbiens, Ann Mundy, Jean Holcomb, Bob Aspholm, Ray Boucher, Jayne Boucher, Jonathan Lane, Bill Carpenter, Kim Ciraulo, Joe Spain, Sandy Yellen, and E. E. Fuller.

Saratoga National Historical Park, April 7, Rich Crandmmond, 4 participants
• We had a cold, but nice day for this outing. We saw a Ruby Crowned Kinglet, a not-so-lucky Red Tailed Hawk, and Peter Cotton Tail for this day-before-Easter outing. Learned some local history, too. Thanks to a rugged group! Participants: Mike Doyle, Reg Prouty, Jonathan Lane, Rich Crandmmond.

Hoffman Notch, April 14, Rich Crandmmond, Jayne Boudier, 7 Participants
• We sure did get a workout on snowshoes for this hike. The only tracks we saw were coyote, Fisher, Snowshoe and an early season trout fisherman’s Winter was still hanging on in this part of the Adirondacks with over a foot of snow still on the ground. The nice stream, yellow (big) birch trees, and the next ledge was worth seeing again. As always, a great group of ADK’ers to hike with. Participants: Barb Northrup, Reg Prouty, Kim Ciraulo, Joe Spain, Jayne Boucher, Ray Bouchard, Rich Crandmmond.

Wednesday Morning Walk — Lake George, April 11, Maureen Coutant, 6 participants
• We started out at Usher’s Park and walked along the south end of Lake George and up the boardwalk along the lake. Then we headed up to the trailhead for Prospect and after contemplating a trip up... most of us headed back to the cars! Participants: Maureen Coutant, Albina Lentile, Licia Mackey, Gary Rodd, Bill Schwarz, Neal Van Dorcher.

Hoffman Notch, April 14, Rich Crandmmond, Jayne Boudier, 7 participants ... 8 if Bruegger’s had been open
• Great day for snowshoes! Some of the stream crossings were interesting, but one place had a new bridge. We missed last year’s spacious lunch log, and so had to dust off a narrower, stickier one. The spring snowmelt waterfall off Washburn Ridge was frozen this time, and just as impressive. This group really appreciated a snowless place to sit! Participants: Ray Boucher, Jayne Boucher, Kim Ciraulo, Rich Crandmmond, Barb Northup, Reg Prouty, Joe Spain.

Wednesday Morning Walk — bike trail, April 18, Maureen Coutant, 8 participants
• The group set out at the main parking lot in Queensbury and headed north. After walking along the road for a while we decided to avoid this section in the future! Participants: Maureen Coutant, Margaret Curtis, Albina Lentile, Licia and Steve Mackey, Gwenne Rippon, Gary Rodd, Hilary Wasserman.

Goodnow Mountain, April 21, Pat Desbiens, 14 participants
• The sky could not have been more blue or the weather better (70 degrees on the summit at noon) for the fairly easy climb of less than 2 miles to the climbable fire tower atop of Goodnow Mountain. Somehow we missed the old well on the way back down we discovered why. The roof over the well has collapsed due to heavy snows and weathering away. It was so warm and spring-like on top that we parked our snowshoes in our snowless place to sit! Participants: Ray Boucher, Jayne Boucher, Kim Ciraulo, Rich Crandmmond, Barb Northup, Reg Prouty, Joe Spain.
Desbiens, Reg Prouty, Kim Ciraulo, Mickey Onofrietto, Joe Spain, Barbara Nordrup, Beth Johansen, Jonathan Lane, Elizabeth Fuller, Thomas Gilbert, Sandy Yellen, Deborah Ditzner, Kat Payadis (our youngest and first-time snowshoer), Rich Crammond. 

**Wednesday Morning Walk — Feeder Canal Cleanup, April 25, Maureen Coutant, 5 participants**

- We decided to extend Earth Day to Earth Week and picked up garbage along the trail. We didn’t run into much garbage except at street crossings and the parking lot in Hudson Falls. Luckily there were also garbage bins at the parking lot so we got rid of our bags and walked back unencumbered! Thanks everyone for helping. Throw a bag in your pocket the next time you’re out for a walk ... everyday could be Earth Day. Participants: Joanne Armstrong, Mace Comora, Maureen Coutant, Licia Mackey, Gary Rodd.

**Kids Walk — Hovey Pond, April 27, Maureen Coutant, 5 participants**

- We had a Signs of Spring Scavenger hunt ... we heard birds singing, found mud, flower buds, ducks, and a robin looking for worms. Then April showers put an early end to the hunt and we found donuts (and coffee) instead! Participants: Genevieve and Maureen Coutant, Albina and Gabriella Ientile, Kyra Lombard.

**West Branch of Sacandaga Paddle, April 28, Ray Bouchard, 7 participants**

- It wasn’t the greatest day for paddling but I do believe the hardy group that showed up had a good time in spite of the clouds, cool temps and occasional short sprinkle. It wasn’t a trip for a novice paddling solo though. The water level was about 3 feet higher than normal due to melting snow and recent rains. We didn’t encounter snow or ice but I noticed the nearby lakes on the drive over were still covered except near the shore. The area we paddled in is very flat so the high water level didn’t produce a raging stream but the strange currents produced by underwater debris made life a bit interesting. We had quite a distribution of participants, geographically speaking. Mike and Christa drove down from Indian Lake, while Louie came from nearby Speculator but the real die hard canoeist was Steve who drove all the way from the Oneida Lake area, just because. They all were a great bunch to paddle with. Participants: Ray Bouchard, Mike Brooks, Christa Brooks, David Avigdor, Jayne Boudier, Steve Hallock, Louie Page.

**Old Far, April 29, Bob Aspholm, 5 participants**

- It was a wet day for Old Far but we went on anyway in spite of lack of views from the top. It’s not very far from the Northway and traffic noise including the “rumble” from the rumble strips on said Northway could be heard even on top. But on a good day the views are tremendous and the summit area is really lush with boulders, ledges, red pine, white pine, cedar, and probably good blueberry pickings in late summer; a small plane wreck was found off the west end of the summit. Participants: Bob Aspholm, Jayne Boudier, Bill Carpenter, Jean Holcomb, Jack Whitney.

**Tuesday Walk — Coles Woods Walk, May 1, Maureen Coutant for Gary Rodd, 6 participants**

- This was the first time back walking in Coles Woods since the snow finally fell in February. It felt good to be back. The Spring Wildflower hunt began ... not much yet. Participants: Maureen Coutant, Margaret Curtis, Albina Ientile, Renee Lombard, Licia and Steve Mackey, Hilary Wasserman.

**Tuesday Evening Paddle — Lake Luzerne, May 1, Maureen Coutant, 5 participants**

- We started at Lake Luzerne and headed to a connecting lake, but didn’t quite make it. It could have been the two blockages that Licia had to pull us over (thanks to her neoprene booties) or the game of paddle polo at the beginning of the trip. Coolest sighting of the trip: nesting Canada Goose. Participants: Gen, Jim and Mo Coutant, and Licia and Steve Mackey.

**Wednesday Morning Walk, Feeder Canal, Richardson Street, May 2, Maureen Coutant, 5 participants**

- The canal was nearly empty so that some repair and remediation work could be done. It was scheduled to start filling later that day. The water was high in the Hudson though and we walked out on the Route 9 bridge and marveled at the water flowing over the dam. Participants: Maureen Coutant, Margaret Curtis, Licia Mackey, Bill Schwarz and Hilary Wasserman.

**Kids hike — Pilot Knob Lookout, May 4, Maureen Coutant, 8 participants**

- The wildflowers were wonderful. We pointed out trillium and then the kids loved spotting them along the trail. Other flowers in bloom were Dutchmen’s britches, colt’s foot, spring beauties ... and a bunch of unidentified blooms. The kids loved finding and holding a little garter snake after eating dinner in the gazebo. Participants: Gen, Jim and Mo Coutant, Albina, Gabriella, and Melissa Ientile, Kyra and Renee Lombard.

**Spring Bird Walk — Peebles Island State Park (Waterford), May 5, Rich Speidel, 9 participants**

- Friendly people, pleasant weather, and plenty of birds made for a fun outing at the confluence of the Mohawk and Hudson Rivers. We had some “firsts” — first visit to Peebles Island for some, first sighting of certain birds for others. We observed wood ducks on both rivers, four types of woodpeckers (including the crow-sized “pileated” in full view), and a host of resident and migratory songbirds. We identified 43 species; a fine variety of birds for early May. Participants: Erica Burkowski, Wendy Burkowski, Bruce Goodale, Jean Holcomb, Mark Janey, Carrie Menard, Phil Menard, Jack Reber, Ric.
Schroon River Canoe, May 6, Don Thorn, Jayne Bouder, 9 participants
• The river was way over its banks a week before this trip. We had a crisp, beautiful day, great views of Hoffman Mountain, and fresh drag and high water marks to remind us of the recent ice out and high water. We could have explored a large flow, and maybe gotten to Paradox Lake with fewer obstacles than usual, if we'd had the time. A tailwind on the lake made our last mile a drift, instead of the usual battle. Great day! Participants: Jayne Bouder, Fred Cady, Don Colosimo, Carol Conolly, Julie Elson, Gary Mehlum, George Stuart, Don Thorn, Cathy Turner.

Wednesday Morning Walk — South Glens Falls Walkway, May 9, Maureen Coutant, 5 participants
• We were determined to find the route to the gazebo we had spied from the other side of the river on a previous walk. At first we didn't think it was possible, but thanks to Licia we found out how to continue on the trail and discovered another great local find. Also saw: trout lilies in bloom, a turtle, a bluebird and many other wildflowers. Participants: Mace Comora, Maureen Coutant, Albina Lentile, Licia Mackey, Gary Rodd.

Moose and Shaw Ponds — Newcomb, May 12, Rich Crammond, 4 participants
• This was just a real nice day and great things to see along the way. Wild flowers, beaver dams, nice views, and three nice people to hike with. Moose Pond is BIG and worth the 7-mile hike to get there. Shaw Pond is nice too with a picnic table to go with it way back there. We had a good view of the Santanoni and Seward ranges. Little Santanoni was closer with the Seward range farther out. The black flies were out but not too bad. Thanks to my fellow ADK hikers for coming along on this outing. Participants: Art Ostrov, Mary Ann Amoran, Reg Prouty, Rich Crammond.

Spring Bird Walk — Wilton Wildlife Preserve and Park, May 12, Rich Speidel, 12 participants
• We were blessed with sunny, cool weather and blue sky — ideal for observing birds. Several rose-breasted grosbeaks treated us to views and one of the nicest songs in the bird kingdom. A blue jay flushed a broad-winged hawk into flight, and we had a good look at a swainson's thrush — an uncommon woodland migrant not often seen. The highlight of the morning was a pair of scarlet tanagers seen low in an open area; the male glowing "stop light" red in the sunlight — a spectacular sight! Thanks to a courteous and dedicated group, we identified 32 species of birds. Participants: Patricia Brennan, Martha Devaney, Cathy Hall, Keith Hall, Jean Holcomb, Rich Hovious, Pam Kelly, Peg McCanty, Donna Palmer, Edna Van Dorsten, Robert Zitowsky, Rich Speidel.

Spring Bird Walk — Pack Forest (Warrensburg), May 19, Rich Speidel, 7 participants
• Good birding began at the parking lot, where we spotted the uncommon bay-breasted warbler in the pine trees, followed by a Blackburnian warbler with its orange "fire throat." Although the sunny weather turned cloudy with light rain by early afternoon, we had several pockets of avian commotion. A seldom-seen brown creeper came into view, as well as a swainson's thrush and two brilliant scarlet tanagers. The deep woods melodies of the winter wren and hermit thrush were among the many songs heard during this enjoyable outing. In all, 35 species of birds were identified by our friendly and cooperative group. Participants: Fran Balch, Mary Camoria, Gail Epstein, Bruce Goodale, Mary Ann Moran, Terry Peek, Rich Speidel.

Henderson Lake Canoe, May 20, Jayne Bouder, Bob Aspholm, 7 participants
• Rain for sure was forecast, but we got a delightful partly sunny, windy day. We had a look around the newly cleared furnace on the way in, saw the cemetery, and enjoyed an unhurried day on the lake. Ray loved his new kayak, Jim found a tacklebox, and a canoe found Bob. We took a long lunch at the new lean-to, explored the Indian Pass inlet back to the trail footbridge, and finished with a strong tailwind. This is a beautiful, deep lake — with cliffy shores, interesting swamps and inlets, and a great views of Indian Pass and High Peaks. Participants: Bob Aspholm, Ray Bouchard, Jayne Bouder, Bill Schwarz, Edna Van Dorsten, Hilary Wasserman.

Wednesday Morning Walk — Pilot Knob Lookout, May 23, Maureen Coutant, 8 participants
• It probably took us just as long to get there as to hike to the lookout, but we all agreed it was worth it. Many had never hiked this nearby trail and plan to return. (Remarkably fewer wildflowers in bloom than just 2 weeks before.) Participants: Joanne Armstrong, Mace Comora, Mo Coutant, Margaret Curtis, Licia Mackey, Bill Blackwell, Edna Van Dorsten, Hilary Wasserman.

Tuesday Evening Paddle — Stewarts Dam Reservoir, May 29, Maureen Coutant, 10 participants
• This was the first time I'd paddled in this area and we enjoyed checking it out. Easy access, easy current, great company and the mosquitoes weren't bad until packing up! We saw a loon on the water and on the car ride home we saw a red fox. Then leaving Lake Luzerne we had to slow down as a porcupine waddled across the road! Participants: Gen, Jim and Mo Coutant, Gary McDougal, Joy Muller McDougal, Andrew and Anne Paolano, Jim Ralston, Gary Rodd, Marty Tucker.

Wednesday Morning Walk — Road to Butler Pond, May 30, Maureen Coutant, 8 participants
• Heat? Lack of breakfast? Coffee? Seismic activity? Pollen count? Somehow the road up to the Reservoir seemed to have gotten steeper than when we did it earlier in the spring. Hmm ... nice little workout though. Participants: Joanne Armstrong, Rene Clarke, Mace Comora, Mo Coutant, Margaret Curtis, Licia Mackey, Gary Rodd, Hilary Wasserman.
SIGN UP INFORMATION
Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! PLEASE be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others’ plans. Trips WILL BE CANCELLED if minimums are not met, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Bruegger’s unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

MEETING PLACE INFORMATION
Panera Bread
Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
* From NORTHWAY (I-87)
     Take Exit 19 and go east on AVIATION/QUAKER Road. Follow .5 mile to
     ROUTE 9/GENE STREET. Turn North (LEFT) onto ROUTE 9, then right at
     the light into the NORTHWAY PLAZA. Then take a left at the four-way stop,
     and park in front of Panera Bread.

TRAVEL INFORMATION/ CAR POOLS
We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it’s helpful to the ‘regulars’ to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES
Leaders are responsible to evaluate interested parties’ fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.
*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.

RATINGS

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*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT
Bring Trail Food and plenty of Water on ALL hikes. *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don’t trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS
In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented “Shell” pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER
Ask any Chapter Leader for details. Offer to Co-lead to get the ‘experience’! We’re always looking for new leaders to help share the fun while “filling in the calendar.” New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found under “Programs” on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY
Henry St., Saratoga Springs, NY 12866, 584-7860
* From NORTHWAY (I-87)
      Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past
      three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first
      traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam
      Street for 1.5 blocks. (There is public parking here also!) The library parking
      lot is on the right. There is a two-hour parking limit.

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS
400 Glen St., Glens Falls, NY 12801, 793-2521
* From NORTHWAY (I-87)
      Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name
      changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts
      on RIGHT… Road turns to SOUTH ST. You come to a “T” and a LIGHT at the
      monument and library ahead. Make a LEFT on GLEN ST, Pass light (at Stewarts)
      and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.

For more detailed information on Chapter Outings, see the “Glens Falls-Saratoga Chapter Handbook.”

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.
*No Pets allowed on outings except where designated in the description.
Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845.

You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.